

CARE PLANNING

Preparation for Communication and Medical Decision Making

What does QUALITY OF LIFE mean to the person?

Readiness, decision-control preferences, prognostic awareness, trade-offs

Family/Friend/Community Social Norms and Support

LIFE COURSE



HEALTHY ADULTS and/or CHRONIC ILLNESS

(e.g. diabetes treatment, elective surgery)



SERIOUS ILLNESS

(e.g. early stage/chronic cancer, frailty, organ failure)



END OF LIFE

(e.g. end-stage cancer, frailty, and organ failure)

EXAMPLE DECISIONS

IN-THE-MOMENT DECISIONS

e.g. "Will this diabetes medication help me get the quality of life I want?"

ADVANCE DECISIONS

e.g. "If something were to happen to me, who would speak for me?"

IN-THE-MOMENT DECISIONS

e.g. "Will this chemotherapy help me get the quality of life I want?"

e.g. "Will hospitalization for my heart failure help me return home and live the life I want?"

ADVANCE DECISIONS

e.g. "What if my condition worsens? What would be important to me and who will speak for me?"

IN-THE-MOMENT DECISIONS

e.g. "Will this medical procedure help me get the quality of life I want?"

e.g. "Where do I prefer to be at the end of life? Do I have the support I need?"

ADVANCE DECISIONS

e.g. "What if my symptoms worsen. Do I want to come back to the hospital?"

DECISION-MAKING SETTINGS

Community
Outpatient

Community
Outpatient
Acute Care
Long-term Care

Community
Outpatient
Acute Care
Long-term Care
Hospice