

Diabetes Prevention Program (DPP) in Maryland Check List #3 Enrolling Medicare DPP (MDPP) Beneficiaries

Purpose: To identify items for your intake form of Medicare beneficiaries eligible for MDPP classes.

DPP Organization Name: _____

DPP Organization Responsible Staff Name: _____

Task	Target Date/ Notes	Identified?
Your organization has:		
1) Received application approval. You are a Medicare enrolled supplier for MDPP.		<input type="checkbox"/> Yes <input type="checkbox"/> No
Be sure your intake form identifies the beneficiary has:		
2) Medicare Part B insurance coverage and/or a participating Medicare Part C (Medicare Advantage) plan.		<input type="checkbox"/> Yes <input type="checkbox"/> No
3) Body Mass Index (BMI) $\geq 25\text{kg/m}^2$ ($\geq 23\text{kg/m}^2$ for Asian beneficiaries.)*		<input type="checkbox"/> Yes <input type="checkbox"/> No
4) Documentation of blood test results in the 12 months prior to the first scheduled class that show: <input type="checkbox"/> Hemoglobin A1c (HgbA1c) of 5.7-6.4%, OR <input type="checkbox"/> Fasting plasma glucose of 110-125mg/dL,** OR <input type="checkbox"/> Two-hour plasma glucose of 140-199mg/dL.		<input type="checkbox"/> Yes <input type="checkbox"/> No
5) No previous diagnosis of diabetes, except gestational diabetes. The beneficiary becomes ineligible if diabetes is diagnosed prior to the first scheduled class; in that case, refer to a Diabetes Self-Management Training (DSMT) program. Note: If the Medicare beneficiary is diagnosed with diabetes during the MDPP class period, this diagnosis will not prevent the beneficiary from continuing to receive MDPP services.		<input type="checkbox"/> Yes <input type="checkbox"/> No
6) No previous diagnosis of end-stage renal disease (ESRD). The beneficiary becomes ineligible to continue MDPP services ESRD develops during the class period.		<input type="checkbox"/> Yes <input type="checkbox"/> No
7) No previous participation in an MDPP class.*** Note: MDPP suppliers should disclose requirements and once-per-lifetime policy up front to gain beneficiary commitment.		<input type="checkbox"/> Yes <input type="checkbox"/> No
8) Been referred to the class by: <input type="checkbox"/> Community referral, OR <input type="checkbox"/> Self-referral, OR <input type="checkbox"/> Physician referral, OR <input type="checkbox"/> Other health care practitioner referral.		<input type="checkbox"/> Yes <input type="checkbox"/> No

*Note: BMI criteria for Medicare beneficiaries is different than other participants under 2015 DPRP standards, which is $\geq 24\text{kg/m}^2$ and $\geq 22\text{kg/m}^2$ if Asian. The 2018 DPRP standards are changing to align with the MDPP criteria for BMI.

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****Note:** The fasting plasma glucose criteria for Medicare beneficiaries is different than other participants under 2015 and 2018 DPRP standards, which is 100-125mg/dL.

*****Note:** The MDPP benefit is available for coverage only once-per-lifetime per beneficiary. There should be no previous receipt of any MDPP services (however, previous participation in DPP not covered by Medicare *is* allowed). Once a beneficiary attends the first core session, the beneficiary's MDPP services period (benefit) begins and is subject to the once-per-lifetime policy. Billing each G-code may be paid only once-per-lifetime per beneficiary. In a scenario where a MDPP beneficiary attends their first session and then stops attending for 6 months, for example, they *would* be eligible to receive services 6 months later because all MDPP beneficiaries are eligible for the first year of MDPP services regardless of attendance and weight loss. In this example, however, if the beneficiary attends one session, stops, and tries to attend a session 2 years later, that beneficiary would not be eligible to receive services because the second year of the MDPP services (the ongoing maintenance session) is only available to beneficiaries who achieve weight loss goals and performance goals in the first year of MDPP services, and the beneficiary in this example would not have done so.

More Information:

Medicare DPP: <https://innovation.cms.gov/initiatives/medicare-diabetes-prevention-program/>

Determine participant insurance coverage:

https://www.cgsmedicare.com/hhh/claims/checking_bene_eligibility.html

MDPP Toolkit: <https://coveragetoolkit.org/>

DPRP Standards: <https://www.cdc.gov/diabetes/prevention/lifestyle-program/requirements.html>

Medicare proposed rule: <https://www.cms.gov/Newsroom/MediaReleaseDatabase/Fact-sheets/2017-Fact-Sheet-items/2017-07-13-3.html>

Medicare final rule: <https://s3.amazonaws.com/public-inspection.federalregister.gov/2017-23953.pdf>

Questions:

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