

Maryland 2026–2027 Respiratory Vaccine Recommendations

Flu, RSV and COVID-19 recommendations for the 2026–2027 respiratory season. Full schedules for children and adults are at health.maryland.gov/recommendedvaccines.

Age / Condition	Flu Vaccine	RSV Immunization	COVID-19 Vaccine
Infants and Children	All children 6 months and older. Some children 6 months to 8 years may require 2 doses.	All infants <8 months and children 8–19 months with risk factors. Nirsevimab or Clesrovimab for infants less than 8 months old; children 8–19 months should only receive Nirsevimab. Typically administered October–March, if no maternal RSV vaccine was received.	All children 6–23 months, and children 2–18 years with risk factors or those who desire protection.
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During Pregnancy	All pregnant or lactating individuals. Administer at any point during pregnancy or postpartum.	In 32–36 weeks gestation (Abrysvo ONLY). Typically administered September–March.	All pregnant or lactating individuals. Administer at any point during pregnancy or postpartum.
Adults 18–50	All adults 18–50.	During pregnancy (see above). Adults under 50 who are immunocompromised should talk to their healthcare provider about RSV vaccines.	All adults 18–50. Especially important for individuals at increased risk or who have never received a vaccine.
Adults 50+	All adults 50+. High dose, recombinant, or adjuvanted flu vaccine preferred for adults 65+, if available.	All adults 75+ and adults 50–74 with risk factors. One lifetime dose of RSV vaccine.	All adults 50+. Especially important for individuals at increased risk or who have never received a vaccine. For adults 65+: receive two doses of the updated COVID-19 vaccine, spaced six months apart.

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