



Maryland Advisory Council on Health and Wellness

Agenda

Wednesday, July 15, 2026 4:00 – 6:00pm

Virtual

Video call link: meet.google.com/utc-wcme-ete

Dial In: (US) +1 413-459-4169

PIN: 941 959 240#

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| 1. Open Maryland Advisory Council on Health and Wellness | 4:00 PM |
| <ul style="list-style-type: none">• Welcome and Agenda Review• April 15, 2026 Minutes Review/Approval• Heart Disease Subcommittee Chair Appointment• By-laws Ad-hoc committee announcement• 2026 Legislative Session Debrief | |
| 2. MDAT Overview | 4:05 PM |
| Bradley Knight, MDH | |
| 3. CDAP Overview and Scorecard | 4:20 PM |
| Nkeiruka Ashiedu, MDH | |
| 4. Presentation: Dietary Guidelines for Americans | 4:35 PM |
| Jennifer Dunbar, Registered Dietitian | |
| 5. Committee Action Plan Updates | 4:55 PM |
| <ul style="list-style-type: none">• Diabetes• Heart Disease and Stroke• Physical Fitness | |

Transition to Committee Meetings

5:00 - 6:00 PM

Next Meeting: October 21, 2026, 4:00 - 6:00 pm