

2015

Maryland Behavioral Risk Factor Surveillance System Questionnaire

Samptype = 1 = land Samptype = 2 = cell

Split 1 = 50% Split 2 = 50%

Draft as of: June 8th 2015



Behavioral Risk Factor Surveillance System **2015 Questionnaire**

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| 5 | _ |



Landline Interviewer's Script

Answering Machine message text [TO BE LEFT ON 1ST, 4TH, AND 9TH ATTEMPT RESULTING IN AN ANSWERING MACHINE]:

Hello, the Maryland Department of Health and Mental Hygiene is conducting a study about the health of Maryland residents. We will call again in the next few days to conduct the interview. If you have any questions, please call us, toll free, at 1-844-403-3933. For most people, the study will be very brief and we would be glad to answer any questions you have. The toll free number again is 1-844-403-3933. Thank you

Privacy Manager: [PROMPT AT 1ST, 4TH, AND 9TH ATTEMPT RESULTING IN PRIVACY MANAGER] "(NAME) Calling on behalf of the Maryland Department of Health and Mental Hygiene."

IF MESSAGE ASKS TO ENTER A PHONE NUMBER:

1-844-403-3933

Intro1 //ask of all samptype=1//

HELLO, I am calling for the <u>Maryland Department of Health and Mental Hygiene</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>Maryland</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality control.

Is this __(phone number) ?

01 Continue

02 Terminate

05 Selected on the line

14 Continue in Spanish

For Resumed Interviews and samptype =1: //if SEL NE 20 and samptype =1//

INTRO1

Hello, I'm _____calling from ICF for the Maryland Department of Health and Mental Hygiene. We're gathering information on the health and safety of Maryland residents. This call is being monitored and recorded for quality control. When we called previously the computer randomly selected the <SEL1> 18 years of age or older to be interviewed.

May I please speak to him/her?

- 01. Transfer to respondent [go to newadult]
- 05 Selected on the line
- 02 Termination screen
- 14 CONTINUE IN SPANISH



//ask if intro1=1 and samptype = 1//

HS1 Is this a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

Yes [Go to state of residence]No [Go to college housing]

3 No, business phone only

//if HS1=3//

BUS Thank you very much but we are only interviewing persons on residential phones lines at this time. DISPO 26

1. continue

//if HS1=2//

COLLEGE Do you live in college housing?

READ ONLY IF NECESSARY: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

[INTERVEIWER: IF NO, PROBE TO FIND OUT IF BUSINESS OR GROUP

HOME]

- 1 YES
- 2 NO Business
- 3 NO Group home
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if college = 2,3, 7,9//

X2 Thank you very much, but we are only interviewing persons who live in a private residence or college housing at this time. STOP /[if college = 2,3,7,9 assign dispo 26 Not a Private Residence/]

//ask if HS1=1 or college = 1//

STRES Do you reside in __Maryland?

1 Yes [Go to Cellular Phone]

2 No

7 Don't Know



9 Refused

//if stres = 2,7,9//

Thank you very much, but we are only interviewing persons who live in the state of _Maryland____at this time. STOP //dispo 40//

//ask if HS1=1 or college = 1//

HS2 Is this a cellular telephone?

Interviewer Note: Telephone service over the internet counts as landline service (includes Vonage, Magic Jack and other home-based phone services).

Read only if necessary: "By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

- 1 No Not a Cellular Telephone
- 2 Yes

//if HS2=2// HS2X Thank you very much, but we are only interviewing by land line telephones and for private residences or college housing. **STOP** //assign dispo 28 cell phone//

1. continue

//ask of college=1 and hs2=1//

ADULT Are you 18 years of age or older?

- 21 Yes and the respondent is Male
- 22 Yes and the respondent is Female
- 03 No

//if adult=3//

XX3 Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** //if adult=3 assign dispo 27//

1. continue

//ask if HS1=1 and hs2=1// // ADULTS

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

Number of adults [RANGE 0-18]

//if ADULTS = 0 //



XX3 I'm sorry we are only interviewing adult residents who are 18 years of age or older.

Thank you." // if adults=0 assign dispo 27//

1. continue

//ask if ADULTS = 1//

ONEADULT Are you the adult?

- 21 Yes and the respondent is Male
- 22 Yes and the respondent is Female
- 03 No

If "yes,"

Then you are the person I need to speak with.

//if ONEADULT=03//

ASKGENDR

Is the adult a man or a woman?

- 21 Male
- 22 Female

//if ONEADULT=03//

GETADULT May I speak with [fill in (him/her) from previous question]?

- 1 Yes, Adult coming to the phone.[GO TO NEWADULT]
- No, not here (interview will terminate) [INTERVIEWER SET APPOINTMENT FOR BEST TIME TO REACH ADULT]

//ASK IF ADULTS>1//

MEN

How many of these adults are men

Number of men [RANGE 0-18]

//ASK IF ADULTS>1//

WOMEN ... and how many are women?

Number of women [RANGE 0-18]

//if samptype=1//

RANDOMLY SELECT ADULT; Assign selected value:

- 01 Oldest Female
- 02 2nd Oldest Female
- 03 3rd Oldest Female
- 04 4th Oldest Female
- 05 5th Oldest Female
- 06 6th Oldest Female
- 07 7th Oldest Female
- 08 8th Oldest Female
- 09 9th Oldest Female
- 11 Oldest Male
- 12 2nd Oldest Male
- 13 3rd Oldest Male
- 14 4th Oldest Male 15 5th Oldest Male
- 16 6th Oldest Male
- 17 7th Oldest Male
- 18 8th Oldest Male
- 19 9th Oldest Male



20 No respondent selected 21 One person HH - Male 22 One person HH - Female

//ASK IF ADULTS > 1//

ASFKOR

The person in your household that I need to speak with is the [INSERT SELECTED]

INTERVIEWER: IF SPEAKING WITH SAME GENDER, ASK: Are you the person?

INTERVIEWER: IF SPEAKING WITH OPPOSITE GENDER, ASK: May I speak with him or her?

- 1 Yes Selected is on the line
- Yes Adult coming to the phone [GO TO NEWADULT]
- 3 No, not here [INTERVIEWER: SET APPOINTMENT TIME]
- Go back to Adults question. Warning: A new respondent may be selected. \n& (You need Supervisor's permission to use this option.)

To the correct respondent: //if askfor=2 or getadult = 1//

NEWADULT

HELLO, I am calling for the <u>Maryland Department of Health and Mental Hygiene.</u> My name is <u>(name)</u>. We are gathering information about the health of <u>Maryland</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. This call may be monitored and recorded for quality assurance purposes.

1. Continue

//ask if samptype=1// YOURTHE1

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please callus, toll free, at 1-844-403-3933. If you have any questions regarding your rights as a participant, please call Ms. Gay Hutchen, IRB Administrator, at 410-767-8448. [INTERVIEWER: IF NEEDED: The interview takes on average 24 minutes depending on your answers.]

OO1 Person Interested, continue.

OO2 Go back to Adults question. WARNING: A NEW RESPONDENT WILL BE SELECTED AND YOU NEED A SUPERVISOR'S PASSWORD TO CONTINUE

Si tiene preguntas sobre sus derechos como participante, por favor contacte Señora Gay Hutchen, Administradora del IRB, al 410-767-8448.



Cell Phone Interviewer's Intro

Answering Machine message text [TO BE LEFT ON 1ST, 4TH, AND 9TH ATTEMPT RESULTING IN AN ANSWERING MACHINE]:

Hello, the Maryland Department of Health and Mental Hygiene is conducting a study about the health of Maryland residents. We will call again in the next few days to conduct the interview. If you have any questions, please call us, toll free, at 1-844-403-3933. For most people, the study will be very brief and we would be glad to answer any questions you have. The toll free number again is 1-844-403-3933. Thank you.

| //ask if sampty | ype=2// | | | | | | |
|-------------------|-----------------|----------------------------------|------------------|----------------|--------------|----------------|------------|
| Intro1 | HELLO, I am | calling for the _ | Maryland [| Department | of Health | and Mental | Hygiene. |
| My name is | (name) | We are gathe | ring informati | ion about the | health of | Maryland | residents. |
| This project is | conducted by t | he health depart | ment with ass | sistance from | the Cente | ers for Diseas | se Control |
| and Prevention | n. Your teleph | one number has | s been chose | en randomly, | , and I wo | ould like to | ask some |
| questions abou | ut your health | and health prac | tices. The in | terview may | be monito | ored and red | corded for |
| quality control p | ourposes. I hav | e just a few ques | stions to find o | out if you are | eligible for | the study. | |

Is this a safe time to talk with you?

INTERVIEWER NOTE: If respondent reports that they do not live in the state mentioned, tell them that they may still be eligible to participate.

- 01 Yes Continue
- 02 No Not a safe time
- 03 Respondent Says They Do Not Live in this State
- 04 Termination Screen
- 14 CONTINUE IN SPANISH

//if intro1=03//

intro 2

You may still be eligible to participate.

O1 Continue to next question

O7 Termination screen

O9 Not a safe time/driving

//if intro1=1 or intro2=1//

PHONE Is this (phone number)?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(213)

- 1 [Go to CELLFON2] YES
- 2 NO
- 4 **[GO TO CB]** NOT A SAFE TIME/DRIVING
- 7 [Go to CELLFON2] DON'T KNOW / NOT SURE
- 9 [Go to CELLFON2] REFUSED



If "no," //if PHONE=2//

XPHONE Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP TERM DISP = 23**1. continue

//If PHONE=1,7,9 ask CELLFON2//

CELLFON2

Is this a cellular telephone?

[Read only if necessary: "By cellular telephone we mean a telephone that is mobile and usable outside of your neighborhood".

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(214)

- 1 YES [Go to CADULT]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "No", //If CELLFON2=2//

Thank you very much, but we are only interviewing cell telephones at this time. **STOP** //assign dispo 25//

If "Don't Know", "Refused", //If CELLFON2=7,9//

Thank you for your time. STOP //assign dispo 26//

/if CELLFON2=1 go to CADULT/

//If CELLFON2=1 ask CADULT// CADULT

Are you 18 years of age or older?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. ASK GENDER IF NECESSARY.

(215)

| 1 | YES, Male Respondent | [Go to PVTRESD2] |
|---|-------------------------|------------------|
| 2 | YES, Female Respondent | [Go to PVTRESD2] |
| 3 | NO | [GO TO CADULT2] |
| 4 | NOT A SAFE TIME/DRIVING | [Go to CB] |

7 DON'T KNOW / NOT SURE

9 REFUSED

IF "Don't Know", "Refused", //If CADULT=7,9//

Thank you very much, those are all the questions I have for you today. . STOP TERM

DISP = 28

IF "No", //If CADULT=3//



CADULT2

Is there an adult that also uses this cell phone?

- 1 YES [GO TO CADULT3]
- 2 NO

//if CADULT2=2// (no adult uses cell phone)

Thank you very much, but we are only interviewing persons aged 18 or older at this time. **STOP** //assign term disp = 27//

//if CADULT2=1//

CADULT3

May I speak with him or her?

- 1 SWITCHING TO RESPONDENT
- 2 RESPONDENT NOT AVAILABLE/CALLBACK

/if CADULT3=1 go to INTRO1/ /if CADULT3=2 autocode 105, callback/

//IF CADULT=1,2 ask PVTRESD2//

PVTRESD2

Do you live in a private residence?

READ ONLY IF NECESSARY: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY. THE PERSON

DOES NOT NEED TO BE PHYSICALLY LOCATED IN THEIR PRIVATE RESIDENCE.

(216)

- 1 YES [Go to CSTATE]
- 2 NO
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
 - 9 REFUSED

//if pvtresd2=2//

COLLEGE Do you live in college housing? ([Read only if necessary]: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university.")

[INTERVIEWER: IF NO, PROBE TO FIND OUT IF BUSINESS OR GROUP HOME]



- 1 YES [Go to CSTATE]
- 2 NO business
- 3 no group home
- 4 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//if college = 2,3 //

"Thank you very much for your time, but we are only interviewing in private residences or college housing at this time." STOP – TERMDISP=35

IF "Don't Know", "Refused", //If PVTRESD2=7,9 or college = 7, 9//

Thank you very much for your time. **STOP TERM DISP = 29**

//If PVTRESD2=1 or college = 1 ask CSTATE//

CSTATE

Are you a resident of **_Maryland**__?

INTERVIEWER: PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(217)

- 1 YES [Go to LANDLINE]
- 2 NO [Go to STATE]
- 3 NOT A SAFE TIME/DRIVING
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

IF "Don't Know", "Refused", //If CSTATE=7,9//

Thank you very much for your time. **STOP TERM DISP** = 30

//If CSTATE=2 ask RSPSTATE//

RSPSTATE In what state do you live?

