

2010

Behavioral Risk Factor Surveillance System Questionnaire

MARYLAND

January 6, 2010



Behavioral Risk Factor Surveillance System 2010 Draft Questionnaire – Maryland

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Interviewer's Script

HELLO, I am calling for the <u>Maryland Department of Health and Mental Hygiene.</u> My name is <u>(name)</u>. We are gathering information about the health of <u>Maryland</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

CATI NOTE: Don't Know and Refused answer codes should be present only where specified in this script; do not add codes for Don't Know or Refused.

CTELENUM Is this (phone number) ?

- 1. Yes GO TO PVTRESID
- 2. No
- 7. (VOL) Don't Know/Not Sure
- 9. (VOL) Refused

If "No", "Don't Know", "Refused"

SOCTEL Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. **STOP**

PVTRESID Is this a private residence in **Maryland**?

- 1. Yes GO TO CELLPH
- 2. No

If "No"

SOPVTRES Thank you very much, but we are only interviewing private residences in Maryland . **STOP**

Qualified Level 1

CELLPH Is this a cellular telephone?

[Read only if necessary: "By cellular (or cell) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

- 1. Yes
- 2. No.

CATI DUMMY QUESTION: AUTOPUNCH RESPONSE TO 'CELLFON'. IF CELLPH=1 (YES), CELLFON=2 (YES). IF CELLPH=2 (NO), CELLFON=1 (NO).

CELLFON

- 1 No, not a cellular telephone. **GO TO RESPONDENT SELECTION**
- 2 Yes SCREEN-OUT

SOCELFON Thank you very much, but we are only interviewing land line telephones and private residents.

1 S/O CELLULAR PHONE

Qualified Level 2



RESPONDENT SELECTION

I need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

NUMADULT Number of adults

If NUMADULT = 1, ASK: NMADLT1 Are you the adult?

If "yes,"

Then you are the person I need to speak with. Enter 1 man or 1 woman below (Ask gender if necessary).

If "no,"

Is the adult a man or a woman? Enter 1 man (in NUMMEN) or 1 woman (in NUMWOMEN) below. May I speak with [fill in (him/her) from previous question]? Go to "correct respondent".

Qualified Level 3

- IF NUMADULT=2, 3, or 4, GO TO NUMMEN
- IF NUMADULT>4, ASK

PNMADULT

Are they all 18 years of age or older, and all are currently living in the household, and the household is not a group home or institution.

1 Yes GO TO NUMMEN

2 No GO BACK TO NUMADULT AND RE-ASK IT

9 (VOL) Refused GO TO NUMMEN

NUMMEN How many of these adults are men?

__ Number of men

NUMWOMEN How many of these adults are women?

Number of women

Qualified Level 4

IF NUMMEN+NUMWOMEN DOES NOT EQUAL NUMADULT, WE NEED TO RE-ASK THE QUESTIONS. DISPLAY THE FOLLOWING TEXT SCREEN, THEN GO BACK TO NUMMEN:

[INTERVIEWER: THE TOTAL NUMBER OF ADULTS IS NOT EQUAL TO NUMBER OF MEN AND WOMEN. PLEASE RE-ASK QUESTIONS.]

- 1. Continue GO BACK TO NUMMEN
- IF NUMADULT<5 AND NUMWOMEN<3 AND NUMMEN<3, RANDOMLY SELECT ONE OF THE HOUSEHOLD ADULTS, THEN SAY:



RNAME The person in your household that I need to speak with is the (first/second) (male/female) adult.

[CATI: this should display as a text screen and then go to INTRO1]

• IF NUMADULT>4 OR NUMMEN>2 OR NUMWOMEN>2, ASK "ALLNA" TO GET THE NAMES OF EACH ADULT IN THE HOUSEHOLD. REFER TO NUMMEN AND NUMWOMEN TO DETERMINE HOW MANY OF EACH SEX TO ASK FOR A NAME (0 TO 10).

(IF NUMMEN=1-10) ASK FOR THE NAME OF THE "OLDEST MALE", THEN THE "SECOND OLDEST MALE, THEN "THIRD OLDEST MALE", ETC.

(IF NUMWOMEN=1-10) ASK FOR THE NAME OF THE "OLDEST FEMALE", THEN THE "SECOND OLDEST FEMALE, THEN "THIRD OLDEST FEMALE", ETC.

ALLNA

Could you please name all the (male/female) members of the household from oldest to youngest?

[ENTER NAME OF ___ OLDEST (MALE/FEMALE) ADULT]

AFTER ALL NAMES HAVE BEEN ENTERED, RANDOMLY SELECT ONE OF THE HOUSEHOLD ADULTS, THEN SAY:

RNAME The person in your household that I need to speak with is (display name of selected adult).

[CATI: this should display as a text screen and then go to INTRO1]

INTRO1 May I speak with (him/her)?

- 1 Continue
- 2 Callback
- 3 (VOL) Refused
- 4 Not available duration
- 5 Language barrier / not Spanish
- 6 Physical / Mental incapacity / health / deaf
- 7 Screen out location

To the correct respondent:

HELLO, I am calling for the <u>Maryland Department of Health and Mental Hygiene.</u> My name is <u>(name)</u>. We are gathering information about the health of <u>Maryland</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.



Core Sections

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call **1-877-473-1212.**

Section 1: Health Status

GENHLTH Would you say that in general your health is—

(73)

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair

Or

5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Qualified Level 5

Section 2: Healthy Days — Health-Related Quality of Life

PHYSHLTH

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

(74 - 75)

- _ Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



MENTHLTH

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

(76 - 77)

- _ _ Number of days
- 8 8 None [If PHYSHLTH and MENTHLTH = 88 (None), go to next section]
- 7 7 Don't know / Not sure
- 9 9 Refused

POORHLTH

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(78-79)

- _ Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 3: Health Care Access

HLTHPLAN

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

(80)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

PERSDOC2

Do you have one person you think of as your personal doctor or health care provider?

If "No," ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?" $\frac{1}{2} \int_{\mathbb{R}^n} \frac{1}{2} \int_{\mathbb{R}$

(81)

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused

MEDCOST

Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?

(82)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



CHECKUP1

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

(83)

- 1 Within past year (anytime less than 12 months ago)
- Within past 2 years (1 year but less than 2 years ago)
- Within past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

Section 4: Sleep

The next question is about getting enough rest or sleep.

QLREST2

During the past 30 days, for about how many days have you felt you did not get enough rest or sleep?

(84-85)

- Number of days
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

Section 5: Exercise

EXERANY2

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(86)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 6: Diabetes

DIABETE2

Have you ever been told by a doctor that you have diabetes?

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

If respondent says pre-diabetes or borderline diabetes, use response code 4.

(87)

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

Module 2: Diabetes [Split 1]

[Split 1]

To be asked following DIABETE2; if response is "Yes" (code = 1) IF DIABETE2 = 1 CONTINUE; ELSE GO TO next section.

DIABAGE2

How old were you when you were told you have diabetes?

(247-248)

- _ _ Code age in years [97 = 97 and older]
- 9 8 Don't know / Not sure
- 9 9 Refused

INSULIN

Are you now taking insulin?

