

# 1995 Behavioral Risk Factor Questionnaire

FIPS STATE CODE	STRATUM CODE	PSU NUMBER	RECORD NUMBER	DATE OF INTERVIEW	ID
MM DD YY					
(1-2)	(3)	(4-8)	(9)	(10-15)	(16-17)

HELLO, I'm \_\_\_\_\_ calling for the \_\_\_\_\_.  
 We're doing a study of the health practices of \_\_\_\_\_ residents.  
 Your phone number has been chosen randomly by the \_\_\_\_\_ to be  
 included in the study, and we'd like to ask some questions about things people do which may affect  
 their health.

Is this 

Area code	Prefix	Suffix
MM DD YY		
(18-20)	(21-23)	(24-25)

 \_\_\_\_\_  No  Yes

*Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. STOP*

Is this a private residence?  No  Yes

*Thank you very much, but we are only interviewing private residences. STOP*

	Date	Time	Time	Time	ID	Comments
<input type="radio"/> Line busy	_____	_____	_____	_____	_____	
<input type="radio"/> No answer	_____	_____	_____	_____	_____	

**Appointments:**

	Today's date/time	Spoke with	Ask for	Callback date/time	ID	Comments
1.	_____	_____	_____	_____	_____	
2.	_____	_____	_____	_____	_____	

**Refusals:**

	Date/time	Spoke with	ID	Comments
1st	_____	_____	_____	
2nd	_____	_____	_____	

Call Disposition Codes	
01 - Completed interview.	07 - No eligible respondent could be reached during time period.
02 - Refused interview.	08 - Language barrier prevented completion of interview.
03 - Nonworking number.	09 - Interview terminated within questionnaire.
04 - No answer (multiple times).	10 - Line busy (multiple tries).
05 - Business phone.	11 - Selected respondent unable to respond because of physical or mental impairment.
06 - No eligible respondent at this number.	

Edited by: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Final disposition of telephone call: 

MM DD YY
(26-27)

Wind down: 

MM DD YY
(28)



Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

--	--

(29-30)

If "1" Are you the adult?

If "yes" Then you are the person I need to speak with. Go to page 3

If "no" May I speak with him or her? Go to "correct respondent" at bottom of page



How many of these adults are men and how many are women?

Men

--

(31)

Women

--

(32)



Who is the oldest man who presently lives in this household?  
Who is the next oldest man who presently lives in this household?  
Etc.



Who is the oldest woman who presently lives in this household?  
Who is the next oldest woman who presently lives in this household?  
Etc.

Suffix: \_\_\_\_\_

		Last digit of phone number														
		0	1	2	3	4	5	6	7	8	9					
Total adults	1.	_____	1	1	1	1	1	1	1	1	1	1	1	1	1	1.
	2.	_____	2	1	2	1	2	1	2	1	2	1	2	1	2.	
	3.	_____	3	1	2	3	1	2	3	1	2	X	3.			
	4.	_____	1	2	3	4	1	2	3	4	X	X	4.			
	5.	_____	2	3	4	5	1	2	3	4	5	1	5.			
	6.	_____	5	6	1	2	3	4	X	X	X	X	6.			
	7.	_____	2	3	4	5	6	7	1	X	X	X	7.			
	8.	_____	8	1	2	3	4	5	6	7	X	X	8.			



The person in your household that I need to speak with is \_\_\_\_\_.

If "you," go to page 3

To correct respondent

Hello, I'm \_\_\_\_\_ calling for the \_\_\_\_\_. I'm a member of a special research team. We're doing a study of \_\_\_\_\_ residents regarding their health practices and day-to-day living habits. You have been randomly chosen to be included in the study from among the adult members of your household.

The interview will only take a short time, and all the information obtained in this study will be confidential.

## Section 1: Health Status

1. Would you say that in general your health is: (33)

*Please Read*

	a. Excellent .....	1
	b. Very good .....	2
	c. Good .....	3
	d. Fair .....	4
	<b>or</b>	
	e. Poor .....	5
Do not read these responses.	Don't know/Not sure .....	7
	Refused .....	9

2. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (34-35)

a. Number of days .....		___
b. None .....		8 8
	Don't know/Not sure .....	7 7
	Refused .....	9 9

3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (36-37)

a. Number of days .....		___
b. None <i>If Q. 2 also "None," go to Q. 5 (p. 5)</i> .....		8 8
	Don't know/Not sure .....	7 7
	Refused .....	9 9

4.	During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?	(38-39)
	a. Number of days .....	— —
	b. None .....	8 8
	Don't know/Not sure .....	7 7
	Refused .....	9 9

## Section 2: Health Care Access

5. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (40)

- a. Yes *Go to Q. 7* ..... 1
- b. No ..... 2
- Don't know/Not sure *Go to Q. 7* ..... 7
- Refused *Go to Q. 7* ..... 9

