

Understanding Acupuncture and its Role in Comprehensive Approach to Cancer Management

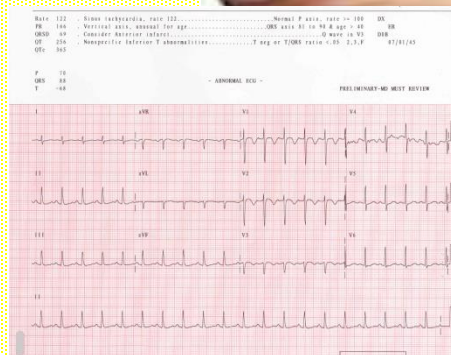
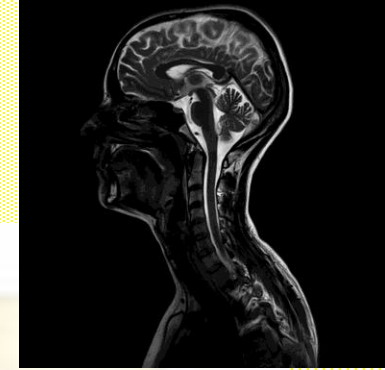
Sravani V. A. Mudumbi, MD

Assistant Professor

Department of Physical Medicine & Rehabilitation

Johns Hopkins University School of Medicine

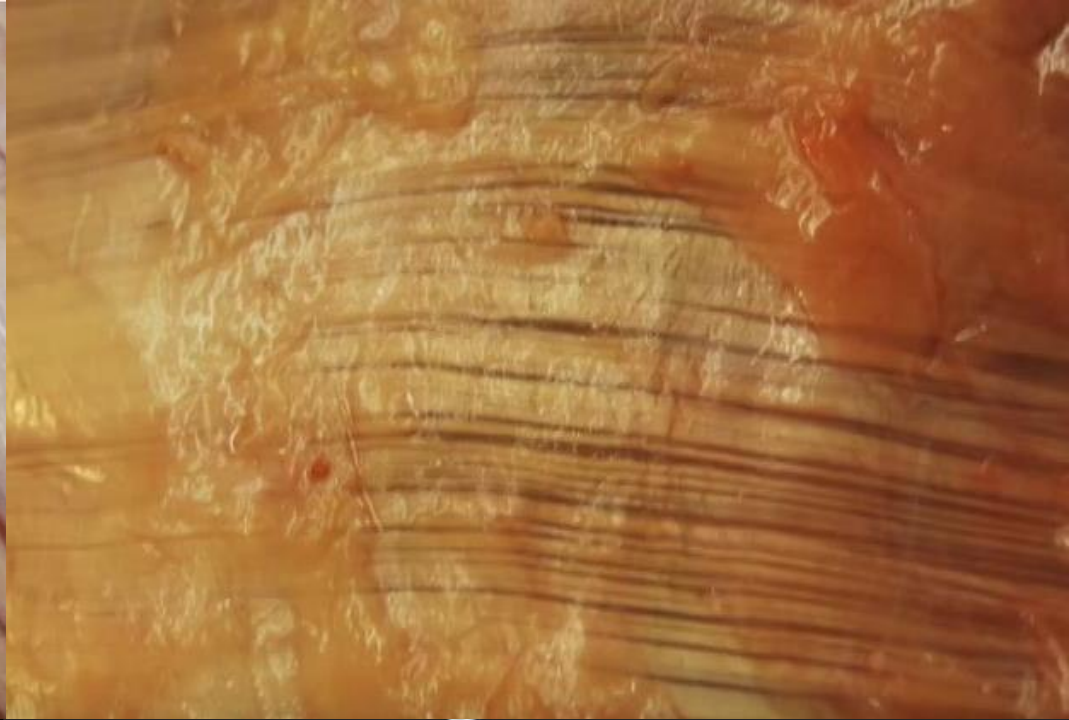
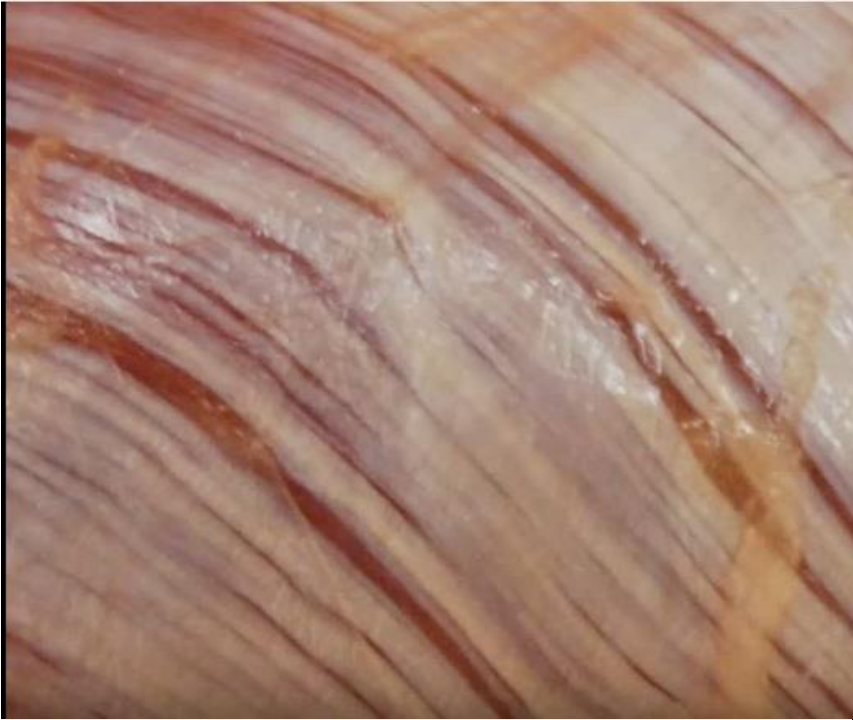
Consider this scenario



