

ARTHRITIS COMMITTEE MEETING MINUTES

October 14, 2020

5:00 – 6:00 pm

Committee Members Present

Rachel Pigott (Chair)

Kelsie Shannon

Salliann Alborn

Committee Members Absent

Linda Kline

Dr. Sumit Bassi

Maryland Department of Health Staff Present

Olubukola Alonge

1. Roll Call/ Approval of August and September meeting minutes

Rachel called the meeting to order at 5:10 pm with a roll call and introductions. She welcomed Salliann to the committee after she introduced herself as a new member. All other committee members introduced themselves as well. A quorum was present and Rachel made a motion to approve the August and September meeting minutes. The motion was seconded by Kelsie with an approval of the August and September minutes.

2. Discussion

Salliann stated that as the CEO of Community Health Centers, she is interested in mobility issues. Rachel updated the committee that recruitment from the Arthritis Foundation (AF) is still in ongoing since the initially suggested representative did not meet the needed criterion of being a Maryland resident. She also informed the committee that someone will be presenting from the AF at the November meeting. Buki also provided updates on the ongoing plans for recruiting a rheumatologist to join the committee.

We followed up on the conversations from the Health and Wellness Council meeting about selection of a representative for the legislative ad hoc committee. Rachel and Salliann stated that they could not participate on the ad hoc committee because Rachel is a member of the legislative committee for the Maryland Occupational therapists association while Salliann is the Chair of policy for the Maryland Action Committee. Kelsie stated that she would not be able to participate because she did not have the expertise for such work. A decision was made to inform CCDPC leadership while also reaching out to Dr. Bassi to determine if he would be interested.

Rachel discussed the work plan, newsletter grid, and selection of topics to write about either as subject matter experts or through recommendation of alternate writers. It was

recommended that all members review the list before the next meeting and update as needed. Rachel would also give Salliann access to the shared google drive. We also talked about updating the list of dissemination partners inclusive of AF. Kelsie suggested topics for Healthiest Maryland Businesses such as accessibility in the work place, safety in the workplace and ergonomics. It was recommended that we should engage BHS in working with Maryland employers. Rachel has worked with arm injuries and does ergonomic evaluations. She may be able to tweak the resources available and see if they can be made appropriate for individuals with arthritis. We may also need to seek information that may be appropriate for targeting health care providers through their health boards and associations.

3. **Next Steps**

- Rachel will follow up on member recruitment for the legislative ad hoc committee.
- Rachel will grant Salliann access to the arthritis committee goggle drive.
- Follow up on other discussed deliverables at the November meeting.

4. **Adjournment**

Salliann had to leave at about 5:39 pm due to other obligations and the meeting was adjourned at 5:45 pm.

Next Meeting: November 18, 2020; 5-6 pm