

Sample Plan for Daily Monitoring of Staff and Campers for COVID-19 Symptoms

- 1.) The camp shall implement a program to screen all staff daily for symptoms and possible exposure to COVID-19, using questions recommended by CDC.
- 2.) How will the camp assure that arrival and departure times of campers are staggered to prevent crowding?
- 3.) How will staff **monitor campers** for signs and symptoms of illness?
 - Fever or chills (flushed or reddened skin)
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- 4.) How will the camp **screen staff**? Upon arrival at the facility, will all staff have their temperature checked and be screened for COVID-19 symptoms? By whom? The youth camp program should keep a daily log of temperature and symptom screening for staff and maintain confidentiality of these records.
- 5.) Any staff who exhibit signs of illness or elevated temperature may not work at camp. Persons who have a fever of **100.4⁰F** (38.0⁰C) or above or other signs of illness should not be admitted to the facility ([CDC](#)). Staff who have tested positive for COVID-19 or who are symptomatic may not be physically present at camp.
- 6.) How will the camp **screen campers**? Upon arrival at the facility, will all campers have their temperature checked and be screened for COVID-19 symptoms? By whom? Campers who have a fever of **100.4⁰F** (38.0⁰C) or above or other signs of illness should not be admitted to the facility ([CDC](#)). The youth camp program shall keep a daily log of temperature and symptom screening for campers and maintain confidentiality of these records. The camp must decide if they will accept parent/guardian check for symptoms and temperature readings, or only their own.
- 7.) How will the staff protect themselves from infection? Consider when staff come in contact with campers for screening, first aid, or any reason that requires close contact. What Personal Protective Equipment (PPE) is available? Face masks, face shields or eye protection, cloth or disposable gowns, gloves of acceptable non-porous material such as latex.

- 8.) How will the camp ensure compliance with these directives?
- Individuals shall maintain 6 feet of physical distance, wherever and as often as possible.
 - Staff should wear face coverings.
 - If they can be worn safely and consistently, children age 9 and older should wear face coverings.
 - Staff, children and parents shall wear face coverings when campers are arriving and leaving.
 - Individuals from outside the camp are limited in their interactions with staff and campers, including parents during camper drop off/pick up.
- 9.) How often are staff and campers required to wash or sanitize hands? By what means?
- 10.) How will the camp obtain clearance from the individual's primary care physician? This is required for
- children under the age of 5
 - staff above the age of 64
 - Individuals of any age with underlying medical conditions that are considered to be higher-risk for severe illness if they contract COVID-19
- 11.) Campers who exhibit any signs of illness or elevated temperature, or may not attend camp. Campers who have tested positive for COVID-19 or who are symptomatic may not be physically present at camp.
- 12.) If different groups share areas (bathroom, lunch tables, craft room), staff will clean high touch surfaces in the shared area between groups and keep a log of the cleaning date, time and individual who does the cleaning
- 13.) All shared sports, game and other camp equipment will be sanitized regularly.
- 14.) Staff will monitor campers to prevent physical contact and maintain social distancing during sports and other camp activities.
- 15.) Any staff or camper exposed to a person diagnosed with a confirmed or probable case of COVID-19 may not work or attend camp until they have completed quarantine following the CDC guidelines. Persons who have recovered from COVID-19, must be cleared for release from isolation according to [CDC guidelines](#).
- 16.) How will the camp know how and when to contact local health departments if a child develops symptoms that could be related to COVID-19?
- 17.) Staff should be alert for heat-related signs and symptoms and consider additional protective measures for hot and Code Red days.

18.) How will your camp program implement the following required prevention and mitigation strategies to slow and limit COVID-19 exposure and spread?

- Cover Your Cough
- Practice recommended regular and routine handwashing practices
- Avoid use of items that are not easily cleaned and disinfected
- Practice proper use, removal, and washing of cloth face coverings
- Post signs with COVID-19 prevention and control practices
- Provide policies and education on COVID-19 symptoms and response
- Ensure adequate supplies of tissues, hand soap, alcohol-based hand sanitizer, household cleaning products suited for the facility

Reminder:

Per current regulations for youth camps, **Health and Medication Requirements for Youth Camps (COMAR 10.16.07)**, youth camp programs must have procedures in their Health Program for the camp staff members to observe campers each day for easily discernible signs of injury or illness and to prevent the spread of an infectious disease using hand washing procedures, personal protective equipment, personal hygiene and an exposure control plan, see COMAR 10.16.07.03.

Camps should review with staff, the requirements for **Acute Illness and Communicable Disease in COMAR 10.16.07.12: and 10.16.07.12 Exclusion for Acute Illness and Communicable Disease.**