(249)

- 1 Yes
- 2 No
- 9 Refused

BLDSUGAR

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(250-252)

1	Times per day
2	Times per week
3	Times per month
4	Times per year
8 8 8	Never
777	Don't know / Not sure

9 9 9 Refused

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FEETCHK2

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

(253 - 255)

1	_	_	Times per day
2	_	_	Times per week
3	_	_	Times per month
4	_	_	Times per year
5	5	5	No feet
8	8	8	Never
7	7	7	Don't know / Not sure
9	9	9	Refused

DOCTDIAB

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

(256-257)

- _ _ Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

CHKHEMO3

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

(258-259)

- _ _ Number of times [76 = 76 or more]
- 8 8 None
- 9 8 Never heard of "A one C" test
- 7 7 Don't know / Not sure
- 9 9 Refused

CATI note: If FEETCHK2 = 555 (No feet), go to EYEEXAM.

FEETCHK

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

(260-261)

- _ _ Number of times [76 = 76 or more]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



EYEEXAM

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

(262)

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

DIABEYE

Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?

(263)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIABEDU

Have you ever taken a course or class in how to manage your diabetes yourself?

(264)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 7: Oral Health

LASTDEN3

How long has it been since you last visited a dentist or a dental clinic for any reason? Include visits to dental specialists, such as orthodontists.

(88)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

RMVTETH3

DENCLEAN

How many of your permanent teeth have been removed because of tooth decay or gum disease? Include teeth lost to infection, but do not include teeth lost for other reasons, such as injury or orthodontics.

NOTE: If wisdom teeth are removed because of tooth decay or gum disease, they should be included in the count for lost teeth.

(89)

- 1 1 to 5
- 2 6 or more but not all
- 3 All
- 8 None
- 7 Don't know / Not sure
- 9 Refused

CATI note: If LASTDEN3= 8 (Never) or RMVTETH3= 3 (All), go to next section.

-

How long has it been since you had your teeth cleaned by a dentist or dental hygienist? (90)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused



Section 8: Cardiovascular Disease Prevalence

Now I would like to ask you some questions about cardiovascular disease.

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

CVDINFR4 (Ever told) you had a heart attack, also called a myocardial infarction? (91)Yes 2 No 7 Don't know / Not sure 9 Refused CVDCRHD4 (Ever told) you had angina or coronary heart disease? (92)1 Yes 2 No 7 Don't know / Not sure

CVDSTRK3 (Ever told) you had a stroke?

9

(93)

- 1 Yes
- 2 No
- 7 Don't know / Not sure

Refused

9 Refused

Section 9: Asthma

ASTHMA2 Have you ever been told by a doctor, nurse, or other health professional that you had asthma?

(94)

Yes
No [Go to next section]
Don't know / Not sure [Go to next section]
Refused [Go to next section]

ASTHNOW Do you still have asthma?

(95)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 10: Disability

The following questions are about health problems or impairments you may have.

QLACTLM2

Are you limited in any way in any activities because of physical, mental, or emotional problems?

(96)

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

USEEQUIP

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone?

(97)

Include occasional use or use in certain circumstances.

- 1 Yes
- 2 No
- 7 Don't know / Not Sure
- 9 Refused

Section 11: Tobacco Use

SMOKE100

Have you smoked at least 100 cigarettes in your entire life?

(98)

NOTE: 5 packs = 100 cigarettes

- 1 Yes
- 2 No [Go to USENOW3]
 7 Don't know / Not sure [Go to USENOW3]
 9 Refused [Go to USENOW3]

SMOKDAY2

Do you now smoke cigarettes every day, some days, or not at all?

(99)

- 1 Every day
- 2 Some days
- Not at all [Go to LASTSMK1]
 Don't know / Not sure [Go to USENOW3]
- 9 Refused [Go to USENOW3]



STOPSMK2

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

(100)

1	Yes	[Go to USENOW3]
2	No	[Go to USENOW3]
7	Don't know / Not sure	[Go to USENOW3]
9	Refused	[Go to USENOW3]

CATI note: If SMOKDAY2= 3 (Not at all); continue. Otherwise, go to USENOW3.

LASTSMK1

How long has it been since you last smoked cigarettes regularly?

(101-102)

- 0 1 Within the past month (less than 1 month ago)
- 0 2 Within the past 3 months (1 month but less than 3 months ago)
- 0 3 Within the past 6 months (3 months but less than 6 months ago)
- 0 4 Within the past year (6 months but less than 1 year ago)
- 0 5 Within the past 5 years (1 year but less than 5 years ago)
- 0 6 Within the past 10 years (5 years but less than 10 years ago)
- 0 7 10 years or more
- 0 8 Never smoked regularly
- 7 7 Don't know / Not sure
- 9 9 Refused

USENOW3

Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? (103)

Snus (rhymes with 'goose')

NOTE: Snus (Swedish for snuff) is a moist smokeless tobacco, usually sold in small pouches that are placed under the lip against the gum.

- 1 Every day
- 2 Some days
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused



Section 12: Demographics

AGE What is your age?

(104-105)

Code age in years

 $\overline{0}$ $\overline{7}$ Don't know / Not sure

0 9 Refused

{CATI: if (DIABAGE2 = 01-97 and AGE = 18-99) AND (DIABAGE2 > AGE), continue; else go to **INSULIN**

UPDTAGDI

I'm sorry, you indicated you were {CATI: fill-in response from AGE} years old, and earlier you stated you were first diagnosed with Diabetes at age {CATI: fill-in response from DIABAGE2}. Can you help me resolve this difference?

Update age **GO TO AGE**

Update diabetes age **GO TO DIABAGE2**

HISPANC2 Are you Hispanic or Latino?

(106)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

MRACE Which one or more of the following would you say is your race?

(107-112)

(Check all that apply)

Please read:

- White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian or Alaska Native

Or

6 Other [specify]_____

Do not read:

- 7 Don't know / Not sure
- 9 Refused



CATI note: If more than one response to MRACE; continue. Otherwise, go to VETERAN2.

ORACE2 Which one of these grou	ould you say best represents your race?
--------------------------------	---

(113)

List only responses given at MRACE

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian or Alaska Native
- 6 Other [specify] _____

Do not read:

- 7 Don't know / Not sure
- 9 Refused

VETERAN2

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

(114)

If "Yes", please read:

- 1 Yes, now on active duty
- Yes, on active duty during the last 12 months, but not now
- 3 Yes, on active duty in the past, but not during the last 12months

If "No", please read:

- 4 No, training for Reserves or National Guard only
- 5 No, never served in the military

Do not read:

- 7 Don't know / Not sure
- 9 Refused

MARITAL Are you...?

(115)

Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married



Or

6 A member of an unmarried couple

Do not read:

9 Refused

CHILDREN

How many children less than 18 years of age live in your household?

(116-117)

_ _ Number of children

- 8 8 None
- 9 9 Refused

EDUCA

What is the highest grade or year of school you completed?

(118)

Read only if necessary:

- Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

9 Refused

EMPLOY

Are you currently...?

