

# Maryland Medicaid Home and Community-Based Long Term Care Services



Maryland Department of Health and Mental Hygiene

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Anthony G. Brown, *Lt. Governor*  
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The Department, in compliance with the Americans With Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits, and employment opportunities.



2009-2010



This guide describes Medicaid services that are designed to help those individuals who are interested in leaving an institution or who are at risk for institutionalization to remain in their homes. It describes the range of home and community-based services available through Medicaid and can help consumers, families, and health care professionals make informed decisions about long-term care services.

Maryland Medicaid offers home and community-based services for:

- Older adults,
- Persons with disabilities, and
- Children with chronic illnesses.

Maryland Medicaid's home and community-based services are offered through the regular Medicaid program and special Medicaid programs called "waivers." Each waiver has different eligibility criteria and each target a different population, such as older adults or people with a certain disability.

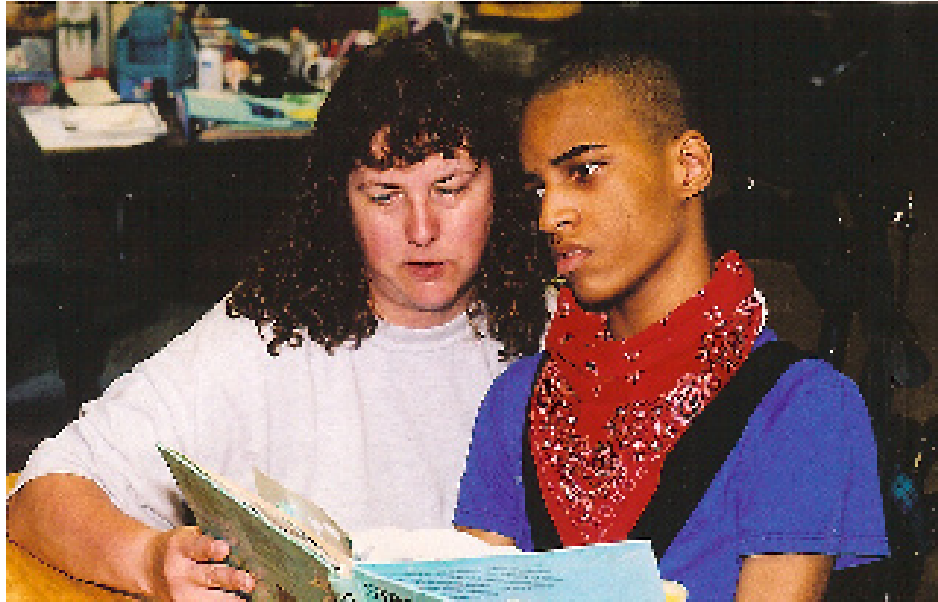
Additional information regarding Medicaid services can be found at: [www.dhmh.state.md.us/mma/mmahome.html](http://www.dhmh.state.md.us/mma/mmahome.html)

More booklets may be requested by calling 410-767-5220.



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## *Who is eligible for waiver services?*

Individuals must meet medical, financial, and technical criteria to qualify for Medicaid funded services. This guide outlines the basic eligibility criteria for each waiver program.

**Financial Eligibility:** Financial eligibility is based on both income and assets. Certain waiver programs may accept individuals with a different level of income than other traditional Medicaid programs. In these waivers, the monthly income limit in 2009 is \$2,022 and assets may not exceed \$2,000 or \$2,500 depending on eligibility category. The income standard changes annually in January.

- Income includes, but is not limited to, wages, social security benefits, veteran's benefits, pensions, annuities, self-employment income, and disability benefits.
- Assets include cash, bank accounts, stocks, bonds, mutual funds, and life insurance. The value of an individual's home may also be considered when calculating assets.

*Individuals should not try to determine eligibility for the waiver programs or any other Medical Assistance program based on the information provided in this booklet.* Trained Eligibility Case Managers make the final determination of eligibility.

