

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	11.4 (10.7-12.1)	25,400	17.7 (15.9-19.5)	5,303	15.4 (13.4-17.6)	3,348	Yes	Yes	No
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	3.6 (3.0-4.2)	10,596	5.2 (3.7-7.1)	1,822	5.8 (3.9-8.6)	1,001	No	No	No
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	24.2 (22.8-25.6)	10,744	24.3 (21.3-27.7)	1,871	22.4 (18.1-27.4)	1,027	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	3.2 (2.9-3.6)	25,488	6.1 (5.1-7.4)	5,336	4.2 (3.2-5.4)	3,370	Yes	No	Yes
QN13: Percentage of students who carried a gun (not counting the days when they carried a gun only for hunting or for a sport such as target shooting, on at least 1 day during the 12 months before the survey)	3.0 (2.7-3.3)	25,441	4.4 (3.5-5.4)	5,335	3.4 (2.5-4.7)	3,371	Yes	No	No
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	7.5 (6.7-8.3)	25,062	15.0 (13.4-16.7)	5,248	11.7 (9.8-13.8)	3,334	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	5.0 (4.5-5.5)	25,509	8.4 (7.3-9.7)	5,349	6.9 (5.6-8.5)	3,379	Yes	Yes	No
QN17: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	6.8 (6.3-7.4)	25,483	7.9 (6.8-9.2)	5,336	6.4 (5.1-7.9)	3,381	No	No	No
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	8.8 (8.0-9.6)	11,772	17.9 (15.7-20.4)	2,751	15.5 (12.5-19.0)	1,312	Yes	Yes	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	11.2 (10.5-11.9)	25,401	19.8 (17.9-21.8)	5,287	18.8 (16.9-20.8)	3,338	Yes	Yes	No
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	11.0 (10.4-11.5)	25,390	21.6 (20.2-23.1)	5,287	20.4 (18.5-22.4)	3,333	Yes	Yes	No
QN25: Percentage of students who felt sad or hopeless (almost every day for ≥2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	31.7 (30.6-32.7)	25,060	64.6 (62.4-66.8)	5,214	59.4 (56.8-62.0)	3,287	Yes	Yes	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	13.9 (13.2-14.6)	25,292	42.1 (40.3-43.8)	5,237	39.9 (37.5-42.4)	3,289	Yes	Yes	No
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	10.1 (9.5-10.8)	25,265	32.2 (30.3-34.1)	5,205	30.2 (27.9-32.6)	3,281	Yes	Yes	No
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	14.6 (13.8-15.3)	25,288	24.9 (23.2-26.7)	5,248	22.8 (20.5-25.3)	3,324	Yes	Yes	No