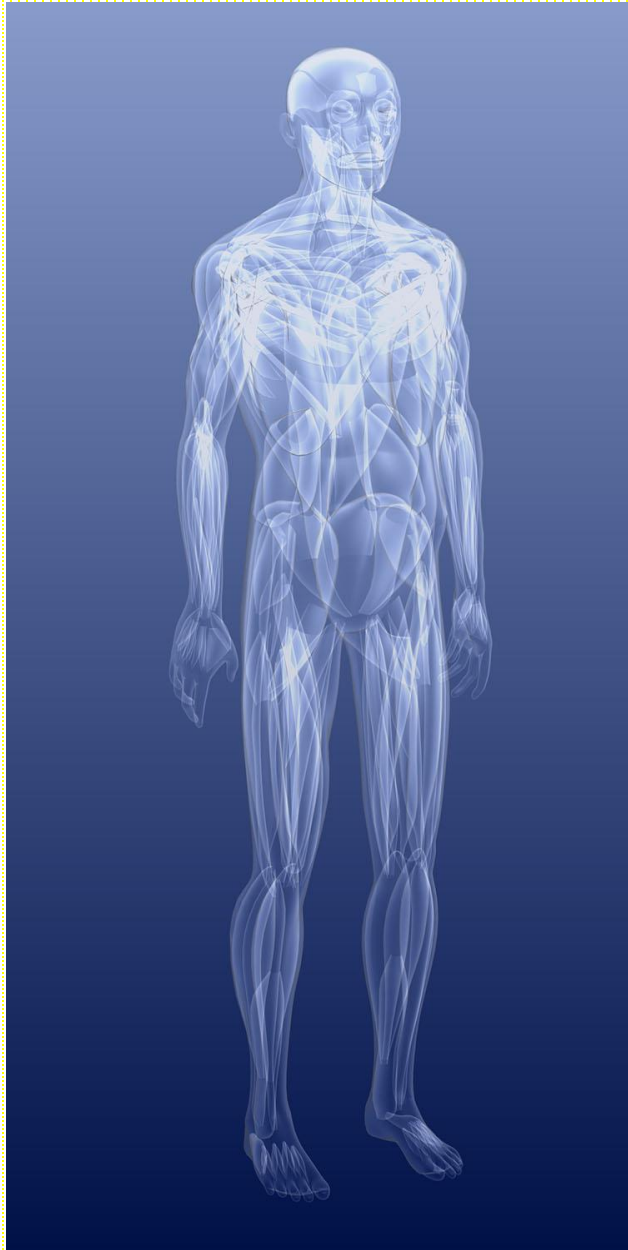


- Fascia

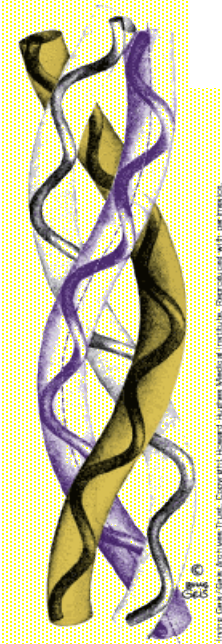
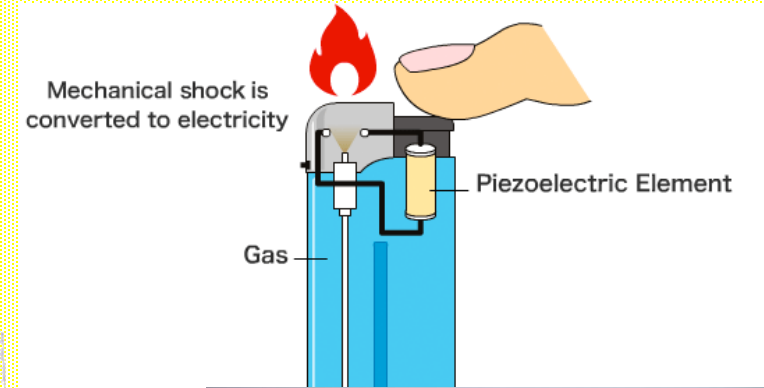
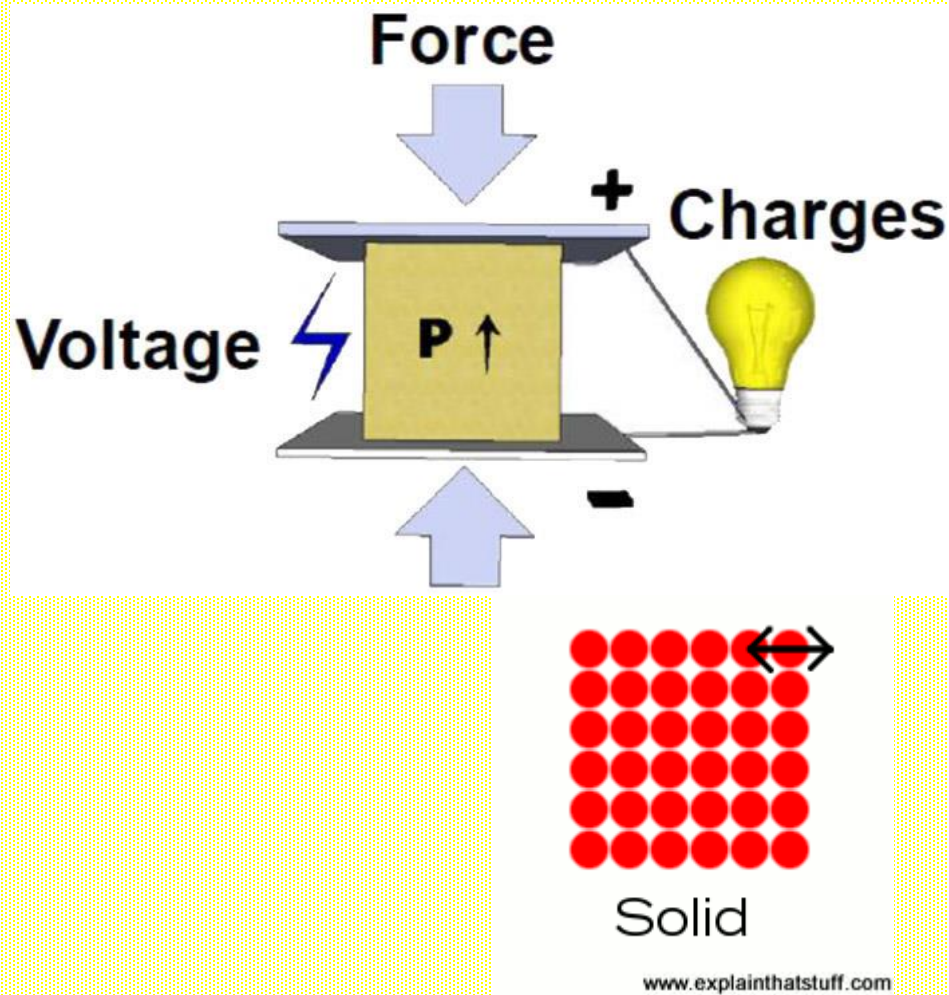
- Nerves







