

**DIABETES COMMITTEE MEETING**  
**August 17, 2022**  
**4:00 - 5:00 PM**  
**Committee Minutes**

**Members Present**

Pamela Williams  
Sara Vazer  
Jessica Kiel  
Crystal Bell

**Members Not Present**

Darryl Heggans  
Vivienne Rose  
Mary-Pat Bertacchi  
Julie Maneen  
Teresa Titus-Howard  
Dr. Vivienne Rose  
Pamela Xenakis

**Maryland Department of Health Staff Present**

Michelle George  
Jen Schindler  
Amy Osborne  
Kristi Pier

**1. Roll Call/Introductions:**

A quorum of the Diabetes Committee was not present, the July Committee Meeting Minutes will be reviewed at the next meeting.

**2. Review Agenda Items:**

The Diabetes Committee met via webinar on August 17, 2022. Pamela Williams called the meeting to order at 4:03 p.m. and reviewed the meeting agenda items.

**3. Approve July 19, 2022, Meeting Minutes:**

Due to low attendance, the Committee Meeting Minutes were not reviewed at this meeting. The July Committee Meeting Minutes will be reviewed at the next Committee Meeting.

**4. HALT Presentation:**

Pam Williams informed the team that after the last meeting, a small ad hoc group met, and during the meeting, access to DPPs was discussed. The group discussed how one county like Anne Arundel County does not have a DPP in its jurisdiction. There were questions about whether the HALT platform would address this issue. The group didn't know enough about the HALT platform and thought it would be great to get more information presented at a future Diabetes Committee meeting. The Center's Diabetes Lead, Amy Osborne, was invited by the Committee Chair, to present at today's meeting to discuss HALT.

HALT is an online platform for the delivery of the National DPP curriculum. Information on the HALT platform is preloaded and offered in both Spanish and English. Additionally, HALT is free to users. HALT offers both technical assistance and assistance to those applying for CDC recognition. For more information about HALT, please see the attached presentation.

## **5. Follow-up on Action Plan Items:**

Access and Forecast Access to Fresh Fruits and Vegetables- Pamela Williams reviewed progress from the activities the Diabetes Committee wanted to focus on. A small group met (Mary Pat, Pam Xenakis, and Pamela Williams) at the beginning of August. The group talked about having more options to get food delivered, and incorporating more fresh fruits and vegetables into the convenience stores. But, the group shifted away from this activity and started discussing the issues with prediabetes and diabetes, who's the audience, offering more nontraditional services, and referring people to the Diabetes Care Coordinator. The group discussed prediabetes, community-clinical linkages, and providers not having resources when they get the CRISP alert. It was discussed that often there is no accurate information on programs. In addition, there are DPP access issues, as we discuss the DPP programs, it was identified that there is no DPP in Anne Arundel County. The group wants to focus on these additional areas and revisit the topic of food access after we work on these other areas. The topic areas we wanted to work on and then circle back to assess fresh fruits and vegetables are as follows:

- As Mary Pat discussed there not being a DPP in Anne Arundel County, we thought the HALT Platform may be a solution to address this issue. We will have an MDH employee provide an overview of the HALT Platform and address the issue of getting a DPP in Anne Arundel County.
- The Diabetes Committee spent time making recommendations to the Diabetes webpage. The group would like to see the final new Diabetes webpage. MDH staff will be asked to show the webpage at the next Diabetes Committee meeting. The plan will be to have an MDH staff person present at the September meeting. We want to make sure resources are available in the state for prediabetes and diabetes.
- Discussed partnering with the MDPCP to increase referrals to the DSMES programs.
- Discussed being a support to the Community Clinical Linkages workgroup from the Diabetes Quality Task Force.
- Provide support in increasing DPP referrals.
- Provide information - 6 things to tell people when diagnosed with diabetes
- Provide providers a user guide on using the CRISP Care Alert.

Develop Produce Prescription Pads-The Committee has decided not to move forward with the development of prescription pads.

Implement statewide policies that increase opportunities for students to be physically active throughout the school day and after school- There were several different activities under this topic that the Committee has decided to work on. Mrs. Williams has met with the Fitness Committee to create a “one-pager” for students. One suggestion was to have more education on Type 2 Diabetes for elementary school-age children so children are aware of the correlation. We discussed scheduling a joint meeting to discuss this further. The Committee discussed increasing physical education and recess time at previous meetings, Mrs. Williams met with Jason Semanoff to talk about the reality of this. Jason suggested serving as an advocate to strengthen the physical education and recess bill. This bill hasn’t been approved for the past few years. Mrs. Williams plans to work with the Fitness Committee to schedule a joint meeting. One action item that is still in progress is setting up a meeting with the Maryland School Nutrition Association.

**6. Next Steps and Assignments:**

The Committee is also hoping that the MDH website for Diabetes and Diabetes Prevention will be available for review at the next meeting.

**7. Open Floor:**

No comments.

**8. Adjournment**

The meeting was adjourned at 4:30 PM

**Next Diabetes Committee meetings:**

**September 21, 2022, 4:00 – 5:00 PM**