



Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM

Managed Care Organization Transmittal No. 155

Hospital Transmittal No. 290

Obstetricians Transmittal No. 4

Physician Transmittal No. 155

Physician Assistants Transmittal No. 6

Nurse Practitioners Transmittal No. 26

Nurse Midwives Transmittal No. 31

April 29, 2022

To: Managed Care Organizations
Hospitals
Obstetricians
Physicians
Physician Assistants
Nurse Practitioners
Nurse Midwives

From: Tricia Roddy, Deputy Director
Maryland Medicaid Administration

Subject: Updates to the Maryland Prenatal Risk Assessment Form and Enriched Maternity Services Form

Note: Please ensure the appropriate staff members in your organization are informed of the contents of this transmittal

The purpose of this transmittal is to inform HealthChoice Managed Care Organizations (MCOs) and fee-for-service prenatal care providers of updates to the Maryland Prenatal Risk Assessment (MPRA) and the Enriched Maternity Services (EMS) form. Updates to both the MPRA and EMS Forms reflect more recently recognized medical and psychosocial risk factors associated with poor maternal and newborn outcomes.

The MPRA helps to identify patients who may have medical, and psychosocial predictors of poor birth outcomes. COMAR 10.67.04.08 requires that the MPRA be completed for Medicaid participants at the first prenatal care visit. Completing the form can help identify risk factors that place pregnant patients at a higher risk for morbidity and mortality. The MPRA process links pregnant patients with important health related resources within the community via referral to the local health department (LHD) Administrative Care Coordination Unit (ACCU) services. The referral process strengthens partnerships between patients,

providers, MCOs, and LHDs by helping to coordinate necessary care and services to best address identified risks.

Updates to the MPRA include questions to help identify potential psychosocial risk factors. These factors include social support (poor patient support network, transportation issues, housing insecurity, limited childcare) behavioral health (coping skills, anxiety/stress, partner abuse, recent inpatient admission), financial and food insecurity, and substance use disorder. The updates also aid in identifying potential medical risk factors by adding screening for cervical incompetence, thrombophilias, updated STI screening, and vaccination status.

The EMS form updates include new counseling categories representing social determinants of health to be addressed during the pregnancy and postpartum, including the MDH Doula Program, promoting healthy lifestyles (nutrition/exercise/self-care), immunization updates, antenatal testing/screening options, postpartum depression screening, and Safe Haven reference.

EMS contents align with the enriched maternity services criteria outlined in COMAR 10.67.06.21, which require prenatal and postpartum counseling and education, basic nutritional education, substance use disorder treatment referrals (if applicable), and referrals to community support services that may improve the pregnancy outcome, such as the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC).

Maryland Prenatal Risk Assessment Form Guidance

- Complete the MPRA at the **initial prenatal visit**.
- Enter your NPI and the facility NPI (if applicable). Both NPIs assist MDH with monitoring provider compliance.
- Within 10 days of completion of the form, fax the MPRA to the local health department (LHD) ACCU based on the patient's county of residence. LHD fax numbers are listed on the third page of the MPRA. The ACCU and Medicaid will then forward the MPRA to the MCOs.
- The HCPCS billing code for the completion of the MPRA, and development of the plan of care, is H1000.
- To obtain additional quantities of the MPRA forms, contact your LHD ACCU.

Enriched Maternity Services Form Guidance

- Complete the EMS at **prenatal and postpartum visits**.
- The HCPCS billing code for completion of the EMS is H1003.
- Providers may print copies of the EMS on the Maryland Medicaid Administration Provider Information page, located under "Reproductive Health Provider Resources" here: <https://health.maryland.gov/mmcp/Pages/Provider-Information.aspx>.

To bill HealthChoice MCOs after completing these forms, providers may refer to each MCO's provider manual, preauthorization procedures, and billing instructions. To bill Medicaid fee-for-service, please check the professional services fee schedule and provider manual for more information.

If you have any questions about these forms or their processes, contact your local ACCU or the HealthChoice Division of Community Liaison and Care Coordination at 410-767-3605.