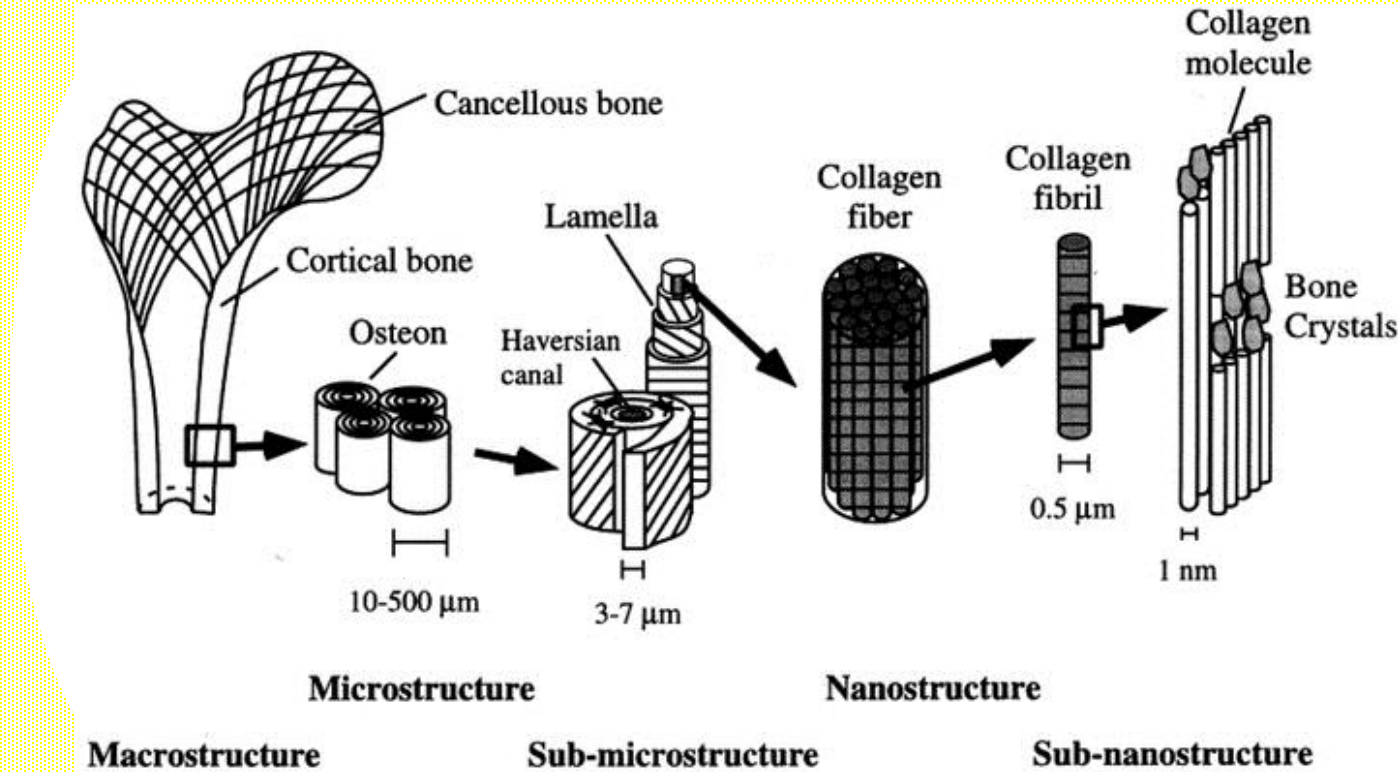
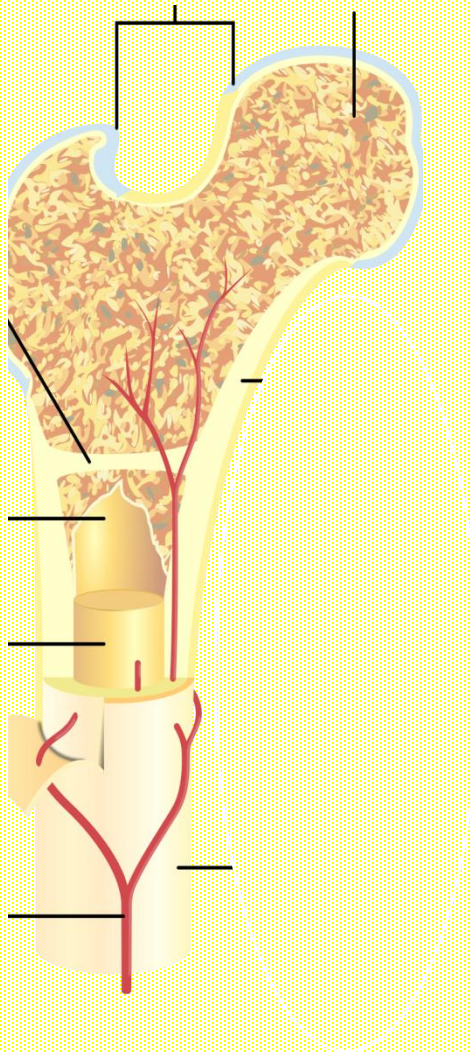
Piezoelectricity



