

## Coronavirus Disease 2019 (COVID-19) Update

**Infectious Disease Epidemiology and Outbreak Response Bureau** 

March 3, 2020

The information in this presentation is current as of March 3, 2020, unless otherwise noted, and subject to change.



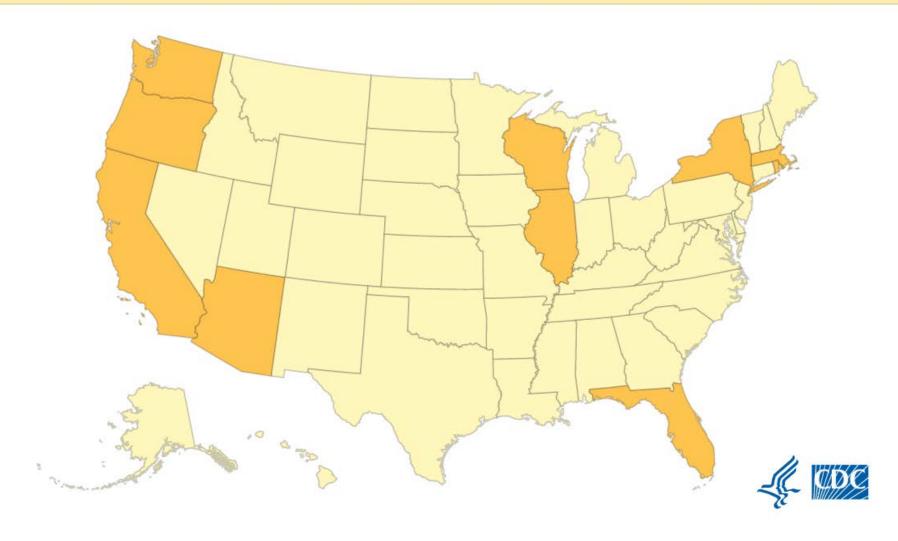
#### **Interim Events**

- New CDC PUI criteria released
- Multiple instances of community spread in U.S. (WA, CA, OR)
- COVID-19 deaths in U.S.
- Cases identified in new states, including RI, NY, FL
- More new cases outside China than in China
- Changes in travel notices and restrictions

## **Epi Update**



#### States with Confirmed and Presumptive Positive Cases of COVID-19\*





## Cases in the U.S. (Excluding people repatriated to U.S.)

COVID-19: Confirmed and Presumptive Positive Cases in the United States\*

	Confirmed	Presumptive Positive**	Total Confirmed & Presumptive Positive
Travel-related	12	5	17
Person-to-person spread	4	22	26
Total cases	16	27	43

Data updated March 2, 2020

Source: www.cdc.gov, accessed March 3, 2020



## Cases Among Persons Repatriated to the U.S.

#### COVID-19: Cases among Persons Repatriated to the United States

	Positive
Wuhan, China	3
Diamond Princess Cruise Ship <sup>±</sup>	45

<sup>&</sup>lt;sup>†</sup> Cases have laboratory confirmation and may or may not have been symptomatic.

Data updated March 2, 2020

Source: www.cdc.gov, accessed March 3, 2020



### Maryland: COVID-19 Cases and PUI

- Number of patients approved with testing for COVID-19: 13
- Number of tests pending at CDC: 7
- Number of negative tests: 6
- Number of laboratory-confirmed cases: 0

Testing and case counts posted at <a href="http://health.maryland.gov/coronavirus">http://health.maryland.gov/coronavirus</a>
Data current as of March 3, 2020 10:00am