(119)

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for more than 1 year
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired

Or

8 Unable to work

Do not read:

9 Refused



INCOME2

Is your annual household income from all sources—

(120-121)

If respondent refuses at ANY income level, code '99' (Refused)

Read only if necessary:

- 0 4 Less than \$25,000 **If "no," ask 05; if "yes," ask 03** (\$20,000 to less than \$25,000)
- 0 3 Less than \$20,000 **If "no," code 04; if "yes," ask 02** (\$15,000 to less than \$20,000)
- 0 2 Less than \$15,000 **If "no," code 03; if "yes," ask 01** (\$10,000 to less than \$15,000)
- 0 1 Less than \$10,000 If "no," code 02
- 0 5 Less than \$35,000 **If "no," ask 06** (\$25,000 to less than \$35,000)
- 0 6 Less than \$50,000 **If "no," ask 07** (\$35,000 to less than \$50,000)
- 0 7 Less than \$75,000 **If "no," code 08** (\$50,000 to less than \$75,000)
- 0 8 \$75,000 or more

Do not read:

- 7 7 Don't know / Not sure
- 9 9 Refused

WEIGHT2 About how much do you weigh without shoes?

(122-125)

Note: If respondent answers in metrics, put "9" in column 122.

Round fractions up

___ Weight (pounds/kilograms)

7 7 7 7 Don't know / Not sure

9 9 9 9 Refused



About how tall are you without shoes? **HEIGHT3**

(126-129)

NOTE: If respondent answers in metrics, put "9" in column 126.

Round fractions down

___I __ Height (f t / inches/meters/centimeters)

77/77 Don't know / Not sure

99/99 Refused

What county do you live in? **CTYCODE**

(130-132)

FIPS county code $\frac{1}{7} = \frac{1}{7} = \frac{1}{7}$ Don't know / Not sure

9 9 9 Refused

What is your ZIP Code where you live? **ZIPCODE**

(133-137)

ZIP Code (range 20601-21930)

77777 Don't know / Not sure

Refused 99999

NUMHHOL2 Do you have more than one telephone number in your household? Do not include

cell phones or numbers that are only used by a computer or fax machine.

(138)

1 Yes

2 No [Go to TELSERV2]

7 Don't know / Not sure [Go to TELSERV2]

[Go to TELSERV2] Refused

Qualified Level 6

NUMPHON2 How many of these telephone numbers are residential numbers?

(139)

Residential telephone numbers [6 = 6 or more]

-7 Don't know / Not sure

Refused 9

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TELSERV2

During the past 12 months, has your household been without landline telephone service for 1 week or more? Do not include interruptions of landline telephone service because of weather or natural disasters.

(140)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CELL PHONE QUESTIONS

CPDEMO1

Do you have a cell phone for personal use? Please include cell phones used for both business and personal use.

(141)

- 1 Yes [Go to CPDEMO3]
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CPDEMO2

Do you share a cell phone for personal use (at least one-third of the time) with other adults?

(142)

- 1 Yes [Go to CPDEMO4]
- 2 No [Go to SEX]
- 7 Don't know / Not sure [Go to SEX]
- 9 Refused [Go to SEX]

CPDEMO3

Do you usually share this cell phone (at least one-third of the time) with any other adults?

(143)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

CPDEMO4

Thinking about all the phone calls that you receive on your landline and cell phone, what percent, between 0 and 100, are received on your cell phone?

(144-146)

- _ _ _ Enter percent (1 to 100)
- 888 Zero
- 777 Don't know / Not sure
- 999 Refused



SEX Indicate sex of respondent. Ask only if necessary.

(147)

1 Male [Go to next section]

2 Female [If respondent is 45 years old or older, go to next section]

PREGNANT To your knowledge, are you now pregnant?

(148)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 13: Alcohol Consumption

DRNKANY4

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

(149)

1 Yes

No [Go to next section]
Don't know / Not sure [Go to next section]
Refused [Go to next section]

ALCDAY4

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage?

(150-152)

1 Days per week

2 _ _ Days in past 30 days

8 8 8 No drinks in past 30 days [Go to next section]

7 7 7 Don't know / Not sure

9 9 9 Refused

AVEDRNK2

One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

(153-154)

NOTE: A 40 ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

Number of drinks

- 7 7 Don't know / Not sure
- 9 9 Refused



DRNK3GE5

Considering all types of alcoholic beverages, how many times during the past 30 days did you have **X** [CATI X = 5 for men, X = 4 for women] or more drinks on an occasion? (155-156)

_ Number of times

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

MAXDRNKS

During the past 30 days, what is the largest number of drinks you had on any occasion? (157-158)

Number of drinks

- 7 7 Don't know / Not sure
- 9 9 Refused

CATI: IF DRNK3GE5=88 AND SEX=1, MAXDRNKS CANNOT BE 5-76. IF DRNK3GE5=88 AND SEX=2, MAXDRNKS CANNOT BE 4-76.

Module 28: Novel H1N1 Adult Immunization

TO BE ASKED JAN-JUNE 2010

H1N1AV01

There are currently vaccines available for two kinds of flu -- the seasonal flu, and the 2009 H1N1 flu. I will first ask you questions about vaccination for H1N1 flu, which is sometimes called swine flu or pandemic flu, and then ask you questions about vaccination for seasonal flu.

There are two ways to get the H1N1 flu vaccination. One is a shot in the arm and the other is a spray, mist or drop in the nose.

Since September, 2009, have you been vaccinated either way for the H1N1 flu?

(933)

1 Yes

No [Go to FLUSHOT3]
 Don't Know / Not Sure [Go to FLUSHOT3]
 Refused [Go to FLUSHOT3]

H1N1AV02

During what month did you receive your H1N1 flu vaccine?

(934-935)

__ Month

[RANGE 7-12, 77, 99]

01=January, 02=February, 03=March, 04=April, 05=May, 06=June, 07=July, 08=August, 09=September, 10=October, 11=November, 12=December

77 Don't Know / Not Sure

99 Refused

CATI note:

[If H1N1AV02_Month is (7, 8, 9, 10, 11, 12) then H1N1AV02_Year=2009; else if



H1N1AV02_Month is (1, 2, 3, 4, 5, 6) then H1N1AV02_Year=2010]

VR01 That was [FILL IN NAME OF MONTH] of [FILL IN YEAR], correct?

> 1 Yes [CONTINUE]

2 No [RE-ASK H1N1AV02]

H1N1AV03 Was this a shot or was it a vaccine sprayed in the nose?

(936)

- 1 Flu shot
- 2 Flu Nasal Spray (spray, mist or drop in the nose)
- 7 Don't Know / Not Sure
- Refused

Section 14: Immunization

FLUSHOT4 Now I will ask you questions about seasonal flu. A flu shot is an influenza vaccine

injected into your arm. During the past 12 months, have you had a seasonal flu shot?

(159)

1 Yes

2 No [FLUSPRY2]

7 Don't know / Not sure [FLUSPRY2]

9 [FLUSPRY2] Refused

FLUSHTMY During what month and year did you receive your most recent seasonal flu shot?

(160-165)

Month / Year 77/7777

Don't know / Not sure

99/9999 Refused

The seasonal flu vaccine sprayed in the nose is also called FluMist™. During the past 12 FLUSPRY3

months, have you had a seasonal flu vaccine that was sprayed in your nose?

(166)

1 Yes

2 No [Go to PNEUVAC3]

7 Don't know / Not sure [Go to PNEUVAC3]

Refused [Go to PNEUVAC3]



FLUSPRMY

During what month and year did you receive your most recent seasonal flu vaccine that was sprayed in your nose?

