

## **DIABETES COMMITTEE**

### **Minutes**

**November 22, 2019**

**11:00 a.m.- 12:00 p.m.**

The Diabetes Committee held an interim public conference call on 11/22/2019, beginning at 11:03 a.m.

#### **Members Present**

Jessica Kiel  
Vivienne Rose  
Pamela Xenakis

#### **Members Not Present**

James Ebeling  
David McShea  
Donna Gugel

#### **Others Present**

Emily Winter, Operations Manager, American Diabetes Association (Standing in for David McShea)

#### **Maryland Department of Health Staff Present**

Pamela Williams  
Mia Matthews

#### **1. Roll Call**

Mia Matthews took roll call. A quorum of the Diabetes Committee was present.

#### **2. Update on the Diabetes Action Plan**

Pamela Williams announced that the final Maryland Diabetes Action Plan was released to the public on 11/21/19. She mentioned that the action tables were completely revised given the input from stakeholders around the state. Emily Winter added that the attendees at the American Diabetes Association Diabetes Is Primary conference, held on 11/21/19, showed a positive reaction to the release of the plan as well as the presentation given by Frances B. Phillips, Deputy Secretary for Public Health Services at the Maryland Department of Health. Ms. Williams also informed the committee that there is raw 2018 diabetes data available and it will be incorporated into the plan.

#### **3. Diabetes Action Plan Strategy Discussion**

The committee continued the discussion of choosing a strategy from the Diabetes Action Plan to focus on. After discussing the plan in detail, the committee agreed to focus on the following:

- Prediabetes/Gestational Diabetes—Build knowledge and ability of healthcare providers to identify risk, test at-risk people, diagnose prediabetes, and implement practice mechanisms to assure referral of patients to interventions. The focus should not just be to refer people to the National DPP lifestyle change program but to refer to all lifestyle change programs to make it more widespread.
- The Committee is interested in partnering with the Maryland Primary Care Program to discuss how providers in the program can be incentivized if they implement action steps in Table 1 of section four of the Diabetes Action Plan.

Additionally, the committee requested the Physical Activity Committee work on the activity in Table 1 of section four: Activities for Health Care Providers, "address barriers to participation in lifestyle programs (i.e. transportation, childcare, healthy food access, exercise program availability, etc.)". Ms. Kiel stated there is a chairperson meeting for each committee and this should be discussed with the Chair of the Physical Activity Committee.

#### **4. Adjournment**

The meeting was adjourned at 11:45 a.m.

#### **Next Steps:**

Pamela Williams will connect with Chad Perman and invite him to the next Diabetes Committee Meeting. During this meeting, Mr. Perman will discuss how the strategies in the Prediabetes/Gestational Diabetes table aligns with the work of the Maryland Primary Care Program.

**Next meeting: January 15, 2020**