[CATI: IF RSPSTATE = LSTATE RE-CODE CSTATE=1]

(218-219)

| ENTER STA | ١Τ | ΓΕ | |
|-----------|----|----|--|
|-----------|----|----|--|

CATI: list the United States and its Territories (in alphabetical order):

AL Alabama HI Hawaii AK Alaska ID Idaho AZ Arizona IL Illinois AR Arkansas IN Indiana CA California IO Iowa CO Colorado KS Kansas DE Delaware KY Kentucky DC District of Columbia LA Louisiana FL Florida ME Maine MD Maryland GA Georgia



MA Massachusetts
MI Michigan
MN Minnesota
MSMississippi
MO Missouri
MT Montana
NE Nebraska
NV Nevada
NH New Hampshire
NJ New Jersey
NM New Mexico
NY New York
NC North Carolina
ND North Dakota
OH Ohio

OK Oklahoma
OR Oregon
PA Pennsylvania
RI Rhode Island
SC South Carolina
SD South Dakota
TN Tennessee
TX Texas
UT Utah
VT Vermont
VA Virginia
WA Washington
WV West Virginia
WI Wisconsin
WY Wyoming

99 REFUSED

If Refused:

I'm sorry, but our data is compiled by state. In order to qualify for the interview we need to know which state you live in. Thank you for your time. **STOP TERM DISP = 42**

//ask if samptype=2//

LANDLINE

Do you also have a landline telephone in your home that is used to make and receive calls?

READ ONLY IF NECESSARY: "By landline telephone, we mean a "regular" telephone in your home that is connected to outside telephone lines through a cable or cord and is used for making or receiving calls. Please include landline phones used for both business and personal use."

NOTE: Telephone service over the internet counts as landline service. PLEASE CONFIRM NEGATIVE RESPONSES TO ENSURE THAT RESPONDENT HAS HEARD AND UNDERSTOOD CORRECTLY.

(220)

- 1 YES
- 2 NO
- 7 DON'T KNOW / NOT SURE
- 9 REFUSED

//ask if pvtresd2 = 1//

NUMADULT How many members of your household, including yourself, are 18 years of age or older?

Number of adults [RANGE 1-18]

77 Don't Know

99 Refused

[CATI NOTE if college = 1 set numadult = 1]

//ask if samptype=2//

svintro



Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions, I will provide a telephone number for you to call to get more information.

Is this a safe time to talk with you now or are you driving?

INTERVIEWER NOTE: If respondent indicates it is not safe to talk now, ask "When is a better time to try to call back?" and schedule an appointment.

- 1 SAFE TIME/NOT DRIVING
- 2 DRIVING/NOT A SAFE TIME
- 9 REFUSED

//if svintro = 9// Assign refusal disposition based on refusal count.

//if svintro=1 read: //

svintro2

I will not ask for your last name, address, or other personal information that can identify you. The call may be monitored or recorded for quality assurance purposes. If you have any questions about the survey, please call us, toll free, at 1-844-403-3933. If you have any questions regarding your rights as a participant, please call Ms. Gay Hutchen, IRB Administrator, at 410-767-8448.

Si tiene preguntas sobre sus derechos como participante, por favor contacte Señora Gay Hutchen, Administradora del IRB, al 410-767-8448.

[INTERVIEWER: IF NEEDED: The interview takes on average 24 minutes depending on your answers.]

1. Continue



Core Sections

Section 1: Health Status

//ask of all//

s1q1

Would you say that in general your health is —?

(73)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

//ask of all//

s2q1

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Number of days range [1-30]

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



//ask of all//

s2q2

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

- _ _ Number of days[RANGE = 1-30]
- 8 8 None [If Q2.1 and Q2.2 = 88 (None), go to next section]
- 7 7 Don't know / Not sure
- 9 9 Refused

//ask if not (s2q1 = 88 AND s2q2 = 88)//

s2q3

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

- Number of days[RANGE = 1-30]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 3: Health Care Access

//ask of all//

S3q1

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s3q2

Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//



s3q3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s3q4

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

Section 4: Hypertension Awareness

V--

//ask of all//

s4q1

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

(101)

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

| | res | - 1 |
|----------------------|--|-----|
| [Go to next section] | Yes, but female told only during pregnancy | 2 |
| [Go to next section] | No | 3 |
| [Go to next section] | Told borderline high or pre-hypertensive | 4 |
| [Go to next section] | Don't know / Not sure | 7 |
| [Go to next section] | Refused | 9 |



//ask if s4q1=1//

s4q2

Are you currently taking medicine for your high blood pressure?

(102)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 5: Cholesterol Awareness

//ask of all//

s5q1

Blood cholesterol is a fatty substance found in the blood. Have you EVER had your blood cholesterol checked?

(103)

- 1 Yes
- 2 No [Go to next section]
- 7 Don't know / Not sure [Go to next section]
- 9 Refused [Go to next section]

//ask if s5q1=1//

s5q2

About how long has it been since you last had your blood cholesterol checked?

(104)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if s5q1=1//

s5q3

Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

(105)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 6: Chronic Health Conditions

//ask of all//

S6q1t Now I would like to ask you some questions about general health conditions.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

1. Continue

| //ask of all// s6q1 | , , , , | • | ck also called a myocardial infarction? | (106) |
|------------------------|-----------------|----------------------------|---|-------|
| | 1 2 | Yes No | | |
| | 7 | Don't know / Not sure | | |
| | 9 | Refused | | |
| | | | | |
| //aak af all// | | | | |
| //ask of all// s6q2 | (Ever told) you | had angina or coronary I | neart disease? | |
| 3042 | (Lvei told) you | riad arigina or coronary i | leart disease: | (107) |
| | 1 | Yes | | (101) |
| | 2 | No | | |
| | 7 | Don't know / Not sure | | |
| | 9 | Refused | | |
| //ask of all// | | | | |
| s6q3 | (Ever told) you | had a stroke? | | |
| | (,,, | | | (108) |
| | 1 | Yes | | ` , |
| | 2 7 | No | | |
| | | Don't know / Not sure | | |
| | 9 | Refused | | |
| | | | | |
| //ask of all// | | | | |
| s6q4 | (Ever told) you | had asthma? | | |
| | | | | (109) |
| | 1 | Yes | | |
| | 2 | No | [Go to Q6.6] | |
| | 7 | Don't know / Not sure | [Go to Q6.6] | |
| | 9 | Refused | [Go to Q6.6] | |
| | | | - | |

//ask if s6q4=1//



| s6q5 | Do you still hav | re asthma? | (110) |
|----------------|--------------------------------|--|---------------|
| | 1 2 7 9 | Yes No Don't know / Not sure Refused | |
| //ask of all// | | | |
| s6q6 | (Ever told) you | had skin cancer? | |
| | 1 2 7 9 | Yes No Don't know / Not sure Refused | (111) |
| //ask of all// | | | |
| s6q7 | (Ever told) you | had any other types of cancer? | |
| | 1 2 7 9 | Yes No Don't know / Not sure Refused | (112) |
| //ask of all// | | | |
| s6q8 | (Ever told) you chronic bronch | have Chronic Obstructive Pulmonary Disease or COPD, emphysematis? | a or (113) |
| | 1 2 7 9 | Yes No Don't know / Not sure Refused | |
| //ask of all// | | | |
| s6q9 | (Ever told) you fibromyalgia? | have some form of arthritis, rheumatoid arthritis, gout, lupus, or | /4.4.A |
| | 1 2 7 9 | Yes No Don't know / Not sure Refused | (114) |



INTERVIEWER NOTE: Arthritis diagnoses include:

- rheumatism, polymyalgia rheumatica
- osteoarthritis (not osteoporosis)
- tendonitis, bursitis, bunion, tennis elbow
- · carpal tunnel syndrome, tarsal tunnel syndrome
- joint infection, Reiter's syndrome
- ankylosing spondylitis; spondylosis
- · rotator cuff syndrome
- connective tissue disease, scleroderma, polymyositis, Raynaud's syndrome
- vasculitis (giant cell arteritis, Henoch-Schonlein purpura, Wegener's granulomatosis,
- polyarteritis nodosa)

//ask of all// s6q10

(Ever told) you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?

(115)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all// s6q11

(Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: Incontinence is not being able to control urine flow.

(116)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s6q12 (Ever told) you have diabetes?

(117)

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"



If respondent says pre-diabetes or borderline diabetes, use response code 4.

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

//if selected = male and s6q12 = 2//

S6q12a

INTERVIEWER: You recorded that the respondent was told by a doctor during pregnancy that she had diabetes. Are you sure?

The respondent selected was male.

You have to go back and correct this INCONSISTENCY ERROR.

CATI NOTE: If Q6.12 = 1 (Yes), go to next question. If any other response to Q6.12, go to Pre-Diabetes Optional Module (if used). Otherwise, go to next section.

//ask if s6q12=1//

s6q13 How old were you when you were told you have diabetes? (118-119)

- _ Code age in years **[97 = 97 and older]** range [1-97]
- 9 8 Don't know / Not sure
- 9 9 Refused

CATI NOTE: Go to Diabetes Optional Module (if used). Otherwise, go to next section.

Module 2: Diabetes Split 1&2

Note: To be asked following Core Q6.12; if response is "Yes" (code = 1)

//ask if s6q12=1//

Mod2_1 Are you now taking insulin?

(289)

- 1 Yes
- 2 No
- 9 Refused

//ask if s6q12=1//



Mod2_2. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(290-292)

Interviewer Note: If the respondent uses a continuous glucose monitoring system (a sensor inserted under the skin to check glucose levels continuously), fill in '198.'

| 1 | Times per day [RANGE 101-197] |
|-------|---|
| 2 | Times per week [RANGE 201-299] |
| 3 | Times per month [RANGE 301-399] |
| 4 | Times per year [RANGE 401-499] |
| 198 | Uses Continuous Glucose Monitoring System |
| 8 8 8 | Never |
| 777 | Don't know / Not sure |
| 9 9 9 | Refused |
| | |

//if mod2_2 is 10 or more times per day or 64 or more times per week and mod2_2 <> 198

MOD2 2A

I am sorry, but you said that you check your blood \:tm7: times per \:dwshow7:.

Is this information correct?

Perdoneme, pero usted dijo que chequea su sangre \:tm7: veces por \:dwshow7:.

Es esto correcto?

- 1 Yes, correct as is
- 2 No, re-ask question

//ask if s6q12=1//

Mod2_3. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional

(293-295)

| 1 | Times per day [RANGE 101-199] |
|-------|---------------------------------|
| 2 | Times per week [RANGE 201-299] |
| 3 | Times per month [RANGE 301-399] |
| 4 | Times per year [RANGE 401-499] |
| 5 5 5 | No feet |
| 8 8 8 | Never |
| 777 | Don't know / Not sure |
| 9 9 9 | Refused |



//if mod2_3 is 10 or more times per day or 64 or more times per week //

MOD2_3A I am sorry, but you said that you check your feet for sores or irritations \:tm8: times per \:dwshow8:. Is this information correct?

Perdoneme, pero usted dijo que chequea sus pies por heridas o irritaciones \:tm8: veces por \:dwshow8:. Es esto correcto?

- 1 Yes, correct as is
- 2 No, re-ask question

//ask if s6q12=1//

Mod2_4. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(296-297)

- Number of times **[76 = 76 or more]** [RANGE 01-76]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//if mod2 4=53-76//

MOD2_4A I am sorry, but you said that you have seen a health professional \:mod2_5: times in the past 12 months. Is this correct?

Perdoneme, pero usted dijo que ha visto a un profesional de la salud \:mod2_4: veces en los ultimos 12 meses. Es esto correcto?

- 1 Yes, correct as is
- 2 No, re-ask question

//ask if s6q12=1//

Mod2_5. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(298-299)

- _ Number of times **[76 = 76 or more]** [RANGE01-76]
- 8 8 None
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

//if mod2_5>mod2_4]

Mod2_5a -- I am sorry, you said you had your blood tested for "A one C" [insert mod2_5] times in the past 12 months, but earlier you said you have visited a health professional only [insert mod2_4] times for your diabetes.

Is this correct?

1 Yes, correct as is



2 No, re-ask question

CATI NOTE: If Q3 = 555 (No feet), go to Q7. //ask if S6Q12=1 and MOD2_3 NE 555//

Mod2_6. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(300-301)

- _ _ Number of times **[76 = 76 or more]** [RANGE 01-76]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

//if mod2_6>mod2_4]

Mod2_6a -- I am sorry, you said you had your feet checked for any sores or irritations[insert mod2_6] times in the past 12 months, but earlier you said you have visited a health professional only [insert mod2_4] times for your diabetes.

Is this correct?

1 Yes, correct as is

2 No, re-ask question

//ask if s6q12=1//

Mod2_7. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(302)

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

//ask if s6q12=1//

Mod2_8. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(303)

- 1 Yes
- 2 No
- 7 Don't know / Not sure



9 Refused

//ask if s6q12=1//

Mod2_9. Have you ever taken a course or class in how to manage your diabetes yourself?

(304)

- 1 Yes
- 2 No 7 Doi
- 7 Don't know / Not sure
- 9 Refused



Section 7: Demographics

//ask of all//

s7q1

Indicate sex of respondent. Ask only if necessary.