6. About how long has it been since you had health care coverage? (41)

### *Read Only if Necessary*

- a. Within the past 6 months (1 to 6 months ago)..... 1
- b. Within the past year (6 to 12 months ago)..... 2
- c. Within the past 2 years (1 to 2 years ago)..... 3
- d. Within the past 5 years (2 to 5 years ago)..... 4
- e. 5 or more years ago ..... 5
- Don't know/Not sure ..... 7
- Never ..... 8
- Refused..... 9

7. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost? (42)

- a. Yes ..... 1
- b. No ..... 2
- Don't know/Not sure ..... 7
- Refused..... 9

Q234. Is there one particular clinic, health center, doctor's office. Or other place that you usually go to if you are sick or need advice about your health? (319)

- a. Yes, one particular place . . . . . 1
- b. Yes, more than one particular place . . . . . 2
- c. No . . . . . 3
- Don't know/ Not sure . . . . . 7
- Refused . . . . . 9

8. About how long has it been since you last visited a doctor for a routine checkup? (43)

*Read Only if Necessary*

- a. Within the past year (1 to 12 months ago). . . . . 1
- b. Within the past 2 years (1 to 2 years ago) . . . . . 2
- c. Within the past 5 years (2 to 5 years ago) . . . . . 3
- d. 5 or more years ago . . . . . 4
- Don't know/Not sure . . . . . 7
- Never . . . . . 8
- Refused . . . . . 9

### Section 3: Hypertension Awareness

9. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional? (44)

*Read Only if Necessary*

- a. Within the past 6 months (1 to 6 months ago) . . . . . 1
  - b. Within the past year (6 to 12 months ago) . . . . . 2
  - c. Within the past 2 years (1 to 2 years ago) . . . . . 3
  - d. Within the past 5 years (2 to 5 years ago) . . . . . 4
  - e. 5 or more years ago . . . . . 5
  - Don't know/Not sure . . . . . 7
  - Never *Go to Q. 12 (p. 8)* . . . . . 8
  - Refused . . . . . 9
10. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? (45)
- a. Yes . . . . . 1
  - b. No *Go to Q. 12 (p. 8)* . . . . . 2
  - Don't know/Not sure *Go to Q. 12 (p. 8)* . . . . . 7
  - Refused *Go to Q. 12 (p. 8)* . . . . . 9
11. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once? (46)
- a. More than once . . . . . 1
  - b. Only once . . . . . 2
  - Don't know/Not sure . . . . . 7
  - Refused . . . . . 9

## Section 4: Cholesterol Awareness

12. Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? (47)

- a. Yes ..... 1
- b. No *Go to Q. 15 (p. 9)* ..... 2
- Don't know/Not sure *Go to Q. 15 (p. 9)* ..... 7
- Refused *Go to Q. 15 (p. 9)* ..... 9

13. About how long has it been since you last had your blood cholesterol checked? (48)

*Read Only if Necessary*

- a. Within the past year (1 to 12 months ago) ..... 1
- b. Within the past 2 years (1 to 2 years ago) ..... 2
- c. Within the past 5 years (2 to 5 years ago) ..... 3
- d. 5 or more years ago ..... 4
- Don't know/Not sure ..... 7
- Refused ..... 9

14. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? (49)

- a. Yes ..... 1
- b. No ..... 2
- Don't know/Not sure ..... 7
- Refused ..... 9



**Section 5: Diabetes**

15. Have you ever been told by a doctor that you have diabetes? (50)

- |                                                                  |    |                                                 |   |
|------------------------------------------------------------------|----|-------------------------------------------------|---|
| If "yes" and female, ask "Was this only when you were pregnant?" | a. | Yes .....                                       | 1 |
|                                                                  | b. | Yes, but female told only during pregnancy..... | 2 |
|                                                                  | c. | No .....                                        | 3 |
|                                                                  |    | Don't know/Not sure .....                       | 7 |
|                                                                  |    | Refused.....                                    | 9 |
|                                                                  |    |                                                 |   |

## Section 6: Injury Control

16. How often do you use seatbelts when you drive or ride in a car? (51)

Would you say:

*Please Read*

	a. Always .....	1
	b. Nearly Always .....	2
	c. Sometimes .....	3
	d. Seldom .....	4
	<b>or</b>	
	e. Never .....	5
	Don't know/Not sure .....	7
Do not read these responses.	Never drive or ride in a car .....	8
	Refused .....	9

17. What is the age of the oldest child in your household under the age of 16? (52-53)

Code <1 yr. as "01"	a. Code age in years .....	___
	b. No children under age 16 <i>Go to Q. 20 (p. 12)</i> .....	8 8
	Don't know/Not sure <i>Go to Q. 20 (p. 12)</i> .....	7 7
	Refused <i>Go to Q. 20 (p. 12)</i> .....	9 9

18. How often does the *[fill in age from Q. 17]*-year-old child in your household use a . . .  
 car safety seat *[for child under 5]*  
 seatbelt *[for child 5 or older]*  
 . . .when they ride in a car?

