

**DIABETES COMMITTEE
MINUTES
FEBRUARY 21, 2018
5 - 6 p.m.**

The Diabetes Committee held a public meeting on 2/21/2018, beginning at 5:00 p.m. at the following location:

Maryland Department of Health
201 West Preston Street, Room 100
Baltimore, MD 21201

MEMBERS PRESENT

Stephen Shaul, Co-Chair
Darlene Ginn
Tracy Newsome (phone)
Vivienne Rose
Deanna Tran (phone)

MEMBERS NOT PRESENT

James Ebeling
Jessica Kiel, Co-Chair

MARYLAND DEPARTMENT OF HEALTH STAFF PRESENT

Kristi Pier
Sue Vaeth (phone)

OTHERS PRESENT

NA

Kristi Pier called the Diabetes Committee meeting to order at 5 pm.

1. Introductions

Each member introduced him or herself, and expressed what their interest is in being on the Diabetes Committee.

2. Committee Function and Responsibilities

Kristi introduced the work of the Committee in terms of identifying the priorities and objectives that the Committee will work on. Committee meetings will be the second hour of Council meetings. The Committees can meet in person or by phone in between those times. Members must attend at least 75% of meetings with at least one in-person. There will always be a teleconference option. Member are also encouraged to actively engage in discussions and participate in assigned tasks.

Jessica Kiel and Stephen Shaul volunteered to be chair and co-chair for the Diabetes Committee. Sue Vaeth will act as staff lead to help the chair and co-chair set meeting agendas and action items, and to provide the logistics to help move the meetings forward. The chairs will report out Committee activities at each Council meeting, and support efforts to engage members and meet deadlines set forth in the Committee's objective(s).

3. Goal Setting Discussion and Action Plan Process Mapping

Kristi asked each Committee member to identify 1-2 goals they would like to work on in the next year or two. Each member contributed their priorities. After discussion and categorization of the ideas, members voted for what they wanted to prioritize for the work of the Committee in the coming year.

Overarching goal: Decrease the prevalence of diabetes and prediabetes in Maryland.

Priority: Increase utilization of evidence-based programs for diabetes management and prevention in the community, improving health outcomes, and addressing special populations

When the Committee reconvenes, it will review baseline data, create an objective with measurable targets, and determine activities that the Committee will set to achieve the objective.

The Committee can add value to MDH's work regarding evidence based programs for prevention and management. There was concern about ensuring that diabetes management as well as prevention are included. Sue and Kristi noted that MDH is supporting DSMEs by providing skill building training such as motivational interviewing and billing coding for DSME. MDH also created transit, TV, and radio campaigns for diabetes self-management.

Sue will contact Committee co-chairs within the next two weeks to set up next steps for this Committee, and gather and provide baseline data for the Committee to review.

4. Adjournment

The meeting was adjourned at 6 pm.