**Medical Eligibility:** Medical and functional needs will be assessed during the application process. For some programs, a trained professional can go to an individual's home to assess health status and need for services.

**Technical Eligibility:** Most waivers target a specific age group or persons with a particular disability. Maryland Medicaid programs are available only to Maryland residents.

**What services are available?** For each program described in this guide, there is a list of services unique to that program. In addition, all waiver participants have access to traditional Medicaid services including prescription drugs, physician care, and hospital services.

**Waiver Registry** There is a limit on the total number of participants who can be served in each waiver. When the waiver is at maximum capacity, the waiver will be closed to community applicants. In the event that a waiver has reached maximum capacity, interested persons can place themselves on the Waiver Services Registry by calling 1-866-417-3480. As spaces in the waiver program reopen, persons on the Registry will be notified in turn.

**For more information...** See the description for each waiver program for information on who to contact regarding questions and additional information. Information can also be found via the Internet at: [www.dhmh.state.md.us/mma/waiverprograms/](http://www.dhmh.state.md.us/mma/waiverprograms/)

**Waiver Information for Nursing Home Residents** -- Individuals who currently reside in nursing homes may also apply for waiver services. Eligibility for a waiver program depends on the specific eligibility requirements for each waiver.

### ***Special Exception for Nursing Home Residents***

Each waiver program has a maximum number of participants who can be served. In some cases, a waiver program may have met maximum capacity and may not accept new applicants.

An individual who has been a nursing home resident, paid for by Medicaid, for at least 30 consecutive days can apply, from the nursing home, for the following waivers: Living at Home, Older Adults, Community Pathways, New Directions, and Adults with Traumatic Brain Injury. These persons may apply even if those waivers have reached their maximum capacity.



**The Medicaid Waiver for Children with Autism Spectrum Disorder** is administered by the Maryland State Department of Education. The local school systems provide or arrange for case management services called service coordination. The local lead agencies and school systems help individuals access many of the community services offered through this waiver

***Services that may be provided include:***

- Environmental accessibility adaptations
- Family training
- Intensive individual support services
- Respite care
- Service coordination
- Residential habilitation
- Therapeutic integration services
- All other standard Medicaid services

**Technical Eligibility:** Children must be between ages one through the end of the school year in which the youth turns 21 years old. Children must have an Individualized Family Service Plan (IFSP) or an Individualized Education Plan (IEP) and children have to be receiving at least 12 hours of special education services per week.

**Financial Eligibility:** Financial eligibility is based on the income and assets of the child alone without consideration of parents' financial status.

**Medical Eligibility:** Children who are diagnosed with Autism Spectrum Disorder are eligible. These children must meet the "institutional level of care" criteria and must be able to live in the community with the services available under this waiver.

***For more information ...***

Contact your local school system and ask to speak to the Autism Waiver Coordinator, or call the Maryland State Department of Education at **410-767-1446**, toll free **1-800-535-0182**, or Maryland Relay Service at **1-800-735-2258**.

As of January 2009, the waiver is full. Interested persons may place their name on the Waiver Services Registry by calling **1-866-417-3480**.



**The Community Pathways Waiver** is administered by the Developmental Disabilities Administration and provides services and supports in the community for individuals with developmental disabilities. Waiver participants receive services and supports from provider agencies funded by the Developmental Disabilities Administration.

*Services that may be provided include:*

- Resource coordination
- Residential habilitation
- Supported employment
- Day habilitation
- Personal support
- Family and individual support services
- Respite care
- Behavioral support services
- Environmental modifications
- Assistive technology and adaptive equipment
- Transportation (to access planned community activities)
- Transition services
- All other standard Medicaid services

**Technical Eligibility:** No age limitation.

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**Financial Eligibility:** Eligibility for Medicaid depends on an individual’s income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

**Medical Eligibility:** Individuals must need the level of care required to qualify for services in an intermediate care facility for the mentally retarded or persons with related conditions (ICF/MR).