(167-172)

77/7777 Month / Year

Don't know / Not sure

99/9999 Refused

PNEUVAC3

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot? (173)

- 1 Yes
- 2 Nο
- 7 Don't know / Not sure
- Refused

Section 15: Falls

If respondent is 45 years or older continue, otherwise go to next section.

The next questions ask about recent falls. By a fall, we mean when a person unintentionally comes to rest on the ground or another lower level.

FALL3MN2

In the past 3 months, how many times have you fallen?

(174 - 175)

	Number of times	[76 = 76 or more]
8 8	None	[Go to next section]
7 7	Don't know / Not sure	[Go to next section]
9 9	Refused	[Go to next section]

FALLINJ2

[Fill in "Did this fall (from FALL3MN2) cause an injury?"]. If only one fall from FALL3MN2 and response is "Yes" (caused an injury); code 01. If response is "No," code 88.

How many of these falls caused an injury? By an injury, we mean the fall caused you to limit your regular activities for at least a day or to go see a doctor.

(176-177)

Number of falls [76	= 76 or more]
---------------------	---------------

- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



Section 16: Seatbelt Use

SEATBELT How often do you use seat belts when you drive or ride in a car? Would you say—

(178)

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused

CATI note: If SEATBELT = 8 (Never drive or ride in a car), go to Section 18; otherwise continue.

Section 17: Drinking and Driving

CATI note: If DRNKANY4= 2 (No); go to next section.

The next question is about drinking and driving.

DRNKDRI2 During the past 30 days, how many times have you driven when you've had perhaps too

much to drink?

(179-180)

- Number of times
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused



Section 18: Women's Health

CATI note: If respondent is male, go to the next section.

The next questions are about breast and cervical cancer.

HADMAM

A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?

(181)

- 1 Yes
- 2 No [Go to PROFEXAM]
 7 Don't know / Not sure [Go to PROFEXAM]
 9 Refused [Go to PROFEXAM]

HOWLONG

How long has it been since you had your last mammogram?

(182)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

PROFEXAM

A clinical breast exam is when a doctor, nurse, or other health professional feels the breasts for lumps. Have you ever had a clinical breast exam?

(183)

- 1 Yes
- 2 No [Go to HADPAP2]
 7 Don't know / Not sure [Go to HADPAP2]
 9 Refused [Go to HADPAP2]

LENGEXAM

How long has it been since your last breast exam?

(184)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago



Do not read:

- 7 Don't know / Not sure
- 9 Refused

HADPAP2 A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?

(185)

- 1 Yes
- 2 No [Go to HADHYST2]
 7 Don't know / Not sure [Go to HADHYST2]
 9 Refused [Go to HADHYST2]

LASTPAP2 How long has it been since you had your last Pap test?

(186)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- Within the past 5 years (3 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

CATI note: If response to PREGNANT = 1 (is pregnant); then go to next section.

HADHYST2 Have you had a hysterectomy?

(187)

Read only if necessary: A hysterectomy is an operation to remove the uterus (womb).

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



Section 19: Prostate Cancer Screening

CATI note: If respondent is ≤39 years of age, or is female, go to next section.

Now, I will ask you some questions about prostate cancer screening.

PSATEST

A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?

(188)

1 Yes

No [Go to DIGRECEX]
Don't Know / Not sure [Go to DIGRECEX]
Refused [Go to DIGRECEX]

PSATIME

How long has it been since you had your last PSA test?

(189)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years)
- 3 Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

DIGRECEX

A digital rectal exam is an exam in which a doctor, nurse, or other health professional places a gloved finger into the rectum to feel the size, shape, and hardness of the prostate gland. Have you ever had a digital rectal exam?

(190)

1 Yes

No [Go to PROSTATE]
 Don't know / Not sure [Go to PROSTATE]
 Refused [Go to PROSTATE]

DRETIME

How long has it been since your last digital rectal exam?

(191)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years)
- Within the past 3 years (2 years but less than 3 years)
- 4 Within the past 5 years (3 years but less than 5 years)
- 5 or more years ago



Do not read:

- 7 Don't know / Not sure
- 9 Refused

PROSTATE

Have you ever been told by a doctor, nurse, or other health professional that you had prostate cancer?

(192)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 20: Colorectal Cancer Screening

CATI note: If respondent is ≤ 49 years of age, go to next section.

The next questions are about colorectal cancer screening.

BLDSTOOL

A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?

(193)

- 1 Yes
- 2 No [Go to HADSIGM3]
- 7 Don't know / Not sure [Go to HADSIGM3]
- 9 Refused [Go to HADSIGM3]

LSTBLDS3 How I

How long has it been since you had your last blood stool test using a home kit?

(194)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused



HADSIGM3

Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?

(195)

1 Yes

2	No	[Go to next section]
7	Don't know / Not sure	[Go to next section]
9	Refused	[Go to next section]

HADSGC01

For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy?

(196)

- 1 Sigmoidoscopy
- 2 Colonoscopy
- 7 Don't know / Not sure
- 9 Refused

LASTSIG3

How long has it been since you had your last sigmoidoscopy or colonoscopy?

(197)

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 3 Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused



Section 21: HIV/AIDS

CATI note: If respondent is 65 years old or older, go to next section.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

HIVTST5

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.

(198)

- 1 Yes
- No [Go to HIVRISK2]
 Don't know / Not sure [Go to HIVRISK2]
 Refused [Go to HIVRISK2]

HIVTSTD2

Not including blood donations, in what month and year was your last HIV test?

(199-204)

NOTE: If response is before January 1985, code "Don't know."

CATI INSTRUCTION: If the respondent remembers the year but cannot remember the month, code the first two digits 77 and the last four digits for the year.

/	Code month and year
77/7777	Don't know / Not sure
99/9999	Refused

WHRTST8

Where did you have your last HIV test — at a private doctor or HMO office, at a counseling and testing site, at a hospital, at a clinic, in a jail or prison, at a drug treatment facility, at home, or somewhere else?

(205-206)

- 0 1 Private doctor or HMO office
- 0 2 Counseling and testing site
- 0 3 Hospital
- 0 4 Clinic
- 0 5 Jail or prison (or other correctional facility)
- 0 6 Drug treatment facility
- 0 7 At home
- 0 8 Somewhere else
- 7 7 Don't know / Not sure
- 9 9 Refused

CATI note: Ask HIVRDTST; if HIVTSTD2= within last 12 months. Otherwise, go to HIVRISK2.



HIVRDTST Was it a rapid test where you could get your results within a couple of hours?

(207)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

HIVRISK2

I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You do not need to tell me which one.

- You have used intravenous drugs in the past year.
- You have been treated for a sexually transmitted or venereal disease in the past year.
- You have given or received money or drugs in exchange for sex in the past year.
- You had anal sex without a condom in the past year.

Do any of these situations apply to you?

(208)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Section 22: Emotional Support and Life Satisfaction

The next two questions are about emotional support and your satisfaction with life.

EMTSUPRT How often do you get the social and emotional support you need?

INTERVIEWER NOTE: If asked, say "please include support from any source."

(209)

Please read:

- 1 Always
- 2 Usually
- 3 Sometimes
- 4 Rarely
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 9 Refused



LSATISFY In general, how satisfied are you with your life?

(210)

Please read:

- 1 Very satisfied
- 2 Satisfied
- 3 Dissatisfied
- 4 Very dissatisfied

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 24: H1N1 Adult

TO BE ASKED JAN-MARCH 2010

We would like to ask you some questions about recent respiratory illnesses.