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Tobacco Use

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	5.2 (4.7-5.7)	25,338	9.0 (7.7-10.5)	5,294	7.4 (6.2-8.9)	3,353	Yes	Yes	No
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.5 (2.2-2.8)	25,347	6.6 (5.6-7.8)	5,299	5.1 (4.0-6.5)	3,359	Yes	Yes	No
QNFRSIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.4 (0.3-0.6)	25,347	1.1 (0.8-1.6)	5,299	1.0 (0.6-1.6)	3,359	Yes	Yes	No
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.3 (0.3-0.5)	25,347	0.8 (0.5-1.2)	5,299	0.5 (0.3-0.9)	3,359	Yes	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	29.6 (28.5-30.8)	24,735	46.8 (44.0-49.6)	5,127	31.1 (28.5-33.8)	3,245	Yes	No	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	13.3 (12.4-14.2)	24,322	23.5 (21.5-25.6)	4,998	13.0 (11.3-15.0)	3,202	Yes	No	Yes
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	3.7 (3.3-4.0)	24,322	6.0 (5.2-7.1)	4,998	3.3 (2.6-4.3)	3,202	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	2.7 (2.4-3.0)	24,322	4.3 (3.6-5.3)	4,998	2.1 (1.5-2.9)	3,202	Yes	No	Yes
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	6.6 (5.3-8.2)	3,927	7.5 (5.3-10.6)	1,324	7.1 (4.1-11.9)	489	No	No	No
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	2.5 (2.2-2.8)	25,004	4.0 (3.2-5.1)	5,219	2.8 (2.0-3.9)	3,319	Yes	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.4 (0.3-0.5)	25,004	0.9 (0.6-1.4)	5,219	0.7 (0.4-1.3)	3,319	Yes	No	No
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.3 (0.2-0.4)	25,004	0.7 (0.4-1.2)	5,219	0.4 (0.2-0.8)	3,319	Yes	No	No
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	2.6 (2.3-2.9)	25,239	4.8 (3.8-6.0)	5,271	2.6 (1.8-3.7)	3,349	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.4 (0.3-0.6)	25,239	1.1 (0.7-1.7)	5,271	0.6 (0.3-1.1)	3,349	Yes	No	No
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.3 (0.2-0.4)	25,239	0.8 (0.5-1.3)	5,271	0.5 (0.3-1.0)	3,349	Yes	No	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	3.9 (3.5-4.2)	25,073	8.3 (7.0-9.8)	5,216	5.7 (4.4-7.3)	3,325	Yes	Yes	Yes
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	4.5 (4.2-4.9)	24,772	9.0 (7.6-10.7)	5,144	5.9 (4.7-7.5)	3,286	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	14.0 (13.2-14.9)	23,750	24.9 (22.8-27.1)	4,851	14.2 (12.2-16.4)	3,147	Yes	No	Yes
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	13.4 (12.6-14.3)	24,207	24.0 (22.0-26.1)	4,965	13.8 (12.0-15.9)	3,193	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	12.0 (11.3-12.8)	24,291	19.4 (17.6-21.3)	5,053	16.3 (14.0-18.8)	3,234	Yes	Yes	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	18.2 (17.0-19.3)	24,404	27.6 (25.5-29.8)	5,036	18.2 (15.7-21.0)	3,247	Yes	No	Yes
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	9.5 (8.7-10.4)	24,619	12.4 (11.1-13.9)	5,081	8.4 (6.8-10.4)	3,264	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN46: Percentage of students who tried marijuana for the first time before age 13 years	4.5 (4.1-5.0)	24,720	8.3 (7.1-9.6)	5,130	5.2 (4.2-6.5)	3,283	Yes	No	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	13.3 (12.5-14.2)	24,841	24.6 (22.6-26.7)	5,170	14.8 (12.8-17.0)	3,302	Yes	No	Yes
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	12.4 (11.6-13.2)	24,747	21.7 (19.7-23.9)	5,151	19.2 (17.0-21.5)	3,283	Yes	Yes	No
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	2.2 (1.9-2.6)	24,967	4.5 (3.5-5.6)	5,201	3.4 (2.5-4.6)	3,316	Yes	Yes	No

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	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	1.9 (1.6-2.2)	24,903	3.0 (2.4-3.9)	5,187	3.1 (2.2-4.3)	3,305	Yes	Yes	No
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	1.7 (1.5-2.1)	24,748	3.5 (2.8-4.5)	5,164	2.6 (1.9-3.6)	3,290	Yes	No	No
QN54: Percentage of students who ever used ecstasy (also called "MDMA" or "Molly," one or more times during their life)	2.2 (1.9-2.5)	24,932	5.4 (4.4-6.5)	5,191	3.3 (2.5-4.3)	3,304	Yes	Yes	Yes
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	2.0 (1.7-2.3)	24,830	3.4 (2.7-4.4)	5,141	2.5 (1.7-3.7)	3,280	Yes	No	No

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	18.5 (17.6-19.4)	24,653	24.2 (22.4-26.2)	5,099	20.2 (17.9-22.7)	3,255	Yes	No	Yes