Would you say: *Please Read* (54)

- a. Always . . . . . 1
- b. Nearly always . . . . . 2
- c. Sometimes . . . . . 3
- d. Seldom . . . . . 4
- or**
- e. Never . . . . . 5
- Don't know/Not sure . . . . . 7
- Never rides in a car . . . . . 8
- Refused . . . . . 9

Do not read  
these  
responses.

➡ If oldest child is 5 years or older, continue with Q. 19. Otherwise, go to Q. 20 (p. 12).

19. During the past year, how often has the *[fill in age from Q. 17]*-year-old child worn a bicycle helmet when riding a bicycle?

Would you say: *Please Read* (55)

- a. Always . . . . . 1
- b. Nearly always . . . . . 2
- c. Sometimes . . . . . 3
- d. Seldom . . . . . 4
- or**
- e. Never . . . . . 5
- Don't know/Not sure . . . . . 7
- Never rides a bicycle . . . . . 8
- Refused . . . . . 9

Do not read  
these  
responses.

20. When was the last time you or someone else deliberately tested all of the smoke detectors in your home, either by pressing the test buttons or holding a source of smoke near them? (56)

*Read Only if Necessary*

- a. Within the past month (0 to 1 month ago) ..... 1
- b. Within the past 6 months (1 to 6 months ago) ..... 2
- c. Within the past year (6 to 12 months ago) ..... 3
- d. One or more years ago ..... 4
- e. Never ..... 5
- f. No smoke detectors in home ..... 6
- Don't know/Not sure ..... 7
- Refused ..... 9

## Section 7: Tobacco Use

21. Have you smoked at least 100 cigarettes in your entire life? (57)

- |                             |    |                                                      |   |
|-----------------------------|----|------------------------------------------------------|---|
| 5 packs =<br>100 cigarettes | a. | Yes .....                                            | 1 |
|                             | b. | No <i>Go to Q. 27 (p. 15)</i> .....                  | 2 |
|                             |    | Don't know/Not sure <i>Go to Q. 27 (p. 15)</i> ..... | 7 |
|                             |    | Refused <i>Go to Q. 27 (p. 15)</i> .....             | 9 |

22. Do you smoke cigarettes now? (58)

- |    |                                          |   |
|----|------------------------------------------|---|
| a. | Yes .....                                | 1 |
| b. | No <i>Go to Q. 26 (p. 14)</i> .....      | 2 |
|    | Refused <i>Go to Q. 27 (p. 15)</i> ..... | 9 |

23. On how many of the past 30 days did you smoke cigarettes? (59-60)

- |    |                                                                   |     |
|----|-------------------------------------------------------------------|-----|
| a. | Number of days <i>If less than 30, go to Q. 24a (p. 14)</i> ..... | ___ |
| b. | None <i>Go to Q. 26 (p. 14)</i> .....                             | 8 8 |
|    | Don't know/Not sure .....                                         | 7 7 |
|    | Refused .....                                                     | 9 9 |

24. On the average, about how many cigarettes a day do you now smoke? (61-62)

- |                           |  |                                                       |     |
|---------------------------|--|-------------------------------------------------------|-----|
| 1 pack =<br>20 cigarettes |  | Number of cigarettes <i>Go to Q. 25 (p. 14)</i> ..... | ___ |
|                           |  | Don't know/Not sure <i>Go to Q. 25 (p. 14)</i> .....  | 7 7 |
|                           |  | Refused <i>Go to Q. 25 (p. 14)</i> .....              | 9 9 |

24a. On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day? (63-64)

<b>1 pack = 20 cigarettes</b>	Number of cigarettes <i>Go to Q. 27 (p. 15)</i> .....	—
	Don't know/Not sure <i>Go to Q. 27 (p. 15)</i> .....	7 7
	Refused <i>Go to Q. 27 (p. 15)</i> .....	9 9

25. During the past 12 months, have you quit smoking for 1 day or longer? (65)

- a. Yes *Go to Q. 27 (p. 15)* ..... 1
- b. No *Go to Q. 27 (p. 15)* ..... 2
- Don't know/Not sure *Go to Q. 27 (p. 15)* ..... 7
- Refused *Go to Q. 27 (p. 15)* ..... 9

26. About how long has it been since you last smoked cigarettes regularly, that is, daily? (66-67)

***Read Only if Necessary***

- a. Within the past month (0 to 1 month ago) ..... 0 1
- b. Within the past 3 months (1 to 3 months ago) ..... 0 2
- c. Within the past 6 months (3 to 6 months ago) ..... 0 3
- d. Within the past year (6 to 12 months ago) ..... 0 4
- e. Within the past 5 years (1 to 5 years ago) ..... 0 5
- f. Within the past 15 years (5 to 15 years ago) ..... 0 6
- g. 15 or more years ago ..... 0 7
- Don't know/Not sure ..... 7 7
- Never smoked regularly ..... 8 8
- Refused ..... 9 9