H1N1AQ01. During the past month, were you ill with a fever?

(919)

1 Yes

No [SKIP TO H1N1AQ08]
 Don't know [SKIP TO H1N1AQ08]
 Refused [SKIP TO H1N1AQ08]

H1N1AQ02. Did you also have a cough and/or sore throat?

(920)

1 Yes

No [SKIP TO H1N1AQ08]
 Don't know [SKIP TO H1N1AQ08]
 Refused [SKIP TO H1N1AQ08]

H1N1AQ03. When did you first become ill with fever, cough or sore throat? [READ LIST, choose the most specific]

(921)

- 1 Within the past week [if asked: past 1-7 days]
- 2 2 weeks ago [if asked: past 8-14 days]
- 3 3-4 weeks ago [If asked: 15-30 days before today]
- 7 Don't know
- 9 Refused



H1N1AQ04. Did you visit a doctor, nurse, or other health professional for this illness?

(922)

1 Yes

No [SKIP TO H1N1AQ08]
 Don't know [SKIP TO H1N1AQ08]
 Refused [SKIP TO H1N1AQ08]

H1N1AQ05. What did the doctor, nurse, or other health professional tell you? Did they say...

[READ LIST]

(923)

- 1 You had regular influenza or the flu,
- 2 You had swine flu, also known as H1N1 or novel H1N1
- 3 You had some other illness, but not the flu-
- 7 Don't know/not sure
- 9 Refused

H1N1AQ06. Did you have a flu test that was positive for this illness? Usually a swab from your nose or throat is tested. Would you say...

(924)

[READ LIST]

- 1 Yes, had flu test and it was positive
- 2 No, had flu test but it was negative
- 3 No, flu test was not done
- 7 Don't know
- 9 Refused

H1N1AQ07. Did you receive Tamiflu® or oseltamivir [o sel TAM i veer] or an inhaled medicine called Relenza® or zanamivir [za NA mi veer] to treat this illness?

(925)

- 1 Yes
- 2 No
- 7 Don't know
- 9 Refused

IF (NUMADLT=1 AND CHILDREN=88 AND (H1N1AQ01>1 OR H1N1AQ02>1), GO TO NEXT SECTION.

IF (NUMADLT=1 AND CHILDREN=88 AND H1N1AQ02=1), SKIP TO H1N1AQ10.

ELSE, ASK H1N1AQ08.

H1N1AQ08. Did any other members of your household have a fever with cough or sore throat during the past month?

(926)

- 1 Yes
- 2 No [Go to pre-H1N1AQ10]
- 7 Don't know
- 9 Refused

2010 BRFSS Questionnaire

35



H1N1AQ09. How many household members, [CATI IF H1N1AQ02=1, READ-IN: including you,] were ill during the past month?

(927-928)

__ _ # persons [RANGE 1-15, 77, 99]

88 None

7 7 Don't know/Not Sure

9 9 Refused

IF H1N1AQ02=1 (Yes) or H1N1AQ08=1 (Yes) continue to H1N1AQ10; otherwise, go to NEXT SECTION.

H1N1AQ10.

How many people in your household, including you, were hospitalized for flu during the past month? [If needed: hospitalized means admitted to a hospital to receive medical treatment.]

(929-930)

__ _ # persons [RANGE 1-15, 77, 88, 99]

88 None

7 7 Don't know/Not Sure

9 9 Refused

Module 10: High Risk /Health Care Worker

TO BE ASKED JAN-JUNE 2010

The next few questions ask about health care work and chronic illness.

WRKHCF1

Do you currently volunteer or work in a hospital, medical clinic, doctor's office, dentist's office, nursing home or some other health-care facility? This includes part-time and unpaid work in a health care facility as well as professional nursing care provided in the home.

INTERVIEWER NOTE: If necessary say: "This includes non-health care professionals, such as administrative staff, who work in a health-care facility."

(313)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

DIRCONT1

Do you provide direct patient care as part of your routine work? By direct patient care we mean physical or hands-on contact with patients.

(314)

- 1 Yes
- 2 No
- 7 Don't know / Not sure (*Probe by repeating question*)
- 9 Refused



DRHPAD1

Has a doctor, nurse, or other health professional ever said that you have...

Read all items listed below before waiting for an answer:

Lung problems, other than asthma Kidney problems

Anemia, including Sickle Cell

Or A weakened immune system caused by a chronic illness or by medicines taken for a chronic illness?

[IF NECESSARY: See Health Problems List Tack-Up]

(315)

- 1 Yes
- No
 Don't know / Not sure
 Refused
 [Go to Core Transition Statement]
 [Go to Core Transition Statement]

HAVHPAD

Do you still have (this/any of these) problem(s)?

(316)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Transition to Modules and/or State-Added Questions

Please read:

Now I have some questions about other health topics.

Optional Modules

Module 23: Random Child Selection [Splits 1, 2]

[Splits 1, 2]

CATI note: If CHILDREN = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

If CHILDREN = 1, Interviewer please read: "Previously, you indicated there was one child age 17 or younger in your household. I would like to ask you some questions about that child." **[Go to RCSBIRTH]**

If CHILDREN is >1 and CHILDREN does not equal 88 or 99, Interviewer please read: "Previously, you indicated there were [number] children age 17 or younger in your household. Think about those [number] children in order of their birth, from oldest to youngest. The oldest child is the first child and the youngest child is the last." Please include children with the same birth date, including twins, in the order of their birth.



CATI INSTRUCTION: RANDOMLY SELECT ONE OF THE CHILDREN. This is the "Xth" child. (do not display that text on screen) Please substitute "Xth" child's number in all questions below.

INTERVIEWER PLEASE READ:

I have some additional questions about one specific child. The child I will be referring to is the "Xth" **[CATI: please fill in correct number]** child in your household. All following questions about children will be about the "Xth" **[CATI: please fill in]** child."

RCSBIRTH What is the birth month and year of the "Xth" child?

(460-465)

__/_ Code month and year 77/7777 Don't know / Not sure

9 9/ 9 9 9 9 Refused

CATI INSTRUCTION: Calculate the child's age in months (CHLDAGE1=0 to 216) and also in years (CHLDAGE2=0 to 17) based on the interview date and the birth month and year using a value of 15 for the birth day. If the selected child is < 12 months old enter the calculated months in CHLDAGE1 and 0 in CHLDAGE2. If the child is > 12 months enter the calculated months in CHLDAGE1 and set CHLDAGE2=Truncate (CHLDAGE1/12).

RCSGENDR Is the child a boy or a girl?

(466)

- 1 Boy
- 2 Girl
- 9 Refused

RCHISLAT Is the child Hispanic or Latino?

(467)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

RCSRACE Which one or more of the following would you say is the race of the child?

(468-473)

[Check all that apply]

Please read:

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian, Alaska Native

Or

6 Other [specify] _____



Do not read:

- 7 Don't know / Not sure
- 9 Refused

CATI note: If more than one response to RCSRACE, continue. Otherwise, go to RCSRLTN2.

RCSBRACE Which one of these groups would you say best represents the child's race?

