

**STATE ADVISORY COUNCIL ON HEALTH AND WELLNESS:  
ARTHRITIS COMMITTEE  
CALL MEETING MINUTES  
March 6, 2019  
1:00 pm**

Maryland Department of Health  
201 West Preston St, Room 300  
Baltimore, MD 21201

**Committee Members Present**

Rachel Pigott (co-chair)  
Jody Marshall (co-chair)

**Committee Staff Present**

Erin Ashinghurst

**Committee Members Absent**

Dr. Rebecca Manno  
Linda Kline  
Margaret Gwaltney  
Donna Nordstrom

Minutes respectfully submitted by: Erin Ashinghurst

**Introductions**

- The meeting was called to order at 1:02 pm by Erin Ashinghurst.
- The group reviewed the objectives for the meeting:
  - Determine timing and logistics of our next calls
  - Inform members of status of the outcomes and work plan

**Co-chairs**

- Ms. Pigott
- Jody Marshall

**Committee Goal Statements**

- The Committee reviewed the goal statements and decided on
  - Goal A: Increase the utilization of evidence-based programs/interventions to decrease the burden of arthritis in Maryland.
  - Goal B: By 2022, increase the number of evidence-based programs addressing arthritis prevention and management in the community to 5-10%
  - Goal C: By 2020, increase health practitioner referrals to evidence-based programs for arthritis prevention and management in the community by some percent to be determined.
  - Goal D: By 2020, increase by a number to be determined (percent) of adults (older adults and people with disabilities) with arthritis participating in evidence-based programs.

Steps Include: (1) Identifying how many evidence based programs for people of all ages are provided in each county in Maryland by working through Area Agencies on Aging and expanding the network to other types of community organizations and agencies (i.e. Department of Natural Resources, Parks Services); (2) Identifying resources for establishing the baseline data; and (3) Reaching out to the Arthritis Foundation (Maryland) to seek representation on our committee.

### **Discussion**

- The group determined to meet four times over the span of the next two months to continue to make headway on the Arthritis Action Plan. The committee will meet on March 15th and 18th, April 1st and 12th.
- The team will coordinate via Google Documents and Hangouts to make routine updates to the plan of action and outcomes.

### **Next Steps**

- Erin will send an email to members asking them to reserve March and April dates at 1:00 pm EST. Meeting reminders will be sent out prior to the date of the call.
- Erin will reach out to team members to ensure that they have a copy of the Bylaws and access to Google docs and hangouts.

### **Adjournment**

- The next in-person meeting will occur on April 17.
- The next conference call will occur on Friday, March 15 at 1:00 pm.
- The meeting was adjourned at 1:42 pm.