## Section 8: Alcohol Consumption

27. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor? (68)
- a. Yes ..... 1
  - b. No *Go to Q. 32 (p. 17)* ..... 2
  - Don't know/Not sure *Go to Q. 32 (p. 17)* ..... 7
  - Refused *Go to Q. 32 (p. 17)* ..... 9
28. During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average? (69-71)
- a. Days per week ..... 1 \_\_\_
  - b. Days per month ..... 2 \_\_\_
  - Don't know/Not sure *Go to Q. 30* ..... 7 7 7
  - Refused *Go to Q. 30* ..... 9 9 9
29. A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average? (72-73)
- Number of drinks ..... \_\_\_
  - Don't know/Not sure ..... 7 7
  - Refused ..... 9 9
30. Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion? (74-75)
- a. Number of times ..... \_\_\_
  - b. None ..... 8 8
  - Don't know/Not sure ..... 7 7
  - Refused ..... 9 9

31. During the past month, how many times have you driven when you've had perhaps too much to drink?	(76-77)
a. Number of times .....	— —
b. None .....	8 8
Don't know/Not sure .....	7 7
Refused .....	9 9



## Section 9: Demographics

32. What is your age? (78-79)

Code age in years .....	— —
Don't know/Not sure .....	0 7
Refused .....	0 9

33. What is your race? (80)

Would you say:

*Please Read*

a. White .....	1	
b. Black .....	2	
c. Asian, Pacific Islander .....	3	
d. American Indian, Alaska Native .....	4	
<b>or</b>		
e. Other: (specify) _____ .....	5	
Do not read these responses.	Don't know/Not sure .....	7
	Refused .....	9

34. Are you of Spanish or Hispanic origin? (81)

a. Yes .....	1
b. No .....	2
Don't know/Not sure .....	7
Refused .....	9

35. Are you: (82)

*Please Read*

- a. Married ..... 1
- b. Divorced ..... 2
- c. Widowed..... 3
- d. Separated ..... 4
- e. Never been married ..... 5
- or**
- f. A member of an unmarried couple ..... 6
- Refused..... 9

36. How many children live in your household who are ...

*Please Read*

Code 1-9  
7 = 7 or more  
8 = None  
9 = Refused

- a. Less than 5 years old?..... (83)
- b. 5 through 12 years old? ..... (84)
- c. 13 through 17 years old? ..... (85)

36d. Of the children aged 5-12 who live in your household, how many are 12? ..... (275)

37. What is the highest grade or year of school you completed? (86)

*Read Only if Necessary*

- a. Never attended school or kindergarten only ..... 1
- b. Grades 1 through 8 (Elementary) ..... 2
- c. Grades 9 through 11 (Some high school) ..... 3
- d. Grade 12 or GED (High school graduate) ..... 4
- e. College 1 year to 3 years (Some college or technical school) ... 5
- f. College 4 years or more (College graduate)..... 6
- Refused..... 9

38. Are you currently: (87)

*Please Read*

- a. Employed for wages . . . . . 1
- b. Self-employed. . . . . 2
- c. Out of work for more than 1 year . . . . . 3
- d. Out of work for less than 1 year . . . . . 4
- e. Homemaker . . . . . 5
- f. Student . . . . . 6
- g. Retired . . . . . 7
- or**
- h. Unable to work . . . . . 8
- Refused . . . . . 9

39. Is your annual household income from all sources: (88–89)

*Please Read*

- |                                                                  |                               |                                                                                                        |     |
|------------------------------------------------------------------|-------------------------------|--------------------------------------------------------------------------------------------------------|-----|
| If respondent<br>refuses at any<br>income level,<br>code refused | a.                            | Less than \$25,000 <i>If "no," ask e; if "yes"ask b</i><br>(\$20,000 to less than \$25,000) . . . . .  | 0 4 |
|                                                                  | b.                            | Less than \$20,000 <i>If "no," code a; if "yes"ask c</i><br>(\$15,000 to less than \$20,000) . . . . . | 0 3 |
|                                                                  | c.                            | Less than \$15,000 <i>If "no," code b; if "yes"ask d</i><br>(\$10,000 to less than \$15,000) . . . . . | 0 2 |
|                                                                  | d.                            | Less than \$10,000 <i>If "no," code c</i> . . . . .                                                    | 0 1 |
|                                                                  | e.                            | Less than \$35,000 <i>If "no," ask f</i><br>(\$25,000 to less than \$35,000) . . . . .                 | 0 5 |
|                                                                  | f.                            | Less than \$50,000 <i>If "no," ask g</i><br>(\$35,000 to less than \$50,000) . . . . .                 | 0 6 |
|                                                                  | g.                            | Less than \$75,000 <i>If "no," code h</i><br>(\$50,000 to less than \$75,000) . . . . .                | 0 7 |
|                                                                  | h.                            | \$75,000 or more . . . . .                                                                             | 0 8 |
| Do not read<br>these<br>responses.                               | Don't know/Not sure . . . . . | 7 7                                                                                                    |     |
|                                                                  | Refused . . . . .             | 9 9                                                                                                    |     |