(474)

CATI: List only responses given as part of RCSRACE

- 1 White
- 2 Black or African American
- 3 Asian
- 4 Native Hawaiian or Other Pacific Islander
- 5 American Indian, Alaska Native
- 6 Other
- 7 Don't know / Not sure
- 9 Refused

RCSRLTN2 How are you related to the child?

(475)

Please read:

- 1 Parent (include biologic, step, or adoptive parent)
- 2 Grandparent
- 3 Foster parent or guardian
- 4 Sibling (include biologic, step, and adoptive sibling)
- 5 Other relative
- 6 Not related in any way

Do not read:

- 7 Don't know / Not sure
- 9 Refused



Module 27: H1N1 Child [Splits 1, 2]

TO BE ASKED JAN - MARCH 2010

CATI: If response to CHILDREN = 88 (None) or 99 (Refused), go to next module.

The next two questions are about the "Xth" child. .

H1N1CQ01. Has the child had a fever with cough and/or sore throat during the past month?

(931)

1 Yes
2 No [Go to next module]
7 Don't know [Go to next module]
9 Refused [Go to next module]

H1N1CQ02. Did the child visit a doctor, nurse, or other health professional for this illness?

(932)

1 Yes
2 No [Go to next module]
7 Don't know [Go to next module]

Module 24: Childhood Asthma Prevalence [Splits 1, 2]

Refused

[Splits 1, 2]

CATI note: If response to CHILDREN = 88 (None) or 99 (Refused), go to next module.

The next two questions are about the "Xth" [CATI: please fill in correct number] child.

CASTHDX2 Has a doctor, nurse or other health professional EVER said that the child has asthma?

[Go to next module]

(476)

1 Yes

2 No [Go to next module]
7 Don't know / Not sure [Go to next module]
9 Refused [Go to next module]

CASTHNO2 Does the child still have asthma?

(477)

1 Yes

2 No

7 Don't know / Not sure

9 Refused



Module 30: Novel H1N1 Childhood Immunization [Splits 1, 2]

TO BE ASKED JAN - JUNE 2010

CATI note: If response to CHILDREN = 88 (None) or 99 (Refused), go to next module.

CATI note: If selected child's age is ≥ 6 months, continue. Otherwise, go to next module.

The next questions are about this child's immunizations.

H1N1CV01

I will first ask you questions about vaccination for H1N1 flu, which is sometimes called swine flu or pandemic flu, and then ask you questions about vaccination for seasonal flu. There are two ways to get the H1N1 flu vaccination. One is a shot and the other is a spray, mist or drop in the nose.

Since September, 2009, has [Fill: he/she] been vaccinated either way for the H1N1 flu vaccination?

(937)

- 1 Yes
- No [Go to next module]
 Don't Know / Not Sure [Go to next module]
 Refused [Go to next module]

CATI note: If Child age is 10 years or older, Go to H1N1CV03.

H1N1CV02

Since September 2009, how many of these H1N1 vaccinations has [Fill: he/she] received?

(938)

- One vaccination or dose
- 2 Two or more vaccination doses
- 7 Don't Know / Not Sure [Go to next module] 9 Refused [Go to next module]

H1N1CV03

During what month did [Fill: he/she] receive [Fill: his/her]

(CATI note: if child age < 10, "first H1N1 flu vaccine?"; otherwise, "H1N1 flu vaccine?") (939-940)

__ Month [RANGE 7-12, 77, 99]

01=January, 02=February, 03=March, 04=April, 05=May, 06=June, 07=July, 08=August, 09=September, 10=October, 11=November, 12=December

77 Don't Know / Not Sure

99 Refused

CATI note:

[If H1N1CV03_Month is (7, 8, 9, 10, 11, 12) then H1N1CV03_Year=2009; else if H1N1CV03_Month is (1, 2, 3, 4, 5, 6) then H1N1CV03_Year=2010]



VR02 That was [FILL IN NAME OF MONTH] of [FILL IN YEAR], correct?

1 Yes [CONTINUE]

2 No [RE-ASK H1N1CV03]

H1N1CV04 Was this a shot or was it a vaccine sprayed in the nose?

(941)

- 1 Flu shot
- 2 Flu Nasal Spray (spray, mist or drop in the nose)
- 7 Don't Know / Not Sure
- 9 Refused

CATI note: If Child age ≥ 10 Go to next module. If H1N1CV02 = 2, THEN ASK H1N1CV05,

otherwise Go to next module.

H1N1CV05 During what month did [Fill: he/she] receive [Fill: his/her] second H1N1 flu vaccine?

(942-943)

__ Month [RANGE 7-12, 77, 99]

01=January, 02=February, 03=March, 04=April, 05=May, 06=June, 07=July, 08=August,

09=September, 10=October, 11=November, 12=December

77 Don't Know / Not Sure

99 Refused

CATI note: [If H1N1CV05_Month is (7, 8, 9, 10, 11, 12) then H1N1CV05_Year=2009; else if

H1N1CV05_Month is (1, 2, 3, 4, 5, 6) then H1N1CV05_Year=2010]

[If Date (H1N1CV05 Month, H1N1CV05 Year) < Date(H1N1CV03 Month,

H1N1CV03_year), interviewer verify responses]

VR03 That was [FILL IN NAME OF MONTH] of [FILL IN YEAR], correct?

1 Yes [CONTINUE]

2 No [RE-ASK H1N1CV05]

H1N1CV06 Was this a shot or was it a vaccine sprayed in the nose?

(944)

- 1 Flu shot
- 2 Flu Nasal Spray (spray, mist or drop in the nose)
- 7 Don't Know / Not Sure
- 9 Refused

2010 BRFSS Questionnaire



Module 25: Childhood Immunization [Splits 1, 2]

[Splits 1, 2]

CATI note: If CHILDREN = 88, or 99 (No children under age 18 in the household, or Refused), go to next module.

CATI note: If selected child's age is ≥ 6 months, continue. Otherwise, go to next module.

FLUSHCH2

Now I will ask you questions about seasonal flu. There are two types of seasonal flu vaccinations. One is a shot and the other is a spray in the nose. During the past 12 months, has **[Fill: he/she]** had a seasonal flu vaccination?

(478)

1 Yes

2 No [Go to next module]
7 Don't know / Not sure [Go to next module]
9 Refused [Go to next module]

RCVFVCH3

The flu vaccination may have been either the flu shot or the flu spray. The flu spray is the flu vaccination that is sprayed in the nose. During what month and year did **[Fill: he/she]** receive **[Fill: his/her]** most recent seasonal flu vaccination?

(479 - 484)

__/__ Month / Year 77/7777 Don't know / Not sure 99/999 Refused

Module 6: Inadequate Sleep [Split 2]

[Split 2]

I would like to ask you a few questions about your sleep patterns.

SLEPTIME

On average, how many hours of sleep do you get in a 24-hour period? Think about the time you actually spend sleeping or napping, not just the amount of sleep you think you should get.

INTERVIEWER NOTE: Enter hours of sleep in whole numbers, rounding 30 minutes (1/2 hour) or more up to the next whole hour and dropping 29 or fewer minutes.

(284-285)

Number of hours [01-24] 7 7 Don't know / Not sure

9 9 Refused



SLEPSNOR Do you snore?

INTERVIEWER NOTE: If the respondent indicates that their spouse or someone told him/her that they snore, then the answer to the question is "Yes," the respondent snores.