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	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN57: Percentage of students who ever had sexual intercourse	24.6 (23.1-26.1)	22,393	31.4 (29.1-33.7)	4,677	17.3 (15.0-20.0)	3,019	Yes	Yes	Yes
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.3 (2.0-2.7)	22,323	5.4 (4.4-6.6)	4,686	3.9 (2.9-5.2)	3,010	Yes	Yes	No
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	4.7 (4.2-5.3)	22,186	6.5 (5.5-7.7)	4,650	4.4 (3.3-5.8)	2,981	Yes	No	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	16.9 (15.7-18.2)	22,325	20.8 (18.8-22.9)	4,672	11.3 (9.5-13.4)	3,005	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	17.9 (15.9-20.2)	4,091	26.5 (22.1-31.5)	1,040	30.5 (23.7-38.3)	363	Yes	Yes	No
QN62: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	47.7 (44.8-50.7)	4,072	58.1 (53.2-62.9)	1,030	56.5 (48.8-63.8)	358	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN63: Did not use birth control pills before last sexual intercourse with opposite-sex partner	79.4 (77.1-81.6)	3,940	84.0 (80.0-87.4)	843	77.2 (69.1-83.7)	323	No	No	No
QNIUDIMP: Percentage of students who did not use an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner	96.3 (95.3-97.1)	3,940	93.6 (90.8-95.6)	843	94.9 (90.3-97.4)	323	Yes	No	No
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner	72.5 (69.8-75.0)	3,940	73.7 (68.1-78.6)	843	69.8 (61.3-77.1)	323	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Birth Control

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QNDUALBC: Percentage of students who did not use both a condom during last sexual intercourse and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse with an opposite-sex partner	91.5 (89.9-92.8)	3,937	93.9 (91.2-95.9)	975	89.0 (82.5-93.2)	347	No	No	No
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	16.8 (14.7-19.1)	3,940	19.1 (14.3-25.0)	843	17.7 (12.7-23.9)	323	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	15.0 (14.1-16.0)	22,947	19.0 (16.9-21.4)	4,523	18.6 (16.6-20.8)	2,719	Yes	Yes	No
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [‡]	15.1 (14.2-16.2)	22,947	15.6 (13.9-17.4)	4,523	16.8 (14.3-19.6)	2,719	No	No	No
QN66: Percentage of students who described themselves as slightly or very overweight	26.1 (25.0-27.2)	24,488	36.2 (33.8-38.5)	5,055	36.4 (33.9-39.0)	3,211	Yes	Yes	No
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	32.0 (31.0-33.1)	24,382	33.9 (31.7-36.3)	5,068	35.2 (32.3-38.1)	3,245	No	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, $p < 0.05$.

[‡]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	16.2 (15.4-17.0)	24,614	17.9 (16.1-19.9)	5,109	17.5 (15.5-19.7)	3,266	No	No	No
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	8.0 (7.5-8.6)	24,285	8.8 (7.7-10.1)	5,041	8.7 (7.3-10.4)	3,233	No	No	No
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	47.2 (45.7-48.7)	24,556	49.1 (46.4-51.9)	5,096	52.8 (49.7-55.9)	3,257	No	Yes	No
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	42.9 (41.8-44.1)	24,391	45.6 (43.2-48.0)	5,061	47.7 (44.5-50.9)	3,236	No	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	58.7 (57.5-59.9)	24,540	60.0 (57.8-62.2)	5,094	60.7 (58.2-63.2)	3,260	No	No	No
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	19.2 (18.2-20.2)	24,471	17.8 (15.7-20.2)	5,067	19.4 (17.2-21.7)	3,257	No	No	No
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	9.3 (8.7-10.0)	24,106	9.0 (7.6-10.7)	4,992	10.1 (8.5-11.9)	3,207	No	No	No
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	11.1 (10.4-11.8)	24,323	12.1 (10.7-13.6)	5,045	12.0 (10.4-13.8)	3,238	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	6.4 (5.9-6.9)	24,323	7.5 (6.5-8.6)	5,045	6.5 (5.6-7.7)	3,238	No	No	No
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	22.1 (21.1-23.1)	24,463	28.5 (26.6-30.4)	5,086	25.5 (22.8-28.4)	3,258	Yes	Yes	No
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	74.5 (73.2-75.8)	24,463	83.0 (81.0-84.9)	5,086	78.6 (76.0-81.0)	3,258	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI†	N	% 95% CI	N	% 95% CI	N			
QN77: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	57.2 (56.1-58.3)	24,271	72.8 (70.7-74.9)	5,051	72.2 (69.3-74.8)	3,237	Yes	Yes	No
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	16.3 (15.5-17.1)	24,271	25.4 (23.5-27.3)	5,051	24.2 (22.0-26.6)	3,237	Yes	Yes	No
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	77.4 (76.5-78.2)	24,271	88.2 (86.8-89.5)	5,051	88.6 (86.8-90.1)	3,237	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