**For more information...** Contact your Developmental Disabilities Administration Regional Office:

**Central Maryland**  
 (Anne Arundel County, Baltimore City, Baltimore County, Harford County, Howard County)  
 410-902-4500  
 Toll Free 1-877-874-2494  
 TTY 410-363-9430

**Southern Maryland**  
 (Calvert County, Charles County, Montgomery County, Prince George’s County, St. Mary’s County)  
 301-362-5100  
 Toll Free 1-888-207-2479  
 TTY 301-362-5131

**Eastern Shore**  
 (Caroline County, Cecil County, Dorchester County, Kent County, Queen Anne’s County, Somerset County, Talbot County, Wicomico County, Worcester County)  
 410-334-6920  
 Toll Free 1-888-219-0478  
 TTY 1-800-735-2258

**Western Maryland**  
 (Allegany County, Carroll County, Frederick County, Garrett County, Washington County)  
 301-791-4670  
 Toll Free 1-888-791-0193  
 TTY 301-791-4015



**The New Directions Waiver**, administered by the Developmental Disabilities Administration, provides individuals with developmental disabilities the opportunity to self-direct services and supports in their own home or family home. The individual, with the assistance of a Support Broker and Fiscal Management Service provider, directs the planning, budgeting, management and payment of his/her services and supports.

**Services that are required:**

- Fiscal Management Service
- Support Brokerage

**Services that may be provided include:**

- Resource coordination
- Personal support
- Family and individual support services
- Supported employment
- Day habilitation
- Respite care
- Environmental modifications
- Assistive technology and adaptive equipment
- Behavioral support services
- Transportation
- Transition services
- All other standard Medicaid services

**Technical Eligibility:** No age limitation.

**Financial Eligibility:** Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged

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to apply so that financial eligibility may be determined.

**Medical Eligibility:** Individuals must need the level of care required to qualify for services in an intermediate care facility for the mentally retarded or persons with related conditions (ICF/MR).

**For more information...**

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**The Living at Home Waiver** provides services for individuals with physical disabilities in order for them to live in their own homes. The Maryland Department of Health and Mental Hygiene administers this waiver.

***Services that may be provided include:***

- Attendant care (may be consumer directed)
- Assistive technology
- Case management
- Consumer training
- Environmental accessibility adaptations
- Family training
- Fiscal intermediary services
- Nurse monitoring of attendants
- Personal emergency response systems
- Transition services
- Dietician and nutritionist services
- Home delivered meals
- Environmental assessments
- Medical day care
- All other standard Medicaid services

**Technical Eligibility:** Individuals must be age 18-64 (at time of enrollment).

**Financial Eligibility:** Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

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**Medical Eligibility:** Individuals must need the level of care required to qualify for nursing facility services.

***For more information ...*** Contact the Department of Health and Mental Hygiene at **410-767-7479**, toll free at **1-800-463-3464** or Maryland Relay Service at **1-800-735-2258**. As of January 2009, the waiver is full. Interested persons may place their name on the Waiver Services Registry by calling **1-866-417-3480**.



**The Model Waiver for Medically Fragile Children** allows children with complex medical needs to receive medical care in their homes instead of a hospital, nursing facility, or other long-term care facility. The Department of Health and Mental Hygiene administers this waiver.

*Services that may be provided include:*

- Case management
- Medical Day Care
- Home health aide assistance
- Physician participation in the plan of care development
- Private duty nursing
- All other standard Medicaid services

**Technical Eligibility:** Birth through age 21.

**Financial Eligibility:** Financial eligibility is based on the income and assets of the child alone without consideration of parents' financial status.

**Medical Eligibility:** The child must have complex medical needs, be at risk of long-term hospitalization, and need the level of care required to qualify for nursing facility or chronic hospital services.

**For more information...** Contact The Coordinating Center at 410-987-1048, 301-621-7830, or toll-free 1-800-296-2242, or Maryland Relay Service at 1-800-735-2258.



**The Waiver for Older Adults** provides services for older adults to live at home or an assisted living facility instead of a nursing facility. The Maryland Department of Aging administers this waiver.