Maryland Prenatal Risk Assessment- MDH 4850 (02/2022)

(Refer to the Instructions at the bottom of this document before completing this form)

Provider Demographic Information:

Date of Initial Prenatal Visit/ Form Completed: ____/____/____
 Provider NPI#: _____ Site NPI# _____
 Provider Name: _____ Provider Phone Number: ____-____-____

Patient Demographic Information:

Patient Last Name: _____ First Name: _____ Middle I: _____
 DOB: ____/____/____ Preferred Pronouns: _____
 Social Security Number: ____-____-____ Medical Assistance Number (MA): _____
 Current Address: Street _____ County _____ State _____ Zip Code _____
 Best Contact Phone Number: ____-____-____ Email: _____
 Emergency Contact Name: _____ Contact Phone Number: ____-____-____
 Communication Barrier: Yes ____ (Requires an Interpreter Y/N) No ____ Primary Language _____

Insurance Status (at time of prenatal visit):

Uninsured: Y ____ N ____	FFS: Y ____ N ____	Applied for Maryland MA: Y ____ N ____ Date: ____/____/____
Maryland Medicaid: Y ____ N ____		MCO: _____

Demographics:

<u>Biologic Sex</u>	Male ____ Female ____	Other: _____	
<u>Gender Identity</u>	Cisgender: _____ Male ____ Female ____	Other: _____ (Patient's own definition) _____	
<u>Race (check all that apply)</u>	Black or African American ____	Asian ____	American Native ____
	Hispanic ____	Native Hawaiian/Pacific Islander ____	Alaska Native ____
	Non Hispanic White	Multiracial	Unknown
<u>Educational Level:</u>	Highest Grade Completed ____	Currently in School: Yes ____ No ____	GED: Yes ____ No ____
<u>Marital Status:</u>	Married ____	Unmarried ____	Unknown ____
	Separated ____	Divorced ____	

Obstetric History Gravida ____ Para ____:

#Full Term Births		#Preterm Births		#Ectopic Pregnancies	
#Spontaneous Abortions		#Therapeutic Abortions		#Living Children	

Entry to Prenatal Care:

Date of Initial OB visit	____/____/____	Trimester of 1st Prenatal visit	____ 1st ____ 2nd ____ 3rd
LMP	____/____/____	EDC	____/____/____

Risk Factor Assessment:

Psychosocial Risks (Check all that apply)

Mental/Behavioral Health¹	Overwhelming Anxiety/Stress: Y ___ N ___ Poor Coping Skills: Y ___ N ___ Depression: (Active Diagnosis): Y ___ N ___ Past Hx: Y ___ N ___ Partner Dissatisfaction: Y ___ N ___ Intimate Partner/Family Violence/Abuse: Y ___ N ___ Developmental Disability: Y ___ N ___
Behavioral Health Admissions²	Recent Psychiatric Inpatient Admission within <1 year: Y ___ N ___ Admission Diagnosis: _____
Substance Misuse²	Drugs and/or Opioid Misuse/Addiction: Y ___ N ___ Drug: _____ Currently in SUD treatment: _____ Methadone _____ Subutex _____ Recent SUD related Inpatient Admission. within <1 year: Y ___ N ___ Exchanging sex for drugs: Y ___ N ___ Nicotine/Tobacco/Vaping use: Y ___ N ___ Amount: _____ Alcohol: Y ___ N ___ Amount ___/day
Financial Insecurity³	Currently Unemployed: Y ___ N ___ Temporary Assistance for Needy Families (TANF) eligibility: Y ___ N ___
Social Support/Network⁴	Identified lack of Friends/Family Social Support Network: Y ___ N ___ Housing Insecurity/Homelessness: Y ___ N ___ Lack of Transportation: Y ___ N ___ Child Care Issues: Y ___ N ___ Recent incarceration/Partner currently incarcerated: Y ___ N ___
Nutrition	Food Insecurity/Poor Nutrition: Y ___ N ___
Exercise//Self Care	Lack of regular exercise (30min/day for at least 3x/wk): Y ___ N ___

Medical Risks (Check all that apply)