†Confidence interval.

§Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	73.6 (72.6-74.5)	23,986	79.5 (77.8-81.1)	5,002	83.7 (81.8-85.4)	3,196	Yes	Yes	Yes
QN79: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	63.3 (61.5-65.1)	24,225	70.6 (68.1-73.0)	5,032	67.0 (63.8-69.9)	3,222	Yes	Yes	Yes
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	84.3 (82.8-85.6)	24,225	89.6 (87.9-91.0)	5,032	87.7 (85.4-89.7)	3,222	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	13.4 (12.5-14.2)	24,274	11.7 (10.2-13.4)	5,036	9.3 (7.7-11.2)	3,226	No	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Other

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN82: Were not tested or were not sure whether they had been tested for human immunodeficiency virus (HIV)	91.7 (90.9-92.3)	24,048	88.1 (86.4-89.7)	4,981	92.5 (91.1-93.7)	3,209	Yes	No	Yes
QN84: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	24.1 (23.0-25.2)	24,290	28.6 (26.6-30.7)	5,052	30.1 (27.6-32.7)	3,235	Yes	Yes	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.4 (1.1-1.7)	24,290	1.4 (1.0-2.0)	5,052	2.6 (1.8-3.7)	3,235	No	Yes	Yes
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	3.4 (3.0-3.8)	24,238	4.8 (3.8-5.9)	5,042	3.5 (2.7-4.5)	3,231	Yes	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN88: Percentage of students who are transgender	0.8 (0.6-1.0)	25,471	9.1 (8.1-10.2)	5,306	10.7 (8.9-12.8)	3,345	Yes	Yes	No
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	30.9 (29.5-32.4)	12,003	29.1 (26.0-32.3)	2,077	25.6 (21.8-29.9)	1,100	No	Yes	No
QN90: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who smoked cigarettes during the 30 days before the survey and who were aged <18 years)	21.2 (16.1-27.3)	575	12.7 (7.8-19.9)	290	15.3 (5.1-38.0)	124	Yes	No	No
QN91: Percentage of students who were not asked to show proof of age (during the 30 days before the survey, among students who bought or tried to buy cigarettes in a store during the 30 days before the survey)	59.3 (51.4-66.7)	464	60.1 (47.5-71.5)	157	72.6 (56.4-84.4)	79	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN92: Percentage of students who did not have someone refuse to sell them cigarettes because of their age (among students who tried to buy cigarettes during the 30 days before the survey)	61.4 (57.6-65.0)	1,498	59.8 (51.0-67.9)	395	57.4 (46.1-67.9)	196	No	No	No
QN93: Percentage of students who usually use a kind of flavoring other than tobacco flavor with an electronic vapor product (among students who have ever used an electronic vapor product)	95.8 (94.6-96.7)	5,926	95.7 (94.1-96.8)	1,924	94.4 (91.0-96.5)	799	No	No	No
QN94: Percentage of students who used electronic-vapor products mainly because a friend or family member used them	9.3 (8.7-9.9)	22,832	15.2 (13.5-17.0)	4,779	9.6 (8.0-11.5)	3,086	Yes	No	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN95: Percentage of students who have ever used an electronic vapor product to smoke marijuana, THC or hash oil, or THC wax	12.6 (11.6-13.6)	22,552	22.4 (20.4-24.6)	4,678	11.9 (10.2-13.7)	3,053	Yes	No	Yes
QN96: Percentage of students who used flavored tobacco products (flavored cigars, cigarillos, or little cigars, flavored smokeless tobacco products, or both, not counting menthol cigarettes, during the 30 days before the survey)	1.9 (1.6-2.1)	24,819	2.9 (2.1-3.8)	5,125	2.1 (1.4-3.0)	3,282	Yes	No	No
