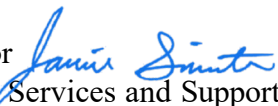




Wes Moore, Governor · Aruna Miller, Lt. Governor · Meena Seshamani, M.D., Ph.D., Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
Medical Day Care Transmittal No. 103
February 17, 2026

TO: Adult Medical Day Care Providers
 Local Health Departments
 Case Management Agencies

FROM: Jamie Smith, Director 
 Office of Long Term Services and Supports

RE: Medical Day Care Services Waiver Case Management Implementation

NOTE: **Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal.**

This transmittal notifies providers that the Maryland Department of Health (MDH) is offering case management as a waiver service in the Medical Day Care Services Waiver (MDCSW), effective March 16, 2026. This change resolves a federal conflict of interest as mandated by 42 CFR § 441.301(c)(1)(vi).

Case management services will be mandatory for each MDCSW participant and will include, but are not limited to:

- (1) Serving as the primary point of contact for waiver applicants and participants;
- (2) Submitting POS documents to MDH for review and approval;
- (3) Coordinating eligibility redeterminations; and
- (4) Overseeing reportable events and participant monitoring.

There are five Case Management Agencies (CMAs) that are authorized to provide case management services for the MDSCW:

Agency	Phone Number	Email
Empowering Minds	(410) 467-5550	cma@emrcgroup.org
Mind Kind	(800) 410-4458	cma@mindkind.llc
Monumental Health Systems	(855) 446-5005	Raydeaira33@gmail.com
The Coordinating Center	(410) 987-1048, Option 8	MDC@CoordinatingCenter.org
Total Care Services	(800) 465-6125	adetolaa@totalcare1.com

At the time of their level of care assessment by the assessing Local Health Department nurse or designee, applicants will be provided with a list of CMAs. Applicants will also receive a QR code linking to a list of available CMAs in their county, including their contact information. The informational document for participants to select a CMA, including the QR code, is attached at the end of this transmittal.

MDH encourages Adult Medical Daycare Centers (AMDC) to assist existing participants, as needed, with accessing technology required to use the QR code they will receive in the mail. Additionally, a CMA may be selected by contacting the CMA directly or by contacting the MDH Office of Long Term Services and Supports using the contact information found at the end of this transmittal.

Existing participants who do not select a CMA by February 28, 2026, will be auto-assigned one based on their jurisdiction. After February 28, 2026, individuals applying to the MDCSW will have 21 calendar days from the date of their level of care approval to select a CMA, or if no selection is made, one will be auto-assigned. Applicants and participants may change their CMA 45 calendar days after the date of their most recent CMA assignment.

Beginning March 16, 2026, AMDCs will no longer provide case management services to participants. AMDCs may continue to collaborate with the participant's assigned CMA on plan of service (POS) development, updates, and revisions. AMDCs will continue to deliver authorized medical day care services as outlined in the participant's approved POS and must respond to CMAs' requests for documentation, coordination, and service updates.

No changes are being made to Medical Day Care (MDC) licensure requirements, per diem reimbursement, or covered MDC services as a result of this transition.

For questions regarding this transmittal, please contact David Cline, Contract Monitor, at (410) 767-7356 or david.cline@maryland.gov.

Attachment: 1



Wes Moore, Governor · Aruna Miller, Lt. Governor · Meena Seshamani, M.D., Ph.D., Secretary

Office of Long Term Services Supports
Medical Day Care Services Waiver

Effective **March 16, 2026**, all Medical Day Care Services Waiver participants are now required to receive case management services through a Case Management Agency (CMA).

Scan to View Agencies

Use your smartphone camera to scan the QR code below. This will take you to a form where you can view a list of agencies that serve your specific county.



Call to Select Your Agency

You can also reach out to any of the CMAs from the list below to get started. Please note that not all CMAs work in all counties.

Agency	Phone Number	Email	Counties Served
Empowering Minds	(410) 467-5550	cma@emrcgroup.org	Anne Arundel, Baltimore City, Baltimore County, Harford, Prince George's
Mind Kind	(800) 410-4458	cma@mindkind.llc	Anne Arundel, Calvert, Charles, Howard, Montgomery, Prince George's, St. Mary's
Monumental Health Systems	(855) 446-5005	Raydeaira33@gmail.com	Anne Arundel, Baltimore City, Baltimore County
The Coordinating Center	(410) 987-1048 Option 8	MDC@CoordinatingCenter.org	Statewide
Total Care Services	(800) 465-6125	adetolaa@totalcare1.com	Statewide

Need help? Your Adult Medical Day Care staff can assist you with scanning the QR code, you can call a CMA directly from the list above, or contact MDH at david.cline@maryland.gov.