SLEPSNOR

(286)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

SLEPDAY

During the past 30 days, for about how many days did you find yourself unintentionally falling asleep during the day?

(287-288)

- _ Number of days [01-30]
- 8 8 None
- 7 7 Don't know / Not sure
- 9 9 Refused

SLEPDRIV

During the past 30 days, have you ever nodded off or fallen asleep, even just for a brief moment, while driving?

(289)

- 1 Yes
- 2 No
- 3 Don't drive
- 4 Don't have license
- 7 Don't know / Not sure
- 9 Refused

Module 12: Tetanus Diphtheria (Adults) [Split 1]

[Split 1]

Next, I will ask you about the tetanus diphtheria vaccination.

TNSARCV Have you received a tetanus shot in the past 10 years?

(318)

1 Yes

2 No [Go to next module] 7 Don't know / Not sure [Go to next module]

9 Refused [Go to next module]

2010 BRFSS Questionnaire



TNSARCNT Was your most recent tetanus shot given in 2005 or later?

(319)

1 Yes

2 No [Go to next module]

- 7 Don't know / Not sure
- 9 Refused

TNSASHOT

There are currently two types of tetanus shots available for adults. One contains the tetanus diphtheria vaccine. The other type contains tetanus diphtheria and pertussis or whooping cough vaccine. Did your doctor say your recent tetanus shot included the pertussis or whooping cough vaccine?

(320)

- 1 Yes (included pertussis)
- 2 No (did not include pertussis)
- 7 Don't know / Not sure
- 9 Refused

Module 26: Child Human Papilloma Virus (HPV) [Split 2]

[Split 2]

If selected child is between ages 9 and 17 years; continue. Otherwise, go to next module.

NOTE: Human Papilloma Virus (Human Pap·uh·loh·muh Virus); Gardasil® (Gar·duh· seel); Cervarix (Sir·var· icks)

I have two additional questions about a vaccination the selected child may have had.

HPVCHVC

A vaccine to prevent the human papilloma virus or HPV infection is available and is called the cervical cancer or genital warts vaccine, HPV shot, [Fill: if female "GARDASIL or CERVARIX"; if male " or GARDASIL"]. Has this child EVER had an HPV vaccination?

(485)

1 Yes 2 No

No [Go to next module]
 Doctor refused when asked
 Don't know / Not sure [Go to next module]

Refused [Go to next module]



HPVCHSHT How many HPV shots did [Fill: she/he] receive?

(486-487)

_ _ Number of shots

- $\overline{0}$ $\overline{3}$ All shots
- 7 7 Don't know / Not sure
- 9 9 Refused

State-Added Questions

State-Added 1: Childhood Demographics [Splits 1, 2]

[Splits 1, 2]

{CATI: Select same child from RANDOM CHILD SELECTION MODULE} {CATI: If S12q7 = 88 or 99 (No children under 18 in HH, or Refused), go to next section.

These questions are about the previously selected (Xth) child.

CHLDHT About how tall is the child without shoes?

(501-503)

CATI: If chidage2<84 (months), DISPLAY FOLLOWING TEXT: [NOTE: 20 inches = 1 foot, 8 inches. 25 inches = 2 feet, 1 inch 30 inches = 2 feet, 6 inches, 35 inches = 2 feet, 11 inches

40 inches = 3 feet, 4 inches, 45 inches = 3 feet, 9 inches

[Round fractions down]

_/__Height ft / inches

777 Don't know / Not sure

999 Refused

CHLDWT About how much does this child weigh without shoes?

(504-506)

[Round fractions up]

___ Weight (in pounds)
777 Don't know / Not sure

999 Refused



State-Added 2: COPD [Split 1]

[Split 1]

COPD1

Have you ever been told by a doctor or other health professional that you have a chronic lung disease, such as emphysema, chronic bronchitis, or chronic obstructive pulmonary disease, also known as c-o-p-d? (507)

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

State-Added 3: Physical Activity [Splits 1, 2]

[Splits 1, 2]

CATI note: If Core EMPLOY = 1 (Employed for wages) or 2 (Self-employed); continue. Otherwise, go to MODPACT.

JOBACTIV

When you are at work, which of the following best describes what you do? Would you say—

(508)

If respondent has multiple jobs, include all jobs.

Please read:

- 1 Mostly sitting or standing
- 2 Mostly walking
- 3 Mostly heavy labor or physically demanding work

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Please read:

We are interested in two types of physical activity - vigorous and moderate. Vigorous activities cause large increases in breathing or heart rate while moderate activities cause small increases in breathing or heart rate.



MODPACT

Now, thinking about the moderate activities you do **[fill in "when you are not working" if "employed" or self-employed"]** in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes some increase in breathing or heart rate?

(509)

1 Yes

2 No [Go to VIGPACT]
7 Don't know / Not sure [Go to VIGPACT]
9 Refused [Go to VIGPACT]

MODPADAY

How many days per week do you do these moderate activities for at least 10 minutes at a time?

(510-511)

_ _ Days per week

8 8 Do not do any moderate physical activity for at least 10 minutes

at a time [Go to VIGPACT]

7 7 Don't know / Not sure [Go to VIGPACT]

9 9 Refused [Go to VIGPACT]

MODPATIM

On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(512-514)

: Hours and minutes per day

777 Don't know / Not sure

999 Refused

VIGPACT

Now, thinking about the vigorous activities you do **[fill in "when you are not working" if "employed" or "self-employed"]** in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

(515)

1 Yes

No [Go to next section]
 Don't know / Not sure
 Refused [Go to next section]

VIGPADAY

How many days per week do you do these vigorous activities for at least 10 minutes at a time?

(516-517)

_ _ Days per week

8 8 Do not do any vigorous physical activity for at least 10 minutes

at a time [Go to next section]

7 7 Don't know / Not sure [Go to next section]
9 9 Refused [Go to next section]



VIGPATIM

On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?

(518-520)

: _ Hours and minutes per day 7 7 7 Don't know / Not sure 9 9 9 Refused

State-Added 4: Fruits and Vegetables [Splits 1, 2]

[Splits 1, 2]

GREENSAL

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods **you** eat. Include all foods **you** eat, both at home and away from home.

FRUITJUI How often do you drink fruit juices such as orange, grapefruit, or tomato?

(521-523)

1 ___ Per day
 2 ___ Per week
 3 __ Per month
 4 __ Per year
 5 5 5 Never
 7 7 7 Don't know / Not sure

999

FRUIT Not counting juice, how often do you eat fruit?

Refused

(524-526)

1 _ Per day
2 _ Per week
3 _ Per month
4 _ Per year
5 5 5 Never
7 7 7 Don't know / Not sure
9 9 9 Refused

How often do you eat green salad?

(527-529)

1 _ _ Per day
2 _ _ Per week
3 _ Per month
4 _ Per year
5 5 5 Never
7 7 7 Don't know / Not sure

999 Refused

2010 BRFSS Questionnaire



POTATOES How often do you eat potatoes not including French fries, fried potatoes, or potato chips? (530-532)

1 _ _ Per day

2 Per week

3 _ _ Per month

4 _ _ Per year

555 Never

777 Don't know / Not sure

999 Refused

CARROTS How often do you eat carrots?

