Maryland
Money Follows the Person
Overview

- Federal demonstration created by the Deficit Reduction Act of 2005, offered through the Centers for Medicare and Medicaid Services

- 5 year demonstration designed to:
  - Assist states in rebalancing long-term care systems
  - Increase the use of Home- and Community-Based Services (HCBS)
  - Remove barriers to receiving services in the community

- Maryland is one of 31 states participating in the demonstration

- Newly proposed legislation could extend the demonstration through 2016
Federal Requirements

- To access MFP funds, states must transition individuals receiving Medicaid services in “qualified institutions” to “qualified residences”
  - Individual must have lived for 6 months in institution
  - Individual must have 1 prior month of Medicaid eligibility

- The State receives enhanced federal matching funds for HCBS provided to demonstration participants for 365 days
  - The enhanced match generates “savings”

- States are required to spend savings on MFP rebalancing initiatives
# Maryland’s Transition Goals

<table>
<thead>
<tr>
<th>Population</th>
<th>Actual Transitions (as of October 2009)</th>
<th>Transition Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Older Adults</td>
<td>137</td>
<td>450</td>
</tr>
<tr>
<td>Physical Disabilities</td>
<td>157</td>
<td>494</td>
</tr>
<tr>
<td>Developmental Disabilities</td>
<td>117</td>
<td>250</td>
</tr>
<tr>
<td>Other Disabilities</td>
<td>5</td>
<td>27</td>
</tr>
<tr>
<td></td>
<td>(Brain Injury, Mental Illness)</td>
<td></td>
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<tr>
<td><strong>Total Transitions</strong></td>
<td><strong>1221</strong></td>
<td></td>
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</tbody>
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NF = Nursing Facility; SRC = State Residential Center; IMD = Institution for Mental Disease; Chronics = Chronic Hospital
Rebalancing Initiatives

- Increase outreach to institutional residents
  - Peer Outreach Contracts
  - Program Education
  - Application Assistance

- Improve the transition process
  - Enhance Transitional Case Management
  - Housing Assistance

- Enhance existing community-based services
  - Peer Mentoring
  - New Waiver Services
  - Better Systems
Outreach and Education

New peer outreach to nursing facility residents

- Peers provide information about the basic option to receive services in the community
- Peers refer individuals expressing interest in additional information to the AAAs for program education

• Program Education
  - AAA staff provide detailed information about Medicaid home and community-based services and other community resources
  - Includes information about the application process, eligibility, services, and providers as well as the opportunities and challenges of community living

• Partnership with the Maryland Access Point (MAP) long-term care resource website;
Improving Transitions

Enhanced Assistance for nursing facility residents

- **Application Assistance**
  - AAAs provide assistance in completing applications for the Older Adults, Living at Home, and Medical Day Care waivers
  - Includes assistance in gathering supporting documentation

- **Enhanced Transitional Case Management**
  - Housing Assistance: Direct support to identify and apply for community-based housing opportunities
    - Offering training in developing housing expertise
  - Administration of waiver transition and MFP flexible funds
  - Person–Centered Planning training offered to case managers
Community Integration

- Peer Mentoring Services
  - Designed to enhance community integration, aid in the development of community roles, and teach independent living skills
  - Available to MFP participants for one year after transition
  - Provided by the Centers for Independent Living
  - Transition candidates are referred for peer mentoring by the transitional case managers via the tracking systems
Enhanced Services

- New services added to waiver programs
  - Living at Home Waiver
    - Home delivered meals, dietician and nutritionist services, and environmental assessments
  - Older Adults Waiver
    - Transition funds up to $3,000 for setting up a community residence
- Up to $700 in flexible funds for MFP participants
  - Transition expenses not normally allowed under Medicaid rules
    - Initial supply of groceries
    - Non-medical transportation
Enhanced Systems

- MFP Behavioral Health Workgroup
  - Developing new services to better support individuals with dementia, mental illness, substance abuse, and brain injury who may access the waivers

- Aging and Disability Resource Centers
  - Creates single point of entry for consumers
  - Improves coordination and quality of resources
  - Potential to streamline eligibility
  - Coordinates multiple State and Federal efforts
  - Provides framework to sustain MFP efforts of outreach, education, and improved access to services
Questions?

Lorraine Nawara
Maryland MFP Project Director
Office of Health Services, DHMH
(410) 767-1442
NawaraL@dhmh.state.md.us

Devon Snider
MFP Associate Project Director
Office of Health Services, DHMH
(410) 767-9730
SniderD@dhmh.state.md.us