

**HEART COMMITTEE
MINUTES
FEBRUARY 21, 2018
5 - 6 p.m.**

The Heart Committee held a public meeting on 2/21/2018, beginning at 4:45 p.m. at the following location:

Maryland Department of Health
201 West Preston Street, Room 100
Baltimore, MD 21201

MEMBERS PRESENT

Anne Williams, DNP - Chair
Mary Backley
Angela Deal
Lois Freeman, DNP (phone)
Roger Harrell
Kathleen Keefe Hough, MD
Josie Ogaitis, RN (phone)
Tammy Shelley

MEMBERS NOT PRESENT

Seth Martin, MD
Michael Miller, MD

MARYLAND DEPARTMENT OF HEALTH STAFF PRESENT

Kathleen Graham
Susan Weber

OTHERS PRESENT

NA

Kathleen Graham called the Heart Committee meeting to order at 4:45 pm.

1. Introductions

Each member stated his/her name, title, and organization represented.

2. Committee Function and Responsibilities

The members spent a few minutes to review the following items:

- Committee Function and Responsibilities
- Member and Staff Role
- Meeting Structure

Everyone was in agreement with the objectives, and no clarification was needed. Susan Weber acknowledged and thanked the new Committee chair, Anne Williams. MDH staff provided Ms. Williams a briefing of her role and future steps, as well as information regarding the Open Meetings Act.

3. Goal Setting Discussion and Action Plan Process Mapping

All the members were engaged and actively participated in the goal discussions. Susan Weber reminded the members that the Committee's goal should be a broad statement of what they would like to achieve for this year. This goal will establish a direction for the committee, and should have a specific health impact on a population. Susan reminded everyone that the goal should be a simple statement with an achievable timeline and measurable outcomes. Below are two goals, as well as objectives that were established by the Committee:

1. Increase Blood Pressure screening and link to primary care/follow up.
 - a. By year 2020, increase blood pressure screening and community linkages by at least 10%
 - b. Promote the new blood pressure guidelines to providers and the public
 - c. Increase screenings at medical and dental offices by 10% by year 2020.
2. Increase percentage of all Marylanders with healthy BMI by 10%.
 - a. Increase the use of evidence-based best practices (health care systems, etc., and community-based organizations)

The committee agreed that the goals will need to be fine-tuned. MDH staff will work on collecting baseline data in order to establish realistic measures. The initial list of goals and objectives will be sent to the members for additional suggestions.

4. Adjournment

The meeting was adjourned at 5:50 pm.