

**STATE ADVISORY COUNCIL ON HEALTH AND WELLNESS:
ARTHRITIS COMMITTEE
MEETING MINUTES
Wednesday, April 17, 2019
5:00 pm**

Maryland Department of Health
201 West Preston St, Room 300
Baltimore, MD 21201

Committee Members Present

Rachel Pigott (co-chair)
Linda Kline

Committee Staff Present

Erin Ashinghurst

Committee Members Absent

Rebecca Manno
(resigned)
Jody Marshall (co-
chair)
Margaret Gwaltney
Donna Nordstrom

Minutes respectfully submitted by: Erin Ashinghurst

Introductions

- The meeting was called to order at 5:12 pm by Erin Ashinghurst.
- The group reviewed the meeting agenda.
- The group reviewed committee goal statements.

Committee Goal Statements

- The Committee reviewed the goal statements and decided on
 - Goal A: Increase the utilization of evidence-based programs/interventions to decrease the burden of arthritis in Maryland.
 - Goal B: By 2022, increase the number of evidence-based programs addressing arthritis prevention and management in the community to 5-10%
 - Goal C: By 2020, increase health practitioner referrals to evidence-based programs for arthritis prevention and management in the community by some percent to be determined.
 - Goal D: By 2020, increase by a number to be determined (percent) of adults (older adults and people with disabilities) with arthritis participating in evidence-based programs.

- Steps Include: (1) Identifying how many evidence based programs for people of all ages are provided in each county in Maryland by working through Area Agencies on Aging and expanding the network to other types of community organizations and agencies (i.e. Department of Natural Resources, Parks Services); (2) Identifying resources for establishing the baseline data; and (3) Reaching out to the Arthritis Foundation (Maryland) to seek representation on our committee.

Discussion

- The group determined to meet once over the span of the next two months to continue to make progress on determining resources necessary to achieve outcomes by their respective due dates.
- The team will coordinate via Google Documents and Hangouts to update strategy resource requirements and edit the document language.
- Dr. Rebecca Manno has resigned from the committee as she has relocated her practice. The committee seeks to consult with a rheumatologist for expert knowledge.
- Linda Kline is a newly appointed member of the Washington County Community of Practice and Washington County's Disability Advisory Committee. This group collaborates with partners such as Arc of Washington County, Special Olympics and the autism community to address health disparities for people with disabilities. The Committee provides advice and expertise to the Board of County Commissioners on matters of community importance and concern to citizens who have disabilities. The group is comprised of people who have disabilities as well as people without disabilities. The date and topics of the next meeting are to be announced soon.
- New Strategy Proposed: The committee would like to determine if there is legislative pathway to promote funding for AAEBI's through Maryland that community organizations could access to improve health with people with arthritis. Amanda Kline, Policy Analyst at the Maryland Department of Health may be able to consult on this matter. The committee would like to determine if there is a legislative pathway to promote funding AAEBI's through Maryland that community organizations could access to improve the health of people with Arthritis and other related conditions (i.e. hypertension and obesity). These efforts could require a needs assessment and review of Behavioral Risk Factor Surveillance System data to address arthritis prevalence in the Western Region and Eastern Shore.

Next Steps

- Erin will send an email to the committee members including a doodle poll to schedule a June conference call.
- Committee members will review their assigned resource areas and continue to develop language within the plan.
- Erin will reach out to Kathleen Graham to determine the appropriate process for recruiting new committee members. This committee would like to reach out to a rheumatologist, consult a healthcare policy analyst, and re-engage members who have not been able to attend meetings.
- Erin will follow up with Kathleen Graham to gather a list of other chair members in

order to collaborate to share messages that align with the arthritis committee's strategies and promote activities to address heart disease, obesity, and physical activity.

- Members will review the bylaws to determine if the committee can approve minutes via email, and if so, by what percentage rate we must receive approval.

Adjournment

- The next in-person meeting will occur on July 17, 2019.
- The next conference call will occur in June, date to be determined by Doodle Poll.
- The meeting was adjourned at 6:00 pm.