### **PUI Criteria**



### Criteria to Guide Evaluation of PUI for COVID-19

Clinical Features	&	Epidemiologic Risk
Fever <sup>1</sup> <b>or</b> signs/symptoms of lower respiratory illness (e.g. cough or shortness of breath)	AND	Any person, including healthcare workers <sup>2</sup> , who has had close contact <sup>3</sup> with a laboratory-confirmed <sup>4</sup> COVID-19 patient within 14 days of symptom onset
Fever <sup>1</sup> <b>and</b> signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) requiring hospitalization	AND	A history of travel from affected geographic areas <sup>5</sup> (see below) within 14 days of symptom onset
Fever¹ with severe acute lower respiratory illness (e.g., pneumonia, ARDS) requiring hospitalization and without alternative explanatory diagnosis (e.g., influenza) <sup>6</sup>		No source of exposure has been identified

Source: <a href="https://www.cdc.gov/coronavirus/2019-">https://www.cdc.gov/coronavirus/2019-</a>

10 nCoV/hcp/clinical-criteria.html



### Geographic Areas with Sustained Transmission (Community or Widespread)

Last updated February 28, 2020

- China (<u>Level 3 Travel Health Notice</u>)
- Iran (Level 3 Travel Health Notice)
- Italy (Level 3 Travel Health Notice)
- Japan (Level 2 Travel Health Notice)
- South Korea (Level 3 Travel Health Notice)

Source: https://www.cdc.gov/coronavirus/2019-nCoV/hcp/clinical-criteria.html



### Key points in considering testing

- Case by case basis
- Low threshold to review with MDH
- Likely alternate diagnosis
- Thorough infectious workup (as reasonably available)



# Is an Airborne Infection Isolation Room (AIIR) required to evaluate all patients with confirmed COVID-19 and COVID-19 PUIs?

- Evaluation of PUIs and those with confirmed COVID-19 should occur in either an AIIR or an exam room with the door closed.
- There might not be a sufficient number of AIIRs to care for all of these patients.
- AIIRs should be prioritized for the care of hospitalized patients who are symptomatic with severe illness and for those needing procedures that could generate infectious aerosols.
- Regardless of the presence of an AIIR, healthcare personnel should wear all recommended personal protective equipment (i.e., gown, gloves, N-95 or higher-level respirator and eye protection) when caring for these patients.

DEPARTMENT OF HEALTH

Source: <a href="https://www.cdc.gov/coronavirus/2019-13">https://www.cdc.gov/coronavirus/2019-13</a> ncov/infection-control/infection-prevention-control-fag.html, Accessed March 3, 2020

If a patient does not strictly meet the criteria for being a PUI, does that mean that COVID-19 is ruled out and I do not need to follow the IPC for healthcare personnel?

- Failure to meet a PUI does not definitively exclude the possibility of COVID-19
- All patients should be managed using Standard Precautions. Transmission-Based Precautions should be added to Standard Precautions based on the patient's clinical syndrome and likely etiologic agents.
- If COVID-19 is suspected, the patient should be managed using Standard, Contact, and Airborne Precautions with eye protection until the diagnosis is excluded.

Source: <a href="https://www.cdc.gov/coronavirus/2019-14">https://www.cdc.gov/coronavirus/2019-14</a> ncov/infection-control/infection-prevention-control-fag.html, Accessed March 3, 2020



# If COVID-19 is considered a possible diagnosis for a patient, what discharge instructions should patients receive?

- Stay home except to get medical care
- Monitor your symptoms
- Separate yourself from other people and animals in your home
- Call ahead before visiting your doctor
- Wear a facemask
- Cover your coughs and sneezes
- Clean your hands often
- Avoid sharing personal household items
- Clean all "high-touch" surfaces everyday