40. About how much do you weigh without shoes? (90-92)

<div style="border-left: 1px solid black; padding-left: 5px; display: inline-block;">                     Round fractions up                 </div>	Weight ..... $\frac{\quad}{\quad}$ pounds Don't know/Not sure ..... 7 7 7 Refused ..... 9 9 9
-------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------

41. About how tall are you without shoes? (93-95)

<div style="border-left: 1px solid black; padding-left: 5px; display: inline-block;">                     Round fractions down                 </div>	Height ..... $\frac{\quad}{\quad}$ ft / inches Don't know/Not sure ..... 7 7 7 Refused ..... 9 9 9
---------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------

42. What county do you live in? (96-98)

FIPS county code .....	$\frac{\quad}{\quad}$
Don't know/Not sure .....	7 7 7
Refused .....	9 9 9

43. Do you have more than one telephone number in your household? (99)

a. Yes .....	1
b. No <i>Go to Q. 45</i> .....	2
Refused <i>Go to Q. 45</i> .....	9

44. How many residential telephone numbers do you have? (100)

Total telephone numbers <i>[8 = 8 or more]</i> .....	—
Refused .....	9

Now I have some questions about other health services you may have received.

45. Indicate sex of respondent. (101)

*Ask Only if Necessary*

Male <i>Go to Q. 58 (p. 25)</i> .....	1
Female .....	2

## Section 10: Women's Health

46. A mammogram is an x-ray of each breast to look for breast cancer.  
Have you ever had a mammogram? (102)

- a. Yes ..... 1
- b. No *Go to Q. 50 (p. 22)* ..... 2
- Don't know/Not sure *Go to Q. 50 (p. 22)* ..... 7
- Refused *Go to Q. 50 (p. 22)* ..... 9

47. How long has it been since you had your last mammogram? (103)

*Read Only if Necessary*

- a. Within the past year (1 to 12 months ago) ..... 1
- b. Within the past 2 years (1 to 2 years ago) ..... 2
- c. Within the past 3 years (2 to 3 years ago) ..... 3
- d. Within the past 5 years (3 to 5 years ago) ..... 4
- e. 5 or more years ago *Go to Q. 49 (p. 22)* ..... 5
- Don't know/Not sure ..... 7
- Refused ..... 9

47a. What is the most important reason that you never had a mammogram? (276)

***Do Not Read List. Record Only One Answer***

- a. Not recommended by doctor/ doctor never said it was needed . . . 1
- b. Not needed/ not necessary ..... 2
- c. Never heard of mammogram ..... 3
- d. Cost ..... 4
- e. No insurance to pay for it ..... 5
- f. Other ..... 6
- Don't know/Not sure ..... 7
- Refused ..... 9

48. About how many mammograms have you had in the last five years? (104-105)

Number of mammograms . . . . .	— —
None . . . . .	8 8
Don't know/Not sure . . . . .	7 7
Refused . . . . .	9 9

49. Was your last mammogram done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer? (106)

a. Routine checkup . . . . .	1
b. Breast problem other than cancer . . . . .	2
c. Had breast cancer . . . . .	3
Don't know/Not sure . . . . .	7
Refused . . . . .	9

49a. Whose idea was it for you to have this last mammogram – was it your idea, your doctor's idea, or someone else's idea? (277)

a. Respondent's idea . . . . .	1
b. Doctor's idea . . . . .	2
c. Someone else's idea . . . . .	3
Don't know/ Not sure . . . . .	7
Refused . . . . .	9

Probe for the most influential. Record only one response

49b. Was this your first mammogram? (278)

a. Yes <b>Go to Q.50</b> . . . . .	1
b. No <b>Go to Q.50</b> . . . . .	2
Don't know/Not sure <b>Go to Q.50</b> . . . . .	7
Refused <b>Go to Q.50</b> . . . . .	9

49c. What is the most important reason that you never had a mammogram? (269)

***Do Not Read List. Record Only One Answer***

- g. Not recommended by doctor/ doctor never said it was needed . . . 1
- h. Not needed/ not necessary . . . . . 2
- i. Never heard of mammogram . . . . . 3
- j. Cost . . . . . 4
- k. No insurance to pay for it . . . . . 5
- l. Other . . . . . 6
- Don't know/Not sure . . . . . 7
- Refused . . . . . 9

50. A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam? (107)

- a. Yes . . . . . 1
- b. No *Go to Q. 53 (p. 23)* . . . . . 2
- Don't know/Not sure *Go to Q. 53 (p. 23)* . . . . . 7
- Refused *Go to Q. 53 (p. 23)* . . . . . 9

51. How long has it been since your last breast exam? (108)

***Read Only if Necessary***

- a. Within the past year (1 to 12 months ago). . . . . 1
- b. Within the past 2 years (1 to 2 years ago) . . . . . 2
- c. Within the past 3 years (2 to 3 years ago) . . . . . 3
- d. Within the past 5 years (3 to 5 years ago) . . . . . 4
- e. 5 or more years ago . . . . . 5
- Don't know/Not sure . . . . . 7
- Refused . . . . . 9

52. Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer?	(109)
a. Routine Checkup .....	1
b. Breast problem other than cancer .....	2
c. Had breast cancer .....	3
Don't know/Not sure .....	7
Refused .....	9

53. A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?	(110)
a. Yes .....	1
b. No <i>Go to Q. 56 (p. 24)</i> .....	2
Don't know/Not sure <i>Go to Q. 56 (p. 24)</i> .....	7
Refused <i>Go to Go to Q. 56 (p. 24)</i> .....	9

54. How long has it been since you had your last Pap smear?	(111)
-------------------------------------------------------------	-------

***Read Only if Necessary***

a. Within the past year (1 to 12 months ago) .....	1
b. Within the past 2 years (1 to 2 years ago) .....	2
c. Within the past 3 years (2 to 3 years ago) .....	3
d. Within the past 5 years (3 to 5 years ago) .....	4
e. 5 or more years ago .....	5
Don't know/Not sure .....	7
Refused .....	9



55. Was your last Pap smear done as part of a routine exam, or to check a current or previous problem? (112)

- a. Routine exam ..... 1
- b. Check current or previous problem ..... 2
- Other ..... 3
- Don't know/Not sure ..... 7
- Refused ..... 9

56. Have you had a hysterectomy? (113)

- A hysterectomy is an operation to remove the uterus (womb)**
- a. Yes *Go to Q. 58 (p. 25)* ..... 1
  - b. No ..... 2
  - Don't know/Not sure ..... 7
  - Refused ..... 9

☞ **If respondent 45 years old or older, go to Q. 58 (p. 25).**

57. To your knowledge, are you now pregnant? (114)

- a. Yes ..... 1
- b. No ..... 2
- Don't know/Not sure ..... 7
- Refused ..... 9

**Section 11: Immunization**

58. During the past 12 months, have you had a flu shot? (115)
- a. Yes ..... 1
  - b. No ..... 2
  - Don't know/Not sure ..... 7
  - Refused ..... 9

59. Have you ever had a pneumonia vaccination? (116)
- a. Yes ..... 1
  - b. No ..... 2
  - Don't know/Not sure ..... 7
  - Refused ..... 9

⇒ If respondent 40 years old or older, continue with Q. 60.  
Otherwise, go to Section 13: HIV/AIDS (p. 28).

- .....
- a. Yes ..... 1
  - b. No ..... 2
  - Don't know/Not sure ..... 7
  - Refused ..... 9

## Section 12: Colorectal Cancer Screening

60. A digital rectal exam is when a doctor or other health professional inserts a finger in the rectum to check for cancer and other health problems. Have you ever had this exam? (117)

- a. Yes ..... 1
- b. No *Go to Q. 62* ..... 2
- Don't know/Not sure *Go to Q. 62* ..... 7
- Refused *Go to Q. 62* ..... 9

61. When did you have your last digital rectal exam? (118)

### *Read Only if Necessary*

- a. Within the past year (1 to 12 months ago) ..... 1
- b. Within the past 2 years (1 to 2 years ago) ..... 2
- c. Within the past 5 years (2 to 5 years ago) ..... 3
- d. 5 or more years ago ..... 4
- Don't know/Not sure ..... 7
- Refused ..... 9

62. A proctoscopic exam is when a tube is inserted in the rectum to check for cancer and other health problems. Have you ever had this exam? (119)

- a. Yes ..... 1
- b. No *Go to Section 13: HIV/AIDS (p. 28)* ..... 2
- Don't know/Not sure *Go to Section 13: HIV/AIDS (p. 28)* .. 7
- Refused *Go to Section 13: HIV/AIDS (p. 28)* ..... 9

63. When did you have your last proctoscopic exam? (120)

*Read Only if Necessary*

- a. Within the past year (1 to 12 months ago) . . . . . 1
- b. Within the past 2 years (1 to 2 years ago) . . . . . 2
- c. Within the past 5 years (2 to 5 years ago) . . . . . 3
- d. 5 or more years ago . . . . . 4
- Don't know/Not sure . . . . . 7
- Refused . . . . . 9

### Section 13: AIDS Knowledge and Testing

➡ If respondent is 65 years old or older, go to Closing Statement.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

64. If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS? (121-122)

Code 01 through 12	a. Grade .....	— —
	b. Kindergarten .....	5 5
	c. Never .....	8 8
	Don't know/Not sure .....	7 7
	Refused .....	9 9

65. If you had a teenager who was sexually active, would you encourage him or her to use a condom? (123)

a. Yes .....	1
b. No .....	2
Would give other advice .....	3
Don't know/Not sure .....	7
Refused .....	9

66. What are your chances of getting infected with HIV, the virus that causes AIDS ? (124)

Would you say:

