



Maryland

DEPARTMENT OF HEALTH

Prescription Drug Monitoring Program (PDMP)

Patient Information

WHAT IS THE PDMP?

- The **Prescription Drug Monitoring Program**, or PDMP, is one way Maryland is working to reduce prescription drug misuse and risk.
- **The PDMP does not decide which medications you should be prescribed - those decisions are between you and your healthcare provider.** The PDMP simply offers important information to help provide better care.
- Through the PDMP, healthcare providers can see your Controlled Dangerous Substance (CDS) prescription history, including CDS prescriptions written by other providers.
- When Maryland pharmacies fill prescriptions for CDS, they report it to the PDMP. This information is stored electronically and protected, so only authorized people can see it.

WHICH PRESCRIPTION DRUGS ARE IN THE PDMP?

- CDS prescription drugs can be very helpful. For example, they can help patients manage pain, control sleep disorders, or fight obesity. But CDS prescription drugs can also increase a patient's risk for addiction or even death.
- Under Maryland and federal law, CDS is a substance that has the potential for abuse.
- The PDMP monitors prescriptions for drugs that contain CDS in four categories under federal and state law: Schedules II, III, IV and V.
- Drugs listed in CDS Schedules II, III, IV and V can be dangerous, but they can also help patients.

Examples:

- Opioid pain relievers like oxycodone (OxyContin®, Percocet®, Percodan®, Roxicet®), hydrocodone (Vicodin®, Lortab®) and methadone prescribed for pain
 - Anti-anxiety and sedative medications like alprazolam (Xanax®) and diazepam (Valium®)
 - Stimulants like Adderall® and Ritalin®
- Every time a CDS prescription is filled in Maryland, the pharmacy must report the drug name, amount, patient, prescriber and pharmacy to the PDMP.

The PDMP can be a helpful tool to use when talking to your healthcare provider.

- Your provider can see all your CDS prescriptions, filled in Maryland and in many other states, before writing a new prescription.
- Providers access your CDS prescription history through the Maryland PDMP's vendor, CRISP (Chesapeake Regional Information System for our Patients).
- You can see your list of CDS prescriptions and let your healthcare providers know which prescription drugs worked best for you.
- You can learn more about your CDS prescription history.

HOW TO GET YOUR CDS PRESCRIPTION INFORMATION FROM PDMP

- Patients need to **fill out a Maryland PDMP Patient Data Request form** to get their free PDMP report.
- **To get this form**, you can call 410-402-8686, email PDMP staff at mdh.pdmp@maryland.gov, or go to the PDMP website: MarylandPDMP.org.
- On the form, you will need to list all of the home addresses (in Maryland) that your pharmacies and healthcare providers have on file for you.
- After you fill out the form, you need to have the form *notarized* by a commissioned notary public and *mail* the form to the PDMP Office address on the form.

WHAT YOU NEED TO KNOW ABOUT PDMP REPORTS

- Parents or guardians can fill out forms to get a report of their children's CDS prescriptions.
- The PDMP report will include all reported CDS prescriptions filled in Maryland.
- Only prescriptions that match the patient's name, date of birth, and home address will be on the report.

WHAT IF INFORMATION ON THE PDMP REPORT IS WRONG?

- If you have questions about your PDMP report or think that information is wrong or missing, call 410-402-8686 or email mdh.pdmp@maryland.gov.
- PDMP reporting started on August 20, 2013, so older prescriptions may not be on your report.
- If your pharmacy made a mistake reporting your prescription, the pharmacy must contact PDMP to correct it.

YOUR PRIVACY IS PROTECTED.

- CRISP, where practitioners access PDMP data, is HIPAA compliant. **Only authorized, licensed healthcare providers can see your CDS prescriptions.** The HIPAA privacy rule and Maryland law protect the privacy of your health information.
- Law enforcement may submit a subpoena to get a copy of your CDS prescription list.

For more information, visit: MarylandPDMP.org or email the PDMP Office at mdh.pdmp@maryland.gov.