

SPAs by Jurisdiction

Last updated: 10/17/2025 by MALF

<u>Jurisdiction</u>	<u>Area Agencies on Aging (AAAs) and Supports Planning Agencies (SPAs) Serving this Jurisdiction</u>
Allegany County	• Allegany County Human Resources Development Commission • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI)
Anne Arundel County	• Anne Arundel County Department Area on Aging • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS) • Southern Maryland Center for Independent Living (SMCL)
Baltimore City	• Baltimore City Health Department Office on Aging and Care Services • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS) • Fresh Start Therapeutic Services

Baltimore County	• Baltimore County Department of Aging • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS) • Fresh Start Therapeutic Services
Calvert County	• Calvert County Office on Aging • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • Southern Maryland Center for Independent Living (SMCIL)
Caroline County	• Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Carroll County	• Carroll County Bureau of Aging and Disabilities • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI)

Cecil County	• Cecil County Department of Community Services • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Charles County	• Charles County Department of Community Services • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • Southern Maryland Center for Independent Living (SMCIL) • WJ Community Integration Services, LLC (WJCIS)
Dorchester County	• MAC, Inc • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Frederick County	• Frederick County Division of Aging and Independence • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS)
Garrett County	• Garrett County Area on Aging

	• Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI)
Harford County	• Harford County Office on Aging • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS) • Fresh Start Therapeutic Services
Howard County	• Howard County Department of Citizen Services - Office on Aging • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS)
Kent County	• Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Montgomery County	• Montgomery County Area Agency on Aging

	• Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • WJ Community Integration Services, LLC (WJCIS) • Independence Now (IN) • Fresh Start Therapeutic Services • Mind Kind
Prince George's County	• Prince George's County of Department of Family Services • Medical Management and Rehabilitations Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc (SCI) • Southern Maryland Center for Independent Living (SMCIL) • WJ Community Integration Services, LLC (WJCIS) • Fresh Start Therapeutic Services • Mind Kind
Queen Anne's County	• Queen Anne's County Department of Aging • Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Somerset County	• MAC, Inc • Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC)

	• Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
St. Mary's County	• St. Mary's County Department of Aging & Human Services • Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc. (SCI) • Southern Maryland Center for Independent Living (SMCIL) • WJ Community Integration Services, LLC (WJCIS)
Talbot County	• Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
Washington County	• Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Service Coordination Inc. (SCI) • WJ Community Integration Services, LLC (WJCIS)
Wicomico County	• MAC, Inc • Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)

Worcester County	• MAC, Inc • Medical Management and Rehabilitation Services (MMARS) • The Coordinating Center (TCC) • Total Care Services (TCS) • Beatrice Loving Heart (BLH) • Bay Area Center for Independent Living (Bay Area CIL)
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List of Contact Information

1. Allegany County Human Resources Development Commission

Address: 125 Virginia Ave Cumberland, MD 21502

Phone number: 301-777-5970, Fax: 301-783-1890

Website: <https://alleganyhrdc.org/community/supportsplanning>

Contact 1: Michelle Brown, Supports Planning Manager

Contact email 1: mbrown@alleganyhrdc.org

Contact phone number 1: 301-707-0263

2. Anne Arundel County Area on Aging

Address: 2666 Riva Road, Annapolis, MD 21401

Phone number: 410-222-0222, Fax: 410-222-4358

Website: <https://www.aacounty.org/departments/aging-and-disabilities/>

Contact 1: Tricia Blaser, Program Director, Anne Arundel County Dept of Aging AAA

Contact email 1: aqblas00@aacounty.org

3. Baltimore City Health Department (BCHD) - Office of Aging and Care Services

Address: 417 E. Fayette Street, Baltimore, MD 21202 6th Floor

Phone number: 410-545-1568

Website: <https://health.baltimorecity.gov/programs/seniors>

Contact 1: Anita Clay Stark, Special Program Administrator II

Contact email 1: anita.clay@baltimorecity.gov

Contact 2: Bryon Pugh, Assistant Commissioner, Baltimore City Health Department

Contact email 2: byron.Pugh@baltimorecity.gov

4. Baltimore County Department of Aging

Address: 611 Central Ave, Towson, MD 21204 Room #220

Phone number: 410-887-4720, Fax: 410-887-8796

Website: <https://www.baltimorecountymd.gov/departments/aging/>

Contact 1: Roslyn Cooley Prayer, Program Manager, Home and Community-Based Services