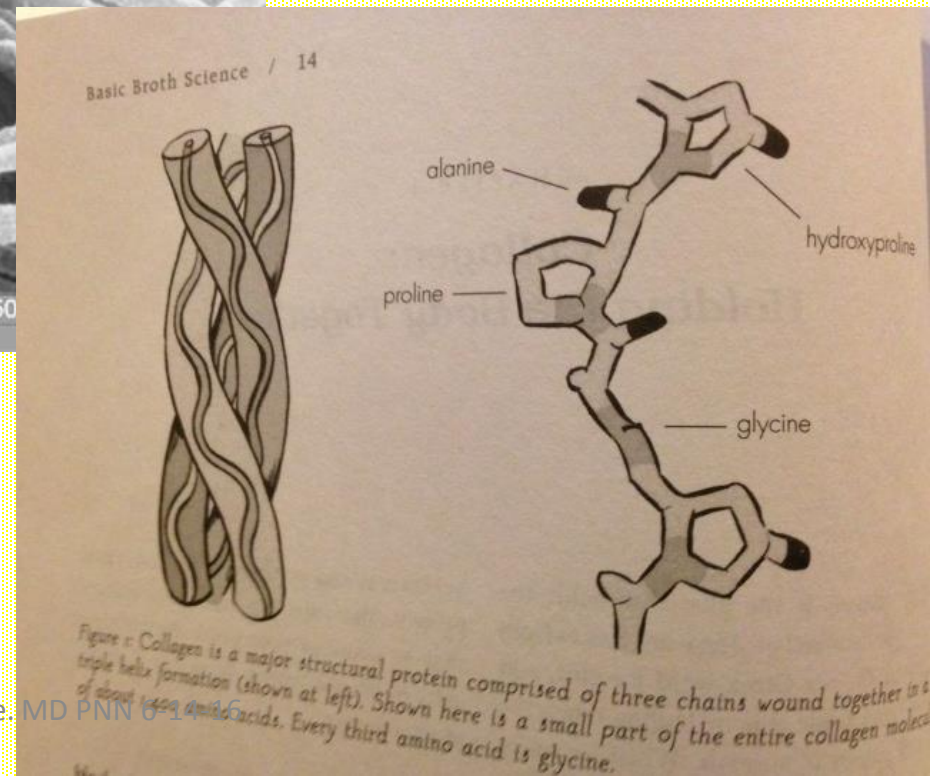
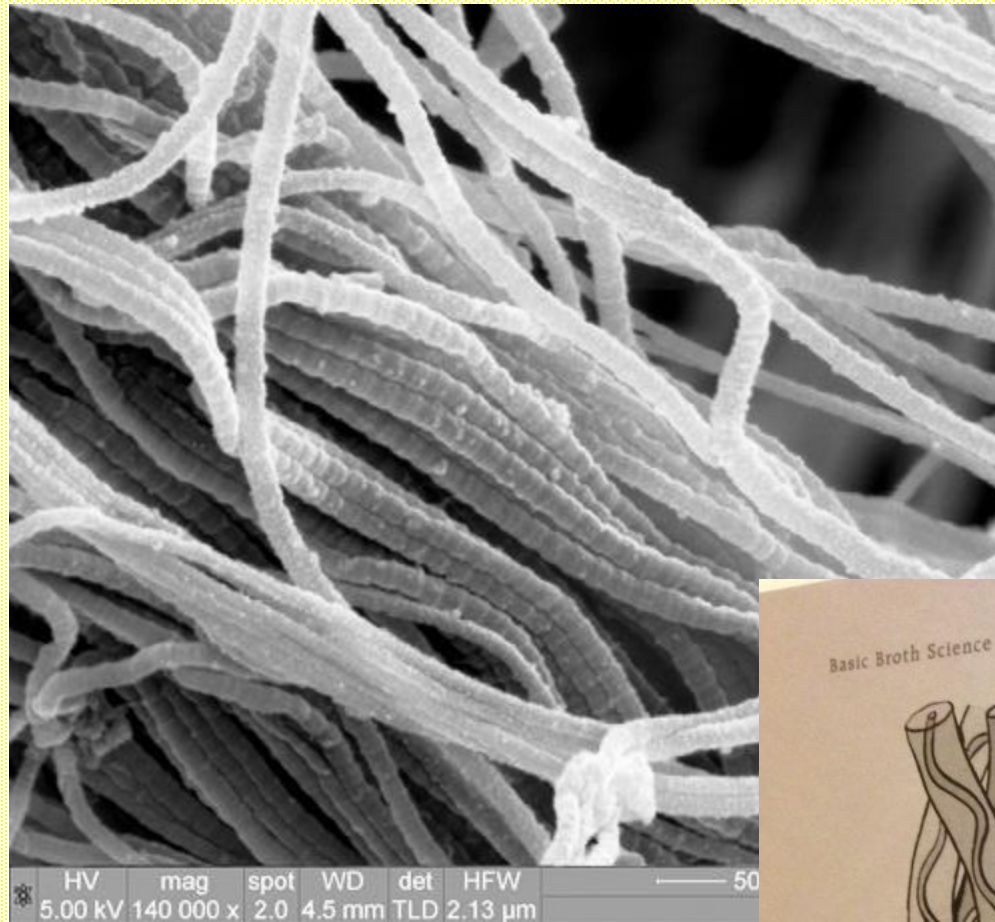
The triple helix of collagen.



