

ARTHRITIS COMMITTEE MEETING MINUTES

July 21, 2021

5:00 – 6:00 pm

Committee Members Present

Rachel Pigott (Chair)

Linda Kline

Erika Profili - new

Committee Members Absent

Dr. Sumit Bassi

Dr. Afton Thomas

Salliann Alborn

Maryland Department of Health Staff Present

Dr. Olubukola Alonge

1. Welcome

Rachel called the meeting to order at 5:09 pm with introductions and a welcome of the new member. Erika is the new representative for work places on the council and works with BHS. Rachel also shared some information about the members who were not present. The June minutes were not approved since there was no quorum.

2. Discussion

Rachel provided an update from the chair's meeting including the need to select the months in which the committee will lead messaging on behalf of the HWC. The committee had previously selected May and October and decided to choose August as the third month since it was the only month available. Rachel shared that messaging will be based on health observances in the selected months and all agreed that there were no known observances in August. The committee decided to start messaging in 2022 and will work collaboratively with the other HWC committees as well as other external partners. Rachel stated that she will consider reaching out to the youth family met during the walk for the cure event to ask for messaging that will target the youths.

Linda was asked if her connections with healthy athletes will be able to assist in disseminating messages. Linda said she reached out to the team, and they are currently still working on their annual calendar of activities. She will ask them to attend the August meeting and present on the work that they do. Rachel provided an update on an earlier meeting with Kristi where she asked about recruiting additional members with lived experience on the committee to which Kristi responded that there are currently no seats on the council. However, the committee was encouraged to invite members of the public since meetings are open to the public. A list of invited public members interested

in attending should be provided to Buki and Rachel who will provide needed information to them outside the membership invite and emails.

Rachel also provided Erika with access to the committee google drive including the social media messaging and other resources such as data from BRFSS, work plan, etc. The pending creative considerations document for messaging was expanded to include all ages. A question was asked about how to disseminate, and suggestions included through the arthritis foundation, connection with systems such as the University of Maryland, Medstar etc. The plan is to archive the approved messaging and disseminate based on selected months. A suggestion was put forward to create interesting messaging such as videos from individuals with lived experiences about their experiences on the arthritis journey; a suggestion was made to use tiktok. Buki will speak with Kristi about this for approval and since it may require funding.

Linda provided an update that a new commissioner has been assigned to the Washington County Disability committee and brings a lot of usable input to the group. There were no members of the public at the meeting, and Rachel stated that the committee will add a slot to the agenda welcoming any members of the public to subsequent meetings

3. **Next Steps**

- Linda will invite the Healthy Athletes team to the August meeting. *Completed, thanks Linda.*
- Buki will follow up with Kristi on the idea related to recorded messaging from an individual with arthritis on their experience.

4. **Adjournment**

The meeting was adjourned at 5:50 pm

Next Meeting: August 18, 2021; 5:00 – 6:00 PM

Meeting ID

meet.google.com/tox-ivkv-feu

+1 260-333-9558

PIN: 839 234 668#