


# 2022-2023 Maryland YRBS/YTS Middle School Health Disparities by Race/Ethnicity

 Maryland <small>DEPARTMENT OF HEALTH</small>	RACE & ETHNICITY					
	MD Statewide	Asian	Black	Hispanic/Latino	American Indian Alaska Native	White
<b>2022-2023 MD YRBS/YTS Indicators</b>						
<b>Injury and Violence</b>						
Rarely or never wore a bicycle helmet (among students who had ridden a bicycle)	56.7%	35.5%	73.5%	67.8%	50.4%	42.5%
Did not always wear a seat belt (when riding in a car driven by someone else)	38.2%	36.7%	47.6%	44.4%	39.9%	26.3%
Ever in a physical fight	47.9%	33.1%	64.4%	43.5%	46.3%	36.5%
Ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood	27.0%	16.3%	36.0%	29.9%	27.1%	18.2%
<b>Mental Health</b>						
Felt sad or hopeless almost every day for >=2 weeks (past year)	33.7%	27.9%	35.2%	41.1%	32.6%	28.0%
Ever made a plan about how they would kill themselves	17.8%	15.0%	20.2%	21.2%	18.1%	13.5%
Ever tried to kill themselves	9.9%	6.9%	11.7%	12.9%	9.2%	6.4%
<b>Tobacco, Alcohol, and Other Drug Use</b>						
Currently used an electronic vapor product (past 30 days)	5.9%	1.5%	6.5%	9.1%	3.8%	4.1%
Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it	10.9%	7.3%	14.0%	12.8%	8.4%	7.5%
<b>Weight Management Physical Activity, and Other Dietary Behaviors</b>						
Described themselves as slightly or very overweight	25.5%	26.5%	24.5%	32.9%	29.3%	21.9%
Did not eat breakfast (past week)	15.0%	7.0%	16.6%	19.3%	13.2%	12.4%
Did not participate in at least 60 minutes of physical activity on at least 1 day during the past week	15.9%	10.4%	21.5%	21.9%	20.0%	8.3%
Spent 3 or more hours per day on screen time (not homework)	67.8%	59.4%	72.9%	68.0%	59.2%	64.3%
<b>Other</b>						
Family was often/sometimes worried that their food would run out before they got money to buy more (past year)	21.5%	11.5%	25.5%	31.9%	32.8%	13.8%
Ever lived with someone who was depressed, mentally ill, or suicidal	17.6%	8.5%	16.2%	17.0%	26.6%	20.1%
Ever been separated from a parent or guardian because they went to jail, prison, or a detention center	10.7%	1.5%	14.7%	10.4%	16.4%	8.4%

Key: Significantly higher/Significantly lower than Maryland's statewide average