



**NOTICE - OUT OF STATE TRAVEL AND PUBLIC TRAVEL ADVISORY  
(JULY 29, 2020)**

The Maryland Department of Health strongly recommends that all Marylanders refrain from non-essential travel outside of Maryland due to the recent increase in COVID-19 infections in other states. In addition:

1. Any Marylander returning from out-of-state or any out-of-state traveler should either get tested for COVID-19 promptly upon arrival in Maryland or within 72 hours before travel to Maryland. A list of test sites can be found here:  
(<https://coronavirus.maryland.gov/pages/symptoms-testing>).

We encourage out-of-state visitors to be tested within 72 hours prior to arrival and to cancel travel if they receive a positive result. Visitors waiting for their test results should stay at home between the time of their test and their arrival in Maryland or to self-quarantine at their hotel.

2. Any Marylander who travels to a state with a COVID-19 test positivity rate above 10% should get tested and self-quarantine at home until the test result is received. The District of Columbia and the Commonwealth of Virginia are exempt from this recommendation.

A list of state COVID-19 test positivity rates can be found here:  
(<https://www.cdc.gov/covid-data-tracker/index.html#testing>) (COVID-19 Tests Performed by State - Commercial and Reference, Public Health, and Hospital).

3. Essential workers, as previously referenced in the [Governor's Office of Legal Counsel's COVID-19-04 Interpretative Guidance](#), are exempt from the quarantine recommendation if they are returning or traveling to Maryland to perform essential work, as well as employee commuters who leave/enter the state on a daily basis and have work-based COVID-19 screening procedures.

This Notice is effective immediately and shall remain in effect until the state of emergency has been terminated and the proclamation of the catastrophic health emergency has been rescinded.

Robert R. Neall  
Secretary