## Lab Update

Dr. Robert Myers, Director, MDH Laboratories Administration





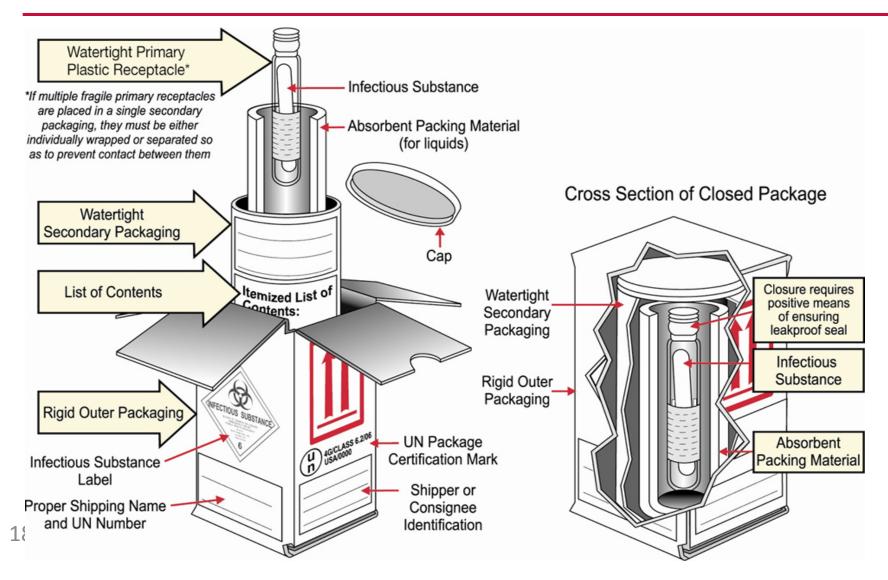
## Packaging and Shipping Specimens for COVID-19 Testing

Robert A. Myers Ph.D., Director

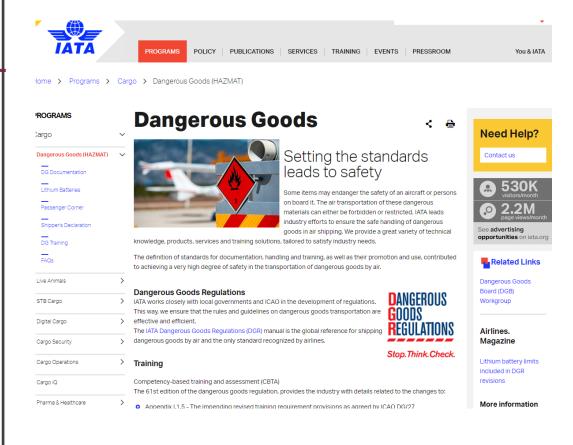
Maryland Department of Health Laboratories Administration

February 20, 2020

# Packaging and Shipping Clinical Specimens Diagram (Basic Triple Packaging)



IT IS THE **RESPONSIBILITY** OF THE SHIPPER TO COMPLY WITH ALL LAWS AND REGULATIONS **REGARDING THE** SHIPPING OF **INFECTIOUS** SUBSTANCES.



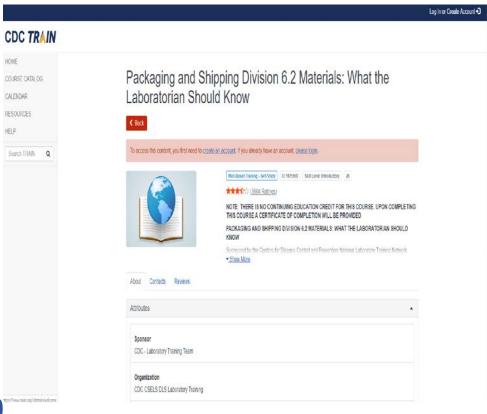


High Consequence Pathogen Testing

## Shipping Potentially Infectious Materials Certification Training Requirements

- Individuals who package potentially infectious materials (Division 6.2 materials as defined by the DOT) must be trained and certified
- On-line training for certification or recertification (every 2 years) is available from the CDC TRAIN program:

train.org/cdctrain/course/10 75969/





### Transport of Specimens to the MDH Lab

- The MDH Lab has a contract with a private company that can dispatch a courier to pick-up and deliver specimens in emergency situations
- For local, extremely time sensitive testing the MDH Lab staff can pick-up specimens from your location
- Local Health Department staff may also volunteer to courier the properly packaged specimens to the MDH Lab
- With proper coordination you can use your organization's courier or use the routine MDH Lab courier system that picks up specimens from the local heath departments on weekdays(M-F)