(120)

- 1 Male
- 2 Female

//if selected gender ne s7q1//

S7q1A-D

INTERVIEWER: Are you sure the respondent is FEMALE/MALE? The respondent selected was the \:list:

You need to go back and correct the mistake. [PRESS ENTER TO CONTINUE ...]

Language Indicator (land and cell)

//ask of all//

Lang1. INTERVIEWER: DO NOT ASK QUESTION:

IN WHAT LANGUAGE WAS THIS INTERVIEW COMPLETED?

01 ENGLISH 02 SPANISH

//ask of all//

s7q2 What is your age?

(121-122)

- __ Code age in years
 0 7 Don't know / Not sure
- 09 Refused

//ask if s7q2 ne 7,9 and s6q13 ne 98,99 and s6q13>s7q2//

S7q2chk You said you were [insert s7q2] years of age and told you have diabetes at age [insert s7q2]. I must correct this inconsistency.

Usted dijo que tenia \:s7q1: anos de edad y que le dijeron que tenia diabetes a la edad de \:s6q13:.

Debo corregir este error.

1. Continue

//ask of all//



s7q3 Are you Hispanic, Latino/a, or Spanish origin?

(123-126)

- 1 No, not of Hispanic, Latino/a, or Spanish origin
- 2 Yes
- 7 Don't Know
- 9 Refused

//if s7q3=2//

S7q3b Are you...
If yes, ask: Are you...

Interviewer NOTE: One or more categories may be selected.

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 5 No
- 7 Don't know / Not sure
- 9 Refused

[DP note: CDC lists this as one question, s7q3 response 5= not Hispanic, 1-4 hispanic options. Deliver based on cdc layout]



//ask of all//

s7q4 Which one or more of the following would you say is your race?

(127-154)

Interviewer NOTE: Select all that apply.

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

Please read: [MUL = 6]

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

//ask if s7q4=40//

S7q4a Is that...

Interviewer Note: Select all that apply. [mul=7]

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian
- 77 Don't Know
- 99 Refused

//if s7q4 = 50

S7q4pi Is that...

Interviewer Note: Select all that apply. [mul=4]

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander
- 77 Don't Know



99 Refused

[DP note: s7q4 is presented as one question, combine s7q4a and s7q4pi into s7q4 for delivery]

CATI NOTE: If more than one response to Q7.4; continue. Otherwise, go to Q7.6.

//ask if s7q4 = mul//

s7q5 Which one of these groups would you say best represents your race?

Interviewer NOTE: If 40 (Asian) or 50 (Pacific Islander) is selected read and code subcategory underneath major heading.

[INTERVIEWER NOTE: Enter Caucasian response as 10-White. Enter Native American Response as 30 – American Indian or Alaska Native.]

(155-156)

- 10 White20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

| 60 | Other |
|----|-----------------------|
| 88 | No additional choices |
| 77 | Don't know / Not sure |
| 99 | Refused |
| 23 | IVEIUSEU |

//(ask if (s7q4=mul and s7q5=40)//

S7q5a Is that...

41 Asian Indian 42 Chinese 43 **Filipino** 44 Japanese Korean 45 Vietnamese 46 47 Other Asian Don't Know 77 Refused 99

51 Native Hawaiian



| //ask of all// | | 52 53 54 77 99 | Guamanian or Chamorro Samoan Other Pacific Islander Don't Know Refused | |
|----------------|----------------------------|--|---|-------|
| s7q6 | Are you | u? | | (157) |
| | Please | read: | | (157) |
| | 1 2 3 4 5 | Married Divorce Widow Separa Never | ed ed | |
| | Or | | | |
| | 6 | A mem | ber of an unmarried couple | |
| | Do not | t read: | | |
| | 9 | Refuse | ed | |
| //ask of all// | | | | |
| s7q7 | What is | s the hig | hest grade or year of school you completed? | (158) |
| | Read o | Read only if necessary: | | |
| | 1 2 3 4 5 6 | Grades Grades Grade College | attended school or only attended kindergarten s 1 through 8 (Elementary) s 9 through 11 (Some high school) 12 or GED (High school graduate) s 1 year to 3 years (Some college or technical school) s 4 years or more (College graduate) | |
| | Do no | t read: | | |
| | 9 | Refuse | od . | |
| //ask of all// | | | | |
| s7q8 | Do you | ı own or | rent your home? | (159) |
| | 1 2 3 7 | Own Rent Other a Don't k | arrangement now / Not sure | |



9 Refused

INTERVIEWER NOTE: "Other arrangement" may include group home, staying with friends or family without paying rent.

NOTE: Home is defined as the place where you live most of the time/the majority of the year.

INTERVIEWER NOTE: We ask this question in order to compare health indicators among people with different housing situations.

INTERVIEWER: CODE A RESPONSE OF "RENT TO OWN" AS 3 – OTHER ARRANGEMENT

//if samptype=2 and cstate ne 1 //

cnty What county or town do you live in?

888 GAVE RESPONSE 777 DON'T KNOW/NOT SURE 999 REFUSED //if cnty =888// cntyo:

INTERVIEWER: ENTER THE COUNTY BELOW

//if cnty=888// cntyc

I want to make sure that I got it right.

You said you live in the county of [INSERT COUNTY FROM CNTY. Is that correct?

1 Yes, correct as is 2 No, re-ask question

//ask if samptype=1 or (samptype = 2 and cstate = 1)//

MDCNTY What county do you live in?

> 001 Allegany 003 Anne Arundel 005 Baltimore 510 **Baltimore City** 009 Calvert Caroline

011



| | 013 | Carrol | 1 | |
|------------------|-------------------|-----------|---|-----------|
| | 015 | Cecil | | |
| | 017 | Charle | es | |
| | 019 | Dorch | ester | |
| | 021 | Freder | rick | |
| | 023 | Garret | | |
| | 025 | Harfor | | |
| | 027 | Howa | rd | |
| | 029 | Kent | | |
| | 031 | _ | romery | |
| | 033 | | George's | |
| | 035 | - | Anne's | |
| | 037 | St. Ma | • | |
| | 039 | Somer | | |
| | 041 | Talbot | | |
| | 043 | Washi | - | |
| | 045 | Wicon | | |
| | 047 | Worce | sster | |
| | | | | |
| | | | County Code (formerly FIPS county code) | |
| | 7 7 7 | | know / Not sure | |
| | 9 9 9 | Refu | sed | |
| //ask if mdcnty | (1,3,5,5 | 510 ,9,1 | 1,13,15,17,19,21,23,25,27,29,31,35,37,39,41,43,45,47)// | |
| • | - | | , | |
| | mdchk | | and that I not it wishs | |
| | i want | to make | sure that I got it right. | |
| | | | | |
| | | | ve in the county of [\U\B\:mdcnty:]. | |
| | Is that of | correct? | | |
| | 1 Yes | correct a | as is\n | |
| | | e-ask qu | | |
| | | | | |
| | | | | |
| //ask of all// | | | | |
| ,, | | | | |
| s7q10 | What is | the ZIF | Code where you live? | (163-167) |
| | | | ZIP Code [RANGE 21000-21999] | |
| | 7777 | 7 | Don't know / Not sure | |
| | 9999 | 9 | Refused | |
| //aals if =7::40 | | 7 0000 | NI . | |
| //ask if s7q10 | ne //// S7q10d | |)// | |
| | | | onfirm, you said your zip code is \:s7q10:. | |
| | | correct? | | |



\ISP

Solo para verificar, usted dijo que su codigo postal es \:s7q10:. Es esto correcto?

1 Yes, correct zip code 2 No, incorrect zip code

CATI NOTE: If cellular telephone interview skip to 7.14 (QSTVER GE 20)

//ask if samptype=1//

s7q11 Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine. (168)

1 Yes

No [Go to Q7.13]
 Don't know / Not sure [Go to Q7.13]
 Refused [Go to Q7.13]

//ask if s7q11=1//

s7q12 How many of these telephone numbers are residential numbers?

(169)

- Residential telephone numbers [6 = 6 or more] [RANGE = 1-6]
- 7 Don't know / Not sure
- 9 Refused

S7q12A:

//ask if s7q12=4-6 or (s7q12=1-6 and s7q12> adults and adults>0)//

I am sorry, just to double check, you indicated you have \:s7a12: residential phones in your household.

IS THIS CORRECT?

Perdoneme pero usted indico que tiene \:s7a12: telefonos residenciales en su hogar. Es esto correcto?

1 Yes, correct as is 2 No, re-ask question

//ask if samptype=1//

S7q13 Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

(170)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



//ask of all// s7q14

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

(171)

- 1 Yes
- 2 No

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask of all// s7q15

Are you currently...?

(172)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

8 Unable to work

Do not read:

9 Refused

//ask of all// s7q16

How many children less than 18 years of age live in your household?

(173-174)

[Interviewer: 15 = 15 or more

88 = None99 = Refused

_ _ Number of children[range 1-15]

8 8 None 9 9 Refused

IF: ***([S7q16#1-15])***



S7Q16CHK

Just to be sure - you have \:sls7q16: under 18 living in your household. Is that correct?

Solo para verificar, usted tiene \:sls7q16: menores de 18 anos viviendo en su hogar.

- 1 YES
- 2 NO
- 9 REFUSED

//ask of all//

s7q17 Is your annual household income from all sources—

(175-176)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

S7q17A [04] Less than \$25,000 (\$20,000 to less than \$25,000)

- 1 Yes
- 2 No
- 7 Don't Know
- Refused

[If "no," ask 05; if "yes," ask 03]

//ask if s7q17A = 1//

S7q17B [03] Less than \$20,000 (\$15,000 to less than \$20,000)

- 1 Yes
- 2 No
- 7 Don't Know
- 9 Refused

[If "no," code 04; if "yes," ask 02]

//ask if s7q17B = 1//



```
S7q17C [02]
               Less than $15,000 ($10,000 to less than $15,000)
       1
               Yes
       2
               No
       7
               Don't Know
               Refused
[If "no," code 03; if "yes," ask 01]
//ask if s7q17C=1//
S7q17D [01]
               Less than $10,000
       1
               Yes
       2
               No
       7
               Don't Know
               Refused
[If "no," code 02]
//ask if s7q17A = 2//
S7q17E [05]
              Less than $35,000 ($25,000 to less than $35,000)
       1
               Yes
       2
               No
       7
               Don't Know
               Refused
[If "no," ask 06]
//ask if s7q17E = 2//
S7q17F [06]
               Less than $50,000 ($35,000 to less than $50,000)
               Yes
       2
               No
               Don't Know
       7
       9
               Refused
[If "no," ask 07]
//ask if s7q17F = 2//
S7q17G [07]
              Less than $75,000 ($50,000 to less than $75,000)
       1
               Yes
       2
               No
       7
               Don't know
               Refused
[If "no," code 08]
[80]
       $75,000 or more
//ask if s7q17A-s7q17G ne 7,9//
S7q17AA Your Annual Household Income is [enter range from code in s7q17A-G]
Is This Correct?
       1 No, re-ask question [GO TO S7Q17A]
```



2 Yes, correct as is. [CONTINUE]

| //ask | of a | all// |
|-------|------|-------|
|-------|------|-------|

s7q18 Have you used the internet in the past 30 days?

(177)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

(178-181)

Ps7q19 About how much do you weigh without shoes?

ENTER "P" FOR WEIGHT GIVEN IN POUNDS ENTER "K" FOR WEIGHT GIVEN IN KILOGRAMS

- P pounds
- K kilograms
- 7 Don't Know

(117-120)

9 Refused

//ask if ps7q19 = P//

S7q19 About how much do you weigh without shoes?

DP NOTE: If respondent answers in metrics, put "9" in column 178.

Round fractions up

_ _ _ Weight (pounds) [Range 50-776,]

//ask if s7q19 =50-79 OR 351-776//

S7q19_A: Just to double-check, you indicated \:s7q19: pounds as your weight.

IS THIS CORRECT?

- 1. Yes
- 2. No [go back to s7q19]

//ask if ps7q19 = K//

S7q19M About how much do you weigh without shoes?

(147-150)



NOTE: If respondent answers in metrics, put "9" in column 174. Round fractions up Weight(kilograms) [Range 23-352,] //ask if s7q19m = 23-352 and ps7q19 = "k" **S7q19am:** Just to double-check, you indicated \:s7q19m: kilograms as your weight. IS THIS CORRECT? 1. Yes 2. No, [go back to s7q19m] //ask of all// Ps7q20 About how tall are you without shoes? ENTER "F" FOR HEIGHT GIVEN IN FEET ENTER "M" FOR HEIGHT GIVEN IN CENTIMETERS F feet M centimeters Don't Know Refused //ask if ps7q20=f// S7q20 About how tall are you without shoes? (151-154)NOTE: If respondent answers in metrics, put "9" in column 121. Round fractions down [Enter height in Feet and Inches] [Ex: 5 feet 9 inches would be entered as 509] __/_ Height[Range 300-311, 400-411, 500-511, 600-611, 700-711] //ask if s7q20= 300-407, 609-711] S7q20a: Just to double check, you indicated you are //enter feet from s7q20// FEET //enter inches from s7q19// INCHES TALL.

IS THIS CORRECT?

