



Maryland Cottage Food Business Labeling Guide

Revised July 2021

[Allowable foods](#) produced under the cottage foods regulation ([Code of Maryland Regulations 10.15.03.27](#)) must be prepackaged at the cottage food business and labeled with the following information:

- The name and address* of the cottage food business;
- The name of the cottage food product;
- The ingredients (and sub-ingredients) of the cottage food product in descending order of the amount of each ingredient by weight;
- The net weight, count, or net volume of the cottage food product;
- Allergen information as specified by federal labeling requirements;
- Nutritional information as specified by federal labeling requirements, if any health or nutritional information claim is made; and
- Printed in 10 point or larger type in a color that provides a clear contrast to the background of the label: “Made by a cottage food business that is not subject to Maryland’s food safety regulations.”
- For cottage food products sold at retail stores, labels must additionally include:
 - The phone number and e–mail address of the cottage food business; and
 - The date the product was made.

* **Unique identification number** - A cottage food business may request from the Maryland Department of Health a unique identification number (ID#) to use on the label as an alternative to a business address. If a unique ID# is used, the label must additionally include the name and phone number of the cottage food business. To obtain a unique ID #, the business must submit a request to the Maryland Department of Health via the [Cottage Food Business Request Form](#).

Sample Cottage Food Labels:

Label with or without a Unique Identification Number issued by the Department

Chocolate Chip Cookies with Walnuts
Delicious Desserts
Any Street (may substitute with Unique ID#)
Any City, MD Any Zip (may substitute with Unique ID#)
Phone Number (if using Unique ID#)

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid), butter (milk, salt), semi-sweet chocolate chips (sugar, chocolate, cocoa butter, milkfat, soy lecithin, natural flavors) walnuts, sugar, eggs, salt, artificial vanilla extract (water, caramel color, vanillin, citric acid, and sodium benzoate as preservatives, ethyl vanillin and artificial flavor), baking soda (sodium bicarbonate).

Contains: Wheat, eggs, milk, soy, walnuts

Net Wt. 3 oz. / 85 grams

“Made by a cottage food business that is not subject to Maryland’s food safety regulations.”

**The address may be substituted with a unique identification number if one has been issued to the cottage food business by the Department. The cottage food business’ phone number must be included.*

Label for food sold to a retail food store

Chocolate Chip Cookies with Walnuts
Delicious Desserts
Any Street (may substitute with Unique ID#)
Any City, MD Any Zip (may substitute with Unique ID#)
Phone Number
E-mail address

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid), butter (milk, salt), semi-sweet chocolate chips (sugar, chocolate, cocoa butter, milkfat, soy lecithin, natural flavors) walnuts, sugar, eggs, salt, artificial vanilla extract (water, caramel color, vanillin, citric acid, and sodium benzoate as preservatives, ethyl vanillin and artificial flavor), baking soda (sodium bicarbonate).

Contains: Wheat, eggs, milk, soy, walnuts

Net Wt. 3 oz. / 85 grams Date Made: 1/2/2021

“Made by a cottage food business that is not subject to Maryland’s food safety regulations.”