(533-535)

1 _ _ Per day

2 Per week

3 _ _ Per month

4 _ _ Per year

555 Never

777 Don't know / Not sure

999 Refused

VEGETABL

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (Example: A serving of vegetables at both lunch and dinner would be two servings.) (536-538)

1 _ _ Per day

2 Per week

3 _ _ Per month

4 _ _ Per year

555 Never

777 Don't know / Not sure

999 Refused

State-Added 5: Sun Exposure [Split 2]

[Split 2]

MD5_1 How often do you limit your exposure to the sun between the hours of 10:00am and 4:00pm?

(539)

1 Always

2 Nearly always

LMTSUN

3 Sometimes

4 Seldom

5 Never

6 Don't go out in the sun (Go to MD5_5)

7 Don't know/Not sure

9 Refused



MD5_2. When outdoors for an hour or more on a **sunny day**, how often do you use a sunscreen lotion with a rating of 15 or higher?

(540)

- 1 Always
- 2 Nearly always

SUNSCRN

- 3 Sometimes4 Seldom
- 5 Never
- 6 Don't go out in the sun
- 7 Don't know/Not sure
- 9 Refused
- **MD5_3**. When outdoors for an hour or more on a **sunny day**, how often do you wear a hat with a broad brim?

(541)

- 1 Always
- 2 Nearly always

WEARHAT

- 3 Sometimes4 Seldom
- 5 Never
- 6 Don't go out in the sun
- 7 Don't know/Not sure
- 9 Refused
- When outdoors for an hour or more on a **sunny day**, how often do you wear protective clothing like a long sleeve shirt and long pants?

(542)

- 1 Always
- 2 Nearly always

WEARLONG

- 3 Sometimes
- 4 Seldom
- 5 Never
- 6 Don't go out in the sun
- 7 Don't know/Not sure
- 9 Refused

{Ask if respondent has a child aged 12 years or younger (RCSBIRTH). If no children aged 12 or younger, go to next section.}

MD5_5. When the youngest child under the age of 13 in your household is outdoors on a sunny day for an hour or more, how often is his or her skin protected from the sun, such as using sunscreens or sunblock or wearing hats or protective clothing?

(543)

- 1 Always
- 2 Nearly always

CHLDPRCT

- 3 Sometimes
- 4 Seldom
- 5 Never
- 6 Don't go out in the sun
- 7 Don't know/Not sure
- 9 Refused

State-Added 6: Oral Cancer [Split 2]

[Split 2]

CATI: AUTOPUNCH MD6.1 WITH RESPONSE TO CORE QUESTION 'LASTDEN3'

MD6.1 How long has it been since you last visited a dentist or a dental clinic for any reason? (READ ONLY IF NECESSARY)

(544)

LASTDEN3

- 1 Within the past year
- Within the past 2 years
- 3 Within the past 5 years
- 4 5 or more years ago
- 7 Don't know / Not sure
- 8 Never
- 9 Refused

IF MD6.1=8 (Never), 7 (Don't Know), or 9 (Refused), GO DIRECTLY TO MD6.2. IF MD6.1=1-4, READ:

Earlier you said you visited a dentist or dental clinic [DISPLAY RESPONSE TO MD6.1]. I have some additional questions on the subject.

MD6.2 Have you ever had a test or exam for oral or mouth cancer in which the doctor or dentist pulls on your tongue, sometimes with gauze wrapped around it, and feels under the tongue and inside the cheeks?

(545) ORALTST

- 1 I think so
- 2 Yes
- 3 No {Go to next section}
- 7 Don't know/Not sure
- 9 Refused
- MD6.3 When did you have your most recent oral or mouth cancer exam?

(546)

ORALLAST

- 1 Within the past year (<12 MONTHS AGO)
- 2 Within the past 2 years (≥1 YEAR BUT < 2 YEARS AGO)
- 3 Within the past 3 years (≥2 YEARS BUT < 3 YEARS AGO)
- 4 Within the past 5 years (>3 YEARS BUT < 5 YEARS AGO)
- 5 or more years ago
- 6 Never
- 7 DON'T KNOW/NOT SURE
- 9 REFUSED

2010 BRFSS Questionnaire



MD6.4	What type oral canc			re person examined you when you had your last check-up for (READ CHOICES)						
	,							(547) ORALWHO		
Asthma Ca	all-Bac	k Perr	nissi	ion Scr	ipt					
CATI: IF ASTH	MA2 = 1 c	or CAST	HDX2	= 1, contir	nue; Else	go to (CLOSIN	IG		
improve give us initials a now, yo	our child's e the asthr in the futu and phone ou may ref	experiema progruse will be number fuse to parting to the contraction of the contraction o	nces wams in e kept of on file articipa	confidentia	a. The informal. The al. If you a from the alture. Wo	ormatior informat agree to answer	n will be tion you this, we s collec	used to gave us will kee ted toda	help de s today a ep your f y. Even	velop and and any you irst name or if you agree
		′es No G	GO TO CLOSING							(497)
	2 1	1 0 C	10 10	CLOSING						
Pre CHILDNan	ne: If CAS	THDX2 :	= 1; as	k CHILDN	ame; els	e go to	ADUL1	ΓName.		
CHILDName	Can I please have your child's first name, initials or nickname so we can ask about the right child when we call back? This is the {CHILDAGE} year old child which is the {AGESEL.} CHILD.									
	[CATI: If more than one child, show child age {#}and which child was selected (FIRST, SECOND, ETC.) from child selection module]									
	Enter child's first name, initials or nickname: Refused99									
Pre ADULTNaı ADULTName		ase hav	e your							SING. to ask for
	Enter respondent's first name, initials or nickname: Refused99									



Closing statement

Please read:

Those are all the questions I have. I'd like to thank you on behalf of the Maryland Department of Health and Mental Hygiene and the Centers for Disease Control and Prevention for answering these questions. If you have any questions about this survey, I will provide a telephone number for you to call to get more information. Thank you again. Goodbye.

(IF RESPONDENT ASKS FOR TELEPHONE NUMBER: "for more information, please call 1-888-772-4269")



List of Health Problems to Accompany Module 10, Question 3

[DO NOT READ]

Lung Problems

- Acute Respiratory Distress Syndrome (ARDS)
- Bronchiectasis
- Bronchopulmonary Dysplasia
- Chronic Obstructive Pulmonary Disease (COPD)
- Cystic Fibrosis
- Emphysema
- Lymphangioleiomyomatosis (LAM)
- Pulmonary Arterial Hypertension
- Sarcoidosis

Kidney Problems

- Chronic Kidney Disease
- Cystitis
- Cystocele (Fallen Bladder)
- Cysts
- Ectopic Kidney
- End-Stage Renal Disease (ESRD)
- Glomerular Diseases
- Interstitial Cystitis
- Kidney Failure
- Kidney Stones
- Nephrotic Syndrome
- Polycystic Kidney Disease
- Pyelonephritis (Kidney Infection)
- Renal Artery Stenosis
- Renal Osteodystrophy
- Renal Tubular Acidosis

Anemia

- Anemia
- Aplastic Anemia
- Fanconi Anemia
- Iron Deficiency Anemia
- Pernicious Anemia
- Sickle Cell Anemia
- Thalassemia



Causes of Weak Immune System

- Cancer
- Chemotherapy
- HIV/AIDS
- Rheumatoid Arthritis
- Steroids
- Systemic lupus erythmatosus (SLE)Transplant Medicines