

MARYLAND ADVISORY COUNCIL ON HEALTH AND WELLNESS

MINUTES

OCTOBER 14, 2020

4:00 p.m.

The Maryland State Advisory Council on Health and Wellness held a virtual Preventive Health and Health Services Advisory public meeting on 10/14/2020, beginning at 4:00 p.m.

MEMBERS PRESENT

Salliann Alborn
Mary Backley
Summit Bassi, M.D.
Mary Pat Raimondi Bertacchi
Jonathan Dayton
Angela Deal
Jennifer Eastman
Mychelle Farmer, M.D.
Lois A. Freeman
Gary Gerstenblith, M.D.
Roger Harrel
Rita Kalyani, M.D.
Jessica Kiel
Namisa Kramer
Seth Martin, M.D.
Julie Maneen
Aruna Nathan, M.D.
Rachel Pigott
Cameron Pollock
Vaple Robinson, Ph.D., RN
Vivienne Rose, M.D.
Kelsie Shannon
Jason Semanoff
Teresa Titus-Howard, Ph.D
Sara Vazer, M.D
Kristin Watson, Pharm.D.
Anne Williams, R.N.
Pamela Williams
Vanina Wolf
Pamela Xenakis

MEMBERS NOT PRESENT

Linda Kline
Geeta Sharma

MDH STAFF PRESENT

Olubukola Alonge
Kathleen Graham
Donna Gugel
Amanda Klein
Larry McNeely
Kristi Pier
Sue Vaeth

GUESTS PRESENT

I. Meeting Opening

Jessica Kiel, Chair, called the meeting to order at 4:01 PM and provided a review of the meeting agenda. Ms. Kiel then turned the floor over to Dr. Alonge.

II. Preventive Health and Health Services (PHHS) Block Grant Update Meeting

A. PHHS Advisory Committee Meeting opened

Olubukola Alonge, M.D., Program Team Manager for the Center for Chronic Disease Prevention and Control, opened the Preventive Health and Health Services (PHHS) Advisory Council Block Grant meeting at 4:05 p.m.

B. PHHS Update Presentation

- Report on progress on FY 2020 PHHS Block Grant Workplan, and
- Request for suggestions from PHHS Advisory Council members for objectives to prioritize in the FY 2021 PHHS Block Grant workplan. Council members were encouraged to provide feedback at this time via chat or in an email to Dr. Alonge.

C. PHHS Advisory Committee Meeting Closed

At 4:17, Dr. Alonge invited discussion from the PHHS Advisory Committee members. Members of the Council expressed support for the focus on children. Dr. Alonge concluded the PHHS Advisory Committee meeting.

III. Maryland Advisory Council on Health and Wellness

Ms. Kiel reopened the council meeting at 4:18pm.

Roll Call: Ms. Kiel thanked Dr. Alonge for the PHHS update and presentation. Ms. Pier conducted a roll call of the Maryland Advisory Committee for Health and Wellness.

Review of July 2020 Minutes: Dr. Gerstenblith moved to approve the July 2020 minutes and Dr. Vazer seconded the motion, with no declines.

Welcome of New Council Members: Ms. Kiel welcomed Pamela Williams as the Department's representative on the Council and three new members to the Council: Dr. Robinson as designee of the American Nurses Association, and Dr. Vazer and Ms. Alborn as public members.

Ad-Hoc Legislative Workgroup Discussion

Ms. Kiel described the Ad-Hoc Legislative Workgroup and its responsibility for reviewing potentially relevant bills. The Legislative Workgroup will be recommending action by the full Council on regular Tuesday calls. Ms. Kiel instructed each Committee to identify at least one representative to serve on the Ad-Hoc Legislative Workgroup and submit ASAP.

Ms. Kiel distinguished the Ad Hoc Legislative Workgroup from the permanent Committees of the Council. Ms. Kiel emphasized that in the 2020 legislative session, the Council was not able to submit any formal legislative positions because not enough members voted on each position put forward to meet the quorum requirements. She requested all members review the legislative recommendations from the Ad Hoc Legislative Workgroup and either attend the weekly Legislative meetings or vote within 24 hours of the meetings utilizing the online survey available for those who were unable to attend to allow the Council to submit positions on important health bills.

In response to an inquiry from Dr. Watson, Ms. Pier noted the decision to schedule position review meetings for the Council on Tuesday morning during the 2020 legislative session was due to timing of proper public meeting notice per the Open Meetings Act and the Maryland Department of Health's internal timelines for processing positions by Thursdays at noon.

