



Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

CDC Issues Sexually Transmitted Infections Treatment Guidelines, 2021

Register Now: Live, Virtual CME Grand Rounds Webinar in September

August 31, 2021

Dear Colleague:

The Centers for Disease Control and Prevention (CDC) has released [Sexually Transmitted Infections Treatment Guidelines, 2021](#). The updated guidelines provide current evidence-based diagnostic, management, and treatment recommendations, and serve as a source of clinical guidance for managing sexually transmitted infections (STIs).

Main STI Diagnostic, Treatment, and Management Updates for Providers

The new guidelines include notable updates from the previous 2015 guidance, including:

- Updated treatment recommendations for chlamydia, trichomoniasis, and pelvic inflammatory disease.
- Updated treatment recommendations for uncomplicated gonorrhea in neonates, children, and other specific clinical situations (e.g., proctitis, epididymitis, sexual assault), which builds on broader treatment changes published in [Morbidity and Mortality Weekly Report](#) in December 2020.
- Expanded risk factors for syphilis testing and explicit guidance for treatment intervals among pregnant patients.
- Information on FDA-cleared diagnostic tests for *Mycoplasma genitalium* and rectal and pharyngeal chlamydia and gonorrhea.
- Recommended two-step serologic testing for diagnosing genital herpes simplex virus.
- Harmonized recommendations for human papillomavirus vaccination with the Advisory Committee on Immunization Practices.
- Recommended universal hepatitis C testing in alignment with [CDC's 2020 hepatitis C testing recommendations](#).

Live CME Grand Rounds Webinars on the New 2021 STI Treatment Guidelines Update

- Join the Maryland Department of Health, Center for STI Prevention, in partnership with the STD/HIV Prevention Training Center at Johns Hopkins for a free, live CME/CNE (1.5 credits) Grand

Rounds webinar on the new 2021 Treatment Guidelines: **Thursday, September 2nd, 12:00pm-1:30pm**. Register here by August 31st: https://courses.nnptc.org/class_information.html?id=3126.

- The National Network of Prevention Training Centers (NNPTC) is hosting lunch-time CME webinars in different time zones. Register here: https://courses.nnptc.org/upcoming_classes.html
 - [Thursday, Sept. 9, 2:00pm-3:30pm EST](#) (12pm -1:30pm MST)
 - [Tuesday, Sept. 14, 3:00pm-4:30pm EST](#) (12:00pm -1:30pm PST)
 - [Wednesday, Sept. 15, 1:00pm-2:30pm EST](#) (12:00pm - 1:30pm CST)
 - [Wednesday, Sept. 22, 12pm -1:30pm EST](#)

Resources for Maryland Providers:

- **Need Information about your Patients' Prior Test Results and Treatment?**
 - For information on your patient's chlamydia, gonorrhea, and/or syphilis test results and treatment, call your [local health department](#), or call the MDH Center for STI Prevention at 410-767-6690.
- **State and local surveillance trends and resources in Maryland**
 - MDH Center for STI Prevention's [website](#).
 - **Questions about Updated Recommendations for Expedited Partner Therapy treatment regimens?**

[Expedited Partner Therapy \(EPT\)](#) treatment recommendations for Maryland clinicians and pharmacists will be available soon. For further information or questions about EPT, email mdh.sticlinicalconsult@maryland.gov or call 410-767-5160.

Additional Provider Resources for STIs

- For questions about the updated 2021 STI Treatment Guidelines, email the Clinical Team in CDC's Division of STD Prevention at stixguidelines@cdc.gov.
- **STD clinical consultation services**, available through the [STD Clinical Consultation Network](#).
- Summary of 2021 STI Treatment Guidelines: [Wall Chart](#).

Thank you for your commitment to improving the sexual and reproductive health and wellness of people in Maryland.



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