PDMP  **Patient Advisories User Guide**

The Maryland PDMP launched a new feature, Patient Advisories. These are a set of key metrics based on a patient's prescription history over the last 30 or 90 days. Advisories allow providers to quickly identify when patients may be at increased risk of overdose or need additional care coordination.  Advisories do not include data from prescriptions filled in other states. Advisories are available in CRISP's Portal and InContext Application (App).

## WHAT DOES EACH ADVISORY MEAN? WHAT DOES AN ALERT INDICATE?

**Average Daily MME:** The average MME (Morphine Milligram Equivalents) of all active opioid prescriptions per day, over the last 30 days. An alert indicates the patient had at least one day with an average of 90 or more MME from all prescriptions.

**Overlapping Opioids:** The number of days a patient had more than one opioid prescription. An alert indicates when the "days supply" overlaps for 3 or more days within the past 90 days.

**Overlapping Opioid and Benzos:** The number of days a patient has one or more opioid prescription and one or more benzodiazepine prescription. An alert indicates when the "days supply" overlaps for 3 or more days within the past 90 days.
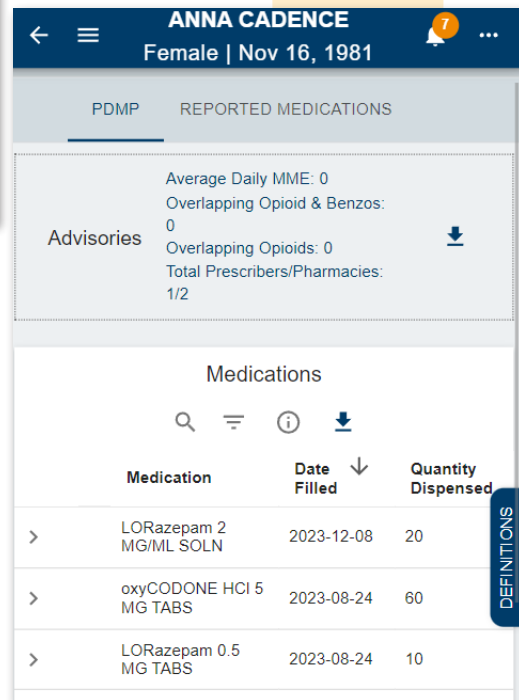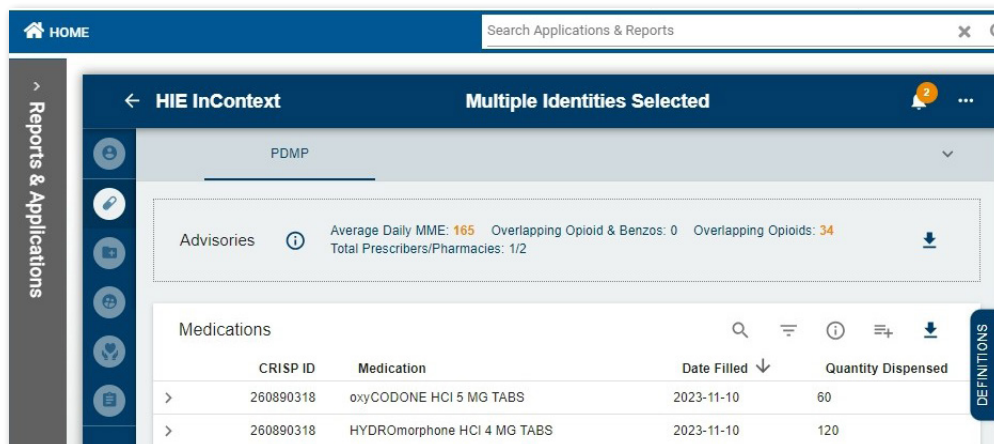
**Total Prescribers/Pharmacies:** The total number of prescribers and pharmacies who wrote or dispensed a controlled substances prescription to the patient within the past 90 days. An alert indicates the patient received controlled substance prescriptions from at least 5 different prescribers and visited at least 5 different pharmacies to receive prescriptions within the past 90 days.

## PATIENT ADVISORIES USER GUIDE

To access the advisories in the Portal, users can initiate a search for any patient, select the "Clinical information App," and then select "Medication Management." The screenshot below displays the advisory results of a sample PDMP query. Additional information about the different advisories is available by hovering over the ⓘ next to the title of the advisory. Note that even if the search returns interstate data, interstate data is not included in the calculations for the advisories.

If an advisory is triggered, the number turns orange.

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## INCONTEXT APP VIEW

When accessing InContext via an EHR to view PDMP data, two tabs will be displayed – "PDMP" and "Reported Medications". The advisories will look the same in both views. For each advisory, the value will display to the right of the title, and the tooltip will display to the right of the advisories. Selecting the definitions tab on the right side will display the definition of each advisory and what the advisory indicates. If the patient meets the advisory threshold the value will turn orange.

*Note:* the images are from two different test patient profiles



## RESOURCES ON PAIN MANAGEMENT AND OPIOID PRESCRIBING

If a provider is concerned about their prescribing practices or has questions about appropriate prescribing practices after reviewing the patient advisories, providers can look to the following resources:

- Maryland PDMP website has resources and recommendations for prescribing opioids, tapering opioids, and important conversations to have with patients about opioid safety. Please visit MarylandPDMP.org to access these resources.

- Free 1:1 opioid educational outreach educational sessions are available to medical providers through Maryland's Academic Detailing Program. Our team of trained outreach educators can share best practices, resources, and tools to help streamline your workflow and improve outcomes for your patients. Additional information can be found on the PDMP website.

- MACS, or the Maryland Addiction Consultation Service, provides support to primary care and mental health prescribers across Maryland in the identification and treatment of substance use disorders. MACS provides a free phone consultation for clinical questions, resources, and referral information [1-855-337-MACS (6227)]. MACS also offers education and training opportunities related to substance use disorders and can assist providers in the identification of addiction and behavioral health resources that meet the needs of patients in the community. www.MarylandMACS.org

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