



What is the Maryland Prenatal Risk Assessment? for Medicaid Members

The Maryland Prenatal Risk Assessment is also called the MPRA. The MPRA is a form that asks pregnant patients important health questions. Your answers are used to connect you with helpful services. These services can help keep you and your baby healthy before and after birth. You could get these services because your healthcare is covered by Medicaid.

Who fills out the MPRA?

The MPRA is filled out at your first prenatal visit. A doctor or nurse will ask you questions, and then fill out the form.

What information is on the MPRA?

The MPRA asks about your health history. It also asks about needs you have, like finding childcare or getting enough food. These questions help find programs that could help you.

How does the MPRA get used?

The MPRA is sent to your county's health department and health plan to help get you into services. This could be:

- Home visiting services
- A case manager that will help you with doctor's appointments
- Programs for people with addiction, like the MOM program
- WIC, SNAP, and other nutrition programs
- Programs in your community, like daycare assistance

What can I expect from the MPRA?

At your first prenatal visit, a nurse or doctor will ask you the questions on the MPRA and fill out the form. After that visit, you may get a call from a nurse at your county's health department and/or by your health plan. They will have a list of helpful programs and services that you can choose to participate in. These services can help you have a healthy pregnancy.