

DIABETES COMMITTEE MEETING

June 15, 2022

4:00 - 5:00 PM

DRAFT Minutes

Members Present

Pamela Williams
Sara Vazer
Jessica Kiel
Julie Maneen
Teresa Titus-Howard
Mary-Pat Bertacchi
Crystal Bell

Members Not Present

Darryl Heggans
Pamela Xenakis
Vivienne Rose

Maryland Department of Health Staff Present

Michelle George
Jen Schindler
Amy Osbourne
Dr. Nicole Rochester-Guest speaker

1. Roll Call/Introductions

A quorum of the Diabetes Committee was present. Jen Schindler completed a roll call of members present. Pamela Williams introduced the guest speaker, Dr. Nicole Rochester

2. Review Agenda Items

The Diabetes Committee met via webinar on June 15, 2022. Pamela Williams called the meeting to order at 4:01 p.m. and reviewed the meeting agenda items.

3. Approve May 18, 2022 Meeting Minutes

May 18, 2022 meeting minutes were not approved as committee member Jessica Kiel requested that the meeting minutes be amended to reflect the change in committee chair, Pamela Williams, and the stepping down of Co-Chair Members, Dr. Vivienne Rose and Pamela Xenakis; Mary-Pat Bertacchi seconded this request. Jen Schindler will update the meeting minutes and send them to the committee for review.

4. Presentation on Patient Virtual Forum: Dr. Nicole Rochester

Pamela Williams introduced the guest speaker, Dr. Nicole Rochester who reviewed information about the Virtual Patient Forum that was held in February 2022 for people with diabetes and their caregivers. Dr. Rochester informed the committee that the main goals of the virtual forum were to educate and inform attendees about diabetes, prediabetes, and share resources available throughout the state and provide the Maryland Diabetes Quality Task

Force with a broader perspective about the experience of individuals living with or at risk of diabetes and those who support them. Dr. Rochester reviewed the marketing method for this project, the attendance demographics, and the breakdown of people with prediabetes, diabetes, and caregivers. Additionally, Dr. Rochester shared with the committee specific patient requests; Pamela Williams will provide the committee with a copy of the report from Dr. Rochester for the committee to review. At the end of the presentation, Dr. Rochester opened the floor for committee members to ask questions.

Jessica Kiel asked about the percentage of people on oral glucose versus continuous glucose. Dr. Rochester said that portion of data was not captured. Sara Vazer inquired about total attendance. Dr. Rochester informed the committee that there were 97 people invited and 52 members attended; this was a combination of patients and caregivers. Sara Vazer also inquired about marketing and the target population. Dr. Rochester informed the committee that they promoted the event through stakeholders. Mary-Pat Raimondi asked Dr. Rochester about the next steps. Dr. Rochester responded saying that the next steps are to present at the next Diabetes Quality Task Force meeting. Pam Williams stated that MDH will review the report and identify additional programming that can be incorporated from the State based on feedback from the report.

5. Discussion of Committee Action Plan Items:

Pam Williams presented a powerpoint that reviewed action items that the committee had previously agreed on. From previous meetings it was determined that the committee would focus on

- Developing produce prescription pads - Aligning with the Food as Medicine Initiatives.
- Assess and forecast access to fresh fruits and vegetables by geography.
- Implement statewide policies that increase opportunities for students to be physically active throughout the school day and after school.

Pam Williams informed the committee that she met with the MDH staff person assigned to the fitness committee. Mrs. Williams informed the Committee that the Fitness Committee is focused on physical activity for adults and has developed a one-pager, Pam will provide the one-pager that the Fitness Committee has developed to the Diabetes Committee. The thought is that a possible collaboration could occur to develop a one-pager for students. After reviewing the powerpoint presentation, Mrs. Williams opened the meeting for committee members to provide feedback.

Mary Pat Raimondi recommended that the committee meet with the Maryland School Nutrition Association or possibly review information from the CDC in regards to resources for physical activities and nutrition for kids.

Sara Vazer asked for clarification about the population, Pam Williams informed the committee that the goal is to implement statewide policies and to increase student involvement. Sara Vazer suggested that the committee petition to increase gym time by 30 minutes per day for students while encouraging students to learn more about cooking healthy

meals. Mary-Pat Raimondi suggested that the committee look into the program “cooking matters.”

Crystal Bell talked about the “guiding stars” program (one of the action plan items) and mentioned that it’s our responsibility as public health workers to raise awareness about these programs in order to educate the public.

Pamela Williams asked Jen Schindler to share the examples of diabetes referral forms. The idea behind the referral forms was to get some examples of forms that could be used as produce prescriptions or even referrals to diabetes programs. Jen Schindler presented both the CDC referral form and a referral form used by the Calvert County Health Department. Teresa Titus-Howard suggested that the committee create referral forms that are more streamlined. Sara Vazer suggested that the forms be something that providers could use and provide patients with a copy of during their appointments. Mary-Pat Bertacchi said that the problem with the referral forms is that there are not a lot of programs to refer to; many of the committee members agreed with this statement.

6. Next Steps and Assignments:

Committee Members: Pamela Williams has a meeting with Kate Long from Maryland Food Pantry. After this meeting, Mrs. Williams will report back to the committee.

Pamela Williams will reach out to Jason Semanoff about physical activity in the schools as well. Additionally, Mary Pat Raimondi plans to reach out to the CDC/Maryland Nutrition to gather more information for the committee. Mary-Pat Bertacchi mentioned that she is available to assist Pam Williams with some of these tasks.

Staff: Jen Schindler will amend the May 2022 Meeting Minutes then send it to the committee for review.

7. Adjournment

The meeting was adjourned at 5:00 PM

Next Diabetes Committee meetings:

July 19, 2022, 4:00 – 5:00 PM