Piezoelectricity in the body









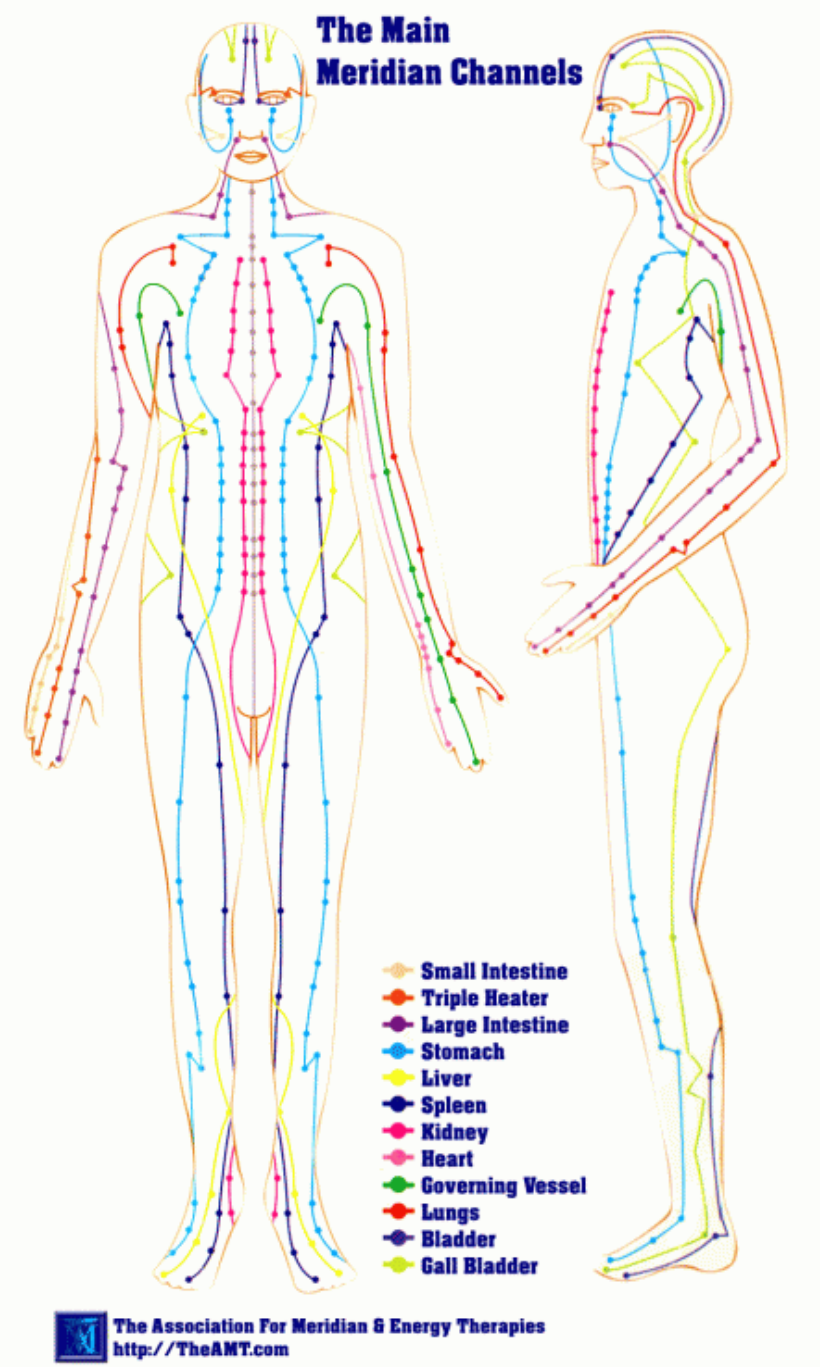
Mudumbi, Acupuncture. MD PNN 6-14-16





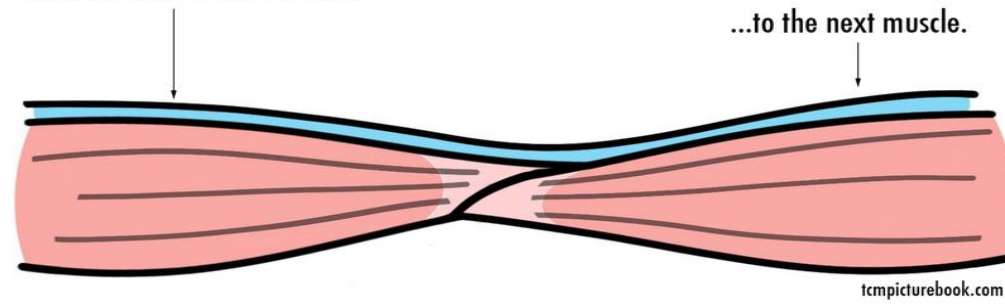
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http://TheAMT.com

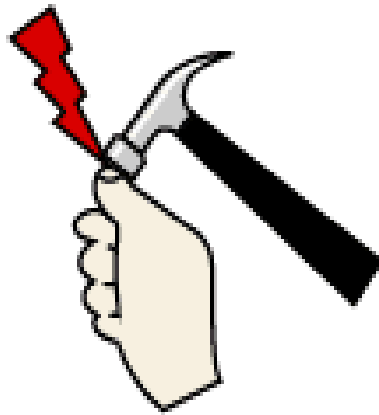
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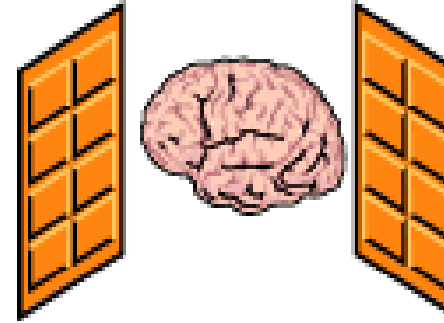
Fascia connects one muscle...

...to the next muscle.





**Pain signals sent along
acute and chronic
pain fibres**

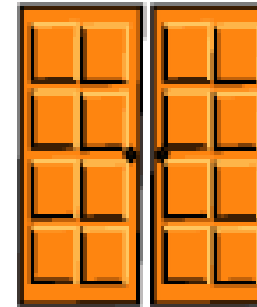
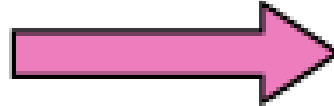