*Services that may be provided include:*

- Assisted living services (not including room and board)
- Assistive devices/equipment
- Behavior consultation services
- Case management
- Dietician and nutritional services
- Environmental assessments and adaptations
- Family and consumer training
- Home delivered meals
- Nurse monitoring of attendants
- Personal care
- Personal emergency response systems
- Respite care
- Senior Center Plus
- Transition services
- Medical Day Care
- All other standard Medicaid services

**Technical Eligibility:** Age 50 and older.

**Financial Eligibility:** Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

**Medical Eligibility:** Individuals must need the level of care required to qualify for nursing facility services.

**For more information ...** Contact the Maryland Department of Aging at 410-767-1118, 410-767-1100, toll free 1-800-243-3425, or Maryland Relay Service at 1-800-735-2258. As of January 2009, the waiver is full. Interested persons may place their name on the Waiver Services Registry by calling 1-866-417-3480.

**The Waiver for Adults with Traumatic Brain Injury (TBI)** provides services to individuals who are currently residing in state psychiatric hospitals, state-owned and operated facilities, chronic hospitals that are accredited for brain injury rehabilitation, or for whom Maryland is paying for services in an out-of-state facility.

*Services that may be provided include:*

- Case management
- Day habilitation
- Individual support services
- Residential habilitation
- Supported employment
- Medical Day Care
- All other standard Medicaid services

**Technical Eligibility:** Age 22 to 64. The initial traumatic brain injury must have occurred between the ages of 22 and 64.

**Financial Eligibility:** Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined.

**Medical Eligibility:** Individuals must be diagnosed with a traumatic brain injury and need the level of care required to qualify for nursing facility or chronic hospital services.

**For more information...** Contact the Mental Hygiene Administration at 410-402-8476, 1-877-4MD-DHMH or Maryland Relay Service at 1-800-735-2258.

**The Residential Treatment Center (RTC) Waiver** provides home and community-based services to children and youth with intensive mental health needs to live in their communities instead of an institution. Participants will be served through a Care Management Entity that will provide care coordination services. The Mental Hygiene Administration within the Department of Health and Mental Hygiene (DHMH) will be the administering agency for the waiver.

*Coming in Spring 2009.*

**Technical eligibility:** Must be six to 20 years of age at the time of application. Currently, waiver applicants must reside in Baltimore City, Wicomico County, St. Mary's County, or Montgomery County. Participants are eligible for participation in the waiver for up to two years. The program may expand to other counties in the future.

**Financial eligibility:** Financial eligibility is based on the income and assets of the child alone without consideration of parents' financial status.

**Medical eligibility:** Individuals must receive a Certificate of Need indicating medical necessity for the level of care provided in residential treatment centers.

*Services that may be provided include:*

- In-home respite
- Residential respite
- Caregiver peer-to-peer support
- Youth Peer-to-peer support
- Experiential and expressive therapies
- Family and youth training
- Crisis and stabilization services

**For more information,** please contact the Department of Health and Mental Hygiene at 410-767-5220, toll free at 1-877-4MD-DHMH or Maryland Relay Service at 1-800-735-2258.



**The Medical Day Care Services Waiver** offers qualified Medicaid participants services in a community-based day care center. Day care centers operate five to seven days a week providing services four to twelve hours per day. This waiver is administered by the Maryland Department of Health and Mental Hygiene.

**Services that may be provided include:**

- Skilled nursing and nursing assessments
- Medication monitoring
- Meals
- Social work services
- Activity programs
- Daily living skills training and enhancement
- Transportation
- Therapy
- Personal care
- Nutrition services



**Technical eligibility:** Individuals must be at least 16 years old.

**Financial eligibility:** Individuals must qualify for Medicaid in the community.

**Medical eligibility:** Individuals must need the level of care required to qualify for nursing facility services.

**For more information...** please contact the Department of Health and Mental Hygiene at 410-767-1444, toll free at 1-877-4MD-DHMH, or Maryland Relay Service at 1-800-735-2258.

