

Maryland Department of Health
Center for STI Prevention

Expedited Partner Therapy
Updated Treatment Recommendations for Sex Partners in Maryland
October 1, 2021

Chlamydia only	<ul style="list-style-type: none">▪ Doxycycline (Vibramycin) 100 mg orally BID for 7 days <p><i>NOTE: Substitute Azithromycin (Zithromax) 1 gram orally in a single dose for partners who may be pregnant, or unlikely to adhere to a 7-day regimen</i></p>
Gonorrhea only	<ul style="list-style-type: none">▪ Cefixime (Suprax) 800 mg orally in a single dose
Gonorrhea and Chlamydia Coinfection or Chlamydia not ruled out	<ul style="list-style-type: none">▪ Cefixime (Suprax) 800 mg orally in a single dose▪ <u>PLUS</u>▪ Doxycycline (Vibramycin) 100 mg orally BID for 7 days <p><i>NOTE: Substitute Azithromycin (Zithromax) 1 gram orally in a single dose for the Doxycycline for partners who may be pregnant, or unlikely to adhere to 7-day regimen</i></p>
Trichomoniasis	<ul style="list-style-type: none">▪ Vaginal exposure: Metronidazole (Flagyl) 500 mg orally BID for 7 days▪ Penile exposure: Metronidazole (Flagyl) 2 g orally in a single dose▪ Tinidazole (Tindamax) 2 g orally in a single dose (Alternative regimen for all non-pregnant partners)