QN97: Percentage of students who smoked tobacco in a hookah, narghile, or other type of waterpipe (on at least 1 day during the 30 days before the survey)	1.4 (1.2-1.6)	24,785	3.4 (2.6-4.4)	5,134	2.3 (1.7-3.3)	3,285	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN98: Percentage of students who tried or used tobacco products for the first time (during the 12 months before the survey)	2.8 (2.5-3.1)	23,046	5.8 (4.8-7.0)	4,701	3.2 (2.4-4.3)	3,007	Yes	No	Yes
QN99: Percentage of students who did not completely quit using all tobacco products (during the 12 months before the survey, among students who used tobacco products during the 12 months before the survey)	71.5 (69.0-73.9)	3,151	81.6 (78.2-84.5)	1,047	76.1 (68.3-82.4)	400	Yes	No	No
QN100: Percentage of students who live with someone who now smokes cigarettes or cigars	24.0 (23.0-25.0)	24,863	34.1 (31.6-36.6)	5,132	30.8 (27.7-34.0)	3,300	Yes	Yes	No
QN101: Percentage of students who report that the rule about smoking inside their home is that there are no rules about smoking, that smoking is allowed in some places or at sometimes, or that smoking is allowed anywhere, inside their home (not counting decks, garages, or porches)	16.3 (15.4-17.1)	25,035	27.7 (25.7-29.7)	5,223	24.8 (22.6-27.1)	3,321	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN102: Percentage of students who were in the same room with someone who was smoking (on at least one day during the 7 days before the survey)	21.1 (20.1-22.0)	25,003	32.5 (30.2-34.9)	5,223	26.3 (24.1-28.7)	3,333	Yes	Yes	Yes
QN103: Percentage of students who usually used marijuana by smoking it in a joint, bong, pipe, or blunt (during the 30 days before the survey, among students who used marijuana)	62.5 (59.5-65.4)	3,621	57.2 (52.8-61.5)	1,327	55.5 (49.1-61.6)	549	Yes	No	No
QN104: Percentage of students who reported that they or someone in their home tested positive for COVID-19	30.5 (29.5-31.5)	24,005	28.7 (26.5-31.0)	4,966	28.9 (26.4-31.5)	3,190	No	No	No
QN105: Percentage of students who gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (one or more times during the 12 months before the survey)	16.5 (15.6-17.4)	23,642	12.6 (11.0-14.4)	4,940	9.2 (7.8-10.8)	3,170	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN106: Percentage of students who have ever lied to people important to them about how much they gambled	5.3 (4.8-5.8)	23,417	4.7 (3.7-5.9)	4,860	4.2 (3.1-5.5)	3,139	No	No	No
QN107: Percentage of students who have a disability or long-term health problem that keeps them from doing everyday activities (such as bathing, getting dressed, doing schoolwork, playing sports, or being with friends)	8.2 (7.6-8.8)	24,033	14.3 (12.7-16.1)	4,981	13.6 (12.0-15.3)	3,197	Yes	Yes	No
QN108: Percentage of students who reported that their family was often or sometimes worried that their food money would run out before they got money to buy more (during the 12 months before the survey)	13.3 (12.0-14.7)	23,991	20.5 (18.3-22.9)	4,965	19.9 (17.5-22.6)	3,184	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN109: Percentage of students who reported that often or sometimes the food their family bought did not last and they did not have money to get more (during the 12 months before the survey)	10.8 (9.8-11.9)	23,796	15.1 (13.3-17.1)	4,912	15.7 (13.4-18.3)	3,167	Yes	Yes	No