- 1. Yes
- 2. No, go back to s7q19



//ask if ps7q20 = M//

S7q20M About how tall are you without shoes?

NOTE: If respondent answers in metrics, put "9" in column 158.

Round fractions down
[Enter height in centimeters]

[Ex: 2 meters 5 centimeters would be entered as 205

--- Height[Range 90-254]

//ask if s7q20m = 90-254 and ps7q20=M//

S7q20am: Just to double check, you indicated you are //s7q20m// centimeters tall.

IS THIS CORRECT?

1. Yes

2 No [go back to s7q19m]

If male, go to 7.22, If female respondent is 45 years old or older, go to Q7.22

//ask if s7q1=2 AND s7q2<45//

s7q21 To your knowledge, are you now pregnant?

(186)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q22 The following questions are about health problems or impairments you may have.

Are you limited in any way in any activities because of physical, mental, or emotional problems?

(187)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused



//ask of all//

s7q23

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(188)

NOTE: Include occasional use or use in certain circumstances.

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

S7q24

Are you blind or do you have serious difficulty seeing, even when wearing glasses? (189)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

//ask of all//

s7q25

Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?

(190)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q26

Do you have serious difficulty walking or climbing stairs?

(191)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//

s7q27

Do you have difficulty dressing or bathing?

(192)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask of all//



s7q28 Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?

(193)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 8: Tobacco Use

//ask of all//

s8q1 Have you smoked at least 100 cigarettes in your entire life?

(194)

INTERVIEWER NOTE: "For cigarettes, do not include: electronic cigarettes (e-cigarettes, NJOY, Bluetip), herbal cigarettes, cigars, cigarillos, little cigars, pipes, bidis, kreteks, water pipes (hookahs), or marijuana."

NOTE: 5 packs = 100 cigarettes

1 Yes

No [Go to Q8.5]
 Don't know / Not sure [Go to Q8.5]
 Refused [Go to Q8.5]

//ask if s8q1=1//

s8q2 Do you now smoke cigarettes every day, some days, or not at all?

(195)

- 1 Every day
- 2 Some days
- 3 Not at all [Go to Q8.4] 7 Don't know / Not sure [Go to Q8.5] 9 Refused [Go to Q8.5]

//ask if s8q2=1,2//

s8q3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

(196)

| 1 | Yes | [Go to Q8.5] |
|---|-----------------------|--------------|
| 2 | No | [Go to Q8.5] |
| 7 | Don't know / Not sure | [Go to Q8.5] |
| 9 | Refused | [Go to Q8.5] |

//ask if s8q2=3//

s8q4 How long has it been since you last smoked a cigarette, even one or two puffs?

(197-198)



- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more
- 0 8 Never smoked regularly
- 77 Don't know / Not sure
- 9 9 Refused

//ask of all// s8q5

Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

(199)

- 1 Every day
- 2 Some days
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 9: Alcohol Consumption

//ask of all//

s9q1

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

(200-202)

- 1 _ _ Days per week [range 101-107]
- 2 Days in past 30 days [range 201-230]
- 8 8 8 No drinks in past 30 days [Go to next section]
- 777 Don't know / Not sure [Go to next section]
- 9 9 9 Refused [Go to next section]

//ask if s9q1 ne . , 888,777,999//

s9q2

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(203-204)



NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

Number of drinks [range 01-76]

77 Don't know / Not sure

9 9 Refused

IF: ***([S9Q2#12-76])***

S9Q2A

I am sorry, you just said that you consume \:s9q2: drinks per day.

Is that correct?

Perdoneme pero usted dijo que consume \:s9q2: tragos por dia.

Es esto correcto?

- 1 Correct as is
- 2 No, Re-ask question

//ask if s9q1 ne., 888,777,999//

s9q3

Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X** [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion? (205-206)

_ Number of times [range 01-76]

88 None

77 Don't know / Not sure

9 9 Refused

IF: ***([S9Q3#16-76])***

S9Q3A

I am sorry, you said that in the past month there were \:s9q3: occasions when you had \:s19q3: or more drinks.

Is this correct?

Perdoneme pero usted dijo que en el pasado mes hubo \:s9q3: ocasiones en las que usted bebio \:sl9q3: o mas tragos.

Es esto correcto?

- 1 Correct as is
- 2 No, Re-ask question

//ask if s9q1 ne . , 888,777,999//

s9q4 During the past 30 days, what is the largest number of drinks you had on any occasion?



(207-208)

Number of drinks [range 01-76]

7 7 Don't know / Not sure

9 9 Refused

IF: ***([S9Q4#16-76])***

S9Q4A

I am sorry, you said that in the past 30 days you had \:s9q4: number of drinks on one occasion. Is this correct?

Perdoneme pero usted dijo que en los pasados 30 dias bebio \:s9q4: tragos en una misma ocasion. Es esto correcto?

- 1 Correct as is
- 2 No, Re-ask question

IF: ([S9Q3#88] AND S7Q1 is Female AND [S9Q4#4-76]) OR ([S9Q3#88] AND S7Q1 ***is Male AND [S9Q4#5-76])***

S9Q4B

I'm sorry, but previously you said that you did not have \:sl9q3: or more drinks on an occasion. Is this correct?

\ISP

Perdoneme pero usted anteriormente dijo que no bebio \:sl9q3: o mas tragos en una misma ocasion. Es esto correcto?

- 1 Correct as is
- 2 No, Re-ask question

IF: ([S9Q3#1-76] AND S7q2 is Female AND [S9Q4#1-3]) OR ([S9Q3#1-76] AND ***S7Q1 is Male AND [S9Q4#1-4])*** S9Q4C

I'm sorry, but previously you said that you had \:sl9q3: or more drinks on an occasion. And you've said that in the past 30 days you had a maximum of \:s9q4: number of drinks on one occasion.

Is this correct?

Perdoneme pero usted dijo que bebio \:sl9q3: o mas tragos en una misma ocasion. E indico que en los pasados 30 dias habia bebido una maxima cantidad de tragos de \:s9q4:.

Es esto correcto?

- 1 Correct as is
- 2 No, Re-ask question



Section 10: Fruits and Vegetables

//ask of all// S10g1T

These next questions are about the fruits and vegetables **you** ate or drank during the past 30 days. Please think about all forms of fruits and vegetables including cooked or raw, fresh, frozen or canned. Please think about all meals, snacks, and food consumed at home and away from home.

1. continue

S10q1t2

I will be asking how often **you** ate or drank each one: for example, once a day, twice a week, three times a month, and so forth.

INTERVIEWER NOTE: If respondent responds less than once per month, put "0" times per month. If respondent gives a number without a time frame, ask: "Was that per day, week, or month?"

1. Continue

//ask of all// S10q1

During the past month, how many times per day, week or month did you drink 100% PURE fruit juices? Do not include fruit-flavored drinks with added sugar or fruit juice you made at home and added sugar to. Only include 100% juice.

INTERVIEWER NOTE: Do not include fruit drinks with added sugar or other added sweeteners like Kool-aid, Hi-C, lemonade, cranberry cocktail, Tampico, Sunny Delight, Snapple, Fruitopia, Gatorade, Power-Ade, or yogurt drinks.

Do not include fruit juice drinks that provide 100% daily vitamin C but include added sugar.

Do not include vegetable juices such as tomato and V8 if respondent provides but include in "other vegetables" question mod8_6.

DO include 100% pure juices including orange, mango, papaya, pineapple, apple, grape (white or red), or grapefruit. Only count cranberry juice if the respondent's perception is that it is 100% juice with no sugar or artificial sweetener added. 100% juice blends such as orange-pineapple, orange-tangerine, cranberry-grape are also acceptable as are fruit-vegetable 100% blends. 100% pure juice from concentrate (i.e., reconstituted) is counted.

- 1 _ _ Per day [RANGE = 101-199]
- 2 Per week [RANGE = 201-299]
- 3 _ _ Per month [RANGE = 301-399]
- 555 Never
- 777 Don't know / Not sure
- 999 Refused

s10q1A

ASK if [s10q1#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q1A:.



IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

//ask of all//

S10q2t

During the past month, not counting juice, how many times per day, week, or month did you eat fruit? Count fresh, frozen, or canned fruit

Read only if necessary: "Your best guess is fine. Include apples, bananas, applesauce, oranges, grape fruit, fruit salad, watermelon, cantaloupe or musk melon, papaya, lychees, star fruit, pomegranates, mangos, grapes, and berries such as blueberries and strawberries."

INTERVIEWER NOTE: Do not count fruit jam, jelly, or fruit preserves.

Do not include dried fruit in ready-to-eat cereals.

Do include dried raisins, cran-raisins if respondent tells you - but due to their small serving size they are not included in the prompt.

Do include cut up fresh, frozen, or canned fruit added to yogurt, cereal, jello, and other meal items.

Include culturally and geographically appropriate fruits that are not mentioned (e.g. genip, soursop, sugar apple, figs, tamarind, bread fruit, sea grapes, carambola, longans, lychees, akee, rambutan, etc.).

1. Continue //ask of all// S10q2

1 _ _ Per day [RANGE = 101-199]

2 _ _ Per week [RANGE = 201-299]

3 _ _ Per month [RANGE = 301-399]

555 Never

777 Don't know / Not sure

999 Refused

s10q2A

ASK if [s10q2#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q2A:.

IS THAT CORRECT?

1 Yes, Correct as is



2 No, Re-ask question

//ask of all// S10q3t

During the past month, how many times per day, week, or month did you eat cooked or canned beans, such as refried, baked, black, garbanzo beans, beans in soup, soybeans, edamame, tofu or lentils. Do NOT include long green beans.

Read only if necessary: "Include round or oval beans or peas such as navy, pinto, split peas, cow peas, hummus, lentils, soy beans and tofu. Do NOT include long green beans such as string beans, broad or winged beans, or pole beans."

INTERVIEWER NOTE: Include soybeans also called edamame, TOFU (BEAN CURD MADE FROM SOYBEANS), kidney, pinto, hummus, lentils, black, black-eyed peas, cow peas, lima beans and white beans.

Include bean burgers including garden burgers and veggie burgers.

Include falafel and tempeh.

1. Continue

//ask of all// S10q3

Per day [RANGE = 101-199] Per week [RANGE = 201-299] Per month [RANGE = 301-399]

555 Never

777 Don't know / Not sure

999 Refused

s10q3A

ASK if [s10q3#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q3A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

//ask of all//

S10q4t

During the past month, how many times per day, week, or month did you eat dark green vegetables for example broccoli or dark leafy greens including romaine, chard, collard greens or spinach?



INTERVIEWER NOTE: Each time a vegetable is eaten it counts as one time.

INTERVIEWER NOTE: Include all raw leafy green salads including spinach, mesclun, romaine lettuce, bok choy, dark green leafy lettuce, dandelions, komatsuna, watercress, and arugula.

Do not include iceberg (head) lettuce if specifically told type of lettuce. Include all cooked greens including kale, collard greens, choys, turnip greens, mustard greens.

1. Continue

//ask of all//

S10q4

1 _ Per day [RANGE = 101-199]
2 _ Per week [RANGE = 201-299]
3 _ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

s10q4A

ASK if [s10q4#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q4A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

//ask of all//

S10q5t

During the past month, how many times per day, week, or month did you eat orange-colored vegetables such as sweet potatoes, pumpkin, winter squash, or carrots?

Read only if needed: "Winter squash have hard, thick skins and deep yellow to orange flesh. They include acorn, buttercup, and spaghetti squash."

FOR INTERVIEWER: Include all forms of carrots including long or baby-cut.

Include carrot-slaw (e.g. shredded carrots with or without other vegetables or fruit).

Include all forms of sweet potatoes including baked, mashed, casserole, pie, or sweet potatoes fries.



Include all hard-winter squash varieties including acorn, autumn cup, banana, butternut, buttercup, delicate, hubbard, kabocha (Also known as an Ebisu, Delica, Hoka, Hokkaido, or Japanese Pumpkin; blue kuri), and spaghetti squash. Include all forms including soup.

Include pumpkin, including pumpkin soup and pie. Do not include pumpkin bars, cake, bread or other grain-based dessert-type food containing pumpkin (i.e. similar to banana bars, zucchini bars we do not include).

1. Continue

//ask of all// S10q5

1 _ Per day [RANGE = 101-199]
2 _ Per week [RANGE = 201-299]
3 _ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

s10q5A

ASK if [s10q5#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q5A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

//ask of all//

S10q6t

Not counting what you just told me about, during the past month, about how many times per day, week, or month did you eat OTHER vegetables? Examples of other vegetables include tomatoes, tomato juice or V-8 juice, corn, eggplant, peas, lettuce, cabbage, and white potatoes that are not fried such as baked or mashed potatoes.

Read only if needed: "Do not count vegetables you have already counted and do not include fried potatoes."

INTERVIEWER NOTE: Include corn, peas, tomatoes, okra, beets, cauliflower, bean sprouts, avocado, cucumber, onions, peppers (red, green, yellow, orange); all cabbage including American-style cole-slaw; mushrooms, snow peas, snap peas, broad beans, string, wax-, or polebeans.

