Let’s talk about **Monkeypox**

**Monkeypox is a rare infection.** An increasing number of cases have been reported in the U.S., Canada, and Europe—areas where it isn’t usually found. Here’s what you should know:

**Monkeypox can make you sick.** It causes a rash or sores (pox). It can also make you feel like you have the flu.

- **Flu-like symptoms can include:**
  - Fever
  - Headache
  - Muscle aches and backache
  - Swollen glands
  - Chills
  - Fatigue

- **A rash or sores can be on the hands, feet, chest, face, penis, or inside or on the mouth, vagina, and anus.**

- **Sores will go through several stages before healing. This can take several weeks.**
**How is monkeypox spread?**

Through close, personal, or skin-to-skin contact with someone who has monkeypox, including:

▶ Their rash, sores, or scabs
▶ Objects, fabrics, and surfaces they touched
▶ Their respiratory droplets or saliva

This can happen during:

▶ Hugging, kissing, touching, massage
▶ Close, sexual contact
▶ Prolonged face-to-face contact

Pregnant people can spread the virus to their fetus during pregnancy.

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**What should I do if I have a new rash, sores, or other symptoms?**

▶ Call your healthcare provider
▶ If you don’t have a provider or health insurance visit [health.maryland.gov/CSTIP/local](http://health.maryland.gov/CSTIP/local) to find a health department near you

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**For more information**

Scan this code or visit [health.maryland.gov/monkeypox](http://health.maryland.gov/monkeypox)