



Maryland Advisory Council on Health and Wellness

Agenda

Wednesday, October 21, 2026 4:00 – 6:00pm

Virtual

Video call link: meet.google.com/utc-wcme-ete

Dial In: (US) +1 413-459-4169

PIN: 941 959 240#

- 1. Open Maryland Advisory Council on Health and Wellness** **4:00 PM**
 - Welcome and Agenda Review
 - July 15, 2026 Minutes Review/Approval
 - Reminder: Bylaws Sub-committee
- 2. PHHS Plan Update** **4:05 PM**

Raia Contractor, Evaluation Lead MDH Center for Chronic Disease Prevention and Control
- 3. Legislative Session Presentation** **4:35 PM**

MDH Office of Support Services Staff
- 4. Committee Action Plan Updates** **4:55 PM**
 - Diabetes
 - Heart Disease and Stroke
 - Physical Fitness
 - Arthritis/ Healthy Aging

Transition to Committee Meetings

5:00 - 6:00 PM

Next Meeting: January 20, 2026, 4:00 - 6:00 pm