**Gate in spinal cord is open, so
pain messages get through to the brain**



**Rubbing the injury
sends messages
along touch and
pressure fibres**

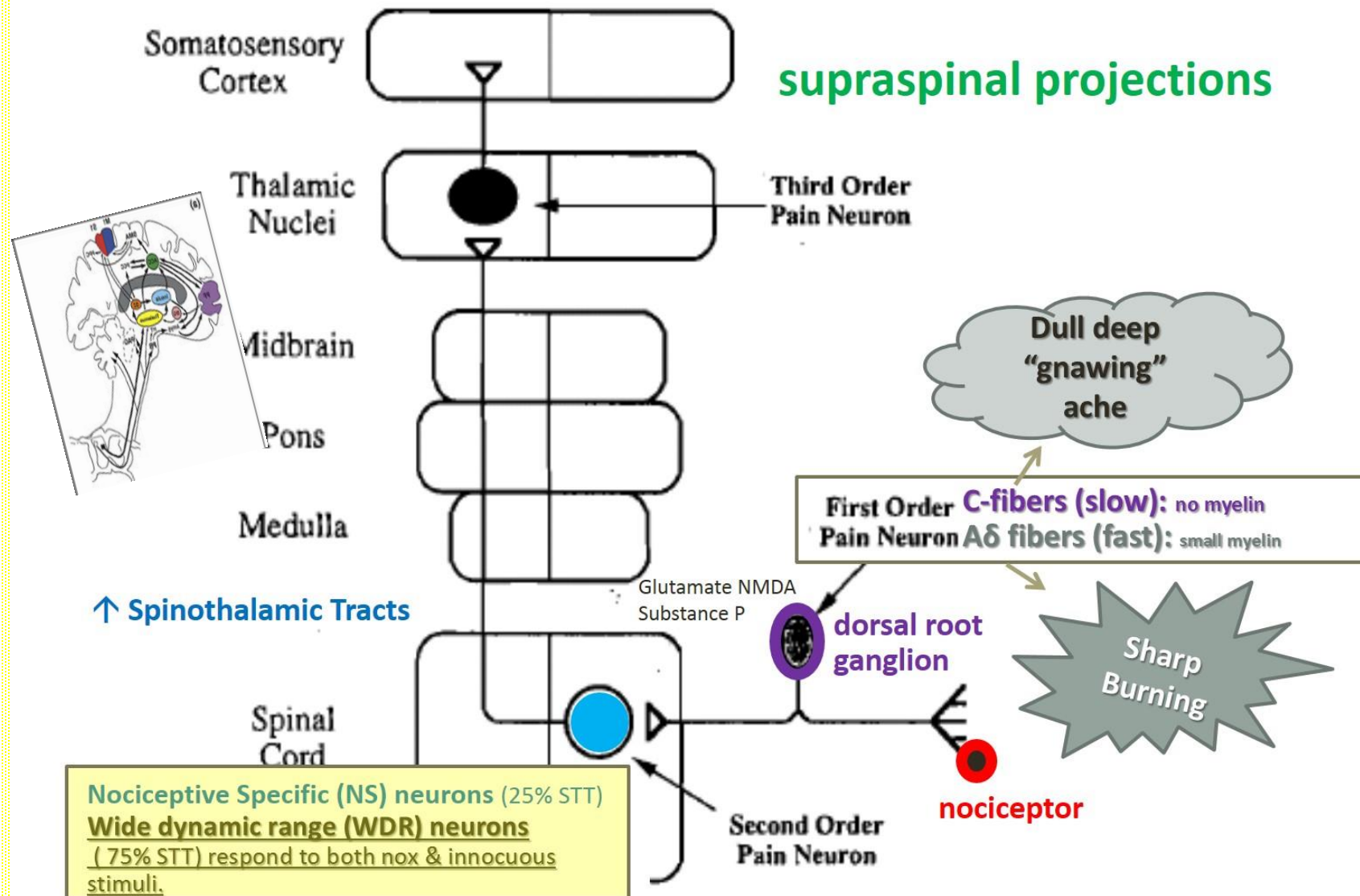
**Pain signals are still
sent via acute and chronic
pain fibres**



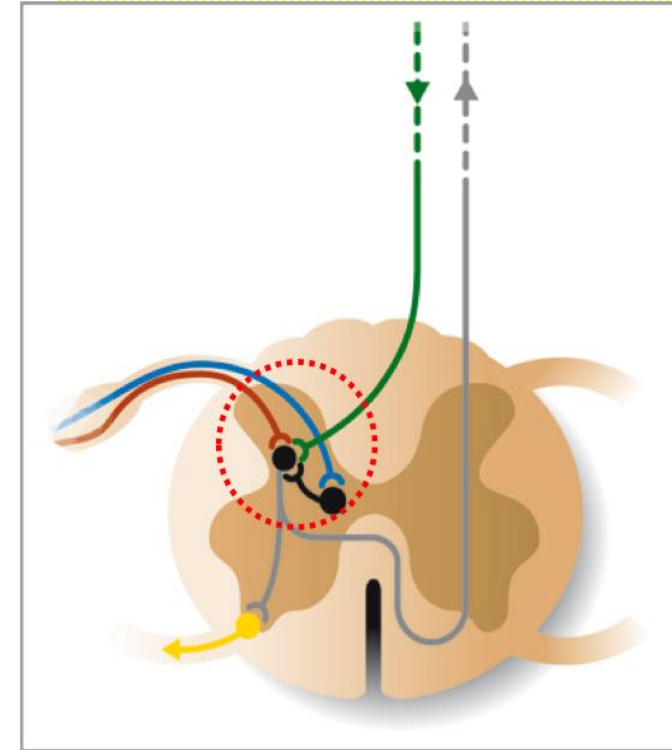
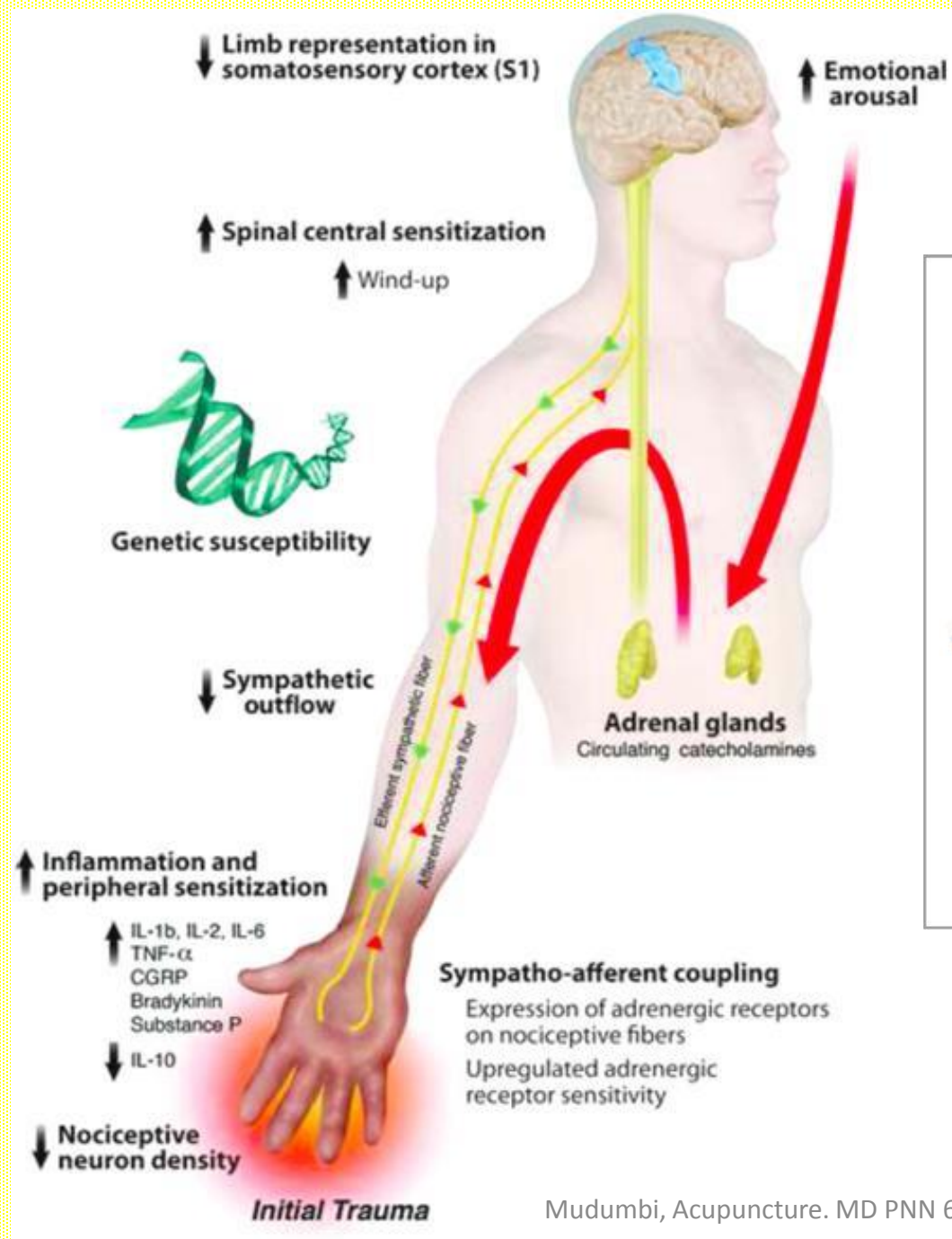
**Messages from touch
and pressure fibres
activate the gating
nerve cell in the spinal cord**

