

**MARYLAND STATE ADVISORY COUNCIL ON PHYSICAL FITNESS**  
**DRAFT MEETING SUMMARY**  
**FEBRUARY 1, 2017**  
**HOWARD COUNTY PUBLIC LIBRARY, SAVAGE BRANCH**  
**9525 DURNES LANE, LAUREL MD 20723**  
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**ATTENDANCE**

**Members Present in Person**

Monique Anderson  
Janice Armstrong  
Chalita Charles Atallah  
James Dorf  
Deborah Grinnage-Pulley  
M. Arnita Hannon Christmon  
Rhonda Hearn-Stewart  
Surina Ann Jordan  
Beatrice Rice  
Karen Stewart

**Members Absent**

Yusef Battle  
Ron Bowman  
Nathanial Garland  
Lillian Greene-Chamberlain  
Larry Hughes  
Lee Meizlesh  
Douglas Miller  
Geoffrey Nordberg  
April Quigley  
Tom Russell  
Jay Seidel  
Michael Shaw  
Tammy Ann Shelley  
Suzanne Stringer

**GUESTS**

- Joy Ashcraft, Building Healthy Military Communities

**DHMH**

- Meghan Ames, Council Staff Coordinator

**WELCOME AND INTRODUCTIONS**

- The meeting was called to order at 4:36 PM
- Attendees in the room introduced themselves.
- November Meeting Minutes will be circulated for approval via email.

**ADMINISTRATIVE UPDATES**

Council Vacancies and Appointments – *Meghan Ames*

- Currently there is one vacant seat; two nominations were submitted to the Governor’s Office of Appointments and Executive Nominations

Retreat Rescheduled for May – *Surina Ann Jordan*

- Retreat was pushed back due to pending legislation that would change the structure of the Council
- If bill is passed, this meeting will serve as an opportunity advise the structure and framework for physical activity committee
- If bill is not passed, this meeting will serve as an opportunity to strategically plan for the upcoming years

2017 Meeting Schedule and Locations

- The Council will continue the schedule of having four meetings per year, and will investigate the possibility of hosting two meetings at the Health and Mental Hygiene Headquarters in Baltimore City and two meetings at other locations throughout Maryland.
- Meghan Ames will investigate conference line hardware to enable a conference line.
- Yusef Battle is investigating spaces in Montgomery County Parks and Recreation.
- 2017 Meetings dates are as follows:
  - May Council Meeting – Wednesday, May 3, 4:30-6, Location TBD
  - August Council Meeting – Wednesday, August 2, 4:30-6, Location TBD
  - November Council Meeting – Wednesday, November 1, 4:30-6, Location TBD

Fitness Council Gear – *James Dorf*

- Members who have not yet received the gear they ordered should coordinate with James Dorf. Meghan will follow-up with members directly to facilitate their payment to James.

Senate Bill 38 - Department of Health and Mental Hygiene – Updating Advisory Boards and Councils

- SB38 passed out of the Senate with amendments on the third reading (see attachment)
  - Amendment No. 1 – testimony requested addition to both Health and Wellness Council and State Child Fatality Review Team
  - Amendment No. 2 – addition of designees
  - Amendment No. 3 – increase to 33 members; adding MDAAP, Maryland Nurses Association, and MAND
  - Amendment No. 4 – members can be assigned to more than one committee
- Will be scheduled to be reviewed by the House on 3/27/17

**COLLABORATION WITH LOCAL/NATIONAL COUNCILS/COALITIONS**

National Foundation for Governors’ Fitness Councils – *Deborah Grinnage-Pulley*

- National Foundation for Governors’ Fitness Councils awards Maryland to receive three \$100,000 school fitness centers. Since 2012, 19 other states have received this funding opportunity.
- Deborah Grinnage-Pulley shared copies of the application with members in attendance

**COMMITTEE UPDATES**

Special Events

- Bmore Healthy Expo – *Meghan Ames*
  - The Maryland Advisory Council on Physical Fitness will not have a booth at the 2017 Bmore Healthy Expo, but members are encouraged to attend
  - Janice Armstrong will be attending the expo
- Bay Bridge Run – *updates from Ron Bowman*
  - April sent the following updates via email: On race day, there were approximately 4 entrants who were not there with the Athletes Serving Athletes. All participants were successfully transported to the starting line. The parking lots were marked but only on one end. Thankfully having helped with the event last year as well as working with Athletes Serving Athletes we had a better idea on how to help and assist with parking. This year it was very beneficial having the coordinators of the race phone numbers as we needed to use it for information regarding the buses. There was a slight problem with the buses. Two buses were sent which could only transport one person each in a wheelchair locked in. Therefore, athletes had to get out of wheelchair to be on bus. It ended up

that we were able to make it work but an area to focus on next year. There was no truck available to transport wheelchairs across either.

- It was nice this year that the parking lot was blocked off so only those with passes could enter the finish line area, this helped with directing people for parking.
- Most of the wheelchair participants were recruited through word of mouth and from the race's registration site.
- The race has been sold to the IRONMAN organization. Peter and Sparrow will continue on as Consultants and will be briefing the new management on the Wheelchair division with my assistance, if necessary. They will recommend continuation of the Wheelchair division but do not have any idea how or if the new management will proceed. The Council will be kept apprised but no timeline on when that will be as they are still in turnover negotiations.

#### Education & Awareness

- No updates

#### Awards – *Arnita Hannon Christmon*

- The Awards Committee is trying to determine the timeline and frequency for future awards.
- Members would like to do it annually if there is capacity.

#### Legislation – *Meghan Ames*

- Senate Bill 142: Task Force to Study Bicycle Safety on Maryland Highways
- SB 142 would establish a Task Force to Study Bicycle Safety on Maryland Highways; requiring the Task Force to study and make recommendations on certain issues related to bicycle safety on highways in the State and provide a report of findings and recommendations to the Governor and the General Assembly on or before December 31, 2017.

### **OTHER BUSINESS**

#### Joy Ashcraft, Building Healthy Military Communities

- 7 states awarded, including MD, were pilot sites to promote total force fitness among military families that do not live on a military base.
- The three-year pilot started in October, 2016.
- Joy is looking to build partnerships for this project. One example is to join together the Wounded Veterans Project with the Bay Bridge Run Wheel Chair Division

### **ANNOUNCEMENTS**

- National Walk for Epilepsy in DC, Saturday, March 25
- May Council Meeting – Wednesday, May 3, 4:30-6, Location TBD
- August Council Meeting – Wednesday, August 2, 4:30-6, Location TBD
- November Council Meeting – Wednesday, November 1, 4:30-6, Location TBD

### **ADJOURNMENT**

The meeting was moved to adjourn at 5:30 PM

## **MEETING MATERIALS**

- Senate Bill 38 Third Reader
- Senate Bill 38 Conference Call Notes
- National Foundation for Governors' Fitness Councils Article
- Senate Bill 142