Further discussion among Council members ensued and Ms. Pier clarified a few key points:

- The team worked extensively in the 2020 legislative session to assure transparent and appropriate votes by all members, and the plan is to use this process in 2021 for council position submissions.
- Council members can vote at the meeting in which the specific legislation is discussed and a motion for a position occurs. Because a quorum of Council members is required, an online survey link will be emailed to all members not present at the meeting; they must submit their vote within 24 hours.
- A quorum of eighteen votes is required for a position.
- An abstention does count toward a quorum.

IV. Member Highlight

Ms. Kiel then invited Dr. Teresa Titus-Howard, President and CEO of The Coordinating Center to present on its work. Dr. Titus-Howard provided an overview of the Coordinating Center's person-centered services which reach nearly 12,000 individuals in every county in Maryland. Services include care coordination, care planning, life planning, managed care case management, hospital readmission reduction programs, transitional care, and housing services. She cited the lower rates of COVID-19 infections in Coordinating Center clients relative to other populations as evidence of the importance of care coordination.

V. Approval of July Minutes:

Following the presentation, Ms. Kiel brought up Dr. Gerstenblith’s previous motion to approve the July minutes and called for a roll call vote of the Council. The motion was approved. (Details of the vote are available below.)

VI. Committee Reports

Ms. Kiel invited Committee Chairs to deliver brief reports:

- Arthritis Committee (Rachel Pigott): The Committee identified information related to the health of people with arthritis. The Committee is working on communication strategies and partners to help disseminate that information.
- Diabetes Committee (Pamela Xenaxis): Ms. Xenaxis reported on diabetes-related education programming and indicated the Committee was focusing on women with gestational diabetes history as a key population for type 2 diabetes prevention.
- Fitness Committee (Aruna Nathan): The Committee was working on dissemination strategies and messages, building on the 2018 U.S Physical Activity Guidelines. Dr. Nathan further indicated the Committee’s interest in collaborating with the other Committees.
- Heart Disease and Stroke Committee (Kristin Watson): The Committee is working to select one of two potential goals: a focus on hypertension or reinforcing Diabetes Prevention Program work, in collaboration with the Diabetes Committee.

Ms. Kiel concluded this agenda item by noting the substantial degree of overlap across the Committees, and the need for continuous communication among Committee chairs.

VII. Public Comment

Ms. Kiel opened the meeting for public comments; no member of the public provided comment.

VIII. Adjournment

Ms. Kiel adjourned the meeting at 5:03 PM.

2021 Council Meetings—January 20; April 21; July 21; October 20 4:00-6:00 PM

COUNCIL VOTES

On the Motion to Approve the July Minutes, offered by Dr. Gerstenblith and seconded by Ms. Vazer.

Members Voting to Approve the Motion:

Salliann Alborn
Mary Backley
Summit Bassi, M.D.
Mary Pat Raimondi Bertacchi
Jonathan Dayton
Angela Deal
Jennifer Eastman
Mychelle Farmer, M.D.
Gary Gerstenblith, M.D.
Roger Harrel
Jessica Kiel
Namisa Kramer
Seth Martin, M.D.
Julie Maneen
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**Maryland Advisory Council on Health and Wellness
Agenda**

OCTOBER 14, 2020; 4:00 - 6:00 PM

Virtual Meeting

[Webinar](#) or Phone (1-240-454-0887, passcode: 640582 903)

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|--------------|---|---------------------|
| I. | Open Maryland Advisory Council on Health and Wellness | 4:00 PM |
| II. | Open Preventive Health and Health Services (PHHS)
Block Grant Update Meeting <ul style="list-style-type: none">• Olubukola Alonge, CCDPC/MDH | 4:01 PM |
| III. | Close PHHS Meeting | 4:15 PM |
| IV. | Maryland Advisory Council on Health and Wellness <ul style="list-style-type: none">• Roll Call• July Minutes Review/Approval• New Member Introductions• 2021 Legislative Ad Hoc Workgroup | 4:15 PM |
| V. | Member Highlight <ul style="list-style-type: none">• The Coordinating Center, Teresa Titus-Howard, President and CEO | 4:25 PM |
| VI. | Committee Updates <ul style="list-style-type: none">• Arthritis Committee• Diabetes Committee• Fitness• Heart Disease and Stroke | 4:45 PM |
| VII. | Public Comment | 4:55 PM |
| VIII. | Committee Meetings | 5:00-6:00 PM |

Arthritis Committee: meet.google.com/tox-ivkv-feu; 260-333-9558; PIN: 839 234 668#

Diabetes Committee: meet.google.com/ivz-gwtc-wru; 601-861-4071; PIN: 652 259

Fitness Committee: <https://meet.google.com/bds-agku-xxr>; 641-954-4578 PIN: 490 910 648#

Heart Disease and Stroke Committee: meet.google.com/wrw-xjoj-yyw; 315-516-8745; PIN: 313 985 117#

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