Contact email 1: rcooley-prayer@baltimorecountymd.gov

5. Bay Area Center for Independent Living (Bay Area CIL)

Address: 31516 Winterplace Parkway, Salisbury, MD 21804

Phone number: 443-260-0822, Fax: 443-260-0833, Toll Free: 877-511-0744

Website: <https://www.bayareacil.org/>

Contact 1: Dr. Katherine Jones, Executive Director

Contact email 1: kjones@bayareacil.org

6. Beatrice Loving Heart (BLH)

Address: 10001 Derek Lane, Lanham, MD 20706 Suite 120

Phone number: 301-951-0105 (Ext.502 or Ex. 616), Fax: 443-539-8007, Toll Free: 1-855-653-3502

Website: <https://blhnurses.com/>

Contact 1: Rose Emelike, Agency Director

Contact email 1: remelike@blhnurses.com

7. Calvert County Office on Aging

Address: 450 West Dares Beach Road, Prince Frederick, MD 20678

Phone number: 410-535-4606, 301-855-1170; Fax: 410-535-1903"

Website: <https://www.calvertcountymd.gov/113/Office-on-Aging>

Contact 1: Edward Sullivan, Director/Division Chief

Contact email 1: edward.sullivan@calvertcountymd.gov

8. Carroll County Bureau of Aging and Disabilities

Address: 125 Stoner Avenue, Westminster, MD 21157

Phone number: 410-386-3800

Website: <https://www.carrollcountymd.gov/government/directory/citizen-services/aging-disabilities/>

Contact 1: Christie Mattingly, Program Manager

Contact email 1: cmattingly@carrollcountymd.gov

Contact 2: Roberta Lawrence, Supervisory Program Manager

Contact email 2: rlawrence@carrollcountymd.gov

9. Cecil County Department of Community Services

Address: 200 Chesapeake Blvd, Elkton, MD 21921 Suite 2550

Phone number: 410-996-5295, Fax: 410-620-9483

Website: <https://www.ccgov.org/government/community-services/aging-and-disability-services>

Contact 1: Erin Bird, Chief

Contact email 1: EBird@cecilcountymd.gov

Contact 2: Ana Williams, Supervisor

Contact email 2: AWilliams@cecilcountymd.gov

10. Charles County Department of Community Services

Address: 8190 Port Tobacco Rd., Port Tobacco, MD 20677

Website: <https://www.charlescountymd.gov/government/departments/community-services>