*Please Read*

- a. High ..... 1
  - b. Medium..... 2
  - c. Low..... 3
  - or**
  - d. None ..... 4
- Do not read these responses.
- Not applicable *Go to Q. 68 (p. 30)* ..... 5
  - Don't know/Not sure ..... 7
  - Refused..... 9

67. Have you ever had your blood tested for HIV? (125)

- a. Yes *Go to Q. 68 (p. 30)* ..... 1
- b. No ..... 2
- Don't know/Not sure ..... 7
- Refused ..... 9

68a. Have you donated blood since March 1985? (126)

- a. Yes ..... 1
- b. No *Go to Q. 73 (p. 32)* ..... 2
- Don't know/Not sure *Go to Q. 73 (p. 32)* ..... 7
- Refused *Go to Q. 73 (p. 32)* ..... 9

69a. When did you last donate blood? (127-130)

- Code month and year *Go to Q. 73 (p. 32)* ..... \_\_\_/\_\_\_
- Don't know/Not sure *Go to Q. 73 (p. 32)* ..... 7 7 7 7
- Refused *Go to Q. 73 (p. 32)* ..... 9 9 9 9

68. When was your last blood test for HIV? (131-134)

Code month and year ..... \_\_\_/\_\_\_/\_\_\_  
Don't know/Not sure ..... 7 7 7 7  
Refused ..... 9 9 9 9

69. What was the main reason you had your last blood test for HIV? (135-136)

Reason code ..... \_\_\_ \_\_\_

***Read Only if Necessary***

- a. For hospitalization or surgical procedure ..... 01
- b. To apply for health insurance ..... 02
- c. To apply for life insurance ..... 03
- d. For employment ..... 04
- e. To apply for a marriage license ..... 05
- f. For military induction or military service ..... 06
- g. For immigration ..... 07
- h. Just to find out if you were infected ..... 08
- i. Because of referral by a doctor ..... 09
- j. Because of pregnancy ..... 10
- k. Referred by your sex partner ..... 11
- l. Because it was part of a blood donation process ..... 12
- m. For routine checkup ..... 13
- n. Because of occupational exposure ..... 14
- o. Because of illness ..... 15
- p. Other ..... 87
- Don't know/Not sure ..... 77
- Refused ..... 99

70. Where did you have your last blood test for HIV? (137-138)

Facility Code ..... — —

*Read Only if Necessary*

a. Private doctor, HMO .....	01
b. Blood bank, plasma center, Red Cross .....	02
c. Health department .....	03
d. AIDS clinic, counseling, testing site .....	04
e. Hospital, emergency room, outpatient clinic .....	05
f. Family planning clinic .....	06
g. Prenatal clinic .....	07
h. Tuberculosis clinic .....	08
i. STD clinic .....	09
j. Community health clinic .....	10
k. Clinic run by employer .....	11
l. Insurance company clinic .....	12
m. Other public clinic .....	13
n. Drug treatment facility .....	14
o. Military induction or military service site .....	15
p. Immigration site .....	16
q. At home, home visit by nurse or health worker .....	17
r. At home, using self-testing kit .....	18
s. Other .....	87
Don't know/Not sure .....	77
Refused .....	99



71. Did you receive the results of your last test?	(139)
a. Yes .....	1
b. No <i>Go to Q. 73</i> .....	2
Don't know/Not sure <i>Go to Q. 73</i> .....	7
Refused <i>Go to Q. 73</i> .....	9

72. Did you receive counseling or talk with a health care professional about the results of your test?	(140)
a. Yes .....	1
b. No .....	2
Don't know/Not sure .....	7
Refused .....	9

73. Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose?	(141)
--------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------

Would you say:	<i>Please Read</i>	
a. Very effective .....	1	
b. Somewhat effective .....	2	
<b>or</b>		
c. Not at all effective .....	3	
Do not read these responses.	Don't know how effective .....	4
	Don't know method .....	5
	Refused .....	9

74. Due to what you know about HIV, have you changed your sexual behavior in the last 12 months?	(142)
a. Yes .....	1
b. No <i>Go to Closing Statement</i> .....	2
Don't know/Not sure <i>Go to Closing Statement</i> .....	7
Refused <i>Go to Closing Statement</i> .....	9

75. Have you:

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Had sexual intercourse with only one partner?	1	2	7	9	(143)
b. Used condoms for protection?	1	2	7	9	(144)
c. Been more careful in selecting sexual partners?	1	2	7	9	(145)

## **Closing Statement**

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

**or**

## **Transition to Modules or State-added Questions, or both**

Finally, I have just a few questions left about some other health topics.

