



Important Changes To Your Health Coverage

Starting Oct. 1, 2026, some noncitizens will no longer qualify for Medicaid health coverage. A new federal law passed by Congress and signed by President Trump is changing who can get Medicaid. This law applies to adult noncitizens, but not to children or pregnant people.

Our records show these changes may impact someone in your household.

Starting Oct. 1, 2026, you do not qualify for Medicaid if you are a noncitizen in any of these categories:

- Asylees
- Refugees
- Paroled into the U.S. for at least one year
- Conditional entry granted before 1980
- Battered noncitizens, spouses, children, or parents
- Victims of trafficking and spouse, child, sibling, or parent or have a pending application for a victim of trafficking visa
- Granted withholding of deportation
- Humanitarian parolees including Afghan and Ukrainian parole program

If you are not sure if this applies to you, contact Maryland Health Connection at 1-855-642-8572 for free help. Our consumer support offers assistance in more than 200 languages, as well as Relay for the deaf and hard of hearing.

These changes **do not** impact children or pregnant people.

These changes **do not** impact the Healthy Babies Program.



Next Steps for You

If you are a Medicaid member, update your contact info so you don't miss important updates.

Let Us Know If Things Have Changed. If your immigration status has changed OR if you are pregnant, update your information through MarylandHealthConnection.gov. Log in and use the "Report a Change" button.

Use Your Coverage Now. Visit your doctor before Oct. 1 to use the coverage you still have available.

Keep Your Family Members Covered. Some family members may still get Medicaid, even if other family members do not qualify for coverage.

- Only specific members of a household who are applying for coverage need to share citizenship or immigration status.
- Undocumented parents should apply for children who are U.S. citizens or have an eligible immigration status.
- If you are not applying for coverage for yourself, you do not need to provide your own immigration status.

[Learn more about how the federal changes impact you and your family.](#)



More Health Care Resources

If your Medicaid ends, you still have options.

For free or affordable health care in your county, visit your





[Local Health Department.](#)

For mental health, behavioral health and substance use services, connect with your local [Behavioral Health Authority](#).

For financial assistance, [Maryland hospitals often provide financial help](#) if it would be difficult to pay full out-of-pocket expenses for emergency or other medically necessary care.



For emergencies, please call 911 or go to the nearest emergency room. The hospital can help you to apply for Emergency Medicaid which may cover the cost of an emergency that needs immediate care if deemed necessary.

For community resources, dial 2-1-1 or visit 211md.org.



For more information, go to: marylandhealthconnection.gov/checkin

