

DIABETES COMMITTEE

Minutes

April 17, 2020

11:00 AM- 12:00 PM

The Diabetes Committee held an interim public conference call on 4/17/2020, beginning at 11:01 a.m.

Members Present

Jessica Kiel
Pamela Xenakis
David McShea
Donna Gugel
Dr. Bassi

Members Not Present

Vivienne Rose
Teresa Titus-Howard

Maryland Department of Health Staff Present

Anne Langley
Dr. Sadie Peters
Sue Vaeth
Mia Matthews
Kristi Pier

1. Review Agenda Items

The Diabetes Committee reviewed the meeting agenda items. There were no changes requested.

2. Roll Call/Introductions

A quorum of the Diabetes Committee was present.

3. Approve minutes from 2/7/20

Pamela Xenakis made a motion to approve the February 7, 2020 (phone call) committee meeting minutes and Dr. Bassi seconded. The minutes were approved unanimously.

4. Update- American College of Obstetricians and Gynecologists Standards of Care for Gestational Diabetes

Dr. Sadie Peters discussed the American College of Obstetricians and Gynecologists (ACOG) standards of care related to women diagnosed with gestational diabetes and their follow-up care. Women are at risk of developing diabetes after delivery and should have testing done every 1-3 years after delivery depending on their risk. There is a huge variation in the practice of post-partum diabetes care, with a gap between obstetrics (OB) to primary. Most women aren't receiving the recommended follow-up testing.

The committee determined questions for follow up:

- How do we help primary care doctors follow these women after delivery?
- How can we help OBs bridge the gap between post-partum and primary care?

The committee also noted women who have a diagnosis of gestational diabetes would benefit from enrolling in lifestyle change programs.

5. Update- Diabetes Action Team

Anne Langley introduced herself as the Director of the Center for Population Health Initiatives, whose focus is on diabetes. The Diabetes Action Team will be working across the spectrum to include clinical, payers, providers, employers, and local health improvement coalitions.

6. Adjournment

The meeting was adjourned at 11:37 a.m.

Next Steps:

- David McShea, Donna Gugel and Dr. Sadie Peters will set up a meeting with the Maryland Primary Care Program to discuss the opportunity to collaborate on educating physicians on the importance of follow-up care for women who were diagnosed with gestational diabetes and how the electronic medical record can be used as a tool
- Pamela Xenakis will reach out to The Association of Diabetes Care and Education Specialists (ADCES) to discuss if the committee could present at the next ADCES conference on connecting postpartum women to lifestyle change programs

Next meeting: July 15, 2020