

Maryland Advisory Council on Health and Wellness
Meeting Minutes
September 18, 2024, 4-6:00 PM
The Coordinating Center
8531 Veterans Highway, 3rd Floor
Millersville, MD 21108

Members Present

Andrew Baker
Crystal N. Bell
Darryl Heggans
Esa Davis
Jared Meacham
Jennifer Eastman
Jonas Nguh
Leigh Ann Eagle
Marsha Seidelman
Pamela Williams
Roger Harrell
Sam Zisow-McClean
Tara Clemons Johnson
Teresa Titus-Howard
Vaple I. Robinson
Lindsay Lotter
Jason Semanoff

Members of the Public Present

None

Members Absent

Afton Thomas
Aruna Nathan
Gary Gerstenblith
Jeffrey Duong Le
Jonathan Dayton
Lusi Martin-Braswell
Mallory Mouradjian
Mary Backley
Mychelle Y. Farmer
Pamela Xenakis
Salliann Alborn
Seth S. Martin
Tomika Coleman

MDH Staff Present

Adeola Alayande
Ali Macstudy
Christa Thornton
Emily Grauel
Kate Natafji
Michelle George
Nkeiruka Ashiedu
Olivia Massa

I. Open Maryland Advisory Council on Health and Wellness

Council Chair, Dr. Teresa Titus-Howard, called the meeting to order at 4:01 pm. She welcomed attendees to the meeting and invited attendees to introduce themselves.

Dr. Titus-Howard provided an overview of the meeting agenda and reviewed the minutes from the previous meeting. There were no edits to the minutes. Dr. Titus-Howard motioned to approve the minutes. Motion was seconded by Vapel Robinson.

II. Presentation - PHHS Annual Update Report

Dr. Titus-Howard introduced Ali MacStudy MPH, Program Team Manager, Center for Chronic Disease Prevention and Control at the Maryland Department of Health (MDH). Ms. Macstudy presented an overview of the Preventive Health and Health Services Block Grant and its outcomes for Federal Fiscal Year (FFY) 2023.

The presentation outlined how the Department of Health will spend the \$3,355,246 allocation for FFY 2024 on initiatives intended to reduce instances and deaths from a range of chronic health conditions and public health metrics.

Action Items:

- MDH will provide the council on how Healthy People 2030 funding awards are prioritized.

III. Presentation - Chronic Disease Action Plan

Dr. Titus-Howard introduced Nkeiruka Ashiedu from the Center for Chronic Disease Prevention and Control at MDH. Ms. Ashiedu presented the Maryland Chronic Disease Action Plan, a comprehensive 5 year action plan to address the burden of chronic diseases in the state.

The Health and Wellness Council will be asked to review the plan in its entirety in early December 2024. Health and Wellness Council members will be asked to provide feedback via email.

IV. Committee Updates

- Diabetes
The committee is developing a diabetes workplan and social media strategy. In the most recent committee meeting the group approved the finalized youth education flier and are in the process of sharing it through their channels.
- Heart Disease and Stroke
The committee is reviewing the committee webpage and making recommendations for changes.
- Physical Fitness
The committee is assembling a one-pager about the workgroup and reviewing the committee webpage and making recommendations.

V. Public Comment Period

Dr. Titus-Howard invited questions and comments from members of the public in attendance. There were none.

VI. Transition to Committee Meetings

Dr. Titus-Howard adjourned the meeting at 5:15 PM to transition to committee meetings.