



HIV AND HETEROSEXUAL CONTACT IN MARYLAND, 2019

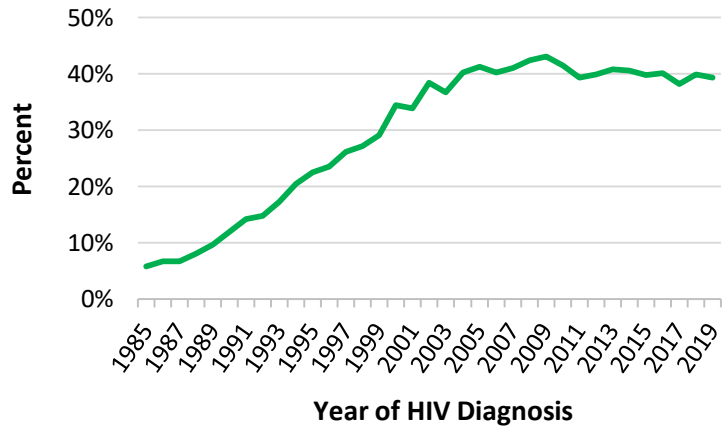
SEPTEMBER 2020

New HIV Diagnoses in Maryland

In 2019, there were 366 reported HIV diagnoses among persons with HET exposure.

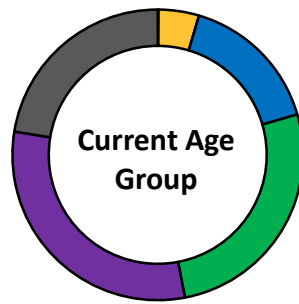
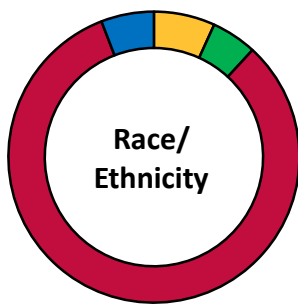
- Of the 931 reported HIV diagnoses in 2019, 39.3% were attributed to HET exposure.
- Of the 662 male and 269 female total HIV diagnoses in 2019, 19.9% and 87.0%, respectively, were attributed to HET exposure.
- Among HIV diagnoses with HET exposure during 2019, 29.6% were diagnosed with AIDS within 3 months, indicating they were likely infected for years without knowing it.
- It is estimated that an additional 12.3% of persons with HET exposure living with HIV in Maryland remain undiagnosed, as of 2018.

Trends in HIV Diagnoses with HET Exposure, 1985-2019



Characteristics of Marylanders with HET Exposure Living with HIV

At the end of 2019, there were 12,057 people living with diagnosed HIV with HET exposure.



- Hispanic
- NH-Other
- Teens
- 20's
- 30's
- NH-Black
- NH-White
- 40's
- 50's
- 60+

- Of the 31,630 total persons living with HIV in 2019, 38.1% were attributable to HET exposure. Among males and females, HET accounted for 18.5% and 76.3% of exposures, respectively.
- Total persons living with diagnosed HIV attributed to HET were highest among people diagnosed in their 50's (30.6%) and among NH-Blacks (82.3%).
- Of the 12,057 total HIV diagnoses attributed to HET, 77.7% had a viral load test result reported in 2019. Of those with a reported viral load test, 89.7% had a suppressed viral load.

NH: Non-Hispanic | HET: Heterosexual Contact

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<http://phpa.health.maryland.gov/OIDEOR/CHSE>

Multiple imputation was used to estimate and adjust for missing exposure category. Data represents adults and adolescents (ages 13+) only. Data reported through 06/30/2020 from the Maryland Enhanced HIV/AIDS Reporting System (eHARS).