

# **FITNESS COMMITTEE MEETING**

**September 30, 2022**

**12:00 – 1:00 PM**

[Google Meet](#)

**Or dial: (US) +1 510-766-2079 PIN: 901 235 997#**

**All phone participants please mute the line unless speaking.**

1.	Roll Call/Minute Approval	Dr. Nathan
2.	Update on One-Pager, CCDPC Webpage	Christa
3.	Diabetes and Fitness Committee Partnership	Dr. Nathan and Pam Williams
4.	Physical Activity One-Pager Dissemination	All
5.	Next Steps/Closing	Dr. Nathan

**Next Council meeting: October 19, 2022**

**Next Committee meeting: TBD**