Contact 1: Kimberly Bourque, Lead Review/Case Manager

Contact email 1: Bourquek@charlescountymd.gov

Contact phone number 1: 301-934-0133

11. Frederick County Division of Aging and Independence

Address: 1440 Taney Avenue Frederick, MD 21702

Phone number: 301-600-1234, Fax: 301-600-3554

Website: <https://frederickcountymd.gov/54/Aging-and-Independence>

Contact 1: Carolyn True, Area Agency on Aging/Operations Director

Contact email 1: ctrue@frederickcountymd.gov

Contact 2: Dawn Morales, Client Services Administrator

Contact email 2: dmorales@frederickcountymd.gov

12. Fresh Start

Address: 626 Towne Center Drive, Joppa, MD 21085

Phone number: 443-313-3240

Website: <https://www.freshstarttx.org>

Contact 1: Anqunett Carter, Program Director

Contact email 1: acarter@freshstarttx.org

13. Garrett County Area on Aging

Address: 104 East Center St. Oakland, MD 21550

Phone number: 301-334-9431

Website: <https://mygarrettcountry.com/resources/listing/area-agency-on-aging>

Contact 1: Joni Hensley, Support Planner Administrator/Senior Supports Manager

Contact email 1: jhensley@garrettcac.org

14. Harford County Office on Aging

Address: 145 N Hickory Avenue, Bel Air, MD 21014

Phone number: 410-638-4283, Fax: 410-893-2371

Website: <https://www.harfordcountymd.gov/651/Office-on-Aging>

Contact 1: Patricia Brown, Waiver Program Manager

Contact email 1: pambrown@harfordcountymd.gov

Contact 2: Barbara Hergett, Program Lead

Contact email 2: bhergett@harfordcountymd.gov

15. Howard County Department of Citizen Services - Office on Aging

Address: Aging & Independence, 9830 Patuxent Woods Drive, Columbia, MD 21046

Phone number: 410-313-1234

Website: <https://www.howardcountymd.gov/aging-independence>

Contact 1: Stephen Lee, Interim Manager

Contact email 1: slee@howardcountymd.gov

16. Independence Now (IN)

Address: 12301 Old Columbia Pike, Silver Spring, MD 20904 Suite 101

Phone number: 240-638-0074, Fax: 301-625-9777

Website: <https://www.innow.org/>

Contact 1: Nina Russell – Director of Supports Planning

Contact email 1: nrussell@innow.org

17. MAC, Inc

Address: 909 Progress Circle, Salisbury, MD 21804 Suite 100

Phone number: 410-742-0505, Fax: 410-742-9572

Website: <https://macinc.org/>

Contact 1: Amanda Bryan, Supports Planning Supervisor

Contact email 1: abryan@macinc.org

Contact phone number 1: 410-742-0505 ext 142

18. Medical Management and Rehabilitation Services (MMARS)

Address: 609 Global Way, Linthicum, MD 21090 Suite 113

Phone number: 410-332-8197, Fax: 410-332-0895

Website: <https://mmars.com/>

Contact 1: Wesley Robinson, Program Manager

Contact email 1: Wrobinson@mmars.com

19. Mind Kind

Address: 9121 Piscataway Road #1B, Clinton, MD 20735

Phone number: 301-310-5506, Fax: 240-266-0062

Website: <https://www.mindkind.llc>

Contact 1: Mikala Martin

Contact email 1: mikala@mindkind.llc

20. Montgomery County Area Agency on Aging

Address: 401 Hungerford Drive, Rockville, MD 20850

Phone number: 240-777-1120

Website: <https://www.montgomerycountymd.gov/HHS-Program/ADS/COA/COAindex.html>

Contact 1: Deneisha Cauthen, Montgomery County

Contact email 1: deneisha.Cauthen@montgomerycountymd.gov

21. Prince George's County of Department of Family Services

Address: Dyer Health Center 9314 Piscataway Rd, Clinton, MD 20735

Phone number: 301-265-8450, Fax: 301-248-5362

Website: <https://www.princegeorgescountymd.gov/1644/Older-Adult-Services>

Contact 1: Carole Taliaferro, Unit Manager, Prince George's County AAA

Contact email 1: CATaliaferro@co.pg.md.us

22. Queen Anne's County Department of Aging

Address: 104 Powell Street, Centreville, MD 21617

Phone number: 410-758-0848, 410-778-9399, Fax: 410-758-4489

Website: <https://www.qac.org/155/Area-Agency-on-Aging-Senior-Centers>

Contact 1: Anne Van Benschoten, Community Care Administrator, Queen Anne's County AAA

Contact email 1: avanbenschoten@qac.org

23. Service Coordination Inc. (SCI)

Address: 5283 Corporate Drive, Frederick, MD 21703 Suite 103 or

9 Park Center Court, Owings Mills, MD 21117 Suite 103

Phone number: 888-505-8677, Fax: 301-663-9609

Website: <https://www.servicecoord.org/>

Contact 1: Lora Hawkins, VP of Supports Planning Services, Service Coordination

Contact email 1: lhawkins@sc-inc.org

Contact 2: Lauren Durham, Program Manager, Service Coordination

Contact email 2: ldurham@sc-inc.org

24. Southern Maryland Center for Independent Living (SMCIL)

Address: 38588 Brett Way Suite 1 Mechanicsville, MD 20659

Phone number: 301-884-4498, Fax: 301-884-6099, Toll Free: 1-866-498-0311

Email: info@smcil.org

Website: <https://www.smcil.org/>

Contact 1: Pamela Ford, Deputy Executive Director, Southern Maryland CIL

Contact email 1: pford@smcil.org

Contact 2: Lidiya Belyovska, Executive Director, Southern Maryland CIL

Contact email 2: lbelyovska@smcil.org

25. St. Mary's County Department of Aging & Human Services

Address: P.O. Box 653, 41780 Baldrige Street, Leonardtown, MD 20650

Phone number: 301-475-4200, Fax: 301-475-4503

Website: <https://www.stmaryscountymd.gov/aging/>

Contact 1: Rebecca J. Kessler, Home & Community-Based Services Division Manager, St. Mary's County Department of Aging & Human Services

Contact email 1: rebecca.kessler@stmaryscountymd.gov

Phone number: 301-475-4200 Ext. 1061

26. The Coordinating Center (TCC)

Address: 8531 Veterans Highway, 3rd Floor, Millersville, MD 21108

Phone number: 410-987-1048, 301-621-7830

Website: <https://www.coordinatingcenter.org/>

Contact 1: Megan Bazzett, Program Director, Community First Programs, Coordinating Center

Contact email 1: mbazzett@coordinatingcenter.org

27. Total Care Services (TCS)

Address: 9901 Business Parkway, Lanham, Maryland 20706 Suite R

Phone number: 301-918-0070, Fax: 301-918-3872, Help Desk: 301-918-0070

Website: <https://totalcare1.org/what-we-do/maryland-services/supports-planning/>

Contact 1: Tara O'Leary, Director of Supports Planning

Contact email 1: tarao@totalcare1.com

28. WJ Community Integration Services, LLC (WJCIS)

Address: 8920 Stephens Rd, Laurel, MD 20723

Phone number: 410-402-5382, Fax: 866-232-1694

Website: <https://wjcis.com/>

Contact 1: Shiketa Jenkins, CEO WJ Community Integration Services

Contact email 1: sjenkins@wjcis.com

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