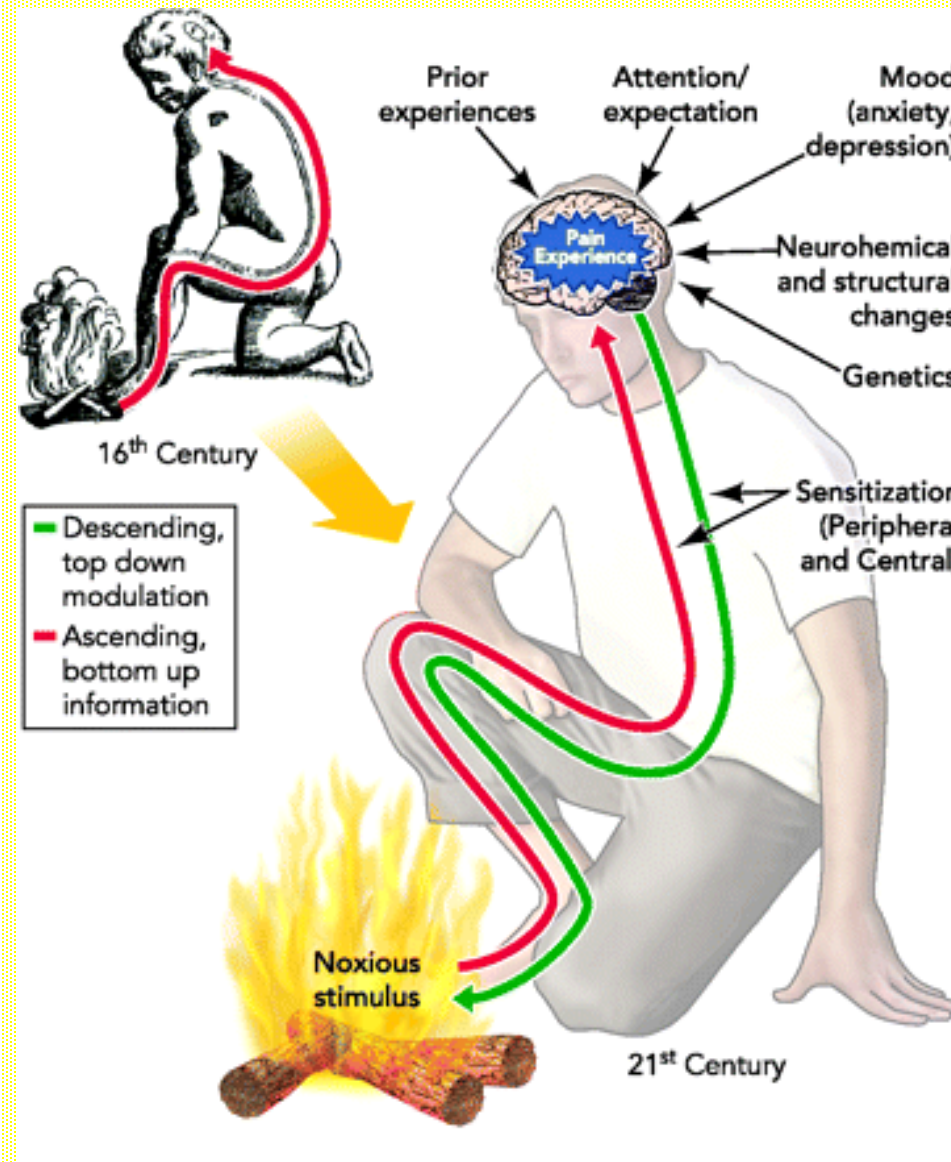
**The gate in the spinal cord
is closed, so no pain
messages get through to
the brain**

