Let’s talk about Monkeypox

Monkeypox is a rare infection. An increasing number of cases have been reported in the U.S., Canada, and Europe—areas where it isn’t usually found. Here’s what you should know:

Monkeypox can make you sick. It causes a rash or sores (pox). It can also make you feel like you have the flu.

- Flu-like symptoms can include:
  - Fever
  - Headache
  - Muscle aches and backache
  - Swollen glands
  - Chills
  - Fatigue

- A rash or sores can be on the hands, feet, chest, face, penis, or inside or on the mouth, vagina, and anus.

- Sores will go through several stages before healing. This can take several weeks.
### How is monkeypox spread?

Through close, personal, or skin-to-skin contact with someone who has monkeypox, including:

- Their rash, sores, or scabs
- Objects, fabrics, and surfaces they touched
- Their respiratory droplets or saliva

This can happen during:

- Hugging, kissing, touching, massage
- Close, sexual contact
- Prolonged face-to-face contact

Pregnant people can spread the virus to their fetus during pregnancy.

### What should I do if I have a new rash, sores, or other symptoms?

- Call your healthcare provider
- If you don’t have a provider or health insurance visit [health.maryland.gov/CSTIP/local](http://health.maryland.gov/CSTIP/local) to find a health department near you

### For more information

Scan this code or visit [health.maryland.gov/monkeypox](http://health.maryland.gov/monkeypox)