



# Maryland

## DEPARTMENT OF HEALTH

### Prescription Drug Monitoring Program (PDMP)

#### Patient Information

#### WHAT IS THE PDMP?

- The **Prescription Drug Monitoring Program**, or PDMP, is one way Maryland is working to reduce prescription drug misuse and risk.
- **The PDMP does not decide which medications you should be prescribed - those decisions are between you and your healthcare provider.** The PDMP simply offers important information to help provide better care.
- Through the PDMP, healthcare providers can see your Controlled Dangerous Substance (CDS) prescription history, including CDS prescriptions written by other providers.
- When Maryland pharmacies fill prescriptions for CDS, they report it to the PDMP. This information is stored electronically and protected, so only authorized people can see it.

#### WHICH PRESCRIPTION DRUGS ARE IN THE PDMP?

- CDS prescription drugs can be very helpful. For example, they can help patients manage pain, control sleep disorders, or fight obesity. But CDS prescription drugs can also increase a patient's risk for addiction or even death.
- Under Maryland and federal law, CDS is a substance that has the potential for abuse.
- The PDMP monitors prescriptions for drugs that contain CDS in four categories under federal and state law: Schedules II, III, IV and V.
- Drugs listed in CDS Schedules II, III, IV and V can be dangerous, but they can also help patients.

#### *Examples:*

- Opioid pain relievers like oxycodone (OxyContin®, Percocet®, Percodan®, Roxicet®), hydrocodone (Vicodin®, Lortab®) and methadone prescribed for pain
  - Anti-anxiety and sedative medications like alprazolam (Xanax®) and diazepam (Valium®)
  - Stimulants like Adderall® and Ritalin®
- Every time a CDS prescription is filled in Maryland, the pharmacy must report the drug name, amount, patient, prescriber and pharmacy to the PDMP.

#### The PDMP can be a helpful tool to use when talking to your healthcare provider.

- Your provider can see all your CDS prescriptions, filled in Maryland and in many other states, before writing a new prescription.
- Providers access your CDS prescription history through the Maryland PDMP's vendor, CRISP (Chesapeake Regional Information System for our Patients).
- You can see your list of CDS prescriptions and let your healthcare providers know which prescription drugs worked best for you.
- You can learn more about your CDS prescription history.

## HOW TO GET YOUR CDS PRESCRIPTION INFORMATION FROM PDMP

- Patients need to **fill out a Maryland PDMP Patient Data Request form** to get their free PDMP report.
- **To get this form**, you can call 410-402-8686, email PDMP staff at [mdh.pdmp@maryland.gov](mailto:mdh.pdmp@maryland.gov), or go to the PDMP website: [MarylandPDMP.org](http://MarylandPDMP.org).
- On the form, you will need to list all of the home addresses (in Maryland) that your pharmacies and healthcare providers have on file for you.
- After you fill out the form, you need to have the form *notarized* by a commissioned notary public and *mail* the form to the PDMP Office address on the form.

## WHAT YOU NEED TO KNOW ABOUT PDMP REPORTS

- Parents or guardians can fill out forms to get a report of their children's CDS prescriptions.
- The PDMP report will include all reported CDS prescriptions filled in Maryland.
- Only prescriptions that match the patient's name, date of birth, and home address will be on the report.

## WHAT IF INFORMATION ON THE PDMP REPORT IS WRONG?

- If you have questions about your PDMP report or think that information is wrong or missing, call 410-402-8686 or email [mdh.pdmp@maryland.gov](mailto:mdh.pdmp@maryland.gov).
- PDMP reporting started on August 20, 2013, so older prescriptions may not be on your report.
- If your pharmacy made a mistake reporting your prescription, the pharmacy must contact PDMP to correct it.

## YOUR PRIVACY IS PROTECTED.

- CRISP, where practitioners access PDMP data, is HIPAA compliant. **Only authorized, licensed healthcare providers can see your CDS prescriptions.** The HIPAA privacy rule and Maryland law protect the privacy of your health information.
- Law enforcement may submit a subpoena to get a copy of your CDS prescription list.

For more information, visit: [MarylandPDMP.org](http://MarylandPDMP.org) or email the PDMP Office at [mdh.pdmp@maryland.gov](mailto:mdh.pdmp@maryland.gov).