### **Travel**



#### **CDC Travel Notice Updates**

- Widespread sustained transmission and restrictions on entry to U.S. (Level 3 Health Notice)
  - China
  - Iran (new)
- Widespread sustained transmission (Level 3 Health Notice)
  - South Korea
  - Italy
- Sustained community transmission (Level 2 Health Notice)
  - Japan



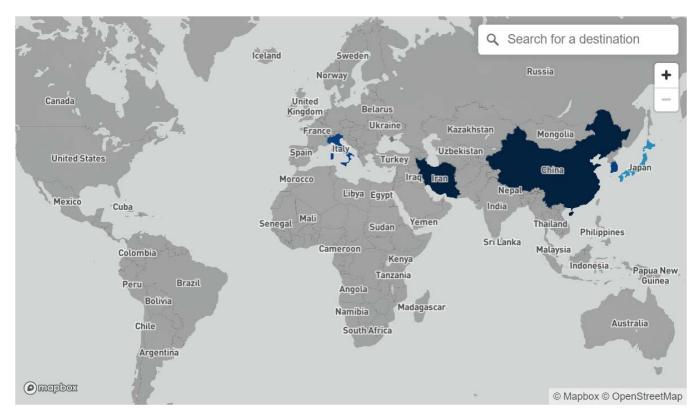
### **Recs for Returning Travelers**

- Currently, only travelers returning from mainland China in the past 14 days are advised to stay home and self-monitor with public health supervision
- Travelers returning from other areas of the world with sustained/widespread community transmission should:
  - Carefully self-monitor for symptoms
  - If symptoms develop
    - Call in advance for medical care
    - Do not go to work or school



### Risk Assessment by Country

Search COVID-19 risk assessment by country.



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## Monitoring



### **Monitoring Update**

Current status

Next steps





### **Community Mitigation**

# Preparing for Cases in Maryland



#### Preventing COVID-19 Spread in Communities

Protect yourself and your community from getting and spreading respiratory illnesses like coronavirus disease 2019. Everyone has a role to play in getting ready and staying healthy.

#### How to prepare for Super Tuesday

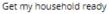


Polling station workers can prevent the spread of COVID-19 through routine cleaning and disinfection of electronic equipment (such as voting machines and computers) and polling stations.

Review guidance for polling stations

#### How to prepare and take action for COVID-19







Get my school ready



Get my college or university ready



Get my workplace ready



Healthcare professionals, get ready



Event planners, get ready

#### **New CDC Guidance**

- Preventing COVID-19 Spread in Communities Monday, March 2, 2020
- Interim Guidance: Public Health Communicators Get Your Community Ready for Coronavirus Disease 2019 (COVID-19)
   Monday, March 2, 2020
- Resources for Healthcare Facilities Saturday, February 29, 2020
- <u>Strategies for Optimizing the Supply of N95 Respirators</u> Saturday, February 29, 2020
- Strategies to Prevent the Spread of COVID-19 in Long-Term Care Facilities (LTCF) Saturday, February 29, 2020
- Interim Guidance for Healthcare Facilities Saturday, February 29, 2020
- Steps Healthcare Facilities Can Take Saturday, February 29, 2020
- <u>Community Mitigation Guidance for COVID-19 Response in the United States: Nonpharmaceutical Interventions for</u>
   <u>Community Preparedness and Outbreak Response</u> Thursday, February 27, 2020
- <u>Evaluating and Reporting Persons Under Investigation (PUI)</u> Thursday, February 27, 2020
- Know the Facts About COVID-19 and Help Stop the Spread of Rumors Wednesday, February 26, 2020