Include any form of the vegetable (raw, cooked, canned, or frozen).

Do not include products consumed usually as condiments including ketchup, catsup, salsa, chutney, relish.

Do include tomato juice if respondent did not count in fruit juice.



Include culturally and geographically appropriate vegetables that are not mentioned (e.g. daikon, jicama, oriental cucumber, etc.).

Do not include rice or other grains.

1. Continue //ask of all//

S10q6

1__ Per day [RANGE = 101-199]
2__ Per week [RANGE = 201-299]
3__ Per month [RANGE = 301-399]
5 5 5 Never
7 7 7 Don't know / Not sure

999 Refused

s10q6A

ASK if [s10q6#106-199,226-299,388-399]

INTERVIEWER: YOU RECORDED \:S10Q6A:.

IS THAT CORRECT?

1 Yes, Correct as is 2 No, Re-ask question

Section 11: Exercise (Physical Activity)

//ask of all//

S11q1t The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

1. continue

s11q1

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(220)

1 Yes 2 No

No [Go to Q12.8]
 Don't know / Not sure [Go to Q12.8]
 Refused [Go to Q12.8]

//ask if s11q1=1//

s11q2. What type of physical activity or exercise did you spend the most time doing during the past month?



INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Physical Activity Coding List, choose the option listed as "Other"

INTERVIEWER: Probe responses of "Go to the gym" – Ask "What do you do while at the gym?" Code response of "Cardio" as "Aerobics"; Code "Strength Training" as Weight Lifting.

[See Physical Activity Coding List]

(Specify)

(221-222)

| | 77 | | Go to | |
|---|-----------------------|---|--------------|--|
| | 9 9 | Refused | [Go to | 212.8] |
| 0 1 Active Gamin Dance D 0 2 Aerobics vid 0 3 Backpacking 0 4 Badminton 0 5 Basketball | Dance re eo or cla | evolution) | | 4 1 Rugby 4 2 Scuba diving 4 3 Skateboarding 4 4 Skating – ice or roller 4 5 Sledding, tobogganing 4 6 Snorkeling |
| | noeing, | xercise rowing, kayaking, ure or camping) | | 4 7 Snow blowing4 8 Snow shoveling by hand4 9 Snow skiing5 0 Snowshoeing |
| 0 9 Bowling 1 0 Boxing 1 1 Calisthenics 1 2 Canoeing/ro 1 3 Carpentry | wing in | competition | | 5 1 Soccer 5 2 Softball/Baseball 5 3 Squash 5 4 Stair climbing/Stair master 5 5 Stream fishing in waders |
| 1 5 Elliptical/EF | (machi Work (c | aring for livestock, stacking ha | | 5 6 Surfing 5 7 Swimming 5 8 Swimming in laps |
| 1 7 Frisbee | spading otorized | , weeding, digging, filling cart) |) | 5 9 Table tennis 6 0 Tai Chi 6 1 Tennis 6 2 Touch football 7 5 Upper Body Cycle (wheelchair sports, |
| ergometer,etc 2 1 Handball 2 2 Hiking – cros 2 3 Hockey 2 4 Horseback ri | ding | | | 6 3 Volleyball 6 4 Walking 6 6 Waterskiing 6 7 Weight lifting |
| 2 5 Hunting large | | s (vacuuming, dusting, home re – deer, elk | epair, etc.) | 6 8 Wrestling 7 6 Yard work (cutting/gathering wood, trimming hedges |
| 2 6 Hunting sma 2 7 Inline Skatin 2 8 Jogging 7 4 Karate/Marti 2 9 Lacrosse 3 0 Mountain clir 3 1 Mowing lawr 3 2 Paddleball | g al Arts mbing | – quail | | 6 9 Yoga |



| 3 3 Painting/pa 3 4 Pilates 3 5 Racquetbal | | ouse | etc.) |
|---|----------------------|--|--|
| 3 6 Raking lawn 3 7 Running 3 8 Rock Climb 3 9 Rope skipp 4 0 Rowing ma | ing ing | | trimming hedges 9 8 Other |
| //ask if S11Q2 s11q2c. | ne miss | ing and S11Q2 ne 77, 99// | |
| INTERVIEWER | R (DO NO | OT READ) | |
| YOU'VE CHOS | EN | | |
| IS THAT COR | RECT? | | |
| 1 YES 2 NO - GO BA | CK AND | CHANGE RESPONSE | |
| //if s11q2 = 9 S11q2o: Ente | | er Activity: | |
| //ask if S11Q2 | ne miss | ing and S11Q2 ne 77, 99// | |
| s11q3 | | | |
| | month? | | (223-225) |
| | 1 2 777 999 | Times per week [range 101-150] Times per month [range 201-250 Don't know / Not sure Refused |] |
| //ask if S11Q2 | ne miss | ing and S11Q2 ne 77, 99// | |
| • | | | r how many minutes or hours did you usually |
| | keep at | ш? | (226-228) |
| | _: 559,60 | Hours and minutes [RANGE = 100-659,700-759,800-859,900-959] | 0-59,100-159,200-259,300-359,400-459,500- |
| | 777 999 | Don't know / Not sure Refused | |
| //ask if S11Q2 | ne miss | ing and S11Q2 ne 77, 99// | |
| s11q5 | past me | | ity gave you the next most exercise during the |



INTERVIEWER INSTRUCTION: If the respondent's activity is not included in the Coding Physical Activity List, choose the option listed as "Other".

INTERVIEWER: Probe responses of "Go to the gym" – Ask "What do you do while

at the gym?"

Code response of "Cardio" as "Aerobics"; Code "Strength Training" as Weight Lifting.

(229-230)

| | (Specify) [See F | Physical Activity Coding List] |
|----------------|---|--|
| 8 8 | No other activity [Go to Q12.8] | |
| | | Q12.8] |
| | - | Q12.8] |
| | ıming Devices (Wii Fit, | 4 1 Rugby |
| Danc | e Dance revolution) | 4 2 Scuba diving |
| | video or class | 4 3 Skateboarding |
| 0 3 Backpack | ing | 4 4 Skating – ice or roller |
| 0 4 Badminto | | 4 5 Sledding, tobogganing |
| 0 5 Basketba | | 4 6 Snorkeling |
| | machine exercise | 4 7 Snow blowing |
| 0 7 Bicycling | _ | 4 8 Snow shoveling by hand |
| | Canoeing, rowing, kayaking, | 4 9 Snow skiing |
| | g for pleasure or camping) | 5 0 Snowshoeing |
| 0 9 Bowling | | 5 1 Soccer |
| 1 0 Boxing | | 5 2 Softball/Baseball |
| 1 1 Calisthen | | 5 3 Squash |
| | rowing in competition | 5 4 Stair climbing/Stair master |
| 1 3 Carpentry | | 5 5 Stream fishing in waders |
| 7 1 Childcare | | 5.0.0 df |
| | pallet, ballroom, Latin, hip hop, zumba, etc | |
| | EFX machine exercise | 5 7 Swimming |
| | nch Work (caring for livestock, stacking hay, etc.) | E.O. Cusimonina in Jane |
| • | om river bank or boat | 5 8 Swimming in laps |
| 1 7 Frisbee | a (anadina waadina digaina fillina) | 5 9 Table tennis |
| | g (spading, weeding, digging, filling) | 6 0 Tai Chi |
| | motorized cart) | 6.1 Tennis |
| 2 0 Goil (With | out motorized cart) | 6 2 Touch football |
| ergometer,etc | | 7 5 Upper Body Cycle (wheelchair sports, |
| 2 1 Handball | | 6 3 Volleyball |
| 2 2 Hiking – c | cross-country | 6 4 Walking |
| 2 3 Hockey | , | 6 6 Waterskiing |
| 2 4 Horsebac | k ridina | 6 7 Weight lifting |
| | d Activities (vacuuming, dusting, home repair, etc | |
| | arge game – deer, elk | 6 8 Wrestling |
| | | 7 6 Yard work (cutting/gathering wood, trimming hedges |
| 2 6 Hunting s | mall game – quail | 6 9 Yoga |
| 2 7 Inline Ska | | |
| 2 8 Jogging | 9 | |
| 7 4 Karate/Ma | artial Arts | |
| 2 9 Lacrosse | | stacking |
| 3 0 Mountain | climbing | Č |
| 3 1 Mowing la | | , |
| 3 2 Paddleba | | |
| | | |



| 3 3 Painting/pa 3 4 Pilates 3 5 Racquetbal 3 6 Raking law 3 7 Running 3 8 Rock Climb 3 9 Rope skipp 4 0 Rowing ma | II n oing ing | | trimming hedges 88 No other activity 9 8 Other | |
|--|--|--|---|--|
| //ask if S11Q5 | ne miss | sing and S11Q5 ne 77, 88, 99// | | |
| s11q5c. INTERVIEWER | R (DO NO | OT READ) | | |
| YOU'VE CHOS | SEN | | | |
| IS THAT COR | RECT? | | | |
| 1 YES 2 NO - GO BA | 1 YES 2 NO - GO BACK AND CHANGE RESPONSE | | | |
| //if s11q5 = 98// S11q5o: Enter Other Activity: | | | | |
| //ask if S11Q5 ne missing and S11Q5 ne 77, 88, 99// | | | | |
| s11q6 | How many times per week or per month did you take part in this activity during the past month? | | | |
| | | | (231-233) | |
| | 1 2 777 999 | Times per week [range 101-199] Times per month [range 201-29] Don't know / Not sure Refused | | |
| //ask if S11Q5 ne missing and S11Q5 ne 77, 88, 99// | | | | |
| s11q7 | And when you took part in this activity, for how many minutes or hours did you usually | | | |
| | keep at it? (234-236) | | | |
| | _: | Hours and minutes RANGE = | -10-59,100-159,200-259,300-359,400-459,500- 559,600-659,700-759,800-859,900-959] | |
| | 777 999 | Don't know / Not sure Refused | | |

//ask of all//



s11q8

During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

(237-239)

- 1_ _ Times per week [range 101-199]
- 2__ Times per month [range 201-299]
- 888 Never
- 777 Don't know / Not sure
- 999 Refused

Section 12: Arthritis Burden

If Q6.9 = 1 (yes) then continue, else go to next section.

//ask if s6q9=1//

S12q1t Next, I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

1. continue

//ask if s6q9=1//

s12q1 Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

(240)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s6q9=1//

s12q2

In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?

(241)

INTERVIEWER NOTE: Q13.2 should be asked of all respondents regardless of employment.

INTERVIEWER INSTRUCTION: If respondent gives an answer to each issue (whether respondent works, type of work, or amount of work), then if any issue is "yes" mark the overall response as "yes."

If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."



- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if s6q9=1//

s12q3

During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

(242)

INTERVIEWER INSTRUCTION: If a question arises about medications or treatment, then the interviewer should say: "Please answer the question based on your current experience, regardless of whether you are taking any medication or treatment."

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

//ask if s6q9=1//

s12q4

Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE? Please answer on a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be.

(243-244)

- _ _ Enter number [00-10]
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 13: Seatbelt Use

//ask of all//

s13q1 How often do you use seat belts when you drive or ride in a car? Would you say—

(252)

Please read:

1 Always



- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

Section 14: Immunization

//ask of all//

S14q1t

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called $FluMist^{TM}$.

1. Continue

//ask of all//

s14q1

During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

(253)

READ IF NECESSARY:

A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1 Yes

No [Go to Q14.4]
 Don't know / Not sure [Go to Q14.4]
 Refused [Go to Q14.4]

//ask if s14q1=1//

s14q2m

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

INTERVIEWER: ENTER MONTH

Month [RANGE 01-12] 77 Don't know / Not sure

9 9 Refused

//ask if s14q1=1//

s14q2y

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

INTERVIEWER: ENTER YEAR



____ Year [RANGE 2014-2015] 7777 Don't know / Not sure 9999 Refused

IF: *([TSTPYR] < [PASTYR])*****

S14q2chk

I'm sorry, but you said you had a flu vaccination within the past 12 months, but you have just given me a date for your most recent vaccination that is more than 12 months ago. Have you had a flu vaccination within the past 12 months?

Lo siento: dijo que se vacuno contra la gripe en los ultimos 12 meses, pero la fecha que me acaba de dar de su vacuna mas reciente es anterior a 12 meses. Se ha vacunado contra la gripe en los ultimos 12 meses?

- 1 Yes
- 2 No

//ask if s14q1=1//

s14q3 At what kind of place did you get your last flu shot/vaccine?

(260-261)

- 0 1 A doctor's office or health maintenance organization (HMO)
- 0 2 A health department
- 0 3 Another type of clinic or health center (Example: a community health center)
- 0.4 A senior, recreation, or community center
- 0 5 A store (Examples: supermarket, drug store)
- 0 6 A hospital (Example: inpatient)
- 07 An emergency room
- 08 Workplace
- 0 9 Some other kind of place
- 1 0 Received vaccination in Canada/Mexico (Volunteered Do not read)
- 11 A school
- 7 7 Don't know / Not sure (*Probe:* "How would you describe the place where you went to get your most recent flu vaccine?"

