

Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Dennis R. Schrader, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM

Managed Care Organization Transmittal No. 155
Hospital Transmittal No. 290
Obstetricians Transmittal No. 4
Physician Transmittal No. 155
Physician Assistants Transmittal No. 6
Nurse Practitioners Transmittal No. 26
Nurse Midwives Transmittal No. 31

April 29, 2022

To: Managed Care Organizations

Hospitals Obstetricians Physicians

Physician Assistants Nurse Practitioners Nurse Midwives

From: Tricia Roddy, Deputy Director

Maryland Medicaid Administration

Subject: Updates to the Maryland Prenatal Risk Assessment Form and Enriched Maternity

Services Form

Note: Please ensure the appropriate staff members in your organization are informed of

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the contents of this transmittal

The purpose of this transmittal is to inform HealthChoice Managed Care Organizations (MCOs) and feefor-service prenatal care providers of updates to the Maryland Prenatal Risk Assessment (MPRA) and the Enriched Maternity Services (EMS) form. Updates to both the MPRA and EMS Forms reflect more recently recognized medical and psychosocial risk factors associated with poor maternal and newborn outcomes.

The MPRA helps to identify patients who may have medical, and psychosocial predictors of poor birth outcomes. COMAR 10.67.04.08 requires that the MPRA be completed for Medicaid participants at the first prenatal care visit. Completing the form can help identify risk factors that place pregnant patients at a higher risk for morbidity and mortality. The MPRA process links pregnant patients with important health related resources within the community via referral to the local health department (LHD) Administrative Care Coordination Unit (ACCU) services. The referral process strengthens partnerships between patients,

providers, MCOs, and LHDs by helping to coordinate necessary care and services to best address identified risks.

Updates to the MPRA include questions to help identify potential psychosocial risk factors. These factors include social support (poor patient support network, transportation issues, housing insecurity, limited childcare) behavioral health (coping skills, anxiety/stress, partner abuse, recent inpatient admission), financial and food insecurity, and substance use disorder. The updates also aid in identifying potential medical risk factors by adding screening for cervical incompetence, thrombophilias, updated STI screening, and vaccination status.

The EMS form updates include new counseling categories representing social determinants of health to be addressed during the pregnancy and postpartum, including the MDH Doula Program, promoting healthy lifestyles (nutrition/exercise/self-care), immunization updates, antenatal testing/screening options, postpartum depression screening, and Safe Haven reference.

EMS contents align with the enriched maternity services criteria outlined in COMAR 10.67.06.21, which require prenatal and postpartum counseling and education, basic nutritional education, substance use disorder treatment referrals (if applicable), and referrals to community support services that may improve the pregnancy outcome, such as the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC).

Maryland Prenatal Risk Assessment Form Guidance

- Complete the MPRA at the **initial prenatal visit**.
- Enter your NPI and the facility NPI (if applicable). Both NPIs assist MDH with monitoring provider compliance.
- Within 10 days of completion of the form, fax the MPRA to the local health department (LHD) ACCU based on the <u>patient's county of residence</u>. LHD fax numbers are listed on the third page of the MPRA. The ACCU and Medicaid will then forward the MPRAs to the MCOs.
- The HCPCS billing code for the completion of the MPRA, and development of the plan of care, is H1000.
- To obtain additional quantities of the MPRA forms, contact your LHD ACCU.

Enriched Maternity Services Form Guidance

- Complete the EMS at **prenatal and postpartum visits**.
- The HCPCS billing code for completion of the EMS is H1003.
- Providers may print copies of the EMS on the Maryland Medicaid Administration Provider Information page, located under "Reproductive Health Provider Resources" here: https://health.maryland.gov/mmcp/Pages/Provider-Information.aspx.

To bill HealthChoice MCOs after completing these forms, providers may refer to each MCO's provider manual, preauthorization procedures, and billing instructions. To bill Medicaid fee-for-service, please check the professional services fee schedule and provider manual for more information.

If you have any questions about these forms or their processes, contact your local ACCU or the HealthChoice Division of Community Liaison and Care Coordination at 410-767-3605.