QN110: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	8.8 (8.2-9.4)	23,990	22.6 (20.7-24.6)	4,985	20.7 (18.6-22.8)	3,198	Yes	Yes	No
QN111: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	22.3 (21.3-23.3)	23,702	36.1 (33.9-38.4)	4,914	30.4 (27.8-33.1)	3,137	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN112: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	27.5 (26.4-28.5)	23,649	54.4 (52.5-56.3)	4,892	48.4 (46.1-50.7)	3,128	Yes	Yes	Yes
QN113: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	14.0 (13.2-14.8)	23,706	17.7 (15.8-19.9)	4,905	14.2 (12.3-16.3)	3,150	Yes	No	Yes
QN114: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	1.5 (1.2-1.7)	23,874	3.8 (3.1-4.8)	4,965	2.7 (1.9-3.7)	3,173	Yes	Yes	Yes
QN115: Percentage of students who did not participate in any extracurricular activities at school (such as sports, band, drama, clubs, or student government)	41.8 (39.8-43.8)	23,541	42.8 (40.4-45.3)	4,877	40.5 (37.5-43.6)	3,133	No	No	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/ Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/ Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN116: Percentage of students who were not taught or who were not sure if they were taught in any of their classes about the dangers of tobacco use (during the last school year)	48.6 (46.9-50.3)	23,794	50.5 (48.2-52.9)	4,930	51.3 (48.3-54.3)	3,169	No	No	No
QN117: Percentage of students who say definitely yes or probably yes that young people who smoke have more friends	42.5 (41.2-43.8)	23,679	43.3 (40.8-45.9)	4,908	39.2 (36.3-42.2)	3,139	No	Yes	Yes
QN118: Percentage of students who say definitely yes or probably yes that smoking makes young people look cool or fit in	20.6 (19.7-21.5)	23,659	20.7 (18.9-22.5)	4,902	15.7 (13.9-17.6)	3,135	No	Yes	Yes
QN119: Percentage of students who sometimes, rarely, or never feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)	58.7 (57.2-60.1)	23,772	75.3 (73.1-77.3)	4,956	74.5 (71.3-77.5)	3,168	Yes	Yes	No

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN120: Percentage of students who would not feel comfortable seeking help from adults besides their parents if they had an important question affecting their life	25.7 (24.8-26.7)	23,762	31.0 (29.0-33.2)	4,946	34.3 (31.3-37.4)	3,159	Yes	Yes	No

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[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Maryland High School Survey Risk Behaviors and Sexual Identity Report

Mental Health

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Other/Questioning*		Difference Between Heterosexual and Gay, Lesbian, or Bisexual? [§]	Difference Between Heterosexual and Other/Questioning? [§]	Difference Between Gay, Lesbian, or Bisexual and Other/Questioning? [§]
	% 95% CI [†]	N	% 95% CI	N	% 95% CI	N			
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	21.9 (21.0-22.9)	24,160	53.9 (51.9-56.0)	5,028	50.3 (47.5-53.1)	3,225	Yes	Yes	Yes

*Includes students who responded 'I describe my sexual identity some other way' or 'I am not sure about my sexual identity (questioning)'.

[†]Confidence interval.

[§]Based on t-test analyses, p<0.05.