Do not read:

9 9 Refused

//ask of all//

s14q4

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (262)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 15: HIV/AIDS

//ask of all//

S15q1t The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

1. Continue

//ask of all//

s15q1

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

1 Yes

No [Go to optional module transition]
 Don't know / Not sure [Go to optional module transition]
 Refused [Go to optional module transition]

//ask if s15q1=1//

s15q2m

Not including blood donations, in what month and year was your last HIV test?

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER MONTH

_ Code month [RANGE 01-12]

7 7 Don't know / Not sure

9 9 Refused / Not sure

//ask if s15q1=1//

s15q2y

Not including blood donations, in what month and year was your last HIV test?

NOTE: If response is before January 1985, code "Don't know." CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

INTERVIEWER: ENTER YEAR

_ Code month [RANGE 1985-2015]

777 7 Don't know / Not sure

999 9 Refused / Not sure

//ask if s15q1=1//

s15q3

Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at an emergency room, as an inpatient in a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?



- 0 1 Private doctor or HMO office
- 0 2 Counseling and testing site
- 0 9 Emergency room
- 0 3 Hospital inpatient
- 0 4 Clinic
- 0 5 Jail or prison (or other correctional facility)
- 0 6 Drug treatment facility
- 0.7 At home
- 0 8 Somewhere else
- 77 Don't know / Not sure
- 9 9 Refused

Transition to Modules and/or State-Added Questions

//ask of all//
Please read:

ModT Finally, I have just a few questions left about some other health topics.

1. Continue



Optional Modules

Module 4: Caregiver Split 1

//ask of all//

Mod4_1 People may provide regular care or assistance to a friend or family member who has a health problem or disability.

During the past 30 days, did you provide regular care or assistance to a friend or family member who has a health problem or disability?

(313)

INTERVIEWER: If caregiving recipient has died in the past 30 days, say "I'm so sorry to hear of your loss." and select option 8.

- 1 Yes
- 2 No [Go to Question 9]
- 8 Caregiving recipient died in past 30 days [Go to next module]
- 7 Don't know/Not sure
- 9 Refused

//ask if mod4_1 = 1//

Mod4_2 What is his or her relationship to you? For example is he or she your (mother or daughter or father or son)?

INTERVIEWER NOTE: If more than one person, say: "Please refer to the person to whom you are giving the most care?"

(314-315)

[DO NOT READ; CODE RESPONSE USING THESE CATEGORIES]

- 01 Mother
- 02 Father
- 03 Mother-in-law
- 04 Father-in-law
- 05 Child
- 06 Husband
- 07 Wife
- 08 Same-sex partner
- 09 Brother or brother-in-law
- 10 Sister or sister-in-law
- 11 Grandmother



- 12 Grandfather
- 13 Grandchild
- 14 Other relative
- 15 Non-relative/Family friend
- 77 Don't know/Not sure
- 99 Refused

//ask if mod4_1 = 1//

Mod4_3 For how long have you provided care for that person? Would you say...

(316)

- 1 Less than 30 days
- 2 1 month to less than 6 months
- 3 6 months to less than 2 years
- 4 2 years to less than 5 years
- 5 More than 5 years
- 7 Don't Know/ Not Sure
- 9 Refused

//ask if mod4_1 = 1//

Mod4_4 In an average week, how many hours do you provide care or assistance? Would you say...

(317)

- 1 Up to 8 hours per week
- 2 9 to 19 hours per week
- 3 20 to 39 hours per week
- 4 40 hours or more
- 7 Don't know/Not sure
- 9 Refused

//ask if mod4 1 = 1//

Mod4_5 What is the main health problem, long-term illness, or disability that the person you care for has?

INTERVIEWER NOTE: RECORD ANSWER OF "STROKE" AS 08- HEART DISEASE, HYPERTENSION

(318-319)

IF NECESSARY: Please tell me which one of these conditions would you say is the *major* problem?

[DO NOT READ: RECORD ONE RESPONSE]



- 1 Arthritis/Rheumatism
- 2 Asthma
- 3 Cancer
- 4 Chronic respiratory conditions such as Emphysema or COPD
- 5 Dementia and other Cognitive Impairment Disorders
- 6 Developmental Disabilities such as Autism, Down's Syndrome, and Spina Bifida
- 7 Diabetes
- 8 Heart Disease, Hypertension
- 9 Human Immunodeficiency Virus Infection (HIV)
- 10 Mental Illnesses, such as Anxiety, Depression, or Schizophrenia
- 11 Other organ failure or diseases such as kidney or liver problems
- 12 Substance Abuse or Addiction Disorders
- 13 Other
- 77 Don't know/Not sure
- 99 Refused

//ask if mod4_1 = 1//

Mod4_6 In the past 30 days, did you provide care for this person by...

(320)

- ...Managing personal care such as giving medications, feeding, dressing, or bathing?
 - 1 Yes
 - 2 No
 - 7 Don't Know /Not Sure
 - 9 Refused

//ask if mod4_1 = 1//

Mod4_7. In the past 30 days, did you provide care for this person by... (321)

- ...Managing household tasks such as cleaning, managing money, or preparing meals?
 - 1 Yes
 - 2 No
 - 7 Don't Know /Not Sure
 - 9 Refused

//ask if mod4_1 = 1//

Mod4_8. Of the following support services, which one do you MOST need, that you are not currently getting?

(322)



[INTERVIEWER NOTE: IF RESPONDENT ASKS WHAT RESPITE CARE IS]: Respite care means short-term or long-term breaks for people who provide care.

[READ OPTIONS 1 - 6]

- 1 Classes about giving care, such as giving medications
- 2 Help in getting access to services
- 3 Support groups
- 4 Individual counseling to help cope with giving care
- 5 Respite care
- 6 You don't need any of these support services

[DO NOT READ]

- 7 Don't Know /Not Sure
- Refused

[If Q1 = YES, GO TO NEXT MODULE]

//ask if mod4_1 = 2,7,9//

Mod4_9. In the next 2 years, do you expect to provide care or assistance to a friend or family member who has a health problem or disability? (323)

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- Refused

Module 6: Cognitive Decline Split 1

CATI Note: If respondent is 45 years of age or older continue, else go to next module //ask if s7q2≥45 or s7q2=7,9//

Mod6T: The next few questions ask about difficulties in thinking or remembering that can make a big difference in everyday activities. This does not refer to occasionally forgetting your keys or the name of someone you recently met, which is normal. This refers to confusion or memory loss that is happening more often or getting worse, such as forgetting how to do things you've always done or forgetting things that you would normally know. We want to know how these difficulties impact you.

1. Continue

//ask if s7q2≥45 or s7q2=7,9//



Mod6_1. During the past 12 months, have you experienced confusion or memory loss that is more often or is getting worse?

- 1 Yes
- 2 No [Go to next module]
- 7 Don't know [Go to Q2]
- 9 Refused [Go to next module]

//ask if mod6_1 = 1,7//

Mod6_2. During the past 12 months, as a result of confusion or memory loss, how often have you given up day-to-day household activities or chores you used to do, such as cooking, cleaning, taking medications, driving, or paying bills? (335)

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
- 7 Don't know
- 9 Refused

//ask if mod6_1 = 1,7//

Mod6_3. As a result of confusion or memory loss, how often do you need assistance with these activities?

(336)

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely [Go to Q5]
- 5 Never [Go to Q5]
- 7 Don't know [Go to Q5]
- 9 Refused [Go to Q5]

CATI NOTE: If Q3 = 1, 2, or 3, continue. If Q3 = 4 or 5, go to Q5.

//ask if mod6_3=1,2,3//

Mod6_4. When you need help with these day-to-day activities, how often are you able to get the you need?

(337)

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never



- 7 Don't know
- 9 Refused

//ask if mod6_1 = 1,7//

Mod6_5. During the past 12 months, how often has confusion or memory loss interfered with your ability to work, volunteer, or engage in social activities outside the home?

(338)

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never
- 7 Don't know
- 9 Refused

//ask if mod6 1 = 1,7//

Mod6_6. Have you or anyone else discussed your confusion or memory loss with a health care professional? (339)

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

Module 21: Sexual Orientation and Gender Identity Split 1 & 2

//ask of all//

MMod21t

The next two questions are about sexual orientation and gender identity.

INTERVIEWER NOTE: We ask this question in order to better understand the health and health care needs of people with different sexual orientations.

INTERVIEWER NOTE: Please say the number before the text response. Respondent can answer with either the number or the text/word.

MMod21_1. Do you consider yourself to be:

(610)

Please read:

- 1 1 Straight
- 2 2 Lesbian or gay
- 3 3 Bisexual



Do not read:

- 4 Other
- 7 Don't know/Not sure
- 9 Refused

//ask of all//

MMod21 2. Do you consider yourself to be transgender?

(611)

If yes, ask "Do you consider yourself to be 1. male-to-female, 2. female-to-male, or 3. gender non-conforming?

INTERVIEWER NOTE: Please say the number before the "yes" text response. Respondent can answer with either the number or the text/word.

INTERVIEWER NOTE: If asked about definition of transgender:

Some people describe themselves as transgender when they experience a different gender identity from their sex at birth. For example, a person born into a male body, but who feels female or lives as a woman would be transgender. Some transgender people change their physical appearance so that it matches their internal gender identity. Some transgender people take hormones and some have surgery. A transgender person may be of any sexual orientation – straight, gay, lesbian, or bisexual.

INTERVIEWER NOTE: If asked about definition of gender non-conforming:

Some people think of themselves as gender **non-conforming** when they do not identify <u>only</u> as a man or <u>only</u> as a woman.

- 1 Yes, Transgender, male-to-female
- 2 Yes, Transgender, female to male
- 3 Yes, Transgender, gender nonconforming
- 4 No
- 7 Don't know/not sure
- 9 Refused

Module 22: Random Child Selection –Split 2

CATI NOTE: If Core Q7.16 = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

//if s7q16 = 1 read// :

Mod22t1



"Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." [Go to mod22_1]

1. Continue

//ask if s7q16 =2-15// Mod22t2

"Previously, you indicated there were **[number]** children age 17 or younger in your household. Think about those **[number]** children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last. Please include children with the same birth date, including twins, in the order of their birth."

I have some additional questions about one specific child. The child I will be referring to is the "Xth" **[CATI: please fill in correct number]** child in your household. All following questions about children will be about the "Xth" **[CATI: please fill in]** child.

1. continue

CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the "Xth" child. Please substitute "Xth" child's number in all questions below.

//ask if s7q16 ne 88, 99//

//ask if s7q16 ne 88, 99//

Mod22_1m. What is the birth month and year of the "**Xth**" child?

//ask if s7q16 ne 88, 99//

Mod22 1y. What is the birth month and year of the "Xth" child?

CATI INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is \geq 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

//ask if 0 <= chldage2 < 18 or mod22_1y in (7777,9999)

Mod22_2. Is the child a boy or a girl?

1 Boy
2 Girl
9 Refused

//ask if 0 <= chldage2 < 18 or mod22_1y in (7777,9999)



Mod22_3. Is the child Hispanic, Latino/a, or Spanish origin?

5 No, not of Hispanic, Latino/a, or Spanish origin

1 Yes

7 Don't Know

9 Refused

//if mod22 3 = 1//

Mod22_3b Are they...

Interviewer Note: One or more categories may be selected.

READ LIST [MUL=4]

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 5 No
- 7 Don't know / Not sure
- 9 Refused

//ask if 0 <= chldage2 < 18 or mod22_1y in (7777,9999)

Mod22_4. Which one or more of the following would you say is the race of the child?

Interviewer Note: Select all that apply.

Please read: [MUL = 6]

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
- 50 Pacific Islander

Do not read:

- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused

//ask if Mod22 4=40//

Mod22 4a Is that...

Interviewer Note: Select all that apply. [mul=7]

41 Asian Indian

42 Chinese



43 Filipino
44 Japanese
45 Korean
46 Vietnamese
47 Other Asian

Do not read:

60 Other

77 Don't know / Not sure

99 Refused

//if Mod22_4 = 50

Mod22_4p Is that...

Interviewer Note: Select all that apply. [mul=4]

51 Native Hawaiian

52 Guamanian or Chamorro

53 Samoan

54 Other Pacific Islander

Do not read:

60 Other

77 Don't know / Not sure

99 Refused

[DP note: mod22_4 is presented as one question, combine Mod22_4a and Mod22_4p into Mod22_4 for delivery]

//IF MORE THAN ONE RESPONSE TO MOD22_4, CONTINUE//

//ask if mod22_4 = mul //

Mod22_5. Which one of these groups would you say best represents the child's race?

(527-528)

Interviewer Note: Select all that apply.

10 White

20 Black or African American

30 American Indian or Alaska Native

40 Asian



50 Pacific Islander

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

//(ask if mod22_4=mul and mod22_5=40)//

Mod22_5a

Is that...

- 41 Asian Indian
- 42 Chinese
- 43 Filipino
- 44 Japanese
- 45 Korean
- 46 Vietnamese
- 47 Other Asian

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

//(ask if mod22_4=mul and mod22_5=50)//

Mod22_5p Is that...

