

DIABETES COMMITTEE MEETING
April 19, 2022
4:00 - 5:00 PM
APPROVED Minutes

Members Present

Pamela Xenakis
Darryl Heggans
Pamela Williams
Sara Vazer
Jessica Kiel

Members Not Present

Vivienne Rose
Mary-Pat Bertacchi
Sharon Keating
Teresa Titus-Howard
Sara Vazer
Julie Maneen

Maryland Department of Health Staff Present

Emily Tolbert
Jen Schindler
Kathleen Graham
Kristi Pier

1. Roll Call/Introductions

A quorum of the Diabetes Committee wasn't present.

2. Review Agenda Items

The Diabetes Committee met via webinar on April 19, 2022. Pamela Xenakis called the meeting to order at 4:02 p.m. and reviewed the meeting agenda items.

3. Approve March 16, 2022 Meeting Minutes

There were not enough members present for quorum.

4. Diabetes Action Plan and Task Force Update:

Pamela Williams provided updates in regards to the Diabetes Action Plan and Taskforce. Mrs. Williams mentions that the team continues to work on the dashboard, proposed measures, and space for the dashboard once it has been completed. The goal is to finalize the work plan for two activities. The activities will focus on increasing provider and clinic staff awareness to increase referrals to DPP and DSMES and expanding the CHW workforce to improve linkages to community and clinical resources. Mrs. Williams informed the committee that Katie Cleffi presented at the last community clinical meeting and covered information about HALT and Workshop Wizard. Mrs. Williams also talked about the projects in which the local health departments (LHDS) are working on. Mrs. Williams informed the Committee that she would send more information about the LHD projects.

5. Discussion of Committee Action Plan Items:

Jen Schindler, from MDH, presented some of the responses; Crystal Bell, Mary-Pat Bertacchi, and Dr. Rose sent the following suggestions:

- Establish and promote physical activity opportunities specifically for overweight/obese children and adults outside work and school.
- Work with Maryland Food Bank to provide screening information for diabetes to local food pantries for their clients.
- People with prediabetes and gestational diabetes goal: By 2024, increase the prevalence of Maryland adults who know their prediabetes status by 30 percent.

Many members, in attendance, asked about the guidelines for implementing the action plan items. Jessica Kiel suggested that we have action items that align with physical activity and Pamela Williams suggested that the Committee look at what school systems already have in place. Kristi Pier, from MDH, mentioned that Jason from MSDE oversees the Physical Activity Department and could be a good reference for the Committee. The Committee agreed that they would need more time to review the suggested Action Plan items and the Diabetes Committee Recommendation form shared by Emily Tolbert and Pamela Williams.

6. Next Steps and Assignments:

Committee Members: Review the Diabetes Action Plan, the Diabetes Recommendation form, and the summary of Action Plan Items from Jen Schindler

Staff: Jen Schindler will email the Diabetes Recommendations and Summary of Action Plan Items to the Committee.

7. Adjournment

The meeting was adjourned at 4:57 PM

Next Diabetes Committee meetings:

May 18, 2022, 4:00 – 5:00 PM