

DIABETES COMMITTEE

Minutes

February 7, 2020

2:00- 3:00 PM

The Diabetes Committee held an interim public conference call on 2/7/2020, beginning at 2:03 p.m.

Members Present

Jessica Kiel
Pamela Xenakis
David McShea
Donna Gugel
Teresa Titus-Howard

Members Not Present

Vivienne Rose

Maryland Department of Health Staff Present

Pamela Williams
Mia Matthews
Kristi Pier
Sue Vaeth

1. Roll Call

Mia Matthews took roll call. A quorum of the Diabetes Committee was present.

2. Approval of minutes from 1/15/2020

Pamela Xenakis made a motion to approve the January 15, 2020 (in-person) committee meeting minutes and Teresa Titus-Howard seconded. The minutes were approved unanimously.

3. Follow up discussion- Gestational Diabetes

Donna Gugel gave an update on the partnership between the Women Infant and Children (WIC) office and the National DPP. WIC agreed to train their staff in local WIC offices on how to screen for prediabetes and make referrals to local CDC-recognized lifestyle change programs. The Center for Chronic Disease Prevention and Control will provide a list of local programs for referrals to WIC staff.

The conversation lead into a discussion on why providers are not educating women on gestational diabetes and their risk of developing prediabetes after delivery. Donna mentioned that it may be worth having a conversation with the American College of Obstetricians and Gynecologists (ACOG) to talk about the standards of care related to women who have a diagnosis of gestational diabetes. Jessica Kiel asked if David McShea could share any feedback on if the American Diabetes Association has best practices on this issue.

4. Open Discussion- Continue Discussion on Public Participation in Diabetes Committee Meetings

Kristi Pier explained that the co-chairs can invite representatives and others from the public to participate in committee meetings. Mia Matthews will help facilitate any invitations.

5. Adjournment

The meeting was adjourned at 3:00 p.m.

Next Steps:

- Pamela Williams will speak with Dr. Sadie Peters about contacting the American College of Obstetricians and Gynecologists about the standards of care
- David McShea is a colleague of the experts who develop the standards of care for the American Diabetes Association (ADA). The committee asked that David share with the experts a few points on including information on gestational diabetes in the standards.
- Mia Matthews will create a Google Doc for the committee to include the key points they want to share with the ADA.
- Sue Vaeth will supply the WIC office with the list of National DPP providers

Next meeting: April 15, 2020