- 51 Native Hawaiian
- 52 Guamanian or Chamorro
- 53 Samoan
- 54 Other Pacific Islander

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused

[DP note: mod22_5 is presented as one question, combine Mod22_5a and Mod22_5pi into Mod22_5 for delivery]

//ask if 0 <= chldage2 < 18 or mod22_1y in (7777,9999)//

Mod22_6. How are you related to the child?

(475)

Please read:

- 1 Parent (include biologic, step, or adoptive parent)
- 2 Grandparent
- 3 Foster parent or guardian
- 4 Sibling (include biologic, step, and adoptive sibling)
- 5 Other relative
- 6 Not related in any way



Do not read:

- 7 Don't know / Not sure
- 9 Refused

State-Added Section 1: Anxiety and Depression - Split 1

//start timer ett1// //ask if split = 1 and cstate ne 2//

- **MD1_1** Has a doctor or other healthcare provider EVER told you that you have an anxiety disorder, including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **MD1_1.** ¿Le ha dicho un médico u otro profesional médico ALGUNA VEZ que sufre de un trastorno de ansiedad (incluyendo trastorno de estrés agudo, ansiedad, trastorno de ansiedad generalizada, trastorno obsesivo-compulsivo, trastorno del pánico, fobia, trastorno de estrés postraumático o trastorno de la ansiedad social)?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

//end timer ett1//

State-Added Section 2: Adverse Childhood Experience - Split 1

//start timer ett2// //ask if split = 1 and cstate ne 2//

I'd like to ask you some questions about events that happened during your childhood. This information will allow us to better understand problems that may occur early in life, and may help others in the future. This is a sensitive topic and some people may feel uncomfortable with these questions. At the end of this section, I will give you a phone number for an organization that can provide information and referral for these issues. Please keep in mind that you can ask me to skip any question you do not want to answer. All questions refer to the time period before you were 18 years of age.

1. Continue



MD2_T. Me gustaría hacerle algunas preguntas sobre eventos que ocurrieron durante su infancia. Esta información nos permitirá entender mejor los problemas que ocurren al principio de la vida y podría ayudar a otros en el futuro. Este es un tema sensible y algunas personas podrían sentirse incómodas al responder estas preguntas. Al final de esta sección, le entregaré un número de teléfono de una organización que puede proveerle información y derivaciones sobre estos problemas. Por favor, tenga en cuenta que me puede pedir que saltee alguna pregunta que no quiere responder.

Todas las preguntas se refieren al período de tiempo antes de que tuviera 18 años de edad.

1.CONTINUE

//ask if split = 1 and cstate ne 2//

- Now, looking back before you were 18 years of age, did you live with anyone who was depressed, mentally ill, or suicidal?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- MD2_1. Ahora, mirando hacia atrás antes de que tuviera 18 años de edad, ¿Vivió con alguna persona que estaba deprimida, mentalmente enferma o suicida?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

//ask if split = 1 and cstate ne 2//

- MD2_2 (Before you were 18 years of age), did you live with anyone who was a problem drinker or alcoholic?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

MD2_2 (Antes de tener 18 años de edad), ¿vivía con alguna persona que era un alcohólico o bebedor?

- 1 SÍ
- 2 No
- 7 No sabe/No está seguro
- 9 Rehusó

//ask if split = 1 and cstate ne 2//

- MD2_3 (Before you were 18 years of age), did you live with anyone who used illegal street drugs or who abused prescription medications?
 - 1 Yes



- 2 No
- 7 Don't know / Not sure
- 9 Refused

MD2_3 (Antes de tener 18 años de edad)¿Vivió con alguna persona que usó drogas ilegales de la calle o que se abusaba de medicamentos recetados?

- 1 SÍ
- 2 No
- 7 No sabe/No está seguro
- 9 Rehusó

//ask if split = 1 and cstate ne 2//

- MD2_4 (Before you were 18 years of age), did you live with anyone who served time or was sentenced to serve time in a prison, jail, or other correctional facility?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

MD2_4 (Antes de tener 18 años de edad)¿Vivió con alguien que pasó tiempo en la cárcel o fue sentenciado a cumplir una condena en una prisión, cárcel u otra institución penitenciaria?

- 1 SÍ
- 2 No
- 7 No sabe/No está seguro
- 9 Rehusó

//ask if split = 1 and cstate ne 2//

- MD2_5 Were your parents separated or divorced?
 - 1 Yes
 - 2 No
 - 8 Parents Not Married
 - 7 Don't know / Not sure
 - 9 Refused

MD2_5 ¿Estaban separados o divorciados sus padres?

- 1 Sí
- 2 No
- 8 Los padres no estaban casados
- 7 No sabe / No está seguro
- 9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_6 How often did your parents or adults in your home ever slap, hit, kick, punch or beat each other up? Would you say...

Read List



- 1 Never
- 2 Once
- 3 More than once

Do Not Read

- 7 Don't know / Not sure
- 9 Refused

MD2_6 ¿Cada cuánto los padres o adultos en su casa se pegaban cachetadas, puñetazos, pateaduras, golpes o se pelearon físicamente?

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

7 No sabe / No está seguro

9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_7 Before age 18, how often did a parent or adult in your home ever hit, beat, kick, or physically hurt you in any way? Do not include spanking. Would you say—

Read List

- 1 Never
- 2 Once
- 3 More than once

Do Not Read

- 7 Don't know / Not sure
- 9 Refused

MD2_7 Antes de los 18 años de edad, ¿cada cuánto uno de los padres o adultos en su casa le pegó puñetazos, pateaduras, golpes o lo lastimaron físicamente de alguna manera? No incluya las palizas. Diría usted...

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

7 No sabe / No está seguro

9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_8 Before age 18, how often did a parent or adult in your home ever swear at you, insult you, or put you down?

Read List

- 1 Never
- 2 Once



3 More than once

Do Not Read

- 7 Don't know / Not sure
- 9 Refused

MD2_8 Antes de los 18 años de edad, ¿cada cuánto uno de los padres o un adulto en su casa uso profanidades, lo insultó o hizo sentir mal?

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

- 7 No sabe / No está seguro
- 9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_9 Before age 18, how often did anyone at least 5 years older than you or an adult, ever touch you sexually?

Read List

- 1 Never
- 2 Once
- 3 More than once

Do Not Read

- 7 Don't know / Not sure
- 9 Refused

MD2_9 Antes de los 18 años de edad¿Cada cuánto alguien que tenía por lo menos cinco años más que usted o un adulto lo tocó sexualmente?

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

7 No sabe / No está seguro

9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_10 Before age 18, how often did anyone at least 5 years older than you or an adult, try to make you touch them sexually?

Read List

- 1 Never
- 2 Once
- 3 More than once

Do Not Read

7 Don't know / Not sure



9 Refused

MD2_10 Antes de los 18 años de edad¿Cada cuánto alguien que tenía por lo menos cinco años más que usted o un adulto trató de lograr que usted lo tocaran sexualmente?

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

7 No sabe / No está seguro

9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2_11 Before age 18, how often did anyone at least 5 years

Before age 18, how often did anyone at least 5 years older than you or an adult, force you to have sex?

Read List

- 1 Never
- 2 Once
- 3 More than once

Do Not Read

- 7 Don't know / Not sure
- 9 Refused

MD2_11 Antes de los 18 años de edad¿Cada cuánto alguien que tenía por lo menos cinco años más que usted o un adulto lo obligó a tener relaciones sexuales?

- 1 Nunca
- 2 Una vez
- 3 Más de una vez

No lea:

7 No sabe / No está seguro

9 Rehusó

//ask if split = 1 and cstate ne 2//

MD2close

As I mentioned when we started this section, I would give you a phone number for an organization that can provide information and referral for these issues. Would you like me to give you that number?

READ IF NECESSARY:

There are several numbers available that may be helpful. You can dial 1-800-4-A-CHILD (1-800-422-4453) to reach the National Hotline for Child Abuse. You can also dial 1-800-656-HOPE (1-800-656-4673) to reach the Rape, Abuse, and Incest National Network hotline. In addition, Maryland's Parenting Helpline is available through Maryland's Chapter of Prevent Child Abuse Maryland at 1-800-243-7337. Or you may simply dial 211 to find out about mental health and human services available in your jurisdiction.



1. Continue

MD2close

Como mencioné al comienzo de esta sección, le entregaré un número de teléfono de una organización que puede proveerle información y derivaciones sobre estos problemas. ¿Desea que le entregue dicho número?

READ IF NECESSARY:

Hay varios números disponibles que podrían ser útiles. Puede llamar al 1-800-4-A-CHILD (1-800-422-4453) para comunicarse con la Línea Nacional del Abuso Infantil (National Hotline for Child Abuse). También puede llamar al 1-800-656-HOPE (1-800-656-4673) para comunicarse con la línea de la Red Nacional contra la Violación, el Abuso y el Incesto (Rape, Abuse, and Incest National Network). Además, la línea de ayuda a padres de Maryland está disponible a través del Capítulo de Maryland de Prevención del Abuso Infantil en Maryland (Prevent Child Abuse Maryland). O simplemente puede llamar al 211 para obtener información sobre los servicios humanos o de salud mental disponible en su jurisdicción.

//end timer ett2//

State-Added Section 3: Childhood Human HPV – Split 2

//start timer ett3//

//ask if (9 <= chldage2 ≤17 or mod22_1y in (7777, 9999)) and split = 2 and cstate ne 2//

MD3_1 I have two additional questions about a vaccination the [Insert Xth child] child may have had.

A vaccine to prevent the human papilloma virus or HPV infection is available and is called the cervical cancer or genital warts vaccine, HPV shot, [Fill: if female "GARDASIL or CERVARIX"; if male " or GARDASIL"]. Has this child EVER had an HPV vaccination?

NOTE: Human Papillomavirus (Human Pap-uh-loh-muh-virus); Gardasil (Gar-duh-seel); Cervarix (Sir-var- icks)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

MD3_1. "Tengo dos preguntas adicionales sobre una vacunación que su [insertar el número de orden] niño pudiera haber recibido. Una vacuna para prevenir el virus del papiloma humano o infección con HPV está disponible y se llama la vacuna contra el cáncer cervical o de verrugas genitales, inyección del HPV, [Llenar: Si es mujer "GARDASIL o CERVARIX"; si es hombre "o GARDASIL"]. ¿Ha este niño recibido ALGUNA VEZ una vacuna contra el HPV?

NOTA: Human Papillomavirus (Human Pap•uh•loh•muh-virus); Gardasil (Gar•duh• seel); Cervarix (Sir•var• icks)



- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if MD3 1=1//

MD3_2 How many HPV shots did [mod22_1=1] insert he [mod22_1=2 insert she] receive?_

_ Number of shots [RANGE01-03]

- 0 3 All shots
- 7.7 DK/NS
- 9 9 Refused

MD3_2. ¿Cuántas inyecciones contra el HPV recibió?

- __ Number of shots [RANGE01-03]
- 0 3 All shots
- 7 7 DK/NS
- 9 9 Refused

//end timer ett3//

State-Added Section 4: Cancer Survivors & Cancer Survivorship - Split 2

//start timer ett4//

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

MD4_1 Now I am going to ask you about cancer. How many different types of cancer have you had?

- 1 Only one
- 2 Two
- 3 Three or more
- 7 Don't Know
- 9 Refused

MD4_1. Ahora le voy a hacer preguntas sobre el cáncer.¿Cuántos tipos diferentes de cáncer ha tenido?

- 1 Solo uno
- 2 Dos
- 3 Tres o más
- 7 No sabe/No está seguro
- 9 Se niega a contestar

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

MD4_2 At what age were you first told that you had cancer?



(Note: This question refers to the first time they were told about their first cancer.)

__ Age in years [00-97]

98 Don't Know 99 Refused

MD4 2. ¿A qué edad supo por primera vez que tenía cáncer?

(Note: This question refers to the first time they were told about their first cancer.)

__ Age in years [00-97]

98 Don't Know 99 Refused

//ask if md4_2 > s7q2//

Md4_2chk You said you were [insert s7q2] years of age and told you have cancer at age [insert md4_2]. I must correct this inconsistency.

Usted dijo que tenia \:s7q1: anos de edad y que le dijeron que tenia cancer a la edad de \:md4_2:.

Debo corregir este error.

1. Continue

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

MD4_3 What type of cancer was it?

(Note: Please read list only if respondent needs prompting for cancer type, i.e., name of cancer):

Read if Necessary

- 01 Breast cancer
- O2 Cervical cancer (cancer of the cervix)
- 03 Endometrial cancer (cancer of the uterus)
- 04 Ovarian cancer (cancer of the ovary)
- 05 Head and neck cancer
- 06 Oral cancer
- 07 Pharyngeal (throat) cancer
- 08 Thyroid
- 09 Colon (intestine) cancer
- 10 Esophageal (esophagus)
- 11 Liver cancer
- 12 Pancreatic (pancreas) cancer
- 13 Rectal (rectum) cancer
- 14 Stomach
- 15 Hodgkin's Lymphoma (Hodgkin's disease)
- 16 Leukemia (blood) cancer
- 17 Non-Hodgkins Lymphoma
- 18 Prostate cancer
- 19 Testicular cancer
- 20 Melanoma
- 21 Other skin cancer
- 22 Heart
- 23 Lung



- 24 Bladder cancer
- 25 Renal (kidney) cancer
- 26 Bone
- 27 Brain
- 28 Neuroblastoma
- 29 Other

Do Not Read

77=DK/NS

99=Refused

MD4_3. ¿Qué tipo de cáncer era?

