

Let's talk about **Monkeypox**



Monkeypox is a rare infection. An increasing number of cases have been reported in the U.S., Canada, and Europe—areas where it isn't usually found. Here's what you should know:

Monkeypox can make you sick. It causes a rash or sores (pox). It can also make you feel like you have the flu.

▶ Flu-like symptoms can include:

- Fever
- Headache
- Muscle aches and backache
- Swollen glands
- Chills
- Fatigue

▶ A rash or sores can be on the hands, feet, chest, face, penis, or inside or on the mouth, vagina, and anus.

▶ Sores will go through several stages before healing. This can take several weeks.

How is monkeypox spread?

Through close, personal, or skin-to-skin contact with someone who has monkeypox, including:

- ▶ Their rash, sores, or scabs
- ▶ Objects, fabrics, and surfaces they touched
- ▶ Their respiratory droplets or saliva

This can happen during:

- ▶ Hugging, kissing, touching, massage
- ▶ Close, sexual contact
- ▶ Prolonged face-to-face contact

Pregnant people can spread the virus to their fetus during pregnancy.

What should I do if I have a new rash, sores, or other symptoms?

- ▶ Call your healthcare provider
- ▶ If you don't have a provider or health insurance visit health.maryland.gov/CSTIP/local to find a health department near you

For more information

Scan this code or visit health.maryland.gov/monkeypox



This document was last revised August 17, 2022. This document is only updated when pertinent revisions are made.

Maryland Department of Health
<https://health.maryland.gov>