Transmission/Perception of Pain



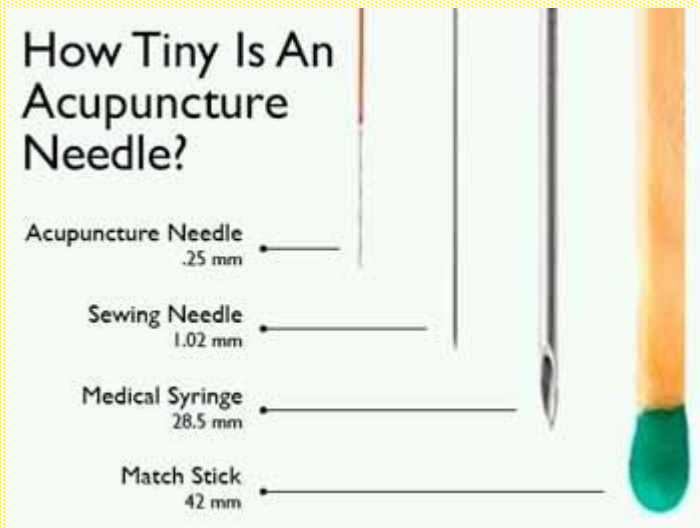






<http://drrajivdesaimd.com/wp-content/uploads/2012/04/pain-model.png>

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Slightly larger than a human head
medium-coarse hair (0.15mm)



Acupuncture

- Increases blood flow (end products of NO)
- Peripheral somatic/autonomic nerve stimulation (increased/decreased sweat production)
- Connective tissue stimulation
- Muscle strength (bilateral effect)
- Low frequency & high intensity → Endorphins
- Buffering effect

Side effects of acupuncture vs pain medications

Very Common:

Drowsiness 32%

Needle discomfort 26%

Sudden change of emotions, crying, laughing, erratic behavior 10%

Redness or Irritation 7%

Hematoma 1%

Faintness 1%

Pneumothorax 1 in 1.27 million

Jindal et al

Very Common: Drowsiness (28%)

Common (1% to 10%): Respiratory depression, Dizziness, sedation, fever, anxiety, confusion, tremor, diaphoresis, lethargy, feeling of warmth, Dry mouth, constipation, nausea, diarrhea, anorexia, abdominal pain, vomiting, Anemia, leukopenia, Asthenia, accidental injury, Rash, peripheral edema

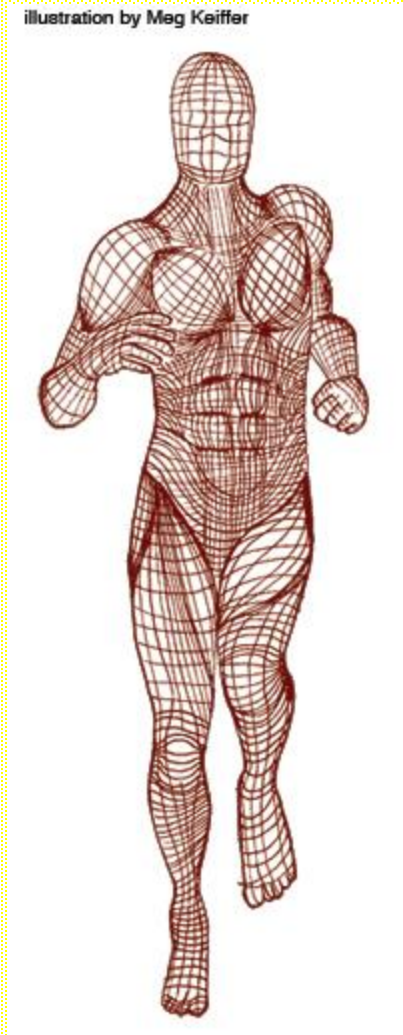
Uncommon (0.1% to 1%): Withdrawal symptoms after either abrupt cessation or fast tapering of the drug, headache, chills, flu syndrome, malaise, withdrawal syndrome, pallor, facial flushing, syncope, loss of concentration, insomnia, amnesia, paresthesia, agitation, vertigo, foot drop, ataxia, hypesthesia, slurred speech, hallucinations, euphoria, apathy, seizures, myoclonus, Hiccup, rhinitis, atelectasis, asthma, hypoxia, voice alteration, depressed cough reflex, noncardiogenic pulmonary edema, bronchospasm, Dysphagia, dyspepsia, stomach atony disorder, gastroesophageal reflux, delayed gastric emptying, biliary colic, increased gastroesophageal reflux, intestinal obstruction, Chest pain, Tachycardia, atrial fibrillation, hypertension, hypotension, palpitations, bradycardia, vasodilation, Abnormal thinking, abnormal dreams, depression, fearfulness, agitation, paranoia, psychosis, hypervigilance, hallucinations, delirium, Urinary abnormality, urinary retention, urinary hesitancy, Thrombocytopenia, Hyponatremia due to inappropriate ADH secretion, gynecomastia, amenorrhea, reduced libido, reduced potency, prolonged labor, Back pain, bone pain, arthralgia

Frequency not reported: Opioid-induced involuntary muscle hyperactivity with chronic high doses, Decubitus ulcer, pruritus, skin flush, Amblyopia, conjunctivitis, miosis, blurred vision, nystagmus, diplopia, Increases in hepatic enzymes, Hyponatremia

Very rare (less than 0.01%): Hypersensitivity reactions, anaphylaxis

Frequency not reported: Inflammatory masses including granulomas (some of which have resulted in serous neurologic impairment including paralysis) in patients receiving continuous infusion of opioids via indwelling intrathecal catheter

Summary



How to find practitioners

- NCCAOM
 - <http://mx.nccaom.org/FindAPractitioner.aspx>
- AAAOM
 - <http://www.aaaomonline.org/search/custom.asp?id=320>
- Maryland Acupuncture Society
 - <http://mas.wildapricot.org/findanacupuncturist>
- American Board of Acupuncture (Physicians)
 - <http://www.dabma.org/physicians.asp>
- American Academy of Medical Acupuncture (Physicians)
 - <http://www.medicalacupuncture.org/Find-an-Acupuncturist>

Thank you!

“The cure of the part should not be attempted without the whole.”

- Plato