NOTA PARA EL ENCUESTADOR: Léale la lista solo si la persona encuestada necesita que la ayuden a identificar el tipo de cáncer (es decir, el nombre del cáncer)

- 0 1 Cáncer de mama
- 0 2 Cáncer de cuello uterino (cáncer cervical)
- 0 3 Cáncer endometrial (cáncer del útero)
- 0 4 Cáncer ovárico (cáncer de ovario)
- 05 Cáncer de cabeza y cuello
- 0 6 Cáncer bucal
- 07 Cáncer faríngeo (garganta)
- 08 Cáncer de la tiroides
- 09 Cáncer de colon (intestino)
- 10 Cáncer esofágico (esófago)
- 1 1 Cáncer hepático (hígado)
- 12 Cáncer pancreático (páncreas)
- 1 3 Cáncer rectal (recto)
- 14 Cáncer de estómago
- 1 5 Linfoma de Hodgkin (enfermedad de Hodgkin)
- 1 6 Leucemia (cáncer de la sangre)
- 17 Linfoma no Hodgkin
- 18 Cáncer de próstata
- 19 Cáncer testicular
- 20 Melanoma
- 2 1 Otro tipo de cáncer de piel
- 2 2 Cáncer de corazón



- 23 Cáncer de pulmón
- 2 4 Cáncer de la vejiga
- 25 Cáncer renal (riñón)
- 2 6 Cáncer de huesos
- 27 Cáncer de cerebro
- 2 8 Neuroblastoma
- 29 Otro

No le lea:

- 7 7 No sabe/No está seguro
- 9 9 Se niega a contestar

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

- MD4_4 I will now ask you about your experiences with cancer. Are you currently receiving treatment for cancer? By treatment, we mean surgery, radiation therapy, chemotherapy, or chemotherapy pills.
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **MD4_4** Ahora le voy a preguntar sobre sus experiencias con el cancer. Actualmente, ¿está recibiendo tratamiento para el cáncer? Por tratamiento nos referimos a operación, radioterapia, quimioterapia o píldoras para quimioterapia.
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

MD4_5 What type of doctor provides the majority of your health care?

Read if necessary

- 01 Cancer Surgeon
- 02 Family Practitioner
- 03 General Surgeon
- 04 Gynecologic Oncologist
- 05 Internist
- 06 Plastic Surgeon, Reconstructive Surgeon
- 07 Medical Oncologist
- 08 Radiation Oncologist
- 09 Urologist
- 10 Other



77 DK/NS 99 Refused

MD4_5. ¿Qué tipo de doctor le proporciona la mayor parte de su atención médica?

Read if necessary

- 0 1 Cirujano especialista en cáncer
- 0 2 Médico de familia
- 0 3 Cirujano general
- 0 4 Ginecólogo oncólogo
- 0.5 Internista
- 0 6 Cirujano plástico o de cirugía reconstructiva
- 07 Oncólogo
- 0 8 Oncólogo radiólogo
- 0 9 Urólogo
- 1 0 Otro

No le lea:

- 7 7 No sabe/No está seguro
- 9 9 Se niega a contestar

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

- MD4_6 Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **MD4_6.** ¿ALGUNA VEZ un médico, un enfermero u otro profesional de la salud le proporcionó un resumen escrito de todos los tratamientos contra el cáncer que ha recibido?
 - 1 Sí
 - 2 No
 - 7 No sabe/No está seguro
 - 9 Se niega a contestar

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//



- MD4_7 Have you EVER received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing treatment for cancer?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **MD4_7.** ¿ALGUNA VEZ un médico, un enfermero u otro profesional de la salud le dio instrucciones sobre a qué lugar debería volver o a quién debería consultar para que le hicieran chequeos rutinarios de cáncer después de completar su tratamiento contra esa enfermedad?
 - 1 Sí
 - 2 No
 - 7 No sabe/No está seguro
 - 9 Se niega a contestar

//ask if md4_7=1//

- MD4_8 Were these instructions written down or printed on paper for you?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **MD4_8.** ¿Le dieron estas instrucciones impresas o por escrito?
 - 1 Sí
 - 2 No
 - 7 No sabe/No está seguro
 - 9 Se niega a contestar

//ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2//

MD4_9 With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment?

(Note: "Health insurance" also includes Medicare, Medicaid, or other types of state health programs.)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- MD4_9. Cuando le diagnosticaron el cáncer más reciente, ¿tenía un seguro médico que pagara todo o parte de su tratamiento?



NOTA PARA EL ENCUESTADOR: "Seguro médico" también incluye Medicare, Medicaid u otro tipo de programas de seguro médico estatales.

1 Sí 2 No 7 No sabe/No está seguro 9 Se niega a contestar //ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2// MD4 10 Were you EVER denied health insurance or life insurance coverage because of your cancer? 1 Yes 2 No 7 Don't know / Not sure 9 Refused MD4_10. ¿ALGUNA VEZ le negaron un seguro médico o de vida a causa de su cáncer? Sí 2 No 7 No sabe/No está seguro 9 Se niega a contestar //ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2// MD4_11 Did you participate in a clinical trial as part of your cancer treatment? 2 7 Don't know / Not sure 9 Refused ¿Participó en estudios clínicos como parte de su tratamiento contra el cáncer? MD4_11. Sí 2 No 7 No sabe/No está seguro 9 Se niega a contestar //ask if (s6q6=1 or s6q7=1) and split = 2 and cstate ne 2// MD4 12 Do you currently have physical pain caused by your cancer or cancer treatment? Yes 1

¿Actualmente tiene dolor físico debido a su cáncer o a su tratamiento?

Don't know / Not sure

No

Refused

2

7

MD4 12.



- 1 Sí
- 2 No
- 7 No sabe/No está seguro
- 9 Se niega a contestar

//ask if MD4 12=1//

- MD4_13 Is your pain currently under control?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- MD4_13. ¿Su dolor está bajo control actualmente?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

//end timer ett4//

State-Added Section 5: Oral Health - Split 2

//start timer ett5//

//ask if split = 2 and cstate ne2//

- MD5_1 How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.
 - 1 Within the past year (anytime less than 12 months ago)
 - 2 Within the past 2 years (1 year but less than 2 years ago)
 - Within the past 5 years (2 years but less than 5 years ago)
 - 4 5 or more years ago
 - 7 DK/NS
 - 8 Never
 - 9 Refused
- MD5_1. ¿Cuándo fue la última vez que visitó a un dentista o que fue a una clínica dental por algún motivo? Incluya visitas a especialistas dentales, como por ejemplo los ortodoncistas.

Lea lo siguiente solo si es necesario:

- 1 En el último año (hace menos de 12 meses)
- 2 En los últimos 2 años (hace más de 1 año, pero menos de 2)



- 3 En los últimos 5 años (hace más de 2 años, pero menos de 5)
- 4 Hace 5 años o más

No le lea:

- 7 No sabe/No está seguro
- 8 Nunca
- 9 Se niega a contester

//ask if split = 2 and cstate ne2//

MD5_2

How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics. (Note: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.)

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 DK/NS
- 9 Refused

MD5_2. ¿Cuántos dientes permanentes le han sacado por problemas de caries o de encías? Incluya los dientes que haya perdido debido a una infección, pero no los que haya perdido por otros motivos, como una lesión o trabajo de ortodoncia.

NOTA: Si le extrajeron las muelas del juicio por problemas de caries o de encías, debe incluirlas en la cantidad de dientes perdidos.

- 1 1a5
- 2 6 o más, pero no todos
- 3 Todos
- 8 Ninguno
- 7 No sabe/No está seguro
- 9 Se niega a contestar

//ask if split = 2 and cstate ne2//

MD5_3 Have you ever had a test or exam for oral or mouth cancer in which the doctor or dentist pulls on your tongue, sometimes with gauze wrapped around it, and feels under the tongue and inside the cheeks?

- 1 I think so
- 2 Yes
- 3 No
- 7 Don't know/Not sure
- 9 Refused

MD5_3.¿Ha tenido alguna vez una prueba o examen del cáncer oral o de la boca en el que el médico saca su lengua, algunas veces con gasa a su alrededor y toca abajo de la lengua y el interior de las mejillas?

1 Creo que sí

2 Sí



3 No

7 No sabe/No está seguro

9 Rehusó

//end timer ett5//

State-Added Section 6: Gambling - Split 2

//start timer ett6//

//ask if split = 2 and cstate ne2//

MD6_1 Now, I have just two more questions about gambling.

In the past 12 months have you bet money or possessions on any of the following activities:

Casino gambling including slot machines or table games?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **MD6_1.** "En los últimos 12 meses, ¿ha apostado dinero o posesiones en alguna de las siguientes actividades:

juegos de casino que incluye máquinas tragamonedas o juegos de mesa?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

//ask if split = 2 and cstate ne2//

MD6_2 (In the past 12 months have you bet money or possessions on any of the following activities)

Other forms of gambling including non-casino or online card games, bingo, lottery tickets, horse races, or sports betting?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- **MD6_2.** "En los últimos 12 meses, ¿ha apostado dinero o posesiones en alguna de las siguientes actividades:



otros tipos de juegos que incluyen juegos de cartas en línea o fuera del casino, bingo, números de lotería, carreras de caballos o apuestas deportivas?

- Yes
- No
- 2 7 Don't know / Not sure
- Refused

//end timer ett6//

Closing statement

Please read to all:

CLOSING

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in Maryland. Thank you very much for your time and cooperation. 1. Continue





Activity List for Common Leisure Activities (To be used for Section 11: Physical Activity)

Code Description (Physical Activity, Questions 11.2 and 11.5 above)

| 0 1 Active Gaming Devices (Wii Fit, | 4 1 Rugby |
|--|--|
| Dance Dance revolution) | 4 2 Scuba diving |
| 0 2 Aerobics video or class | 4 3 Skateboarding |
| 0 3 Backpacking | 4 4 Skating – ice or roller |
| 0 4 Badminton | 4 5 Sledding, tobogganing |
| 0 5 Basketball | 4 6 Snorkeling |
| 0 6 Bicycling machine exercise | 4 7 Snow blowing |
| 0 7 Bicycling | 4 8 Snow shoveling by hand |
| 0 8 Boating (Canoeing, rowing, kayaking, | 4 9 Snow skiing |
| sailing for pleasure or camping) | 5 0 Snowshoeing |
| 0 9 Bowling | 5 1 Soccer |
| 1 0 Boxing | 5 2 Softball/Baseball |
| 1 1 Calisthenics | 5 3 Squash |
| 1 2 Canoeing/rowing in competition | 5 4 Stair climbing/Stair master |
| 1 3 Carpentry | 5 5 Stream fishing in waders |
| 1 4 Dancing-ballet, ballroom, Latin, hip hop, zumba, etc | |
| 1 5 Elliptical/EFX machine exercise | 5 7 Swimming |
| 1 6 Fishing from river bank or boat | 5 8 Swimming in laps |
| 1 7 Frisbee | 5 9 Table tennis |
| 1 8 Gardening (spading, weeding, digging, filling) | 6 0 Tai Chi |
| 1 9 Golf (with motorized cart) | 6 1 Tennis |
| 2 0 Golf (without motorized cart) | 6 2 Touch football |
| 2 1 Handball | 6 3 Volleyball |
| 2 2 Hiking – cross-country | 6 4 Walking |
| 2 3 Hockey | 6 6 Waterskiing |
| 2 4 Horseback riding | 6 7 Weight lifting |
| 2 5 Hunting large game – deer, elk | 6 8 Wrestling |
| 2 6 Hunting small game – quail | 6 9 Yoga |
| 2 7 Inline Skating | |
| 2 8 Jogging | 7 1 Childcare |
| 2 9 Lacrosse | 7 2 Farm/Ranch Work (caring for livestock, stacking |
| 3 0 Mountain climbing | hay, etc.) |
| 3 1 Mowing lawn | 7 3 Household Activities (vacuuming, dusting, home repair, |
| 3 2 Paddleball | etc.) |
| 3 3 Painting/papering house | 7 4 Karate/Martial Arts |
| 3 4 Pilates | 7 5 Upper Body Cycle (wheelchair sports, ergometer, |
| 3 5 Racquetball | |
| · | etc.) |
| 3 6 Raking lawn | 7 6 Yard work (cutting/gathering wood, trimming hedges |
| 3 7 Running | etc.) |
| 3 8 Rock Climbing | |
| 3 9 Rope skipping | 9 8 Other |
| 4 0 Rowing machine exercise | 9 9 Refused |