Maternal Age	Age < or = 16 ___ Age > or = 35 ___
Maternal BMI	BMI < 18.5 ___ or BMI > 30 ___
Sexually Transmitted Infection - STI, (GC/Chlamydia/HIV/Hep B/C or Syphilis)	Current/Recently Treated STI: STI Name: _____ STI screening (including Syphilis) completed for current Pregnancy: Y ___ N ___ Past STI Hx: (Syphilis) ___ (Herpes) ___
Chronic Disease	Asthma: Y ___ N ___ Inhaler Rx: Y ___ N ___ Diabetes Y ___ N ___: If YES then Treatment Medication: _____ Chronic HTN/Heart Disease: Y ___ N ___ Sickle Cell Disease: Y ___ N ___ Sickle Cell Trait: Y ___ N ___ Anemia - HCT < 33 or HGB < 11: Y ___ N ___ Lab Result _____ Autoimmune Disorder: Y ___ N ___ If yes please name: _____ H/O - Thrombophilias/DVT: _____ If yes please describe: _____

Dental Care	Last Dental visit >1 year. Y ___ N ___
-------------	--

Pregnancy Risk Factors (Check all that apply)

Identified obstetric risks	Patient's First Pregnancy: Yes ___ No ___ Covid Vaccinated: Yes ___ No ___ Covid Booster Current: Yes ___ No ___ Short Interval Pregnancy <9 Months from last birth: Yes ___ No ___ Late Entry into Care >14 week: Y ___ N ___ Previous H/O Preterm Labor/Birth: Y ___ N ___ H/O Previous Gestational Diabetes: Y ___ N ___ Current multiple gestation pregnancy: Y ___ N ___ H/O previous LBW Baby: Y ___ N ___ H/O previous Fetal Death In Utero >20 weeks: Y ___ N ___ Previous Pregnancy affected with Preeclampsia/Eclampsia/HELLP Syndrome: Y ___ N ___ H/O Cervical Incompetence: Y ___ N ___ H/O Previous infant affected with congenital defect: Y ___ N ___ Define: _____
-----------------------------------	---

DEFINITIONS (To help complete Risk Assessment)

¹ Mental/Behavioral Health	Concern for the need of BH Services.
¹ Intimate Partner/Family Violence/Abuse	Physical, psychological abuse or violence within the patient's environment.
¹ Exposure to long-term stress	Partner-related, financial, personal, emotional.
² Substance Misuse	- Concern for use of illegal substances within the past 6 months. - At "risk-drinker" as determined by a screening tool such as T-ACE, CAGE, or AUDIT.
³ Financial Insecurity	Example: Unemployed > 3months. Involved in exchanging sex for drugs.
⁴ Lack of social/emotional support	Absence of support system i.e. family/friends. Feeling isolated.
Family History/Genetic risk.	At risk for a genetic or hereditary disorder. Known genetic carrier. H/O congenital anomalies.
Communication barrier	In need of an interpreter.
Dental Care	Last Dental Visit > 1year.
Prior Preterm birth	H/O of preterm birth (prior to the 37th gestational age).
Prior LBW birth	Low birth weight birth (under 2,500 grams).

Maryland Prenatal Risk Assessment Form (Instructions for use)

Purpose of Form: Identifies pregnant women who may benefit from local health department Administrative Care Coordination (ACCU) services and serves as the referral mechanism. ACCU services complement medical care and may be provided by nurses, community health and outreach workers and may include education about Medicaid benefits, reinforcement of the medical plan of care, resource linkage and other related services.

Instructions: On the initial visit the provider/staff will complete the demographic and assessment sections for pregnant

Fax the MPRA to the local health department in the woman's county of residence See list of ACCU below)

Mailing Address (client resides)	Phone Number
Allegany County ACCU 12501 Willowbrook Rd S.E. Cumberland, MD 21502	301-759-55107 Fax: 301-777-2401
Anne Arundel County ACCU 3 Harry S. Truman Parkway, HD8 Annapolis, MD 21401	410-222-7177 Fax: 410-222-4150
Baltimore City ACCU Healthcare Access Maryland 1 N. Charles St., #900 Baltimore, MD 21201	410-410-949-2357 Fax: 1-888-657-8712
Baltimore County ACCU 6401 York Rd., 3rd Floor Baltimore, MD 21212	410-887- 4381 Fax: 410-828-8346
Calvert County ACCU 975 N. Solomon's Island Rd, Prince Frederick, MD 20678	410-535-5400 Fax: 410-535-1955
Caroline County ACCU 403 S. 7th St. Denton, MD 21629	410-479-8189 Fax: 410-479-4871
Carroll County ACCU 290 S. Center St, Westminster, MD 21158-0845	410-876-4941 Fax: 410-876-4949
Cecil County ACCU 401 Bow Street Elkton, MD 21921	410-996-5130 Fax: 410-996-0072
Charles County ACCU 4545 Crain Highway White Plains, MD 20695	301-609-6760 Fax: 301-934-7048
Dorchester County ACCU 3 Cedar Street Cambridge, MD 21613	410-901-8167Fax: 410-228-8976
Frederick County ACCU 350 Montevue Lane Frederick, MD 21702	301-600-3131 Fax: 301-600-3372
Garrett County ACCU 1025 Memorial Drive	301-334-7695 Fax: 301-334-7771