**The Medical Assistance Personal Care Program** provides in-home personal care services to individuals with disabilities or chronic medical conditions. Services may be provided in the workplace. This program is administered through the local health departments.

**Technical Eligibility:** There is no age limitation.

**Financial Eligibility:** Individuals must qualify for Medicaid in the community.

**Medical Eligibility:** An individual must be under physician's care for a chronic medical condition and require assistance to perform activities of daily living.

**For more information...**  
 Call 410-767-1444, toll free 1-800-685-5861 ext. 1444, or Maryland Relay Service at 1-877-4MD-DHMH. You may also contact your local health department.



## Adult Evaluation and Review Services (AERS)

-- The AERS program assists older adults and people with disabilities who need long-term care services and are at risk for institutionalization. AERS staff conducts comprehensive evaluations to identify services that individuals need to remain in the community. Upon completion of an evaluation, the AERS team develops a plan of care providing recommendations for appropriate services. The local health departments administer this program.

### *For more information...*

Contact your local health department or call **410-767-1736** or Maryland Relay Service at **1-800-735-2258**.

## The Program of All-Inclusive Care for the Elderly

(PACE) provides comprehensive medical and social services to older adults. The PACE program is jointly administered through the Centers for Medicare and Medicaid Services and the Department of Health and Mental Hygiene. This program is designed to provide and coordinate all needed preventive, primary, acute and long-term care services so that older individuals can continue living in the community. PACE program services are offered through Hopkins ElderPlus, located on the campus of Johns Hopkins Bayview Medical Center.

### *Services that may be provided include:*

- Adult Day Care
- Case Management
- Home Health Care
- Meals
- Medical Equipment
- Nursing Facility Services
- Nutritional Counseling
- Personal and Supportive Services
- Prescription Medications
- Physician Services
- Restorative Therapies
- Recreational Therapy
- Social Services
- Transportation
- All other standard Medicaid services and/or Medicare services (if eligible)

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**Technical Eligibility:** Age 55 and older. Participants must have the potential to live safely in the community with Hopkins ElderPlus assistance. Participants must live within one of the following service area zip codes: 21202, 21205, 21206, 21213, 21214, 21217, 21218, 21219, 21220, 21221, 21222, 21224, 21227, 21231, 21237, and 21052. If you are eligible for Medicare and/or Medicaid, PACE takes the place of the standard Medicare and/or Medicaid Programs. Enrollment in PACE results in disenrollment from any other Medicare or Medicaid plan.

**Financial Eligibility:** Eligibility for Medicaid depends on an individual's income and assets. Individuals are encouraged to apply so that financial eligibility may be determined. For individuals who do not meet the Medicaid financial eligibility requirements, there is the option to pay privately.

**Medical Eligibility:** Individuals must need the level of care required to qualify for nursing facility services.

***Other requirements:***

- Participants must receive all of their health care through PACE, except for emergency services

***For more information...*** Contact Hopkins ElderPlus: 410-550-7044 or Maryland Relay Service at 410-550-0316.

## ***E*mployed Individuals with Disabilities Program**

(EID) is a program which expands traditional fee-for-service Medicaid to individuals with disabilities who are working. EID is administered by the Department of Health and Mental Hygiene.

**Technical Eligibility:** This program is for individuals, age 18 to 64 years, with disabilities who are currently employed.

**Financial Eligibility:** Income below 300% of the Federal Poverty Level (if applicable, income of spouses are included) and assets below \$10,000 with the first \$4,000 in a retirement account excluded.

***Fee-for-Service Medicaid includes:***

- Inpatient hospital
- Outpatient
- Physician and clinic visits
- X-rays and lab tests
- Prescription drugs subject to co-pays
- Personal care services in the home and workplace.

***For more information*** about eligibility or for an application, please call toll free 1-866-373-9651 or Maryland Relay Service at 1-866-372-9652.



