



# 2021-2022 Maryland YRBS/YTS Select Data Points

Trend Key: Positive ↓ / Negative ↑

Table 1. Youth Tobacco Use Trends

<b>Middle School Youth Tobacco Use Trends</b>			
	<b>2018-19</b>	<b>2021-22</b>	<b>Trend</b>
<b>Ever Used ESDs</b>	18.9%	15.6%	↓
<b>Current Smokeless Tobacco Use</b>	2.2%	1.4%	↓
<b>High School Youth Tobacco Use Trends</b>			
	<b>2018-19</b>	<b>2021-22</b>	<b>Trend</b>
<b>Currently Smoke Cigarettes</b>	5.0%	3.6%	↓
<b>Ever Used ESDs</b>	39.7%	32.3%	↓
<b>Currently Use ESDs</b>	23.0%	14.7%	↓
<b>Currently Use Smokeless Tobacco</b>	4.6%	3.0%	↓
<b>Currently Smoke Cigars</b>	6.0%	3.2%	↓



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Table 2. Alcohol and Other Drug Use Trends

<b>Middle School Alcohol and Other Drug Use</b>			
	2018-19	2021-22	Trend
Prescription Pain Medicine Use	7.1%	11.5%	↑
Current Marijuana Use	5.2%	3.8%	↓
First Time Alcohol Age 11	9.1%	10.1%	↑
<b>High School Alcohol and Other Drug Use</b>			
	2018-19	2021-22	Trend
Ever Use Heroin	3.7%	2.5%	↓
Ever Use Cocaine	4.8%	2.9%	↓
Ever Use Methamphetamines	3.7%	2.3%	↓
Ever Use Ecstasy	4.9%	3.0%	↓
Ever Use Injection Drugs	4.1%	2.4%	↓
Current Marijuana Use	17.6%	15.0%	↓
Female Marijuana, THC, or Hash Oil ESD Use	13.3%	15.4%	↑
Current Alcohol Use	24.1%	19.4%	↓

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Table 3. Injury and Violence Trends

<b>High School Injury and Violence</b>			
	2018-19	2021-22	Trend
Carried a Weapon on School Property	5.7%	4.1%	↓

Table 4. Health Trends

<b>Middle School Health</b>			
	2018-19	2021-22	Trend
Felt sad/hopeless	25.5%	36.8%	↑
Ever Seriously Considered Suicide	22.9%	26.8%	↑
Ever Made a Suicide Plan	14.3%	19.5%	↑
Attempted Suicide	8.8%	11.0%	↑
<b>High School Health</b>			
	2018-19	2021-22	Trend
Felt sad/hopeless	32.0%	39.2%	↑
Seriously Considered Suicide	18.0%	20.6%	↑
Had Obesity	12.8%	15.9%	↑



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Table 5. Positive Childhood Experiences (PCEs)

Positive Childhood Experiences		
2021-2022	Middle School	High School
Have an adult outside of school they can talk to about things that are important to them	81.8%	Not Collected
Talked to a teacher or other adult in their school about a personal problem they had	30.9%	Not Collected
Feel teachers really care about them and give them a lot of encouragement	56.2%	Not Collected
Feel comfortable seeking help from one or more adults besides their parents if they had an important question affecting their life	80.4%	72.3%



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Table 6. New Survey Questions

2021-2022 Health	Middle School	High School
Someone in the home tested positive for COVID-19	27.2%	30.1%
Mental health not good most of the time or always	23.3%	29.3%
Has a disability or long-term health problem that keeps them from doing everyday activities	7.6%	10.1%
2021-2022 Adverse Childhood Experiences (ACES)	Middle School	High School
Ever lived with someone who was depressed, mentally ill, or suicidal	22.7%	33.5%
Parent or other adult in their home most of the time or always swore at them, insulted them, or put them down	12.1%	12.1%
Ever lived with someone who was having a problem with alcohol or drug use	18.3%	25.3%
Ever been separated from a parent or guardian because they went to jail, prison, or a detention center	11.4%	14.8%
Parent or other adult most of the time or always slapped, hit, kicked, punched, or beat each other up	Not Collected	2.1%
2021-2022 Positive Childhood Experiences (PCEs)	Middle School	High School
Able to talk to an adult in their family or another caring adult about their feelings	Not Collected	36.8%