



STATE OF MARYLAND

DHMH

Office of Operations, Eligibility and Pharmacy
Medical Care Programs

Maryland Department of Health and Mental Hygiene
201 W. Preston Street • Baltimore, Maryland 21201

Robert L. Ehrlich, Jr., Governor – Nelson J. Sabatini, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
Managed Care Organization Transmittal No. 54
May 24, 2004

TO: Managed Care Organizations

FROM: Joseph E. Davis, Executive Director
Office of Operations, Eligibility and Pharmacy

NOTE: Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal.

RE: Mental Health Formulary, Managed Care Carve-Out

As a cost containment measure the Department has implemented a Preferred Drug List. A Pharmacy and Therapeutics Committee has been established to recommend medications for inclusion on the Preferred Drug list. Certain mental health medications have not been included on the Preferred Drug List. Therefore, those medications now require prior authorization when they are prescribed. If physicians in your network prescribe mental health drugs, they need to be aware of the prior authorization requirement. Refills for current mental health regimens (those dispensed within the last 90 days) will be processed without prior authorization.

There have been no changes to the American Hospital Formulary Service (AHFS) therapeutic classes included in the Mental Health Carve-Out. All products are now listed alphabetically within each AHFS class. The brand name is used when the drug is not generically available or there is a different prior authorization requirement for brand verses generic.

The attached Maryland Medicaid Mental Health Formulary Managed Care Carve-Out is current as of April 2004. If additional prior authorization requirements are recommended by the Pharmacy and Therapeutics Committee, the updated versions will be posted at <http://mdmedicaidrx.fhsc.com/> or www.mdmahealthchoicern.com.

Questions concerning this transmittal should be directed to the Division of Pharmacy Services at 410-767-1455.

Attachments

**Maryland Medicaid Mental Health Formulary
Managed Care Carve-Out**

The table below includes mental health drugs carved out of the Managed Care Organization (MCO) pharmacy benefit. Drugs from all American Society of Health-System Pharmacists (AHFS) therapeutic classes included in the table, including specific drugs that may not be listed in this table, are carved out of the MCO pharmacy benefit and are payable as fee-for-service through Maryland Medical Assistance.

The following seven drugs, which may be used for some mental health indications, are not payable fee-for-service (unless otherwise noted) and are the responsibility of the HealthChoice MCOs for their enrollees, regardless of the prescriber.

Leuprolide acetate [†]	Naltrexone	Liothyronine
Clonidine	Medroxyprogesterone [†]	Disulfiram
Guanfacine		

[†]When used to treat males for behavioral problems, will be paid fee-for-service, but will require pre-authorization (PA).

There are six drugs included in the table below that have been bolded and marked with an “*”. These drugs are also exceptions to the carve-out and must be covered by the MCOs.

Therapeutic Class	Drug
Antiparkinsonian Agents AHFS Class No. 120804	benztropine biperiden procyclidine trihexyphenidyl
Miscellaneous Anticonvulsants AHFS Class No. 281292	carbamazepine* Lamictal* Neurontin* Topamax* valproate/divalproex
Antidepressants AHFS Class No. 281604	amitriptyline amoxapine bupropion bupropion SR (PA) <i>Celexa</i> (PA) clomipramine desipramine doxepin <i>Effexor</i> <i>Effexor XR</i> fluoxetine fluvoxamine imipramine <i>Lexapro</i> maprotiline mirtazapine mirtazapine Soltab (PA) <i>Nardil</i> nefazodone (PA) nortriptyline <i>Parnate</i> paroxetine <i>Paxil CR</i> <i>Pexeva</i> (PA) protriptyline <i>Prozac Weekly</i> (PA) <i>Remeron Soltab</i> <i>Sarafem</i> (PA) <i>Surmontil</i> <i>Symbyax</i> (PA) trazodone <i>Wellbutrin XL</i> <i>Zoloft</i> (under 6 and over 18 years PA required)

Antipsychotic Agents AHFS Class No. 281608	<i>Abilify</i> chlorpromazine clozapine fluphenazine <i>Geodon</i> haloperidol loxapine <i>Moban</i> <i>Orap</i> perphenazine <i>Risperdal</i> <i>Serentil</i> <i>Seroquel</i> thioridazine thiothixene trifluoperazine <i>Zyprexa</i>
Anorexigenic Agents and Respiratory and Cerebral Stimulants AHFS Class No. 282000	<i>Adderall XR</i> (over age 12 PA required) amphetamine (over age 12 PA required) <i>Concerta</i> <i>Desoxyn</i> (PA) dextroamphetamine (over age 12 PA required) <i>Focalin</i> metadate CD methamphetamine (over age 12 PA required) methylphenidate pemoline <i>Provigil</i> <i>Ritalin LA</i> <i>Strattera</i>
Anxiolytics, Sedatives and Hypnotics – Benzodiazepines AHFS Class No. 282408	alprazolam chlordiazepoxide clorazepate diazepam <i>Doral</i> estazolam flurazepam lorazepam midazolam* oxazepam temazepam triazolam
Benzodiazepines AHFS Class No. 281208	clonazepam
Miscellaneous Anxiolytics, Sedatives and Hypnotics AHFS Class No. 282492	<i>Ambien</i> buspirone chloral hydrate droperidol* hydroxyzine meprobamate
Antimanic Agents AHFS Class No. 282800	lithium

PA = Pre-authorization