## Module 2: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

1. How often do you drink fruit juices such as orange, grapefruit, or tomato? (148–150)
  - a. Per day ..... 1 \_\_ \_\_
  - b. Per week ..... 2 \_\_ \_\_
  - c. Per month ..... 3 \_\_ \_\_
  - d. Per year ..... 4 \_\_ \_\_
  - e. Never ..... 5 5 5
  - Don't know/Not sure ..... 7 7 7
  - Refused ..... 9 9 9
  
2. Not counting juice, how often do you eat fruit? (151–153)
  - a. Per day ..... 1 \_\_ \_\_
  - b. Per week ..... 2 \_\_ \_\_
  - c. Per month ..... 3 \_\_ \_\_
  - d. Per year ..... 4 \_\_ \_\_
  - e. Never ..... 5 5 5
  - Don't know/Not sure ..... 7 7 7
  - Refused ..... 9 9 9

3. How often do you eat green salad? (154–156)
- a. Per day ..... 1 \_\_ \_\_
  - b. Per week ..... 2 \_\_ \_\_
  - c. Per month ..... 3 \_\_ \_\_
  - d. Per year ..... 4 \_\_ \_\_
  - e. Never ..... 5 5 5
  - Don't know/Not sure ..... 7 7 7
  - Refused ..... 9 9 9

4. How often do you eat potatoes, not including french fries, fried potatoes, or potato chips? (157–159)
- a. Per day ..... 1 \_\_ \_\_
  - b. Per week ..... 2 \_\_ \_\_
  - c. Per month ..... 3 \_\_ \_\_
  - d. Per year ..... 4 \_\_ \_\_
  - e. Never ..... 5 5 5
  - Don't know/Not sure ..... 7 7 7
  - Refused ..... 9 9 9

5. How often do you eat carrots? (160–162)

- a. Per day ..... 1 \_ \_
- b. Per week ..... 2 \_ \_
- c. Per month ..... 3 \_ \_
- d. Per year ..... 4 \_ \_
- e. Never ..... 5 5 5
- Don't know/Not sure ..... 7 7 7
- Refused ..... 9 9 9

6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (163–165)

Example: a serving of vegetables at both lunch and dinner would be two servings.

- a. Per day ..... 1 \_ \_
- b. Per week ..... 2 \_ \_
- c. Per month ..... 3 \_ \_
- d. Per year ..... 4 \_ \_
- e. Never ..... 5 5 5
- Don't know/Not sure ..... 7 7 7
- Refused ..... 9 9 9

## Module 3: Dietary Fat

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one; for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

1. How often do you eat hot dogs or lunch meats such as ham or other cold cuts? (280-282)
  - a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9
  
2. How often do you eat bacon or sausage? (283-285)
  - a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9

3. How often do you eat pork other than ham, bacon, or sausage? (286-288)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9
4. How often do you eat hamburgers, cheeseburgers, or meat loaf? (289-291)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9
5. How often do you eat beef other than hamburgers, cheeseburgers, or meat loaf? (292-294)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9

6. How often do you eat fried chicken?
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9
7. How often do you eat French fries or fried potatoes? (298-300)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9
8. How often do you eat cheese or cheese spreads, not including cottage cheese? (301-303)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9



9. How often do you eat doughnuts, cookies, cake, pastry, or pies? (304-306)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9

10. How often do you usually eat snacks, such as chips or popcorn? (307-309)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9

11. How often do you usually add butter or margarine to bread, rolls, or vegetables? (310-312)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5 5 5
  - Don't know/Not sure .....7 7 7
  - Refused. ....9 9 9

12. How many eggs do you usually eat? (313-315)
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5      5      5
  - Don't know/Not sure .....7      7      7
  - Refused. ....9      9      9

13. How many glasses (8 oz.) of whole milk do you usually drink? Remember to include drinks made with whole milk or milk on cereal. Do not include low-fat milk, such as skim milk or 2% milk.
- a. Per day .....1 \_\_\_\_ \_\_\_\_
  - b. Per week .....2 \_\_\_\_ \_\_\_\_
  - c. Per month .....3 \_\_\_\_ \_\_\_\_
  - d. Per year .....4 \_\_\_\_ \_\_\_\_
  - e. Never .....5      5      5
  - Don't know/Not sure .....7      7      7
  - Refused. ....9      9      9

# Module 4: Prostate Screening

If respondent is 40 years or older and male, continue with this module, otherwise, go to Closing Statement

1. A PSA (Protein Specific Antigen) test is a blood test which looks for indicators of prostate cancer. Have you ever heard of a PSA test? (320)

- a. Yes .....1
- b. No . .*Go to Closing Statement* .....2
- Don't know/Not sure *Go to Closing Statement* .....7
- Refused *Go to Closing Statement* .....9

2. Have you ever had the PSA test ? (321)

- a. Yes .....1
- b. No . .*Go to Closing Statement* .....2
- Don't know/Not sure *Go to Closing Statement* .....7
- Refused *Go to Closing Statement* .....9

3. When did you have your last PSA test done? (322)

- a. Within the past year (1 to 12 months ago) .....1
- b. Within the past 2 years (1 to 2 years ago) .....2
- c. Within the past 5 years (2 to 5 years ago) .....3
- d. 5 or more years ago .....4
- Don't know/ Not sure .....7
- Refused .....9

## Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.