women enrolled in Medicaid at registration and those applying for Medicaid.

- Enter both the provider and site/facility NPI numbers.
- Print clearly; use black pen for all sections. Press firmly to imprint. White-out previous entries on original completely to make corrections.
- If the client does not have a social security number, indicate zeroes.
- Indicate the person completing the form.
- Review for completeness and accuracy.

Faxing and Handling Instructions: Do not fold, bend, punch holes or staple forms. **Fax the MPRA to the local health department in the client's county of residence.** To reorder forms call the local ACCU.

Oakland, MD 21550	
Harford County ACCU 2015 Pulaski Highway, #E, Havre De Grace, MD 21078	410-942-7909 Fax: 443-502-8975
Howard County ACCU 8930 Stanford Blvd., . Columbia, MD 21045	410-313-7567 Fax: 410-313-5838
Kent County ACCU 125 S. Lynchburg Street Chestertown, MD 21620	410-778-7035 Fax: 410-778-7019
Montgomery County ACCU 1401 Rockville Pike, #2400 Rockville, MD 20852	240-777-1648 Fax: 240-777-1604
Prince George's County ACCU 9314 Piscataway 'Rd., Clinton, MD 20735	301-301-856-9403Fax: 301-856-9628
Queen Anne's County ACCU 206 N. Commerce Street Centreville, MD 21617	443-262-4456 Fax: 443-262-9357
St Mary's County ACCU 21580 Peabody St. Leonardtown, MD 20650	301-475-6776 Fax: 301-309-4117
Somerset County ACCU 8928 Sign Post Rd., Westover, MD 21871	443-523-1758 Fax: 410-651-2572
Talbot County ACCU 100 S. Hanson Street Easton, MD 21601	410-819-5600 Fax: 410-819-5683
Washington County ACCU 1302 Pennsylvania Avenue Hagerstown, MD 21742	240-313-3464 Fax: 240-313-3222
Wicomico County ACCU 108 E. Main Street Salisbury, MD 21801	410-543-6942 Fax: 410-543-6987



Enriched Maternity Services Record (02/2022)

Name: _____ MA#: _____

Date Risk Assessment Completed: _____

Phase of Pregnancy	Counseling Topic	Date & Initials of Provider					
Prenatal Care	Benefits of regular Prenatal Visits						
	Reviewed Antenatal Screening options						
	Maternal Obesity - Nutrition						
	Healthy LifeStyle - Anxiety/Stress Management & Exercise in Pregnancy						
	Performed Depression Screening						
	Immunizations (Influenza & Covid 19)						
	Risks of ETOH/Tobacco Use Risks of Illegal substance/Opioid Use. MOM Resources						
	Benefits of Preventive Dental Care						
	Preterm Labor Education						
	Screened for Intimate Partner/Family - Abuse/Violence.						
	Discussed Behavioral Health Resources						
	Discussed Social Support Services (Housing/Transportation/Language Barriers)						
	Discussed Doula & Childbirth Education						
Postpartum Care	Benefits of WIC - Resources Breastfeeding (Benefits/Support)						
	Discussed Infant Car Seat Requirements						
	Discussed establishing Pediatric Care						
	Importance of Postpartum Care/followup						
	Safe Haven https://dhs.maryland.gov/safe-haven/						
	Postpartum Depression Screening (Example: Edinburgh or Beck Screens.)						
	Reviewed Family Planning options						

For assistance with care coordination and referral to support services - i.e. WIC, substance use or mental health treatment, community resources, contact the LHD ACCU (see contact info on back of MPRA) Date referred _____