#### Find out if you are eligible!

It's easy to find out if you are eligible. One phone call to your local program is all it takes.

When you call, you will need to answer some questions about your income, family size, and health insurance coverage.

Allegany	(301) 759-5083
Anne Arundel	(410) 222-6180
Baltimore	(410) 887-3432
Calvert	(410) 286-7992
Caroline	(410) 479-8080
Carroll	(410) 876-4423
Cecil	(410) 996-5168
Charles	(301) 609-6843
Dorchester	(410) 228-3223
Frederick	(301) 600-3362
Garrett	(301) 334-7770
Harford	(410) 612-1780
Howard	(410) 313-4255
Kent	(410) 778-7970
Montgomery	(240) 777-1750
Prince George's	(301) 883-3525
Queen Anne's	(443) 262-4509
St. Mary's	(301) 475-4391
Somerset	(443) 523-1760
Talbot	(410) 819-5600
Washington	(240) 313-3235
Wicomico	(410) 548-5175
Worcester	(410) 632-1100
Baltimore City	(410) 350-2001
Maryland State Cancer Hotline	1-800-477-9774



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The Department, in compliance with the Americans With Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits, and employment opportunities.



Martin O' Malley, Governor Anthony G. Brown, Lt. Governor Joshua M. Sharfstein, Secretary

In remembrance of Janet Lewis, Outreach Worker for the Baltimore County BCCP, and Teresa Strong, Outreach Worker for the Charles County BCCP. Thank you for your hard work and dedication.

2012

### YOU MAY BE ELIGIBLE FOR SCREENING AT NO COST TO YOU

# Breast Exams Mammograms Pap Tests





Screening Saves Lives



Breast exams, mammograms, and Pap tests: Thousands of Maryland women are eligible



#### Who can receive these services?

You may be eligible to receive these screenings from the Maryland Breast and Cervical Cancer Program if you are:

- 40 to 64 years old,
- · Have limited income, and
- Have no health insurance or insurance that does not pay for breast exams, mammograms, or Pap tests.



"My sister has a breast exam and mammogram every year and a Pap test when her doctor orders it. But I don't have health insurance, and I don't always have the money for these tests. With the local screening program, I can take care of myself the way I know I should."

#### How does the program work?

If you qualify, local program staff help you through the screening process. They tell you which doctors in your area work with the program and also help you to set up your doctor visits. Eligible women receive breast exams, mammograms, and Pap tests. After the visits, a program staff member will make sure that you receive your test results.

If you have barriers, such as language or transportation to the doctor's office, let the program staff know. They may be able to help.

#### Who will provide the screenings?

In most cases, private doctors offer all services. Your own doctor may even take part in the program. Sometimes, women can receive services in the evening or on weekends.

## Why should I have these screenings?

Yearly breast exams, mammograms, and regular Pap tests help to detect breast and cervical problems early. When problems are found early, they can be treated more easily, adding years to your life.

Screening saves lives. Make the clinical breast exam, mammogram, and Pap test part of your routine. Also, be sure to tell friends and family about these services too!



"I was able to see my own doctor for the breast exam and Pap test. It was easy. The outreach worker from the Local Health Department helped me set up the appointment, and both services were done in the same doctor's visit."

"No one wants to think about cancer. But, I am alive today because a mammogram I received through my local program found my breast cancer early. As women get older, our risk for breast cancer grows higher. Yearly breast screening